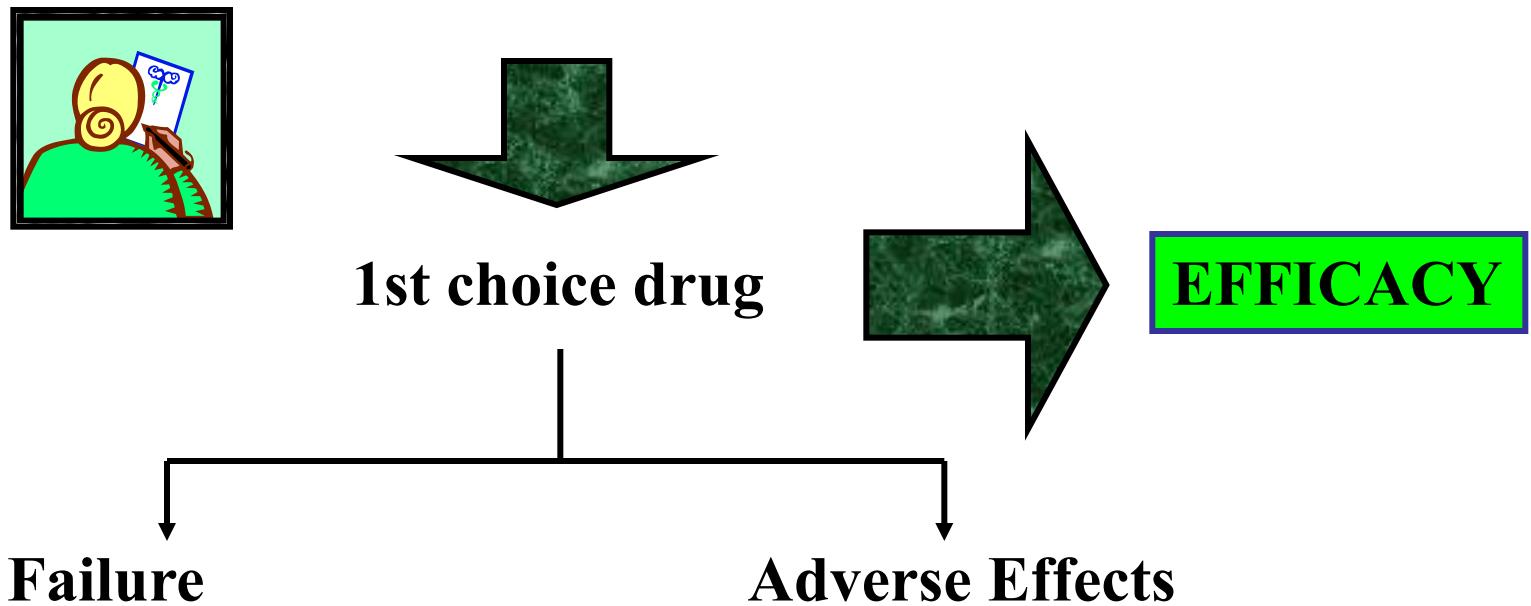


# PHARMACOGENETICS BASIC PRINCIPLES

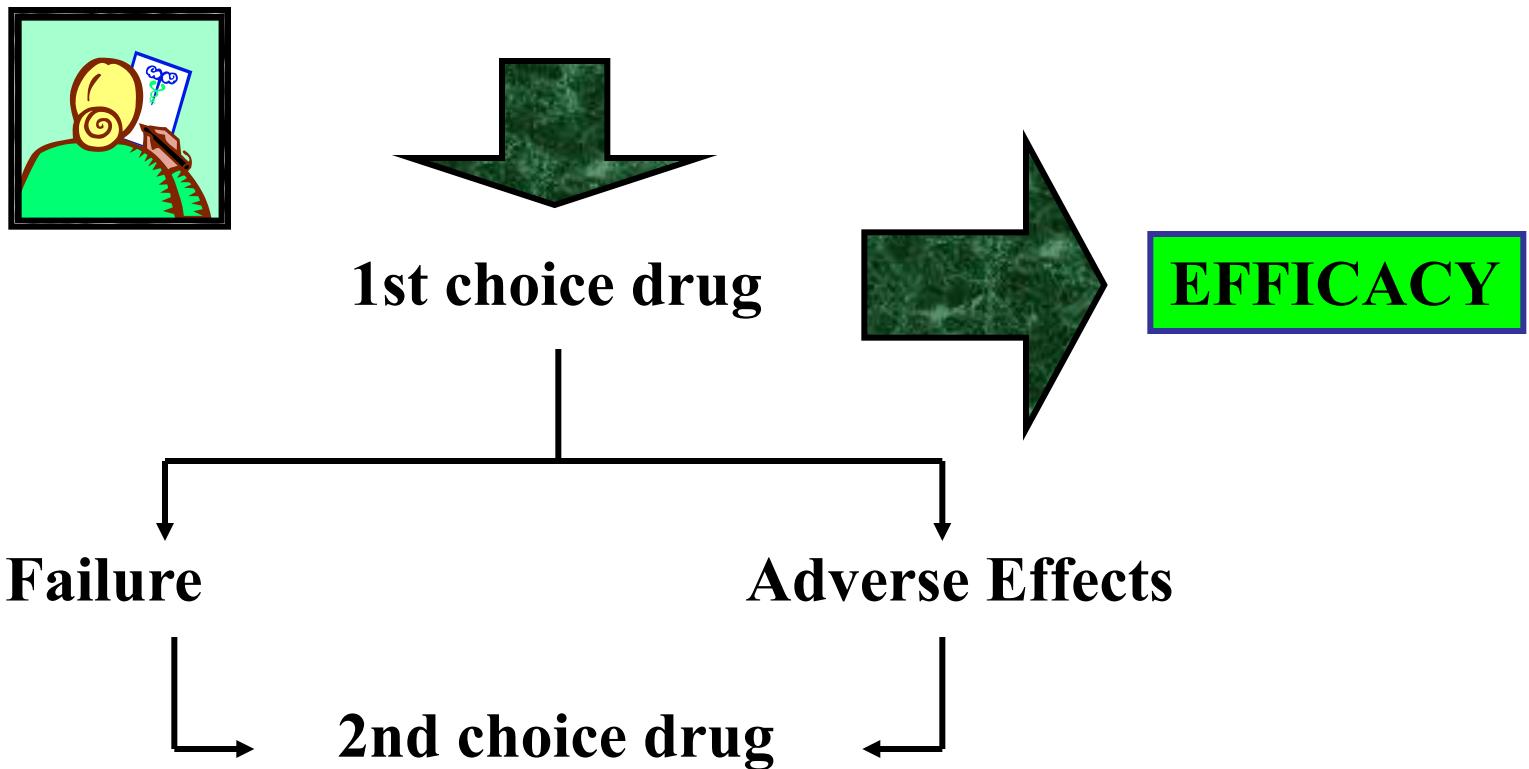
# Current Therapeutic Approach

## PATHOLOGY AND / OR SYMPTOMS



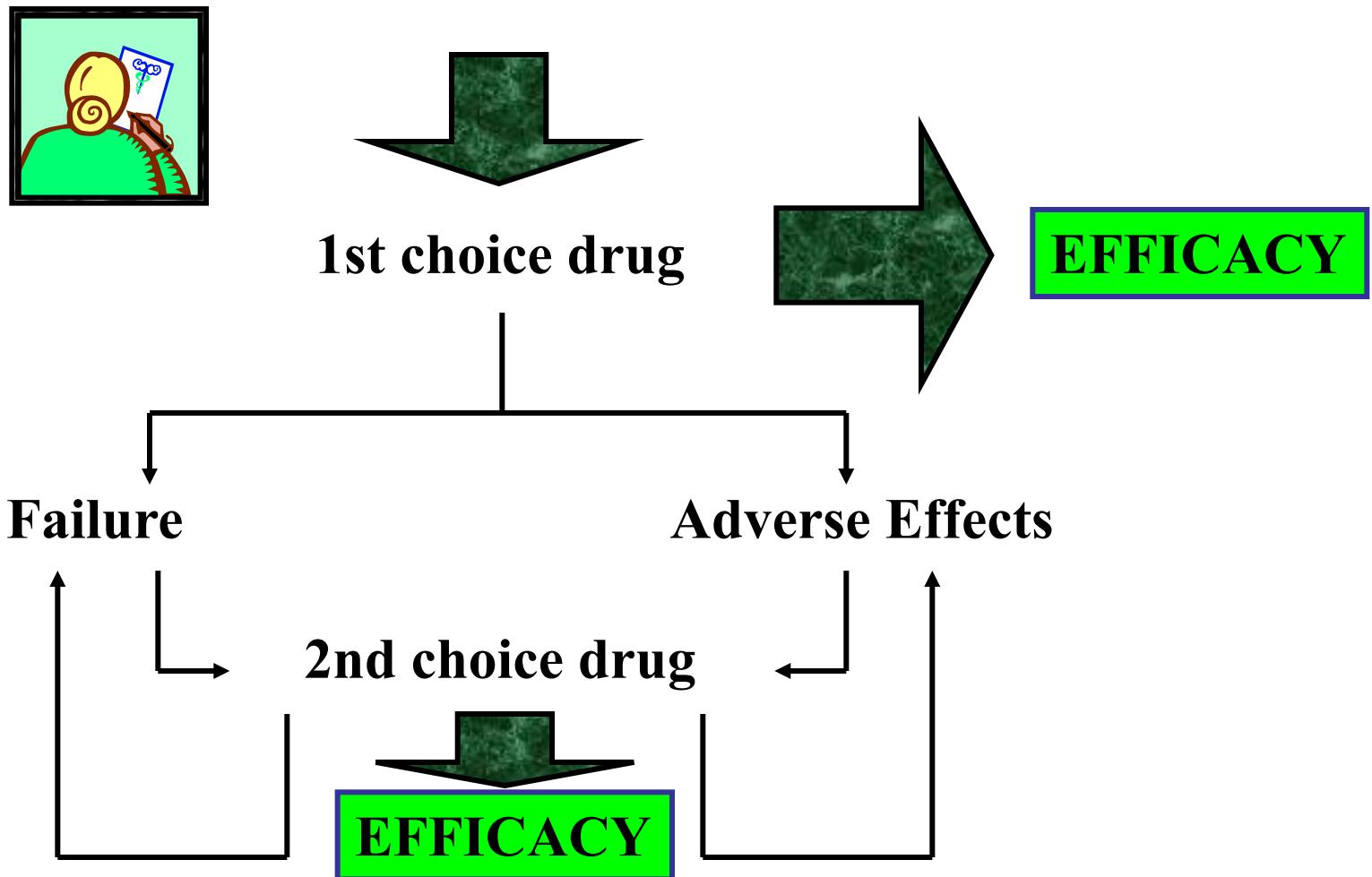
# Current Therapeutic Approach

## PATHOLOGY AND / OR SYMPTOMS



# Current Therapeutic Approach

## PATHOLOGY AND / OR SYMPTOMS



**Patient group**



**Same diagnosis**

## **Patient group**



**Same diagnosis  
same prescription**

## Patient group



**Same diagnosis  
same prescription**



**Drug NOT toxic  
and beneficial**

## Patient group

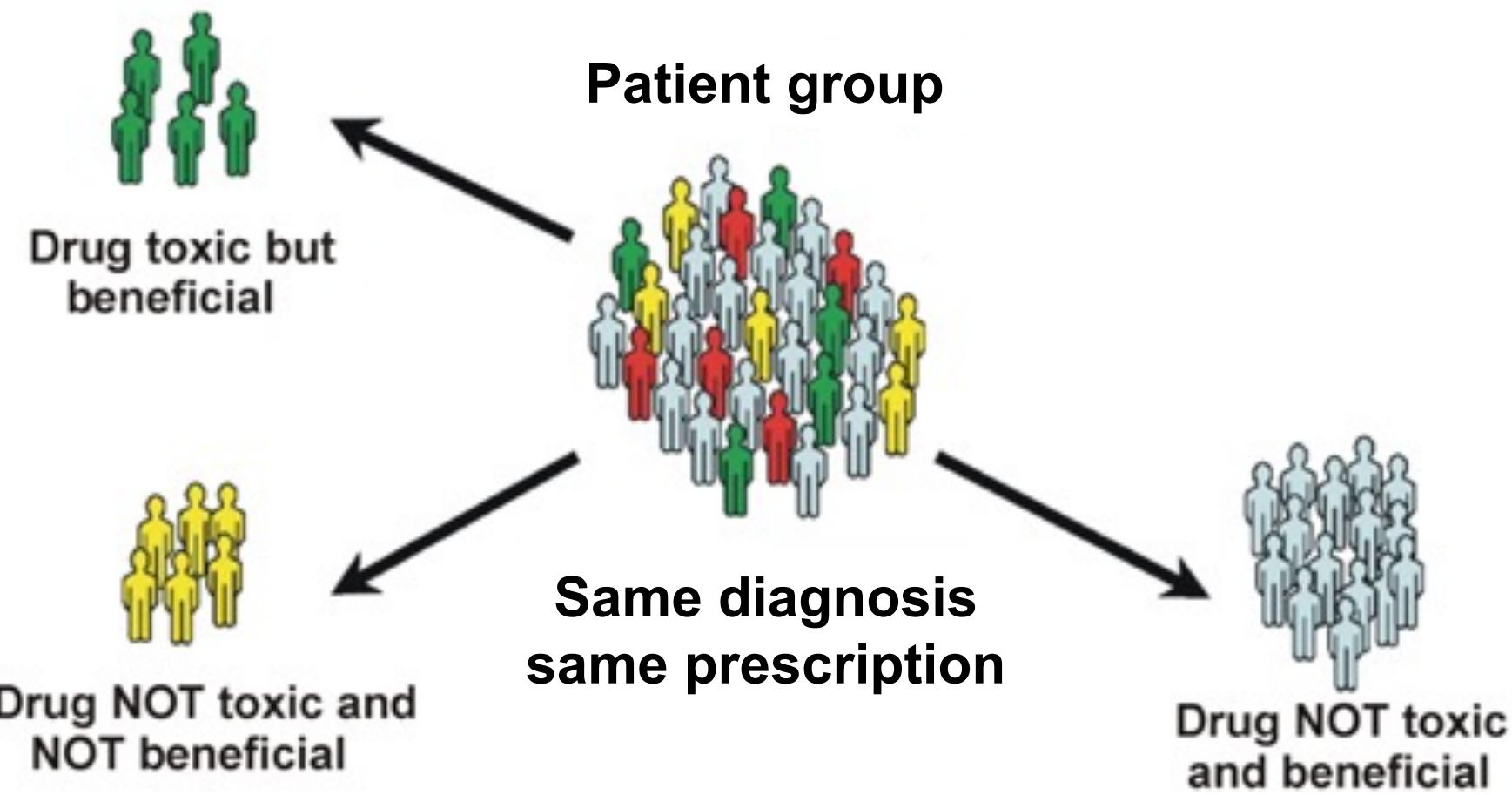


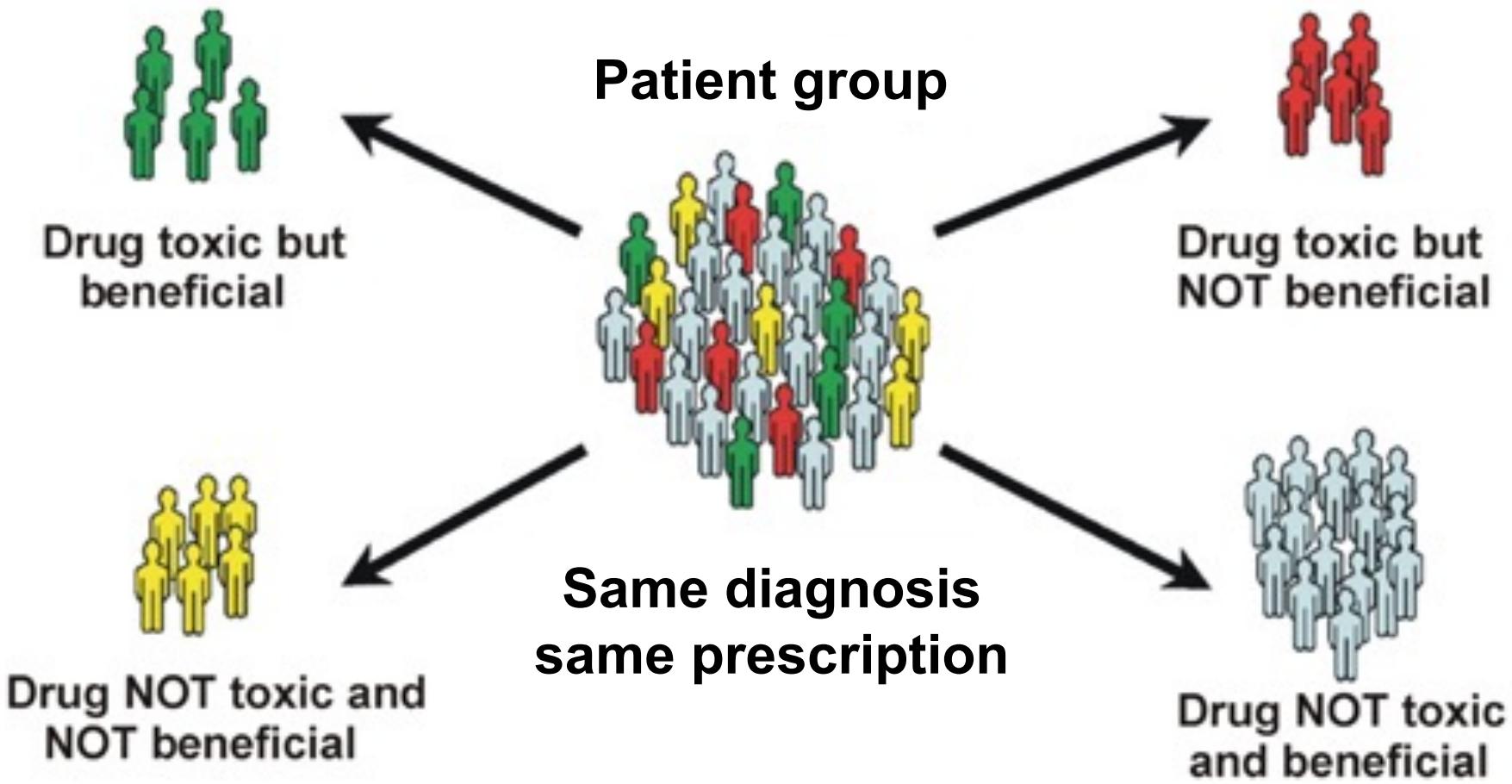
Drug NOT toxic and  
NOT beneficial



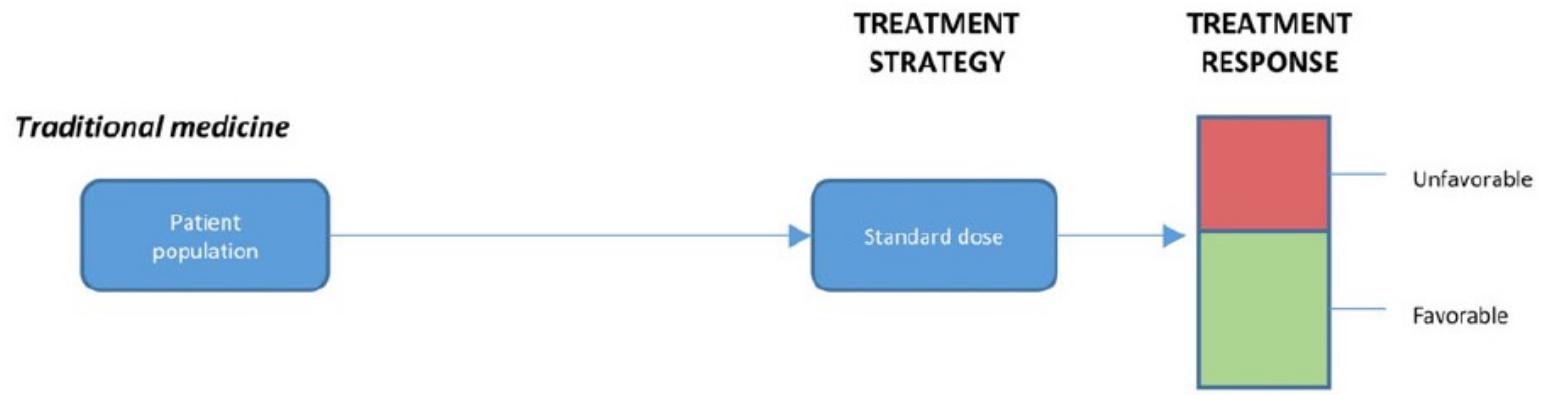
**Same diagnosis  
same prescription**

Drug NOT toxic  
and beneficial





# Inter-individual variability in response to drug treatment

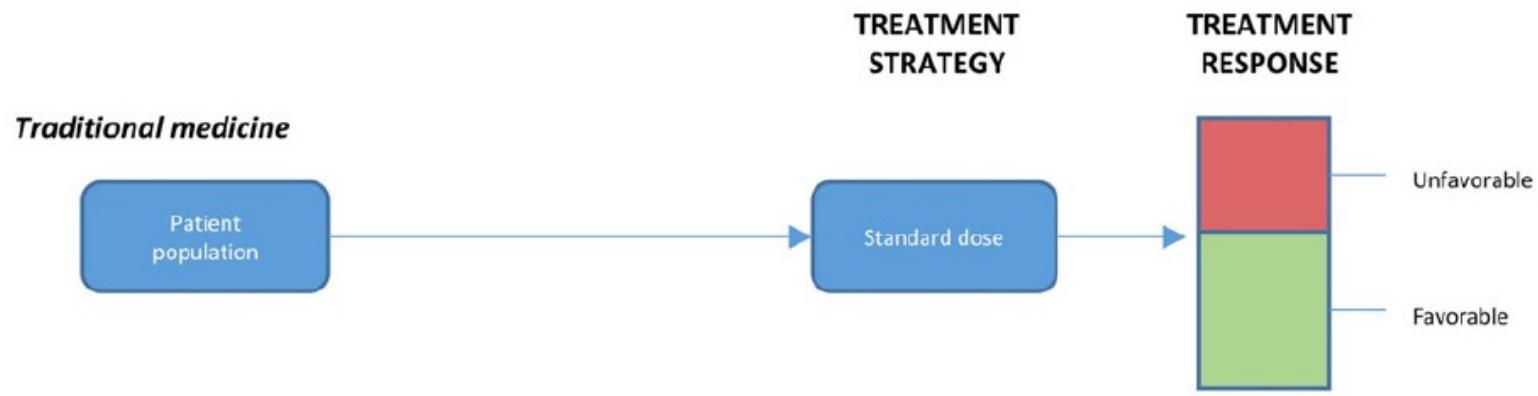


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## EFFICACY OF DRUGS

«*the vast majority of drugs – more than 90%-only work in 30 or 50% of the people*».

Allen Roses past vice president of GlaxoSmithKline



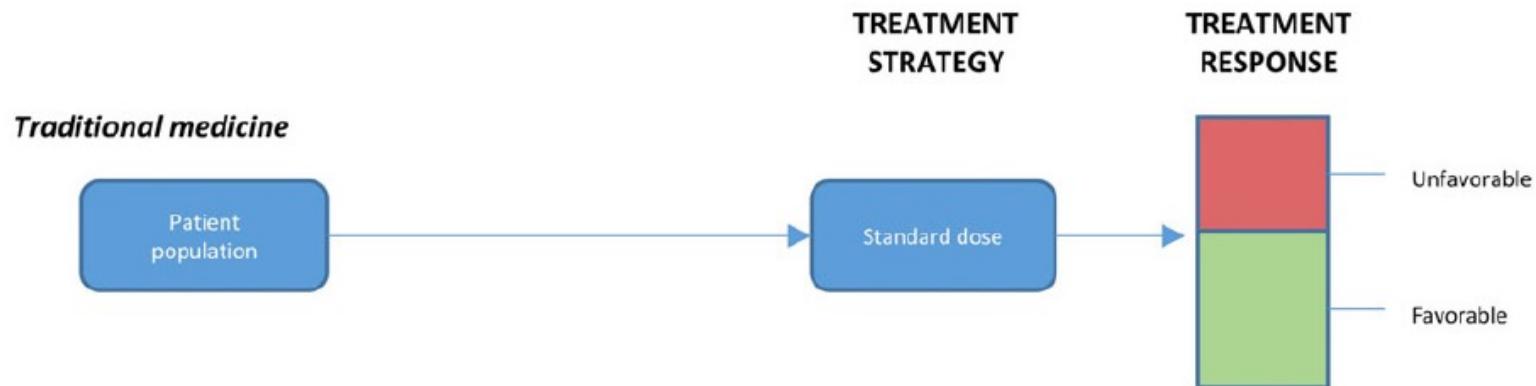
## EFFICACY OF DRUGS

«*the vast majority of drugs – more than 90% only work in 30 or 50% of the people*».

Allen Roses past vice president of GlaxoSmi

Spear, B.B. et al. Trends Mol Med 2001;7:201-204.

Therapeutic area	Efficacy rate (%)
Alzheimer's	30
Analgesics (Cox-2)	80
Asthma	60
Cardiac Arrhythmias	60
Depression (SSRI)	62
Diabetes	57
HCV	47
Incontinence	40
Migraine (acute)	52
Migraine (prophylaxis)	50
Oncology	25
Osteoporosis	48
Rheumatoid arthritis	50
Schizophrenia	60



## ADVERSE DRUG REACTIONS (ADR)

ADRs were between the forth and sixth most common cause of death in the USA in 1994. (more than 2 million of cases, 100,000 fatal).

Estimated cost up to \$4 billion per year in the United States and £1 billion per year in the United Kingdom.

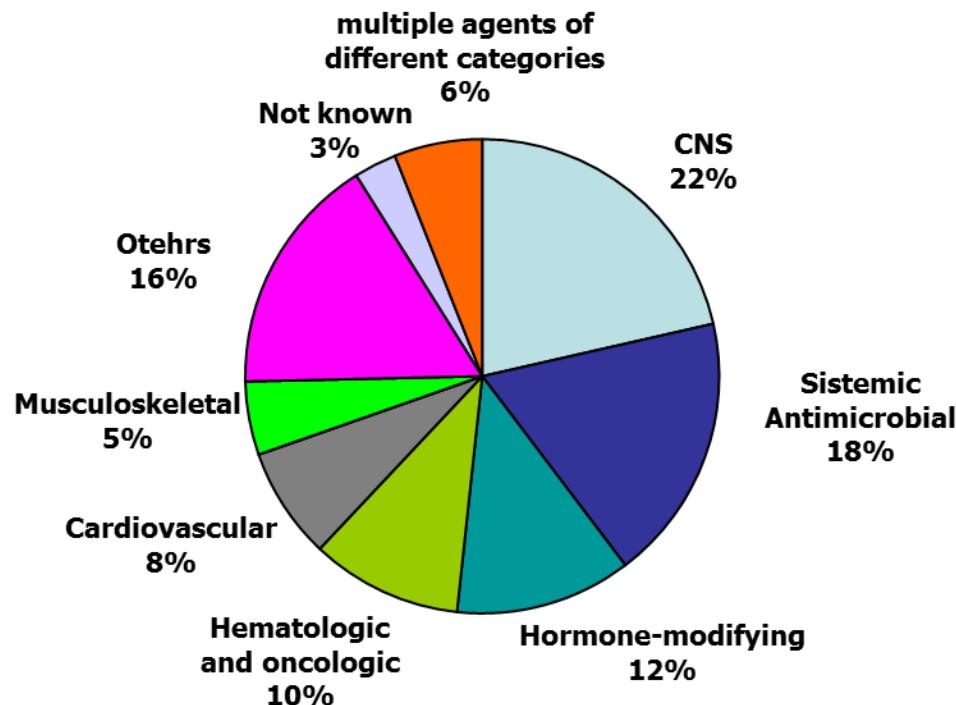
Lazarou J, et al. *Incidence of adverse drug reactions in hospitalized patients: a meta-analysis of prospective studies*. JAMA 1998.

Pirmohamed et al., *Adverse drug reactions as a cause of admission to hospital: prospective analysis of 18820 patients* BMJ 2004

(NEISS-CADES) National Electronic Injury Surveillance System –  
Cooperative Adverse Drug Event Surveillance Project USA

National surveillance of emergency department visits  
for outpatient adverse drug events  
(n=21298) period 01 / 04-12 / 05 in 63 hospitals

Budnitz DS et al., JAMA. 2006



# (NEISS-CADES) USA

**Table 4.** Number of Cases and Annual Estimate of Individuals With Adverse Drug Events Treated In Emergency Departments by Drug Class—United States, 2004-2005

Therapeutic Category (Drug Class)*	Adverse Drug Events†	
	Cases	Annual Estimate, No. (%)
Central nervous system agents	4698	150 257 (21.4)
Opioid-containing analgesics	1167	41 421 (5.9)
Non-opioid-containing analgesics	715	20 887 (3.0)
Antidepressants and mood stabilizers	591	19 817 (2.8)
Anticonvulsants	588	17 887 (2.6)
Antipsychotics	443	13 635 (1.9)
Benzodiazepines	288	9299 (1.3)
Non-benzodiazepine-derived sedatives	182	6375 (0.9)
Stimulants	177	4152 (0.6)
Anesthetics	92	3176 (0.5)
Other central nervous system agents or central nervous system agents from different classes	455	13 608 (1.9)
Systemic antimicrobial agents	3867	127 807 (18.2)
Amoxicillin-containing agents	1150	35 228 (5.0)
Quinolones	445	16 074 (2.3)
Sulfonamide-containing agents	446	15 593 (2.2)
Cephalosporins	454	15 369 (2.2)
Erythromycins and macrolides	329	11 833 (1.7)
Penicillin	233	7848 (1.1)
Antivirals, antiparasitics, and antifungals	141	4338 (0.6)
Tetracyclines	106	3662 (0.5)
Lincomytics	100	3332 (0.5)
Metronidazole	59	1815 (0.3)
Other antimicrobial agents, unspecified antimicrobials, or drugs from different classes of antimicrobial agents	404	12 715 (1.8)



# (NEISS-CADES) USA

**Table 4.** Number of Cases and Annual Estimate of Individuals With Adverse Drug Events Treated In Emergency Departments by Drug Class—United States, 2004-2005

Therapeutic Category (Drug Class)*	Adverse Drug Events†	
	Cases	Annual Estimate, No. (%)
Hormone-modifying agents	2345	84 098 (12.0)
