

From the last lecture, recall:

Theorem 3: If X is irreducible and recurrent, then, $\forall x \in S$,

$$\mu_x(y) := \mathbb{E}_x(N_{T_x}(y)), \forall y \in S$$

are invariant measures, and they are s.t. $\mu_x(y) > 0 \forall x, y \in S$.

Moreover, invariant measures only differ from a multiplicative factor.

As a consequence, we get:

Theorem 4: If X is irreducible and positive recurrent, then exists a unique invariant distribution π , s.t.

$$\pi(x) = \frac{1}{\mathbb{E}_x(T_x)}, \forall x \in S$$

Proof (Theorem 3)

First note that $\mu_x(y) = \mathbb{E}_x\left(\sum_{m=0}^{T_x-1} \mathbb{1}_{\{X_m=y\}}\right) = \mathbb{E}_x\left(\sum_{m=1}^{T_x} \mathbb{1}_{\{X_m=y\}}\right)$

$\left(\begin{array}{l} \text{if } x \neq y : \mathbb{1}_{\{X_0=y\}} = 0, \mathbb{1}_{\{X_{T_x}=y\}} = 0 \\ \text{if } x = y : \mathbb{1}_{\{X_m=y\}} = 0 \forall m \neq 0, T_x \end{array} \right)$ and that $\mu_x(x) = 1$.

To show that μ_x is an invariant measure, we write

$$\mu_x(y) = \mathbb{E}_x\left[\sum_{m \geq 1} \mathbb{1}_{\{X_m=y\}} \mathbb{1}_{\{T_x \geq m\}}\right] = \sum_{m \geq 1} {}^x P_{x,y}^{(m)}$$

where ${}^x P_{x,y}^{(m)} := \mathbb{P}_x(X_1 \neq x, \dots, X_{m-1} \neq x, X_m = y) \forall m \geq 1, x, y \in S$

Note that ${}^x P_{x,y}^{(1)} = \mathbb{P}_x(X_1 = y) = P_{x,y}$

$${}^x P_{x,y}^{(m)} = \sum_{z \neq x} {}^x P_{x,z}^{(m-1)} \cdot P_{z,y}, \forall m \geq 2$$

Then

$$\mu_x(y) = \sum {}^x P_{x,y}^{(m)} = P_{x,y} + \sum \sum {}^x P_{x,z}^{(m-1)} \cdot P_{z,y} = P_{x,y} + \sum \mu_x(z) P_{z,y}$$

$$\mu_x(y) = \sum_{m \geq 1} \lambda P_{x,y}^{(m)} = P_{x,y} + \sum_{z \neq x} \sum_{m \geq 2} \lambda P_{x,z}^{(m-1)} \cdot P_{z,y} = P_{x,y} + \sum_{z \neq x} \mu_x(z) P_{z,y}$$

(since $\mu_x(x)=1$) $\implies \mu = \mu P$ ✓

• From the invariance property, we get

$$\forall m \geq 1: \mu_x = \mu_x P^m \iff$$

$$\mu_x(y) = \sum_{z \in S} \mu_x(z) P_{z,y}^{(m)} = P_{x,y}^{(m)} + \sum_{z \neq x} \mu_x(z) P_{z,y}^{(m)} \quad \forall y \in S$$

* If $\mu_x(y) = 0$ for some $y \implies P_{x,y}^{(m)} = 0 \quad \forall m \in \mathbb{N}$

which contradicts irreducibility $\implies \mu_x(y) > 0 \quad \forall y \in S$.

* If $\mu_x(y) = +\infty$ for some y , the identity

$$1 = \mu_x(x) = \sum_{z \in S} \mu_x(z) P_{z,x}^{(m)} \quad \text{would imply } P_{y,x}^{(m)} = 0 \quad \forall m \in \mathbb{N}$$

which again contradicts irreducibility $\implies \mu_x(y) < +\infty, \quad \forall y \in S$

• Proof of uniqueness up to multiplicative factor:

let λ an invariant measure for P , and w.l.o.g, let us assume that for a given $x \in S$, $\lambda(x) = 1 (= \mu_x(x)) \rightarrow$ if not, we can normalize.

• First we show that $\lambda(y) \geq \mu_x(y) \quad \forall y \in S$.