Insulins	1494	53 030 (7.6)
Oral hypoglycemic agents	374	14 528 (2.1)‡
Glucocorticoids	182	6575 (0.9)
Estrogens and progestin	91	2588 (0.4)
Other hormone-modifying agents or drugs from different classes of hormone-modifying agents	204	7377 (1.1)
Hematologic and oncologic agents	2120	72 029 (10.3)
Anticoagulants	1045	36 110 (5.1)‡
Platelet inhibitors	407	17 258 (2.5)‡
Antineoplastic agents	481	12 129 (1.7)‡
Other hematologic and oncologic agents or drugs from different classes of blood-modifying agents	187	6532 (0.9)‡
Cardiovascular agents	1498	53 457 (7.6)
ACE inhibitors/ARBs	306	10 392 (1.5)
Lipid-lowering agents	214	8828 (1.3)
β-Blockers	189	6596 (0.9)
Digitalis glycosides	131	5318 (0.8)‡
Diuretics	142	5108 (0.7)
Calcium channel blockers	138	5004 (0.7)
Nitrates/antiarrhythmics	69	2582 (0.4)
Centrally acting antidiuretics	82	2162 (0.3)
Other cardiovascular drugs or drugs from different classes of cardiovascular agents	227	7467 (1.1)



# (NEISS-CADES) USA

**Table 4.** Number of Cases and Annual Estimate of Individuals With Adverse Drug Events Treated In Emergency Departments by Drug Class—United States, 2004-2005

Therapeutic Category (Drug Class)*	Adverse Drug Events†	
	Cases	Annual Estimate, No. (%)
Musculoskeletal agents	1043	35 177 (5.0)
Nonselective nonsteroidal anti-inflammatory drugs	727	23 394 (3.3)
Muscle relaxants	133	4 616 (0.7)
COX-2 selective nonsteroidal anti-inflammatory drugs	101	4 587 (0.7)
Other musculoskeletal drugs or drugs from different classes of musculoskeletal agents	82	2 580 (0.4)
Antihistamines, decongestants, expectorants, antitussives, and combination cold remedies	924	28 403 (4.0)
Vaccines	641	15 911 (2.3)
Gastrointestinal agents	385	12 477 (1.8)
Diagnostic agents	256	9 726 (1.4)
Dermatologic agents	283	9 459 (1.3)
Herbs, dietary supplements, and alternative agents	262	9 423 (1.3)
Therapeutic nutrients, vitamins, minerals, and electrolytes	254	8 445 (1.2)
Topical eye, ear, nose, and throat agents	195	6 408 (0.9)
Autonomic agents	148	4 302 (0.6)
Respiratory tract agents	127	3 812 (0.5)
Immune-modifying agents	116	3 654 (0.5)
Other agents	114	4 547 (0.6)
Drugs not stated or not known	650	20 022 (2.9)
Drugs from more than 1 therapeutic category	1372	42 136 (6.0)

Abbreviations: ACE, angiotensin-converting enzyme; ARB, angiotensin II receptor blocker; COX, cyclooxygenase.

\*For 18 315 cases (annual estimate, 607 245; 86.6%) a single drug was implicated in the adverse event. For 1611 cases (annual estimate, 52 167; 7.4%) drugs from the same therapeutic category were implicated. For the remaining cases drugs from more than 1 therapeutic category were implicated and these are listed in a separate category.

†Annual estimates and percentages may not total 100% due to rounding.

‡Estimates with coefficient of variation >30%: oral hypoglycemic agents, 31.1%; anticoagulants, 33.3%; platelet inhibitors, 32.2%; antineoplastic agents, 36.3%; other hematologic and oncologic agents or drugs from different classes of blood-modifying agents, 33.8%; and digitalis glycosides, 33.5%.

# (NEISS-CADES) USA

**Table 5.** Number of Cases and Annual Estimate of Drugs Most Commonly Implicated in Adverse Events Treated in Emergency Departments—United States, 2004-2005\*

Drug	Adverse Drug Events	
	Cases, No.	Annual Estimate, No. (%)
Insulins	1577	55 819 (8.0)
Warfarin	1234	43 401 (6.2)†
Amoxicillin	1022	30 135 (4.3)
Aspirin	473	17 734 (2.5)
Trimethoprim-sulfamethoxazole	447	15 291 (2.2)
Hydrocodone-acetaminophen	420	15 512 (2.2)
Ibuprofen	526	14 852 (2.1)
Acetaminophen	497	12 832 (1.8)
Clopidogrel	241	10 931 (1.6)†
Cephalexin	293	10 628 (1.5)
Penicillin	270	9275 (1.3)
Amoxicillin-clavulanate	274	8959 (1.3)
Azithromycin	255	8794 (1.3)
Levofloxacin	230	8682 (1.2)
Naproxen	245	8634 (1.2)
Phenytoin	238	7937 (1.1)
Oxycodone-acetaminophen	227	7328 (1.0)
Metformin	179	6678 (1.0)

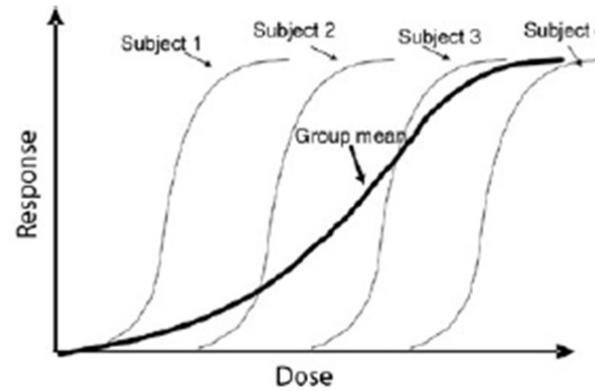
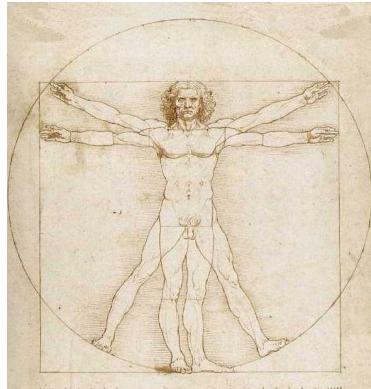
\*Drugs implicated in ≥1% of adverse events. For 434 cases (annual estimate, 15 784 [2.2%]) 2 of these 18 drugs were implicated in the adverse event. Therefore, these 18 drugs accounted for adverse drug events in 8214 cases (annual estimate, 277 636 [39.6%]).

†Estimates with coefficient of variation >30%: warfarin, 32.5%; clopidogrel, 36.6%.

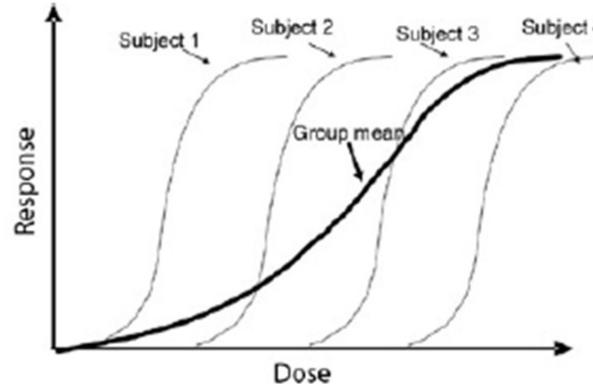
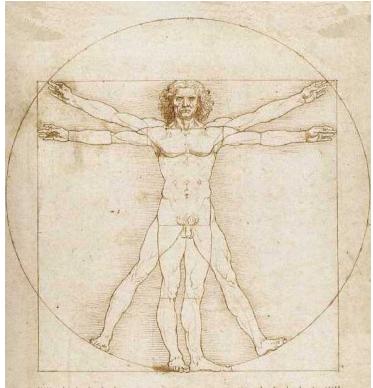
# In Italy?

- ❖ 22 hospitals involved for a period of 10 days in 2000.
- ❖ 18854 patients **admitted to the emergency room.**
- ❖ 629 (3.3%) affected by **ADE.**
- ❖ Patients with ADE accounted for 4.3% of subsequently hospitalized patients.

# Response to the drug: factors involved

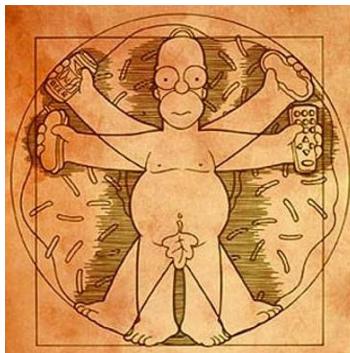


# Response to the drug: factors involved

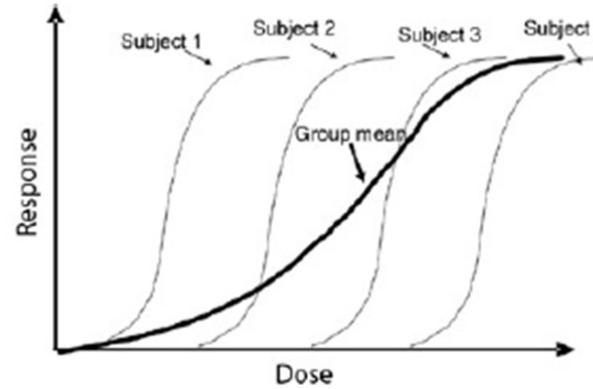
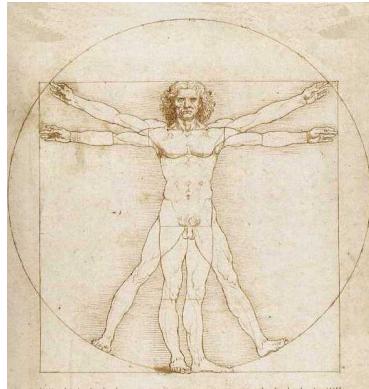


## Extrinsic Factors

**Smoke**  
**Diet**  
**Alcohol Consumption**  
**Drugs Interaction**  
**Other**

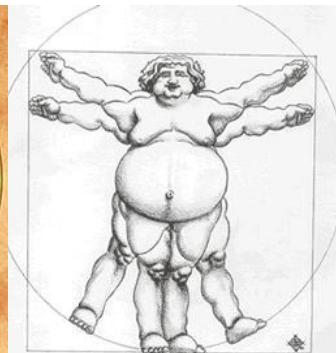
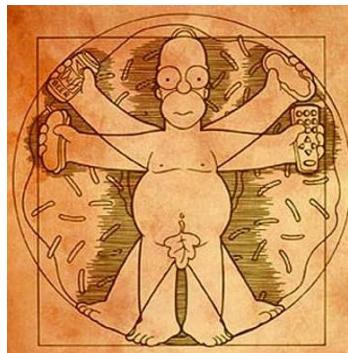


# Response to the drug: factors involved



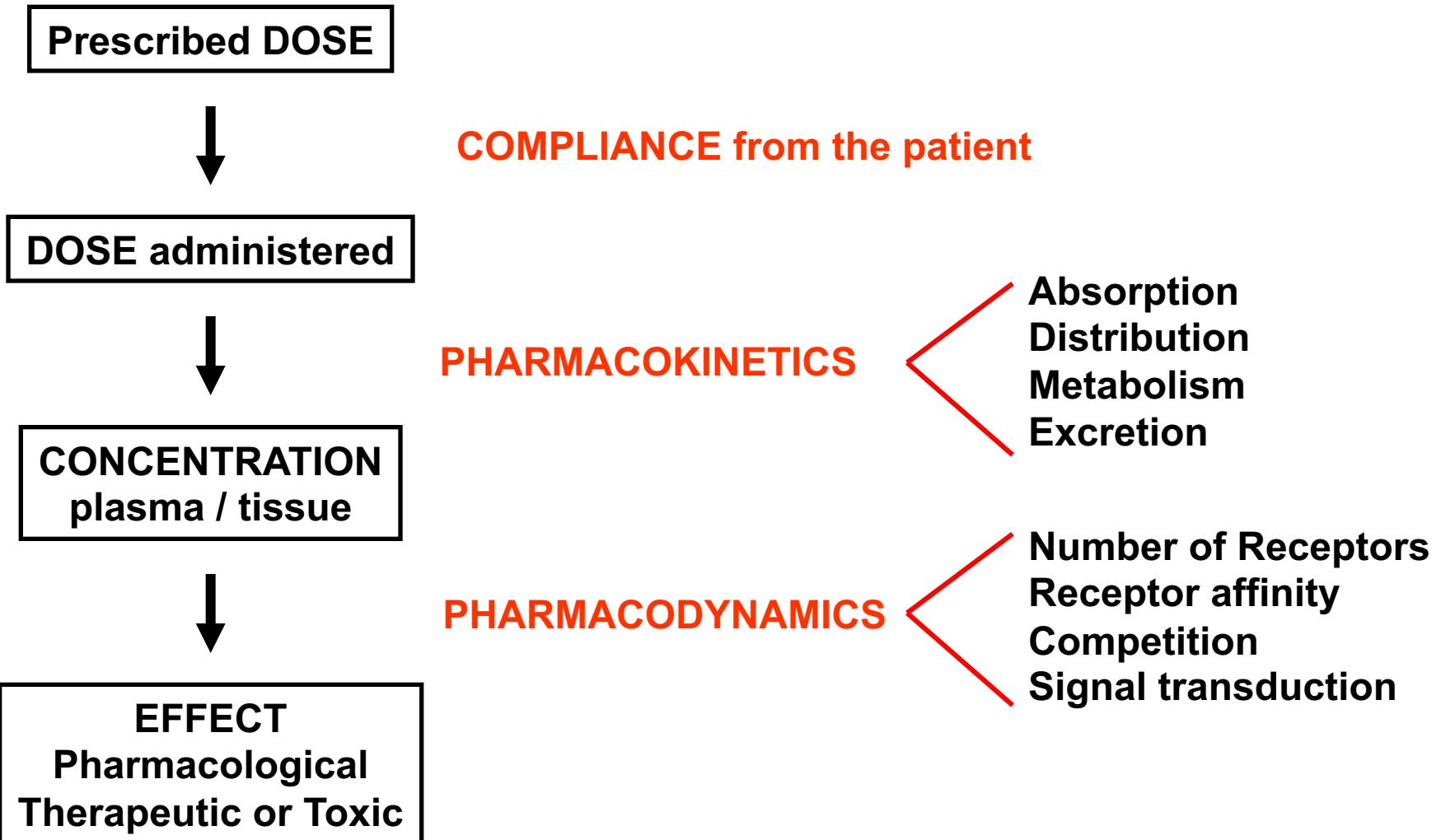
## Extrinsic Factors

Smoke  
Diet  
Alcohol Consumption  
Drugs Interaction  
Other



## Intrinsic Factors

Age - Sex - Race  
BSA  
Pregnancy / Breastfeeding  
Organ dysfunctions  
Pathologies  
**Genetics**



# Importance of Genetics in Adverse Drug Reactions (ADE)

Frequency in their metabolism of enzymes with possible inactive allelic variants (PM)

Randomly Selected drugs

7% - 22%

*Range P=.006-P.001*

Drugs Frequently cause of ADE

59%

# Pharmacogenetics

Interindividual variability in the sequence of genes that code for proteins involved in the modulation of drug response.

## REMOVAL

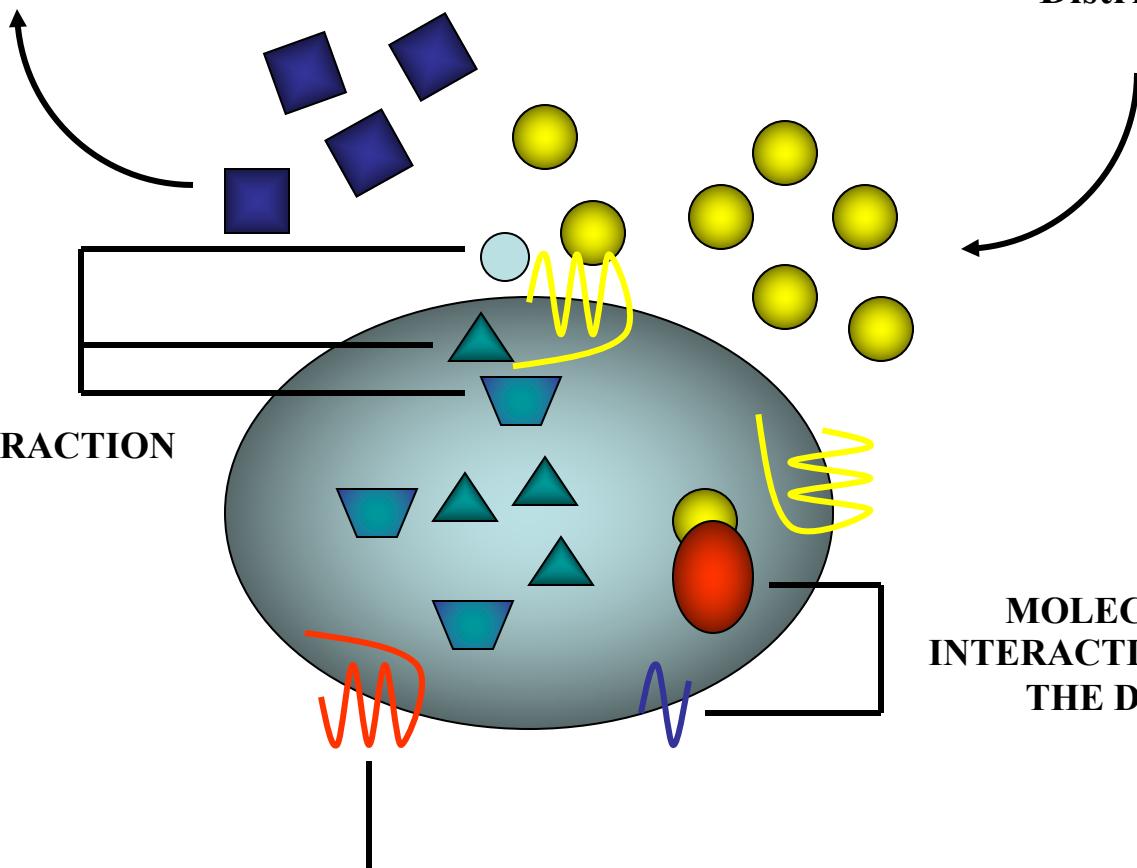
- Metabolism
- Elimination

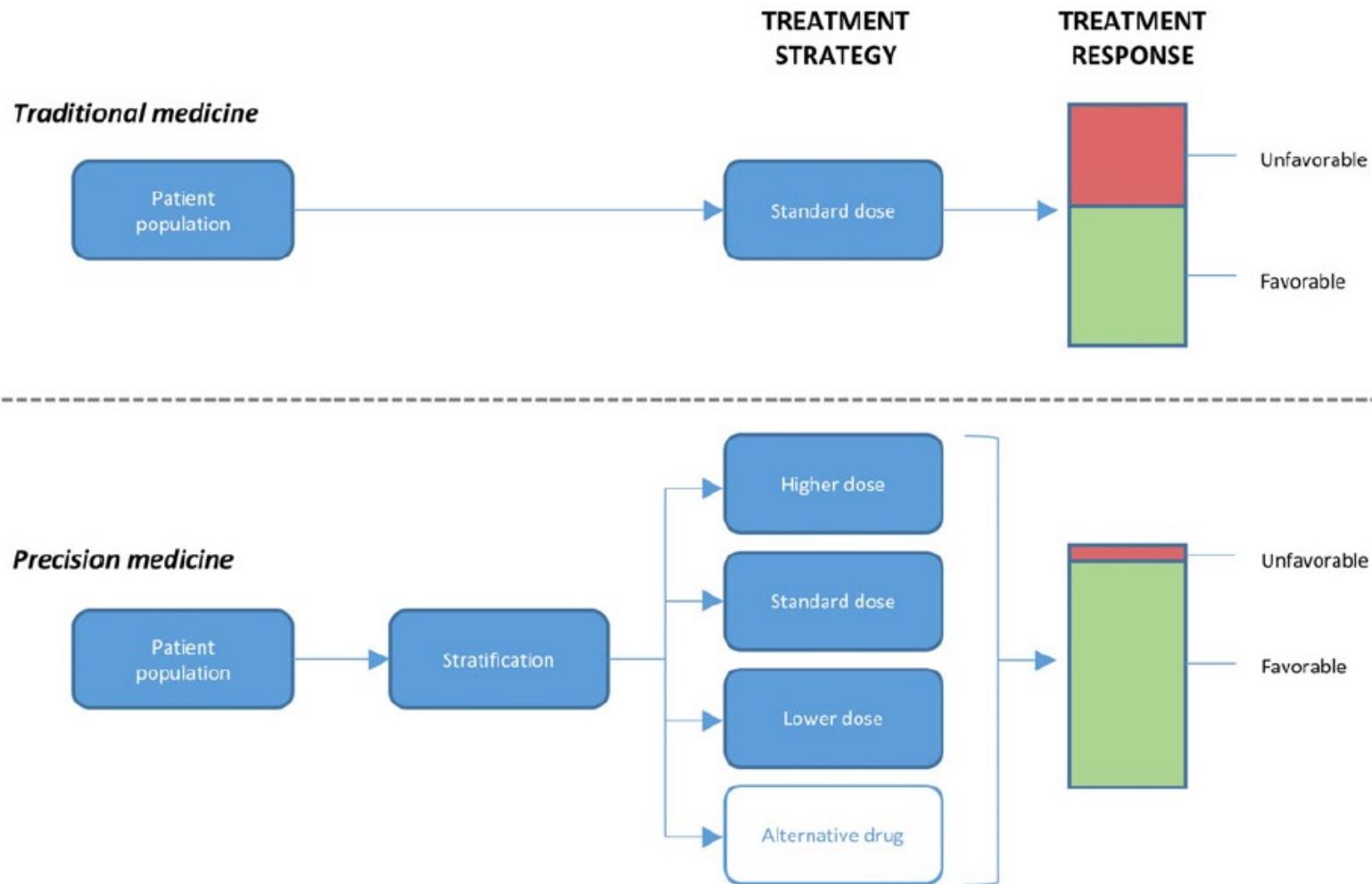
MOLECULES THAT DETERMINE THE BIOLOGICAL CONTEXT IN WHICH THE DRUG - TARGET INTERACTION TAKES PLACE