Using iteratively the invariance of λ , we get, $\forall y \in S$

$$\lambda(y) = \lambda P(y) = \sum_{z_1 \in S} \lambda(z_1) P_{z_1,y} = \sum_{z_1 \neq x} \lambda(z_1) P_{z_1,y} + P_{x,y} \quad \leftarrow \text{since } \lambda(x)=1$$

iterate over $\lambda(x)$

$$\lambda(x) = \sum_{z_2 \neq x} \lambda(z_2) \sum_{z_1 \neq x} P_{z_2,z_1} P_{z_1,y} + P_{x,y} + \sum_{z_1 \neq x} P_{x,z_1} P_{z_1,y}$$

$\times P_{z_2,y}^{(2)}$ $\times P_{x,y}^{(1)}$ $\times P_{x,y}^{(2)}$

iterate m times

$$= \sum_{z_m \neq x} \lambda(z_m) \times P_{z_m,y}^{(m)} + \left(\sum_{k=1}^{m-1} \times P_{x,y}^{(k)} \right) \geq \sum_{k=1}^m \times P_{x,y}^{(k)}$$

$$\text{iterate } n \text{ times} = \sum_{z_m \neq x} \lambda(z_m) \underbrace{x P_{z_m y}^{(n)}}_{\geq 0} + \left(\sum_{k=1}^n x P_{z_m y}^{(k)} \right) \geq \sum_{k=1}^n x P_{x y}^{(k)}$$

Letting $n \rightarrow \infty$, we get $\lambda(y) \geq \sum_{k=1}^{\infty} x P_{x y}^{(k)} = \mu_x(y)$

• We finally show that $\lambda(y) = \mu_x(y) \forall y \in S$.

Let $\pi := \lambda - \mu_x \geq 0$, which is also invariant measure, with $\pi(x) = 0$.

$$0 = \pi(x) = \sum_{z \in S} \pi(z) P_{z,x}^{(n)} \geq \pi(y) P_{y,x}^{(n)} \xrightarrow{\substack{\forall y \in S, \forall n \\ \downarrow \\ \text{from irreducibility, and suitable } n}} \pi(y) = 0 \Leftrightarrow \lambda = \mu_x \quad \#$$

We conclude with the general Theorem on convergence to stationarity.

Theorem 5 [Convergence to stationarity]

Let X be an irreducible, aperiodic and positive recurrent MC on S

Then, $\forall \mu \in \mathcal{P}(S)$, it holds $\|\mu P^n - \pi\|_{TV} \xrightarrow{n \rightarrow \infty} 0$

and equivalently $\sum_{z \in S} |P_{z,y}^{(n)} - \pi(y)| \xrightarrow{n \rightarrow \infty} 0 \quad \forall y \in S$

Proof: let X be a MC with $X_0 \sim \mu$ and Y a MC with $Y_0 \sim \pi$ (so that, $\forall m \in \mathbb{N}$, $X_m \sim \mu$).

As we have done for finite S , we consider a coupling that let the MCs move independently up to time $\tau = \inf_{n \geq 0} \{X_n \neq Y_n\}$ and then move together. Then, by the Prop. [Coupling and TV-distance],

$$\|\mu P^n - \pi\|_{TV} = \|\mu P^n - \pi P^n\|_{TV} \leq Q(X_n \neq Y_n) = Q(\tau > n)$$

and to conclude we are left to verify that

$$Q(\tau > n) \xrightarrow{n \rightarrow \infty} 0 \Leftrightarrow Q(\tau < \infty) = 1$$

To show this we consider the coupling $\tilde{Q} = P \otimes P$ on $S \times S$.

$$\mathbb{Q}(L > m) \xrightarrow{m \rightarrow \infty} 0 \iff \mathbb{Q}(L < \infty) = 1$$

To show this we consider the coupling $\tilde{Q} = P_\mu \otimes P_\pi$, namely we let $Z_m := (X_m, Y_m)$, $\forall m \geq 0$, the MC on S^2 s.t.

$$Z_0 \sim \mu \times \pi \quad \text{and} \quad \tilde{Q}_{(x,y)|(y,y')} = P_{x,y} \cdot P_{x'y'} \quad (\text{so that } (X_n) \perp (Y_n))$$

and denote by \tilde{Q} it's law. Then we have:

* Z is irreducible since P is irreducible and aperiodic
(verify! Without aperiodicity, Z may not be irreducible)

* Z has the invariant distribution $\tilde{\pi} \in \mathcal{O}(S^2)$,

$$\text{with } \tilde{\pi}(x,y) = \pi(x)\pi(y) \quad (\text{verify})$$

From Theorems 2, 3, 4, it turns out that Z is positive recurrent

$$(\text{with } \mathbb{E}_{(x,y)}(\tau_{(x,y)}) = \mathbb{E}_x(\tau_x)\mathbb{E}_y(\tau_y) < \infty)$$

$$\text{and in particular } \tilde{Q}(\tau_{(x,y)} < \infty) = 1 \quad \forall (x,y) \in S^2$$

At last, notice that $Q(\tau < \infty) = \tilde{Q}(\tau < \infty)$, and

$$\tilde{Q}(\tau < \infty) = \tilde{Q}(\exists x \in S: \tau_{x,x} < \infty) = 1 \quad \neq$$

Exercise: Show that an irreducible MC $X = (X_n)_{n \geq 0}$ on a finite space S is positive recurrent.