Absorption Distribution

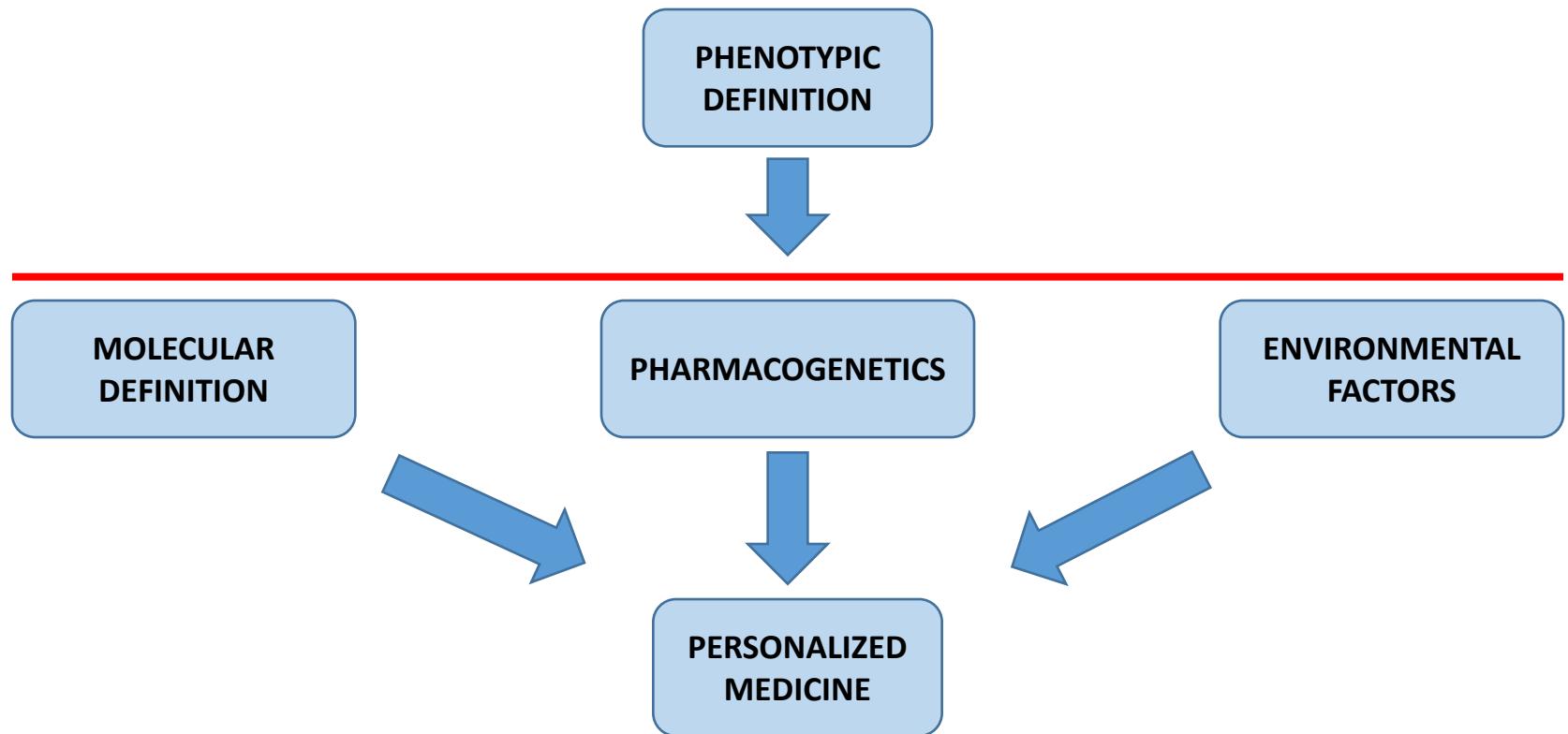
VARIABILITY IN THE TARGET MOLECULE

MOLECULES INTERACTING WITH THE DRUG





# PERSONALIZED MEDICINE: *THE ROLE OF PHARMACOGENETICS*



# PERSONALIZED DRUG THERAPY GOALS

- the right drug
- at the right dose
- for the right patients
- at the right time

# PERSONALIZED DRUG THERAPY: STRATEGIES

## «A POSTERIORI» METHOD

### MONITORING

of the plasma concentrations  
of the specific drug (TDM)

## «A PRIORI» METHODS

### PHENOTYPING

of enzymatic activities by  
means of “probe drugs”

### GENOTYPING

of the variants of the genes  
involved in the modulation of  
the response to drugs

# END POINTS OF PHARMACOGENETIC TESTS

- ❖ *A priori* assessment of the risk of adverse events (**safety**)
- ❖ *A priori* customization of the dosage / pharmacological posology on a genetic basis (**dosing**)
- ❖ *A priori* determination of the most effective therapy for individual patients (**efficacy**)



## Table of Valid Genomic Biomarkers in the Context of Approved Drug Labels

Therein, a valid biomarker is described as a “biomarker that is measured in an analytical test system with well established performance characteristics and for which there is an established scientific framework or body of evidence that elucidates the physiologic, toxicologic, pharmacologic, or clinical significance of the test results.” The classification of biomarkers is context specific.

# Translating Pharmacogenomics: Challenges on the Road to the Clinic

Basic biomedical research

Proof of principle

Clinical research

Proof of efficacy

Proof of cost-effectiveness

Clinical practice

Implementation

Jesse J. Swen, Tom W. Huizinga, Hans Gelderblom, Elisabeth G. E. de Vries, Willem J. J. Assendelft, Julia Kirchheimer, Henk-Jan Guchelaar\*

Providing scientific evidence for improvement in patient care by PGx testing

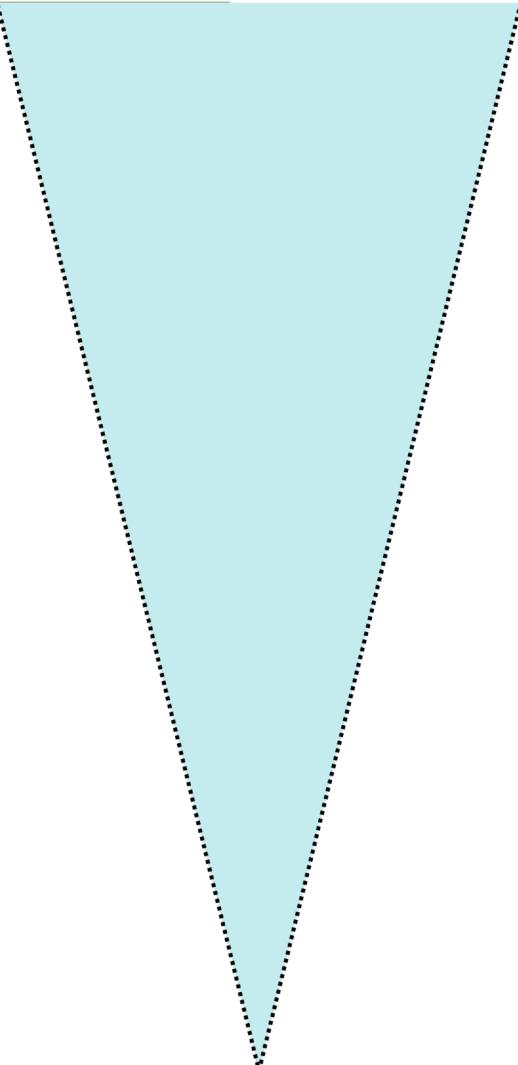
Selecting clinically relevant PGx tests

Providing data on diagnostic test criteria of PGx testing

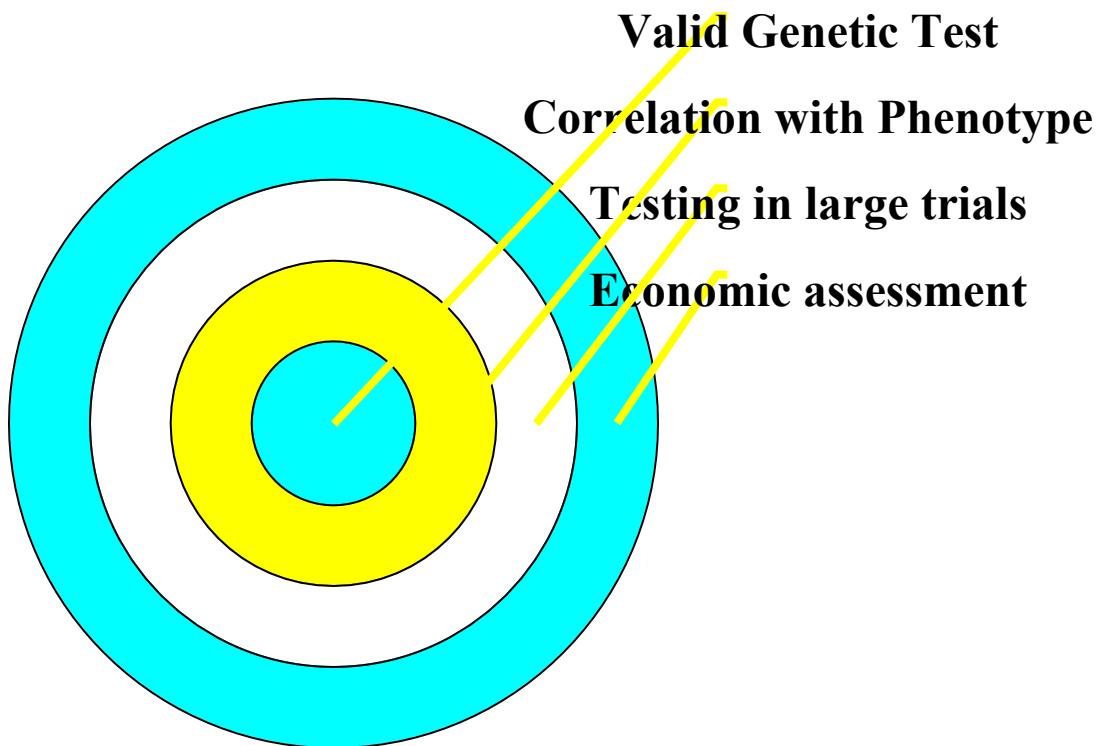
Providing information on cost-effectiveness and cost-consequences of PGx testing

Developing guidelines directing the clinical use of PGx test results

Improving acceptance of PGx testing



# Steps Toward Clinical Pharmacogenetic Labelling

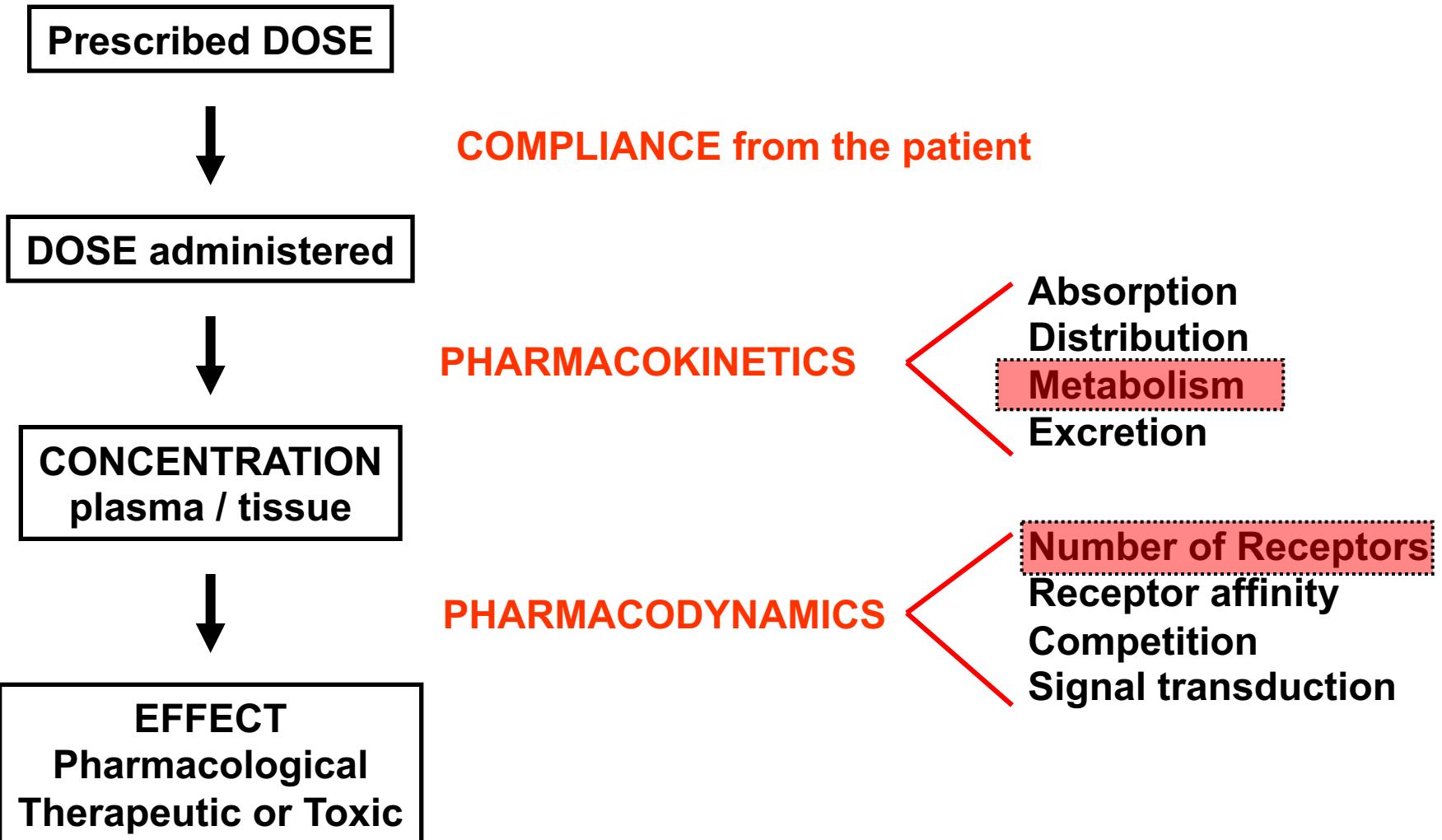


# Valid Genomic Biomarkers in the Context of Approved Drug Labels FDA

DRUG	BIOMARKER	GOAL	STATUS
Azathioprine	TPMT	SAFETY	<b>recommended</b>
Abacavir	HLA-B*5701	SAFETY	<b>recommended</b>
Atomoxetine	2D6	SAFETY	<b>information only</b>
Irinotecan	UGT1A1	SAFETY	<b>recommended</b>
Warfarin	2C9 and VKORC1	SAFETY	<b>recommended</b>
Celecoxib	2C9	SAFETY	<b>Information only</b>
Codeine	2D6	SAFETY	<b>information only</b>
Panitumumab	K-ras	EFFICACY	<b>recommended</b>
Clopidogrel	2C19	EFFICACY	<b>information only</b>
Tamoxifen	2D6	EFFICACY	<b>Pending</b>

# Valid Genomic Biomarkers in the Context of Approved Drug Labels FDA

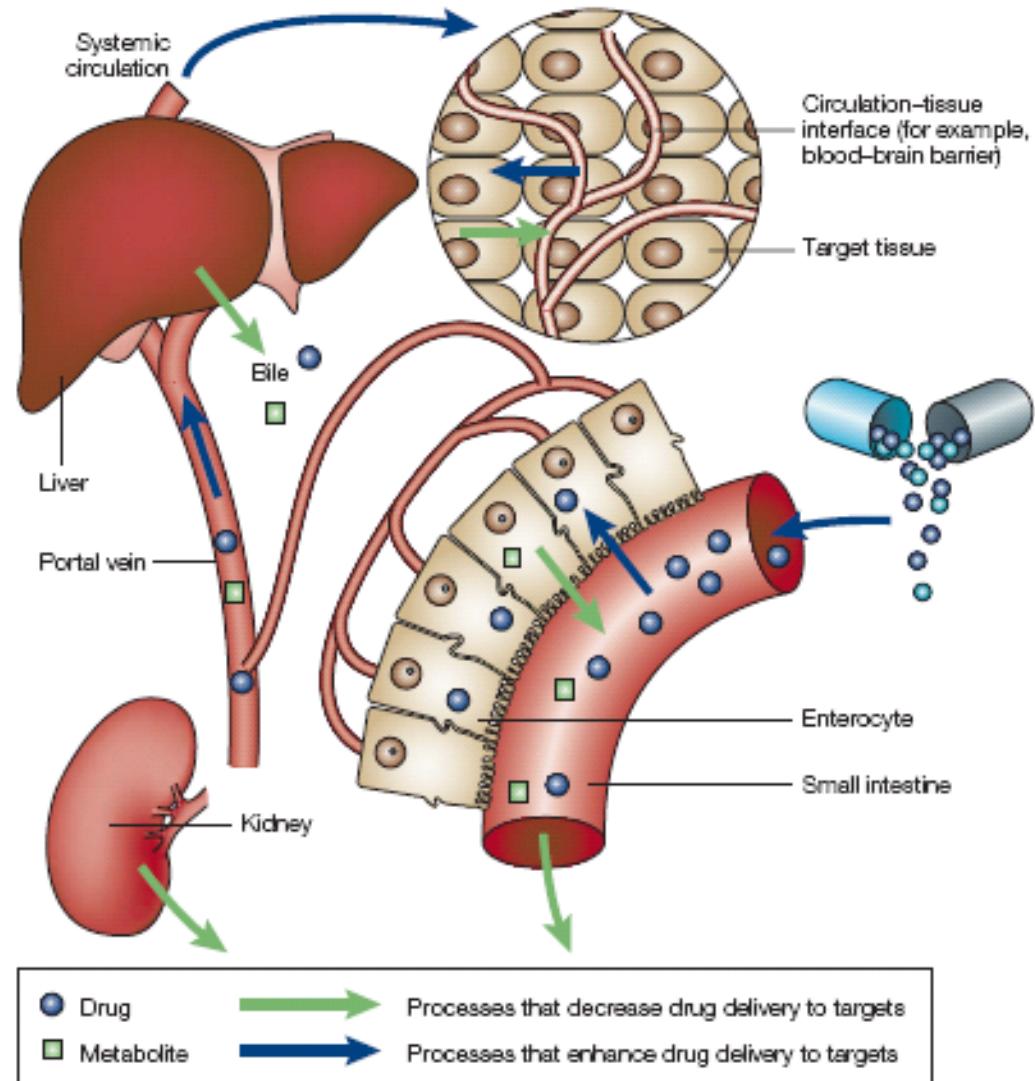
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Irinotecan	UGT1A1	SAFETY	<b>recommended</b>
Warfarin	2C9 and VKORC1	SAFETY	<b>recommended</b>
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Clopidogrel	2C19	EFFICACY	<b>information only</b>
Tamoxifen	2D6	EFFICACY	<b>Pending</b>



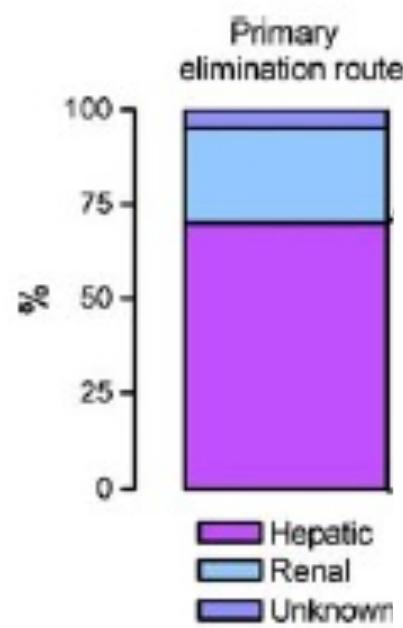
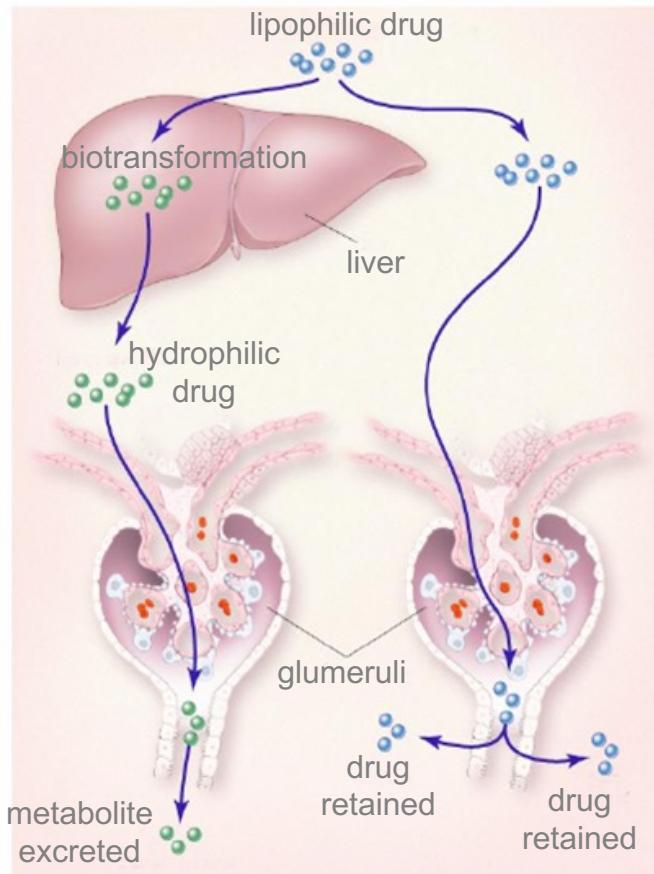
# Pharmacokinetics

The bioavailability of a drug and / or its metabolites in the target tissue depends on :

1. Absorption
2. Distribution
3. Metabolism
4. Excretion

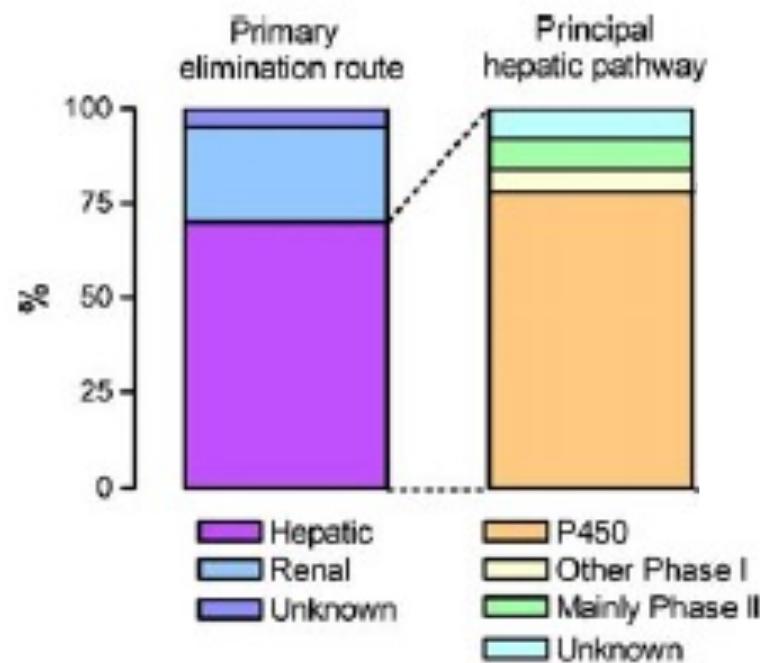
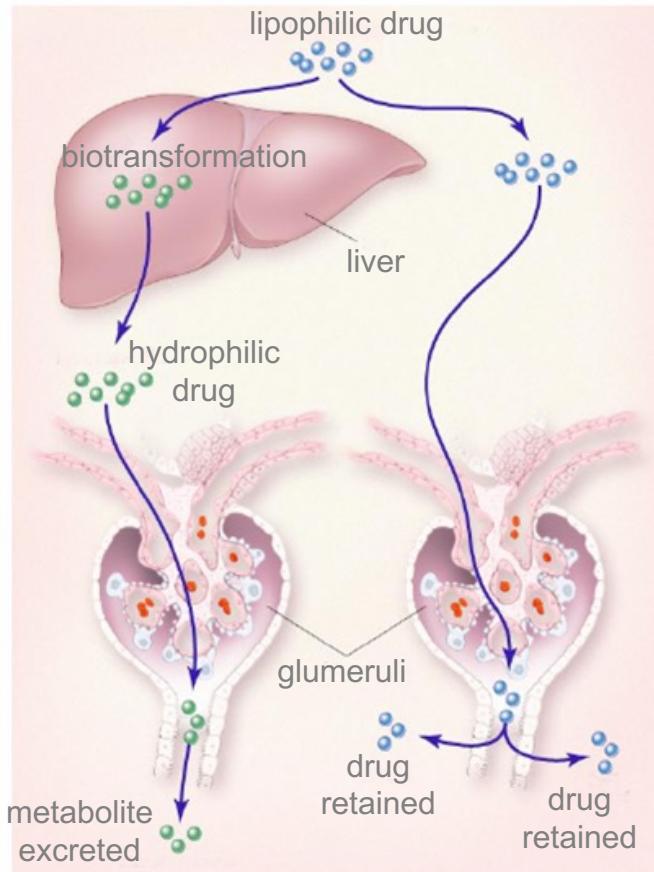


# Elimination of the drug



Zanger UM et al. Anal Bioanal Chem 2008

# Eliminazione del Farmaco

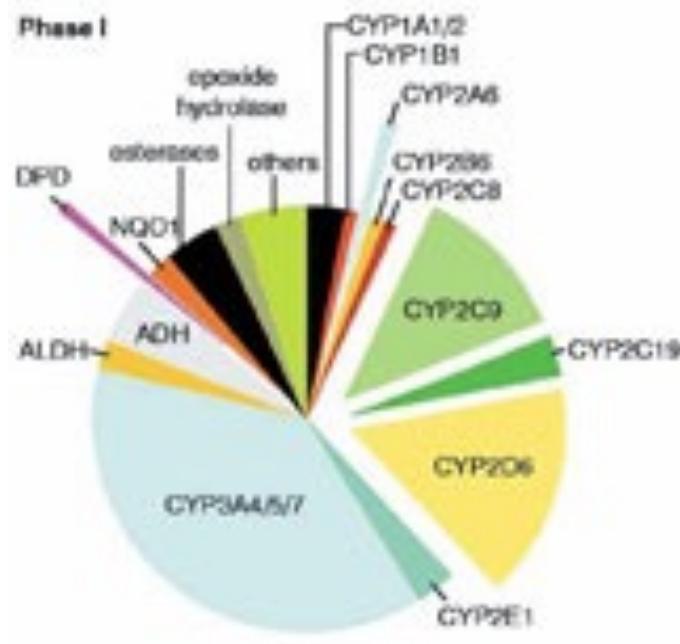


Zanger UM et al. Anal Bioanal Chem 2008

# DRUG METABOLISM

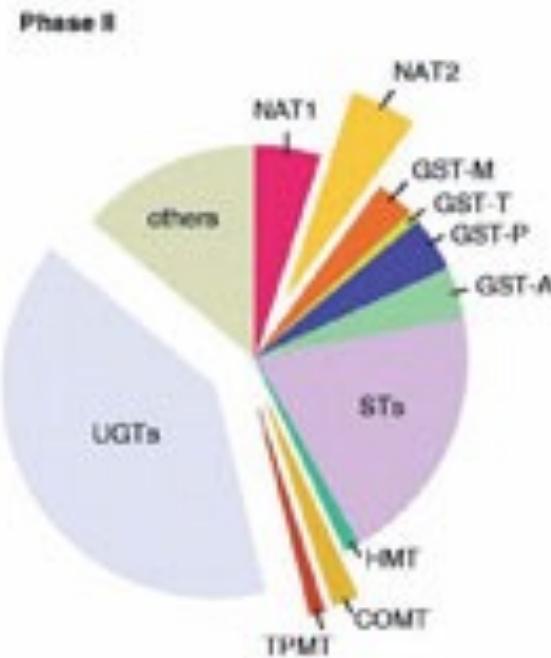
## Phase 1 reactions

OXIDATIONS  
REDUCTIONS  
HYDROLYSIS



## Phase 2 reactions

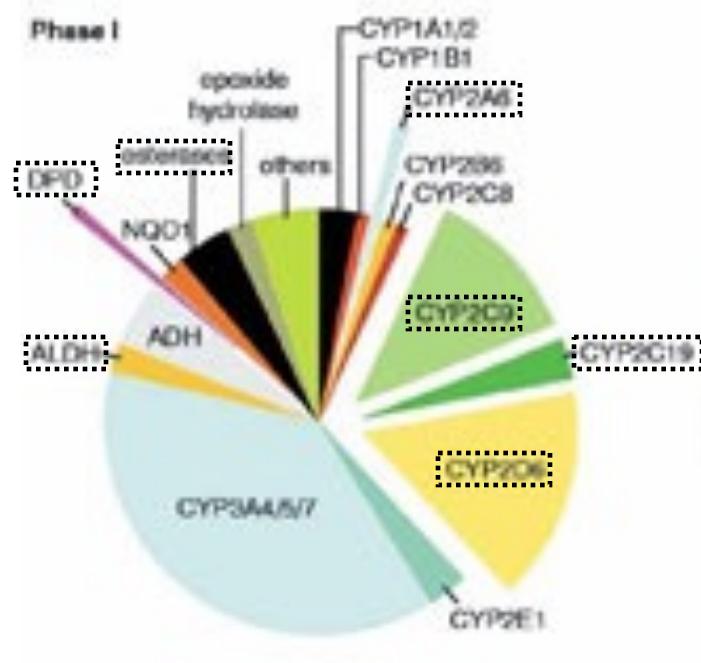
CONJUGATIONS  
glucuronidation  
acetylations  
methylations  
sulfatations



# DRUG METABOLISM

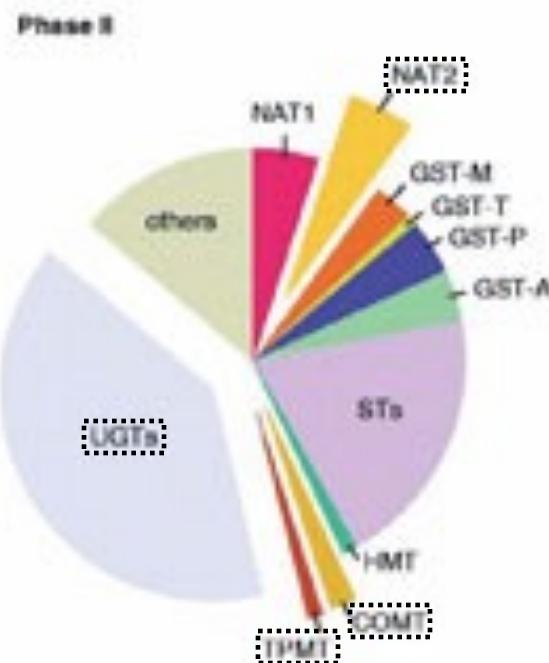
## Phase 1 reactions

OXIDATIONS  
REDUCTIONS  
HYDROLYSIS



## Phase 2 reactions

CONJUGATIONS  
glucuronidation  
acetylations  
methylations  
sulfatations



# GENETIC POLYMORPHISMS OF PHASE 1 AND 2 ENZYMES: EFFECT ON ENZYMATIC ACTIVITY

## Polymorphism

- Single nucleotide replacement (SNP)
- Deletion / insertion of some nucleotides
- Duplication of the entire gene

## Enzymatic activity

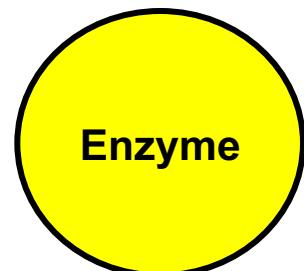
Abolished



Reduced



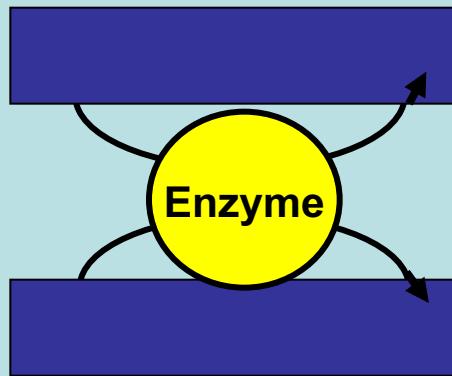
Increased



## "Normal" activity

## Pro-drug

## Drug



## Drug

## Inactivation

## "Reduced" activity

## Pro-Drug

## Drug

## Drug

## Inactivat.

## "Ultra Rapid" Activity

## Pro-Drug

## Drug

## Enzyme

## Enzyme

## Enzyme

## Drug

## Inactivat.

# Phenotype and Metabolism of Drugs

**Poor  
Metabolizers  
(PM)**



**Extensive  
Metabolizers  
(EM)**



**Ultrarapid  
Metabolizers  
(UM)**



# Phenotype and Metabolism of Drugs

Intermediate  
Metabolizers (IM)

Poor  
Metabolizers  
(PM)



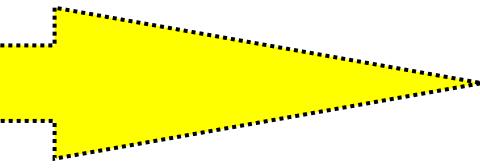
Extensive  
Metabolizers  
(EM)



Ultrarapid  
Metabolizers  
(UM)



METABOLIC ACTIVITY



# Phenotype



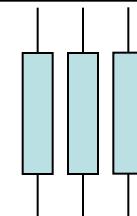
# Genotype

## Phenotype

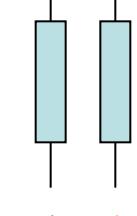
## Genotype

### Gene duplication

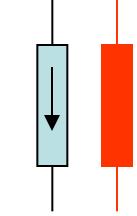
ULTRARAPID  
METABOLIZERS



EXTENSIVE  
METABOLIZERS

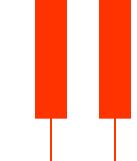


INTERMEDIATE  
METABOLIZERS

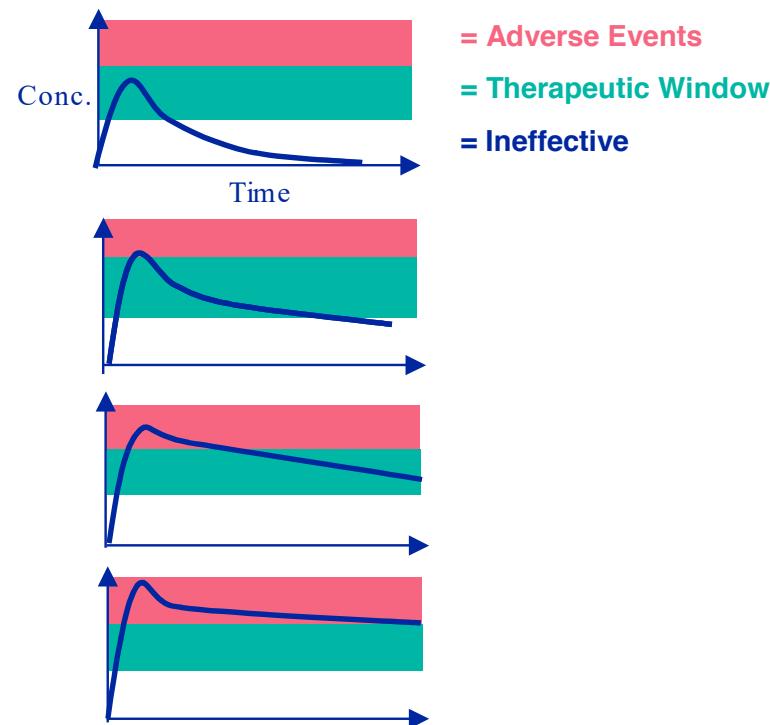


Homozygotes for  
non-functional genes  
or Gene deletion

POOR  
METABOLIZERS



### Response to average daily dose



# Phenotype



# Genotype

	Phenotype	Genotype	
<b>Gene duplication</b>	ULTRARAPID METABOLIZERS		<b>Response to average daily dose</b>
	EXTENSIVE METABOLIZERS		 = Adverse Events = Therapeutic Window = Ineffective
	INTERMEDIATE METABOLIZERS		
	POOR METABOLIZERS		

**PHENOCOPY**  
Cytochrome  
inhibiting  
drugs / substances

Homozygotes for  
non-functional genes  
or Gene deletion

# Phenotype

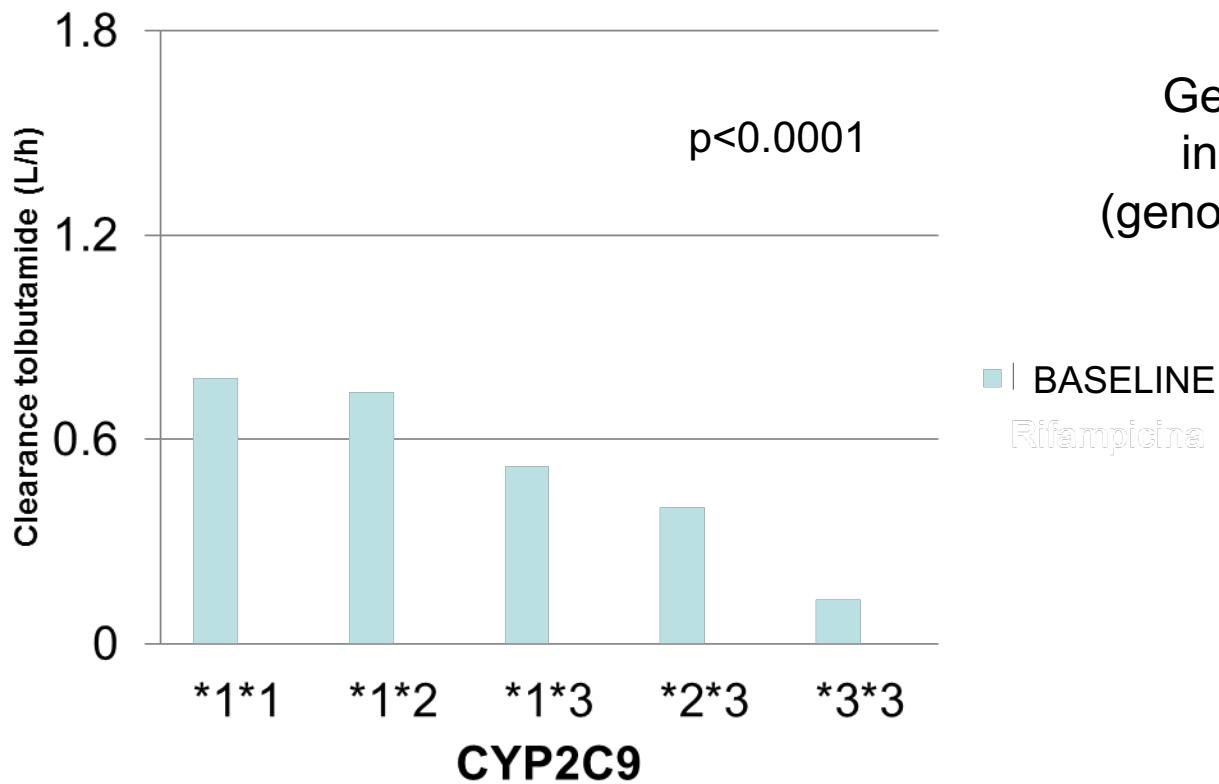


# Genotype

	Phenotype	Genotype	
Duplicazione genica	ULTRARAPID METABOLIZERS		<b>Response to average daily dose</b> 
<b>FENOCOPIA</b> Cytochrome inducing drugs / substances	EXTENSIVE METABOLIZERS		
Omozigoti per geni non funzionali o Delezione genica	INTERMEDIATE METABOLIZERS		
	POOR METABOLIZERS		

# CYP2C9

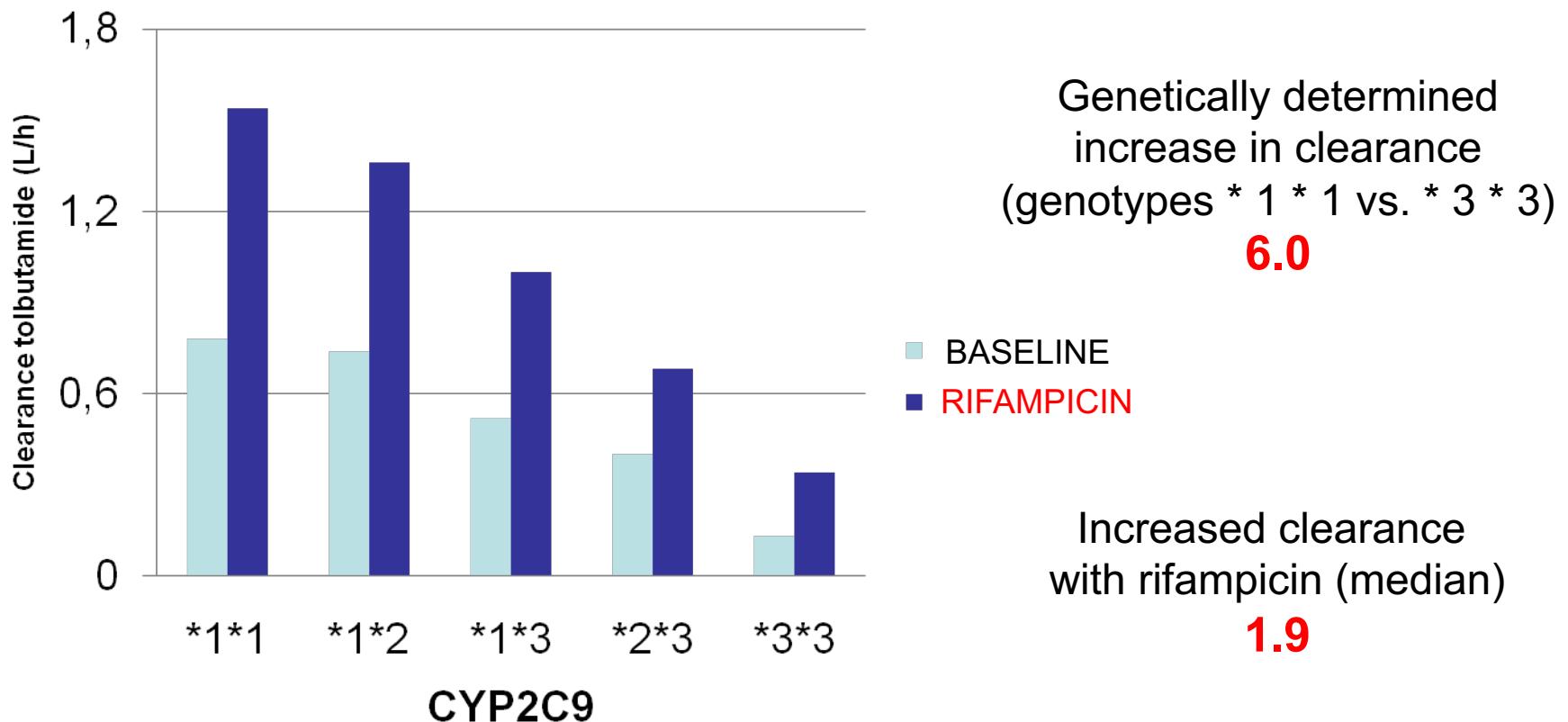
## GENOTYPE AND INDUCTION



Genetically determined  
increase in clearance  
(genotypes \*1\*1 vs. \*3\*3)  
**6.0**

Vormfelde SV, et al.  
Relative impact of genotype and enzyme induction on the metabolic capacity of CYP2C9 in healthy volunteers.  
Clin Pharmacol Ther. 2009 Jul;86(1):54-61.

# CYP2C9 GENOTYPE AND INDUCTION

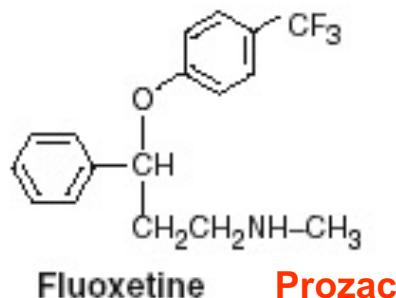


Vormfelde SV, et al.

Relative impact of genotype and enzyme induction on the metabolic capacity of CYP2C9 in healthy volunteers.  
Clin Pharmacol Ther. 2009 Jul;86(1):54-61.

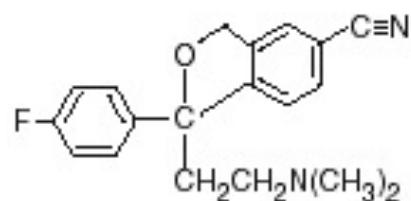
# CYP2D6 GENOTYPE AND INHIBITION (SSRI)

## HIGH



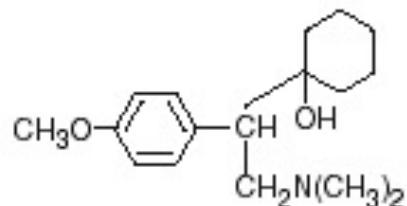
## Fluoxetine Prozac

## INTERMEDIATE

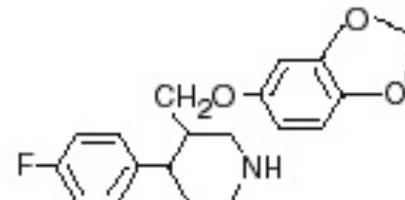


## Citalopram Citrol, Seropram, Talam

LOW

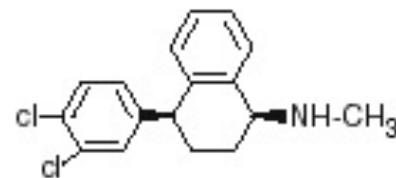


## Venlafaxine      **Efexor, Faxine**

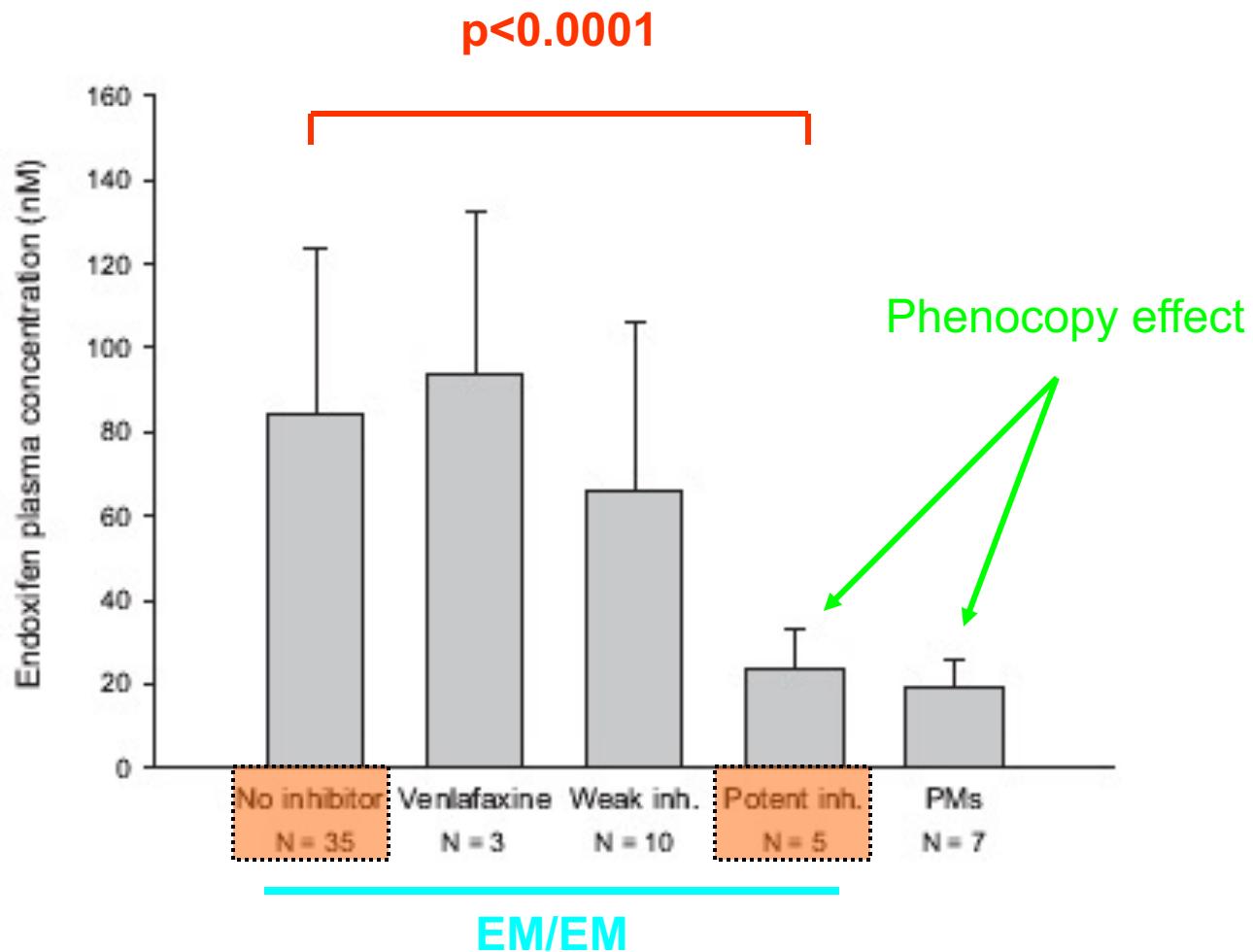


## Paroxetine

**Seroxat, Paxil,  
Aropax, Xetanor,  
ParoMerck, Rexetin**



## Sertraline Zoloft, Lustral

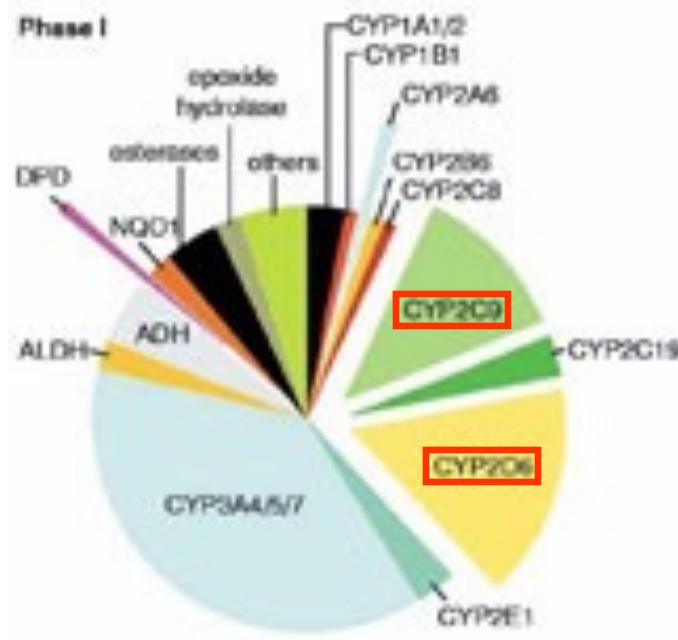


Borges S et al. Clin Pharmacol Ther 2006

# DRUG METABOLISM

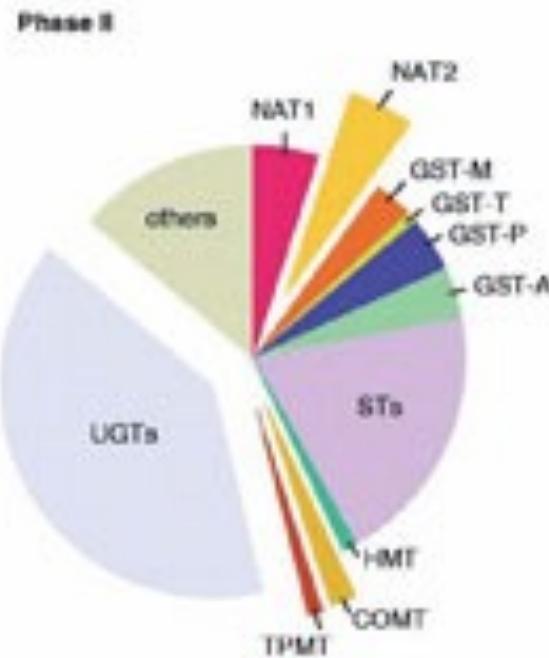
## Phase 1 reactions

OXIDATIONS  
REDUCTIONS  
HYDROLYSIS



## Phase 2 reactions

CONJUGATIONS  
glucuronidation  
acetylations  
methylations  
sulfatations



# Cytochromes P-450 (CYPs)

- ❖ CYPs are a **superfamily of microsomal enzymes** relevant in the biosynthesis and degradation of endogenous compounds such as steroids, lipids and vitamins.
- ❖ CYPs metabolize many chemicals present in the diet, in the environment or taken as drugs.
- ❖ They mainly catalyze the **oxidation** of their substrates.

# CYPs: site of action

- ❖ The metabolism of cytochromes takes place mainly in the **liver**, but also in the enterocytes of the **small intestine epithelium**.
- ❖ CYP3A, in particular, is present in enterocytes.
- ❖ Following the oral administration of a drug, CYPs, in the intestine and in the liver, can reduce the amount of drug that reaches the systemic circulation, thus influencing its effect. This is known as **first pass metabolism**.

# CYPs are polymorphic

- ❖ To date, more than **57 active** CYP450 genes and 58 pseudogenes are known in humans.
- ❖ Most of these genes are polymorphic.
- ❖ More than **434 different alleles** of the genes coding for CYP450 have been described, moreover numerous functional SNPs have been identified for which the corresponding allele has not yet been defined.
- ❖ <http://www.imm.ki.se/cypalleles/>

# CYPs: nomenclature

- **CYP** – abbreviation for cytochrome P450
- **Number** – family (sequence homology  $\geq 40\%$ )
- **Letter** – subfamily (sequence homology  $\geq 55\%$ )
- **Number** – specific gene / specific enzyme
  - within the subfamily
- **Asterisk followed by a number and a letter** –
  - allele of the gene
- **Example** : CYP2D6\*1A allele \*1A of CYP2D6 gene

*CYP 2D6\*1a*

# CYPs: role in drug metabolism

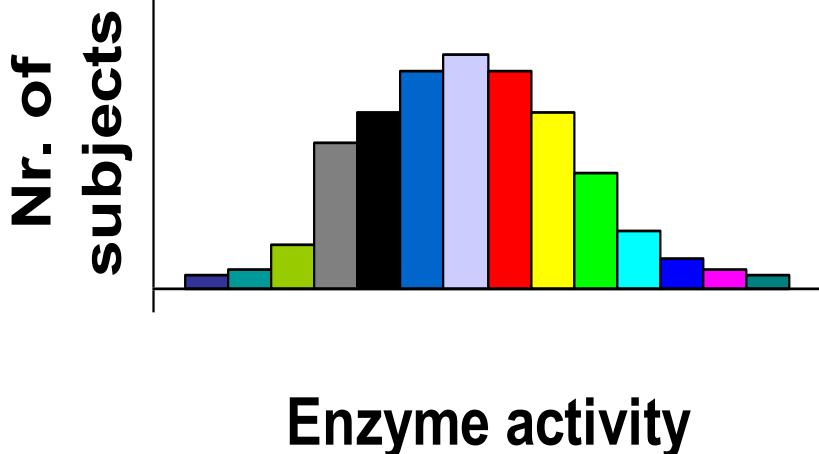
Enzyme	% of metabolised drugs	Main polymorphisms
CYP3A4	40 – 45%	Rari
CYP2D6	20 – 30%	*2xn, *4, *10, *17, *41
CYP2C9	10%	*2, *3
CYP2C19	5%	*2, *3
CYP1A2	5%	*1K
CYP2B6	2 – 4%	-
CYP2E1	2 – 4%	-
CYP2A6	2%	*4, *9
CYP2C8	1%	*3
CYP3A5	<1%	*3

# CYPs: two classes of enzymes

## Class I

- Well conserved.
- Without important functional polymorphisms.
- Active in the metabolism of procarcinogens and drugs.

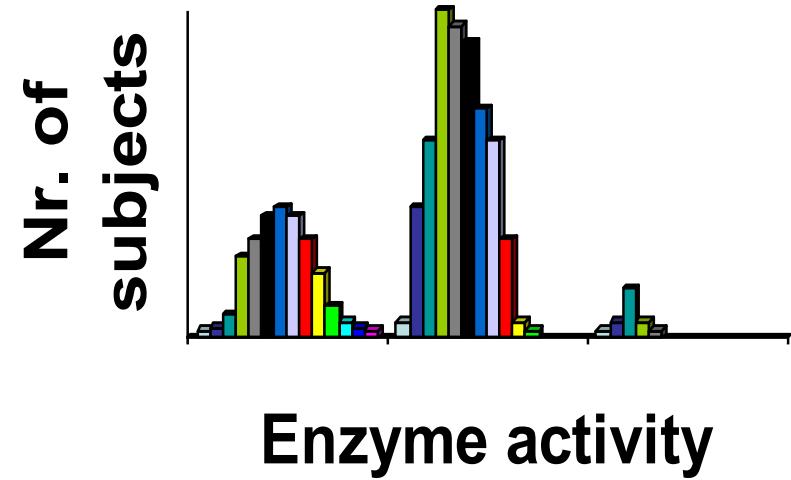
CYP1A1, CYP1A2, CYP2E1,  
CYP3A4



## Class II

- Highly polymorphic.
- Active in the metabolism of drugs but not of procarcinogens.

CYP2B6, CYP2C9, CYP2C19,  
CYP2D6



# CYP2D6

- ❖ It is part of the superfamily of CYPs: microsomal enzymes relevant in the biosynthesis and degradation of endogenous compounds and in the metabolism of many xenobiotics
- ❖ Although CYP2D6 constitutes only between 2% and 5% of the total content of CYPs, approximately **20% of drugs** are metabolized by CYP2D6.
- ❖ CYP2D6 has the largest number of genetic variants identified.

# CYP2D6: alleles

To date, more than **70 different alleles** of the CYP2D6 gene are known.

*CYP2D6\*2*  
*CYP2D6\*33*  
*CYP2D6\*35*

<http://www.imm.ki.se/cypalleles/>

*CYP2D6\*3*  
*CYP2D6\*4*  
*CYP2D6\*6*  
*CYP2D6\*7*  
*CYP2D6\*8*

*CYP2D6\*5*

*CYP2D6\*9*  
*CYP2D6\*10*  
*CYP2D6\*17*  
*CYP2D6\*41*

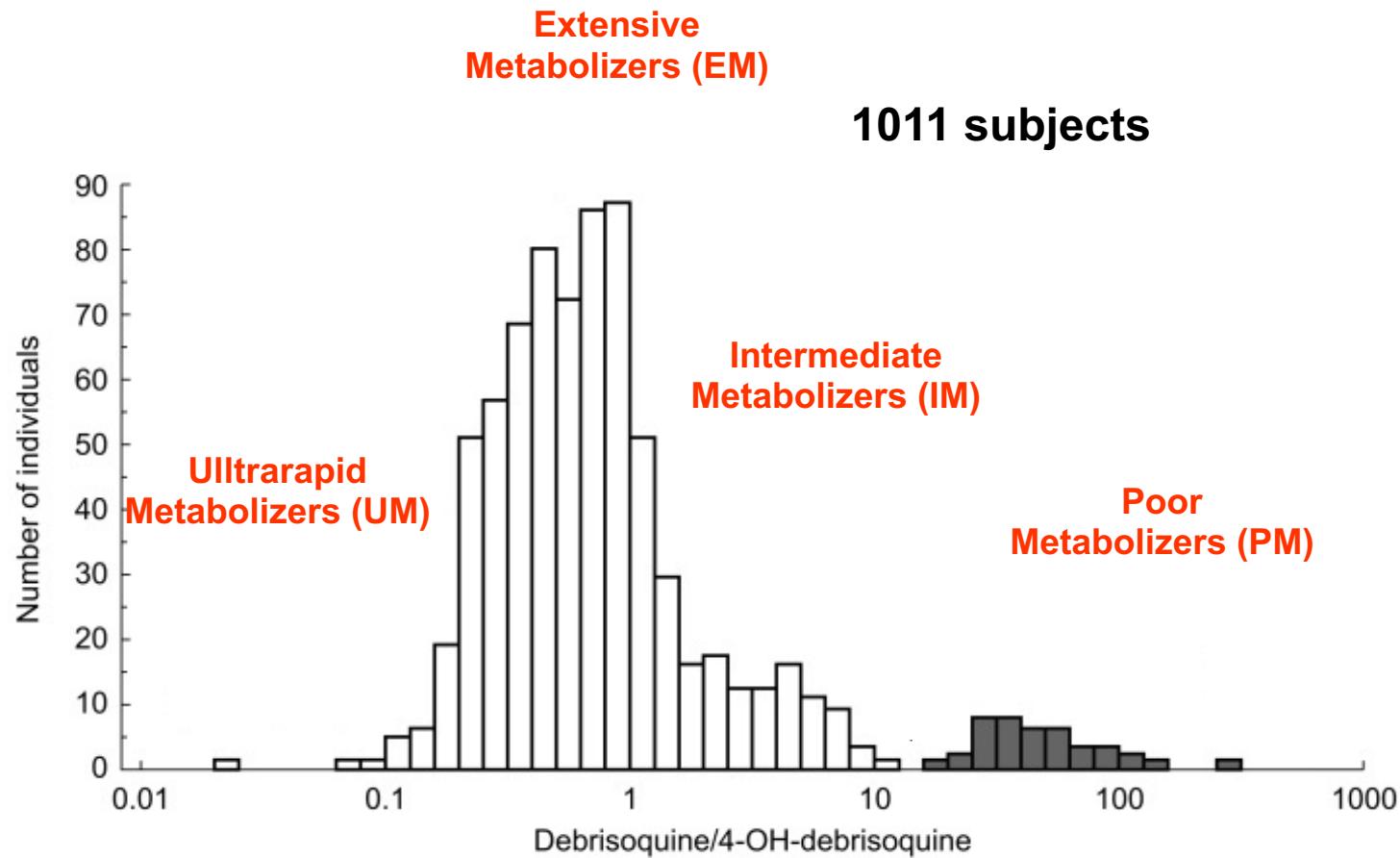
NORMAL  
ENZYMATIC  
ACTIVITY

NO  
ENZYMATIC  
ACTIVITY

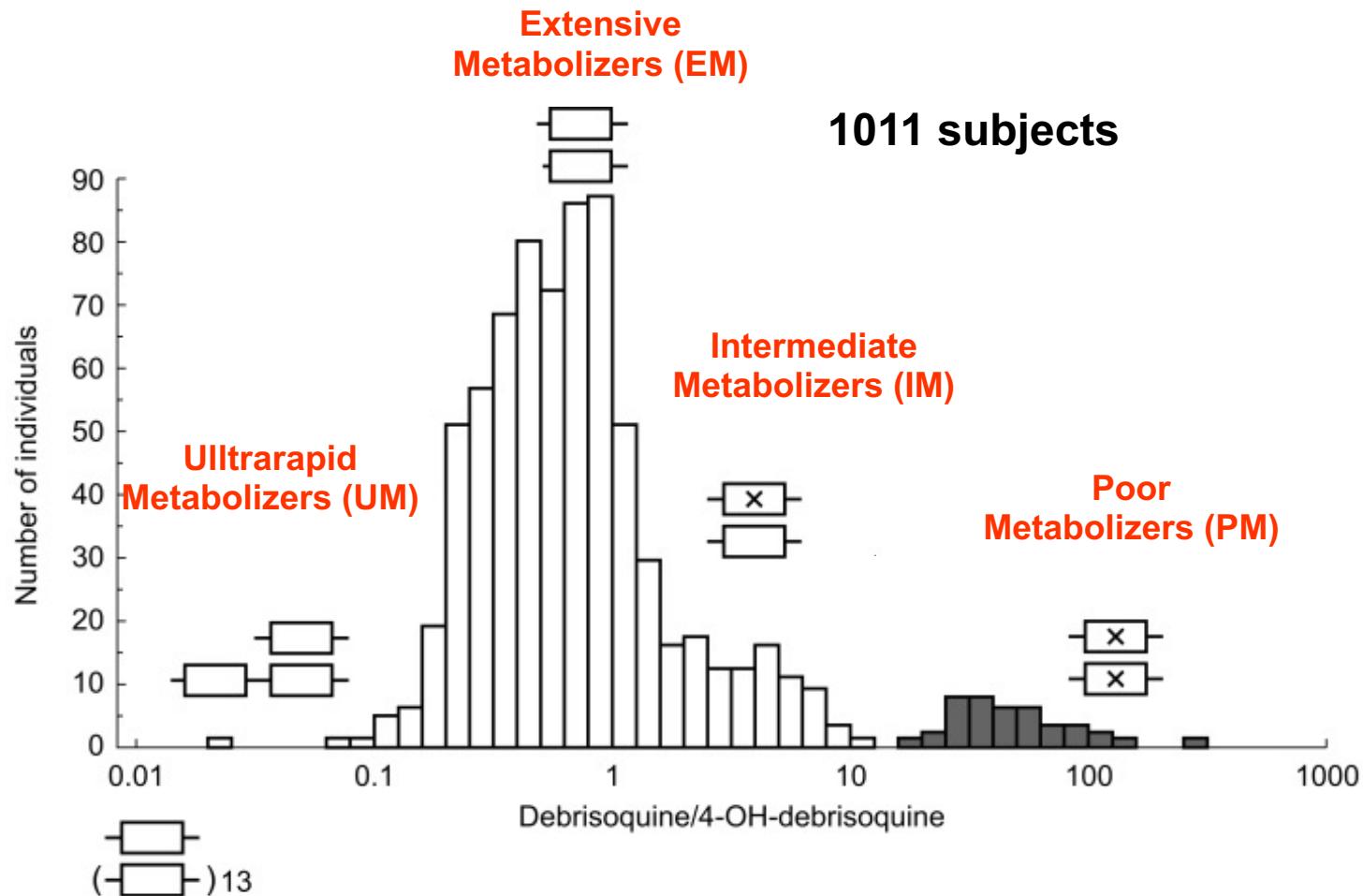
GENE DELETION

REDUCED  
ENZYMATIC  
ACTIVITY

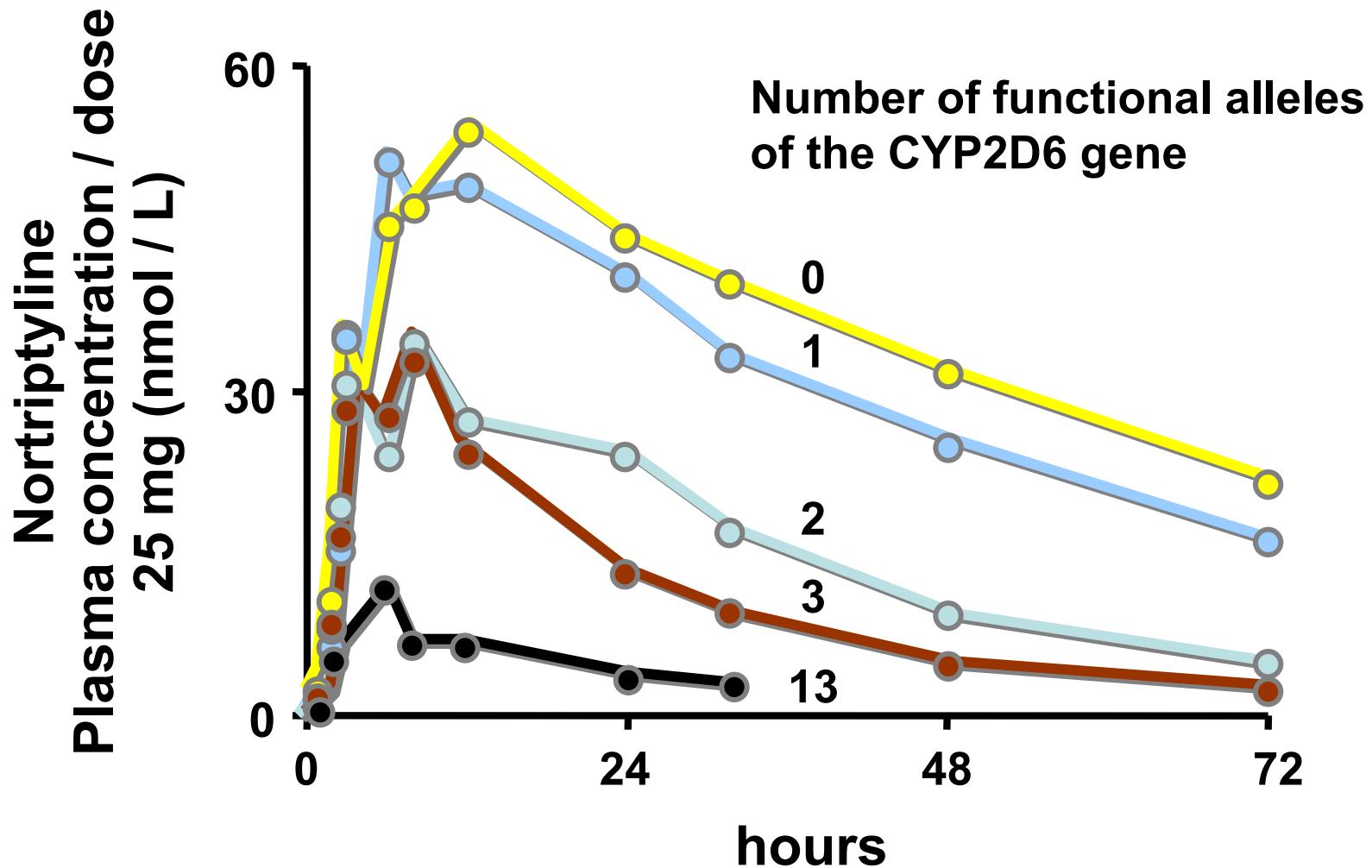
# CYP2D6 activity: phenotypic variability



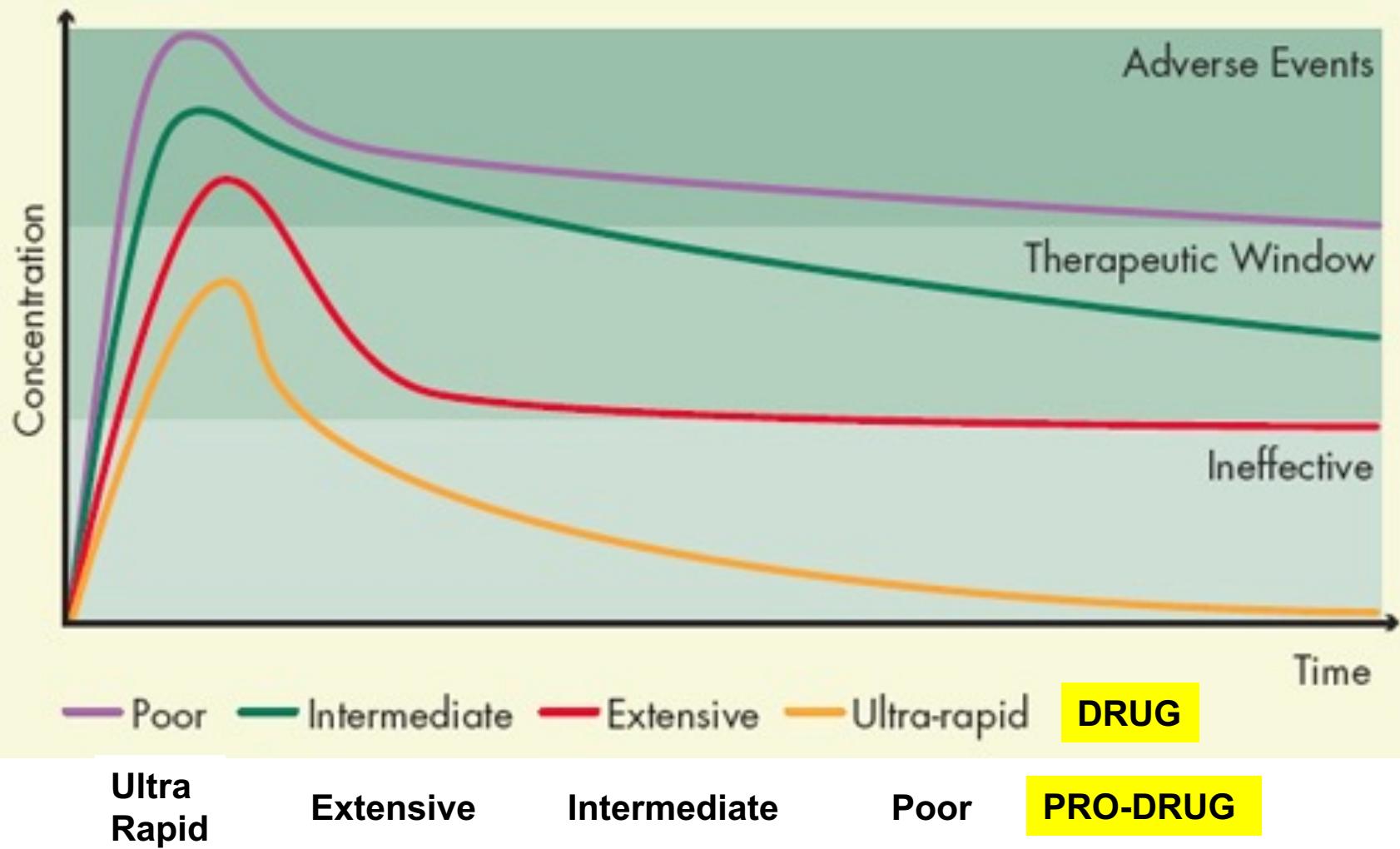
# CYP2D6 activity: genetic basis of phenotypic variability



# Dose effect of the number of CYP2D6 alleles



## Drug Levels Based On Phenotype



# Inter-ethnic variability of CYP2D6 phenotypes

Phenotypes	Caucasians	East Asians	African Americans	North Africa and Middle East	Mexican Americans
CYP2D6 PM	5-10	1	1-2	2	3
CYP2D6 UM	1-10	0-2	2	10-29	1
CYP2D6 Others	80-94	>90	96-97	69-88	96

# PM and UM: effect on drug metabolism and number of such subjects in Europe

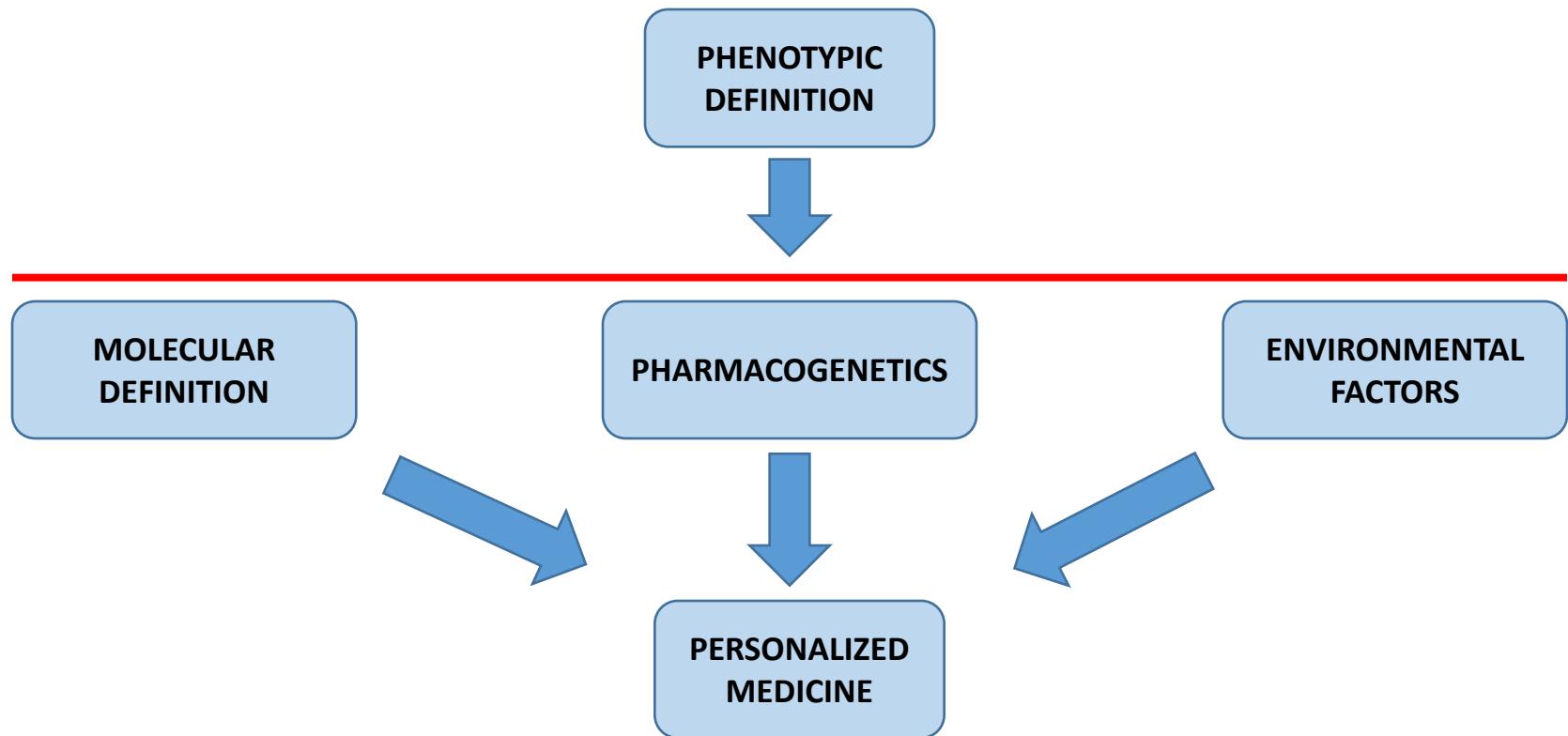
**20-30 million  
CYP2D6 PM**

**15-20 million  
CYP2D6 UM**

- **Reduced drug metabolism**
- **Circulating drug levels outside the standard dose therapeutic window**
- **Increased risk of adverse effects**
- **Failure to respond in case of pro-drug administration (e.g. codeine)**

- **Accelerated drug metabolism**
- **Failure to respond to drug after administration of standard dosages (non-responders)**

# PERSONALIZED MEDICINE: *THE ROLE OF PHARMACOGENETICS*





European Heart Journal (2012) 33, 1564–1570  
doi:10.1093/eurheartj/ehs112

REVIEW

*Frontiers in cardiovascular medicine*

## Personalized medicine: hope or hype?

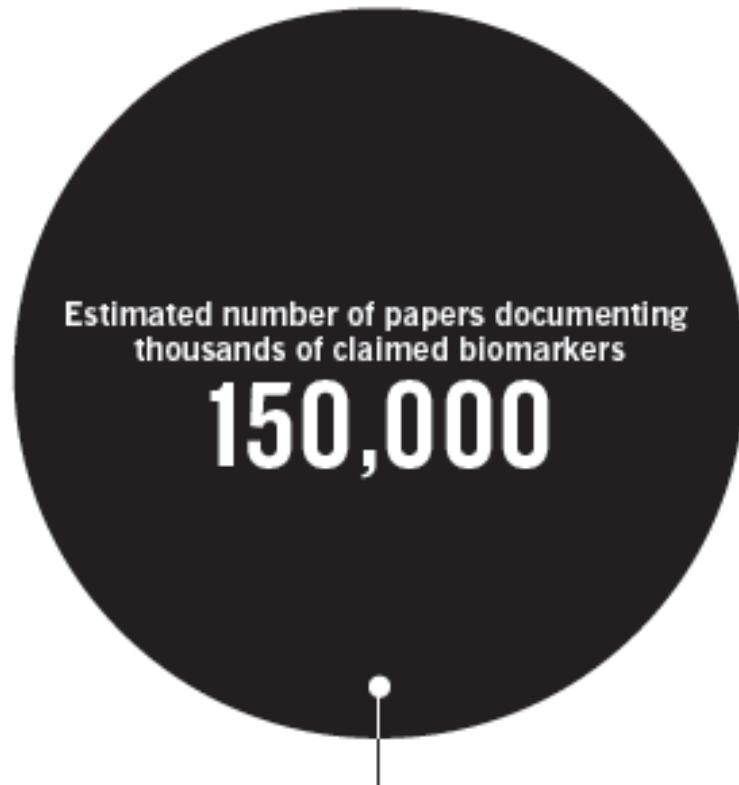
Keyan Salari<sup>1</sup>, Hugh Watkins<sup>2</sup>, and Euan A. Ashley<sup>3\*</sup>

<sup>1</sup>Department of Genetics, Stanford University School of Medicine, Stanford, CA, USA; <sup>2</sup>Department of Cardiovascular Medicine, University of Oxford, Oxford, UK; and <sup>3</sup>Center for Inherited Cardiovascular Disease, Division of Cardiovascular Medicine, Stanford University School of Medicine, Falk Cardiovascular Research Building, 300 Pasteur Drive, Stanford, CA 94305, USA

# FROM BENCH TO BEDSIDE: TRANSLATIONAL GAP

## A DROP IN THE OCEAN

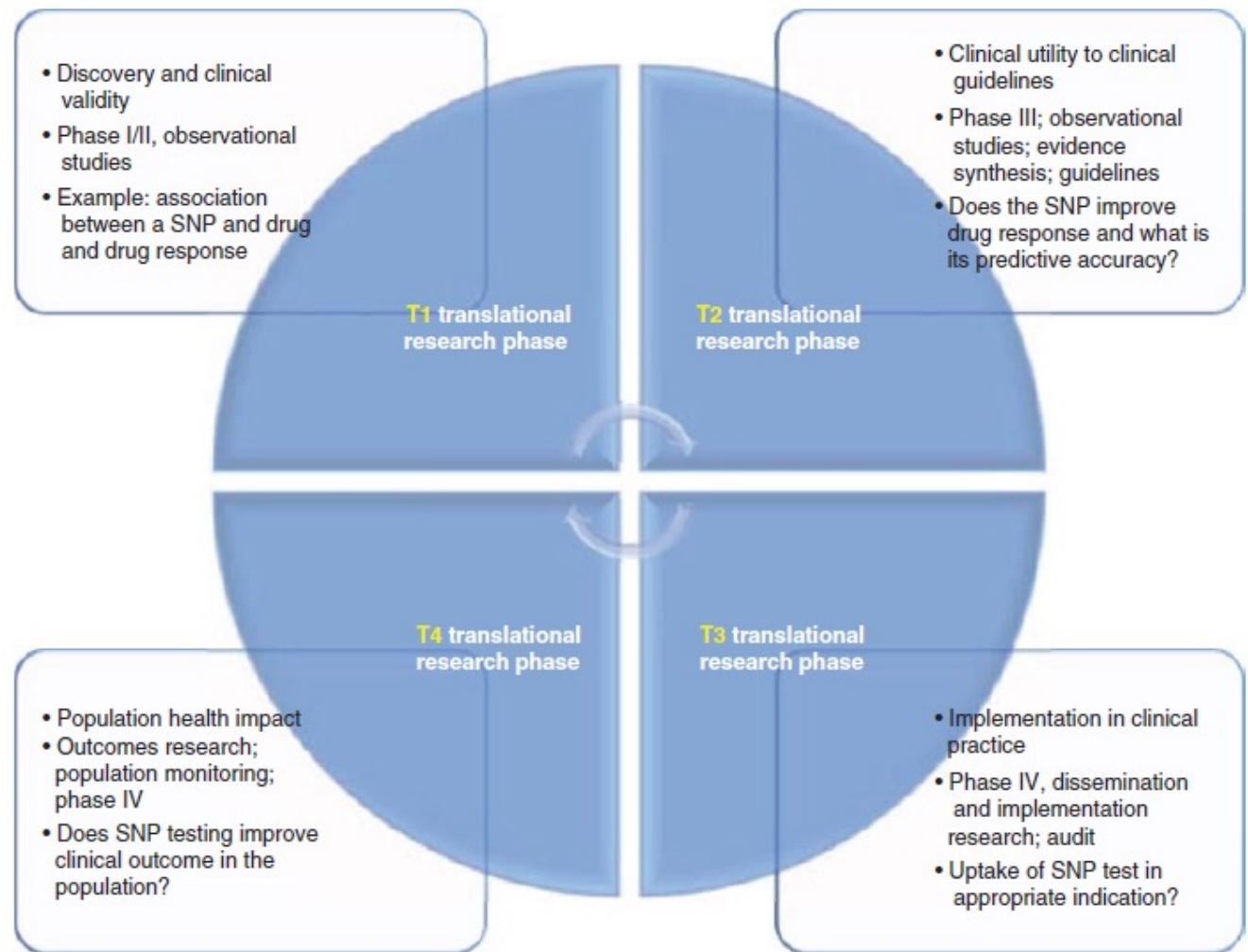
Few of the numerous biomarkers so far discovered have made it to the clinic.



100

Poste G et al., Nature 2011, 469:156-157

# FROM BENCH TO BEDSIDE: A *FOUR PHASES* *TRANSLATIONAL* *PATHWAY*



Mohamed M. Clin Pharmacol Ther. 2010 Dec;88(6):862-6



**Table of Valid Genomic Biomarkers in the Context of Approved Drug Labels**  
Therein, a valid biomarker is described as a “biomarker that:

- is measured in an analytical test system with well established performance characteristics

<http://www.fda.gov/Drugs/ScienceResearch/ResearchAreas/Pharmacogenetics/ucm083378.htm>



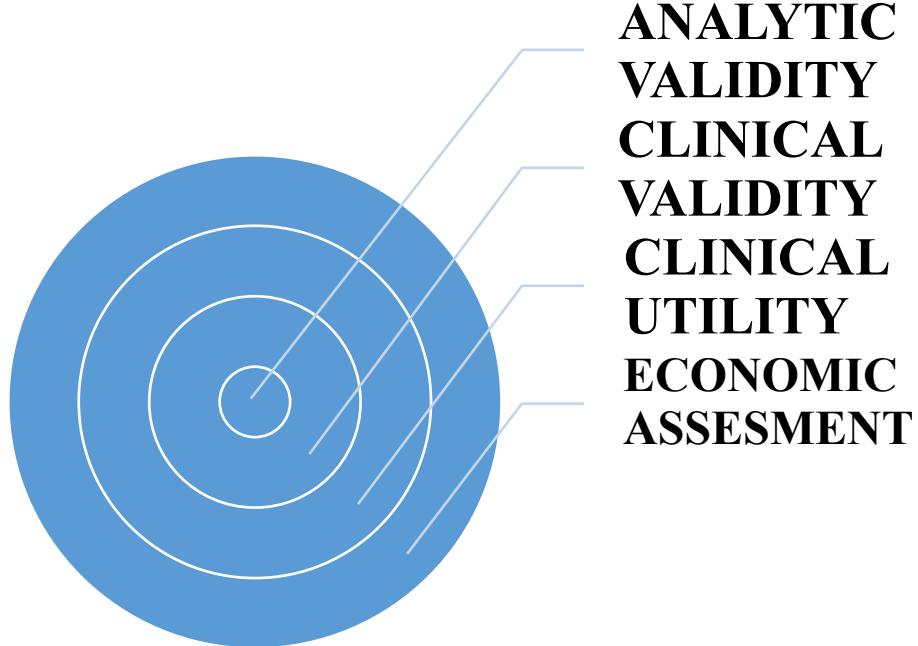
## **Table of Valid Genomic Biomarkers in the Context of Approved Drug Labels**

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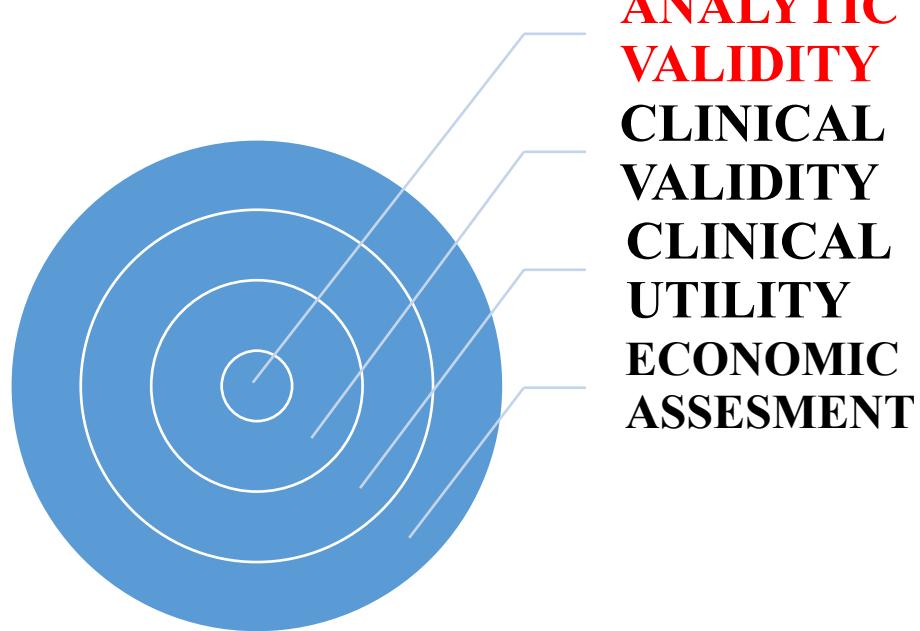
- is measured in an analytical test system with well established performance characteristics
- for which there is an established scientific framework or body of evidence that elucidates the physiologic, toxicologic, pharmacologic, or clinical significance of the test results.”

<http://www.fda.gov/Drugs/ScienceResearch/ResearchAreas/Pharmacogenetics/ucm083378.htm>

# Steps Toward Clinical Pharmacogenetic Labelling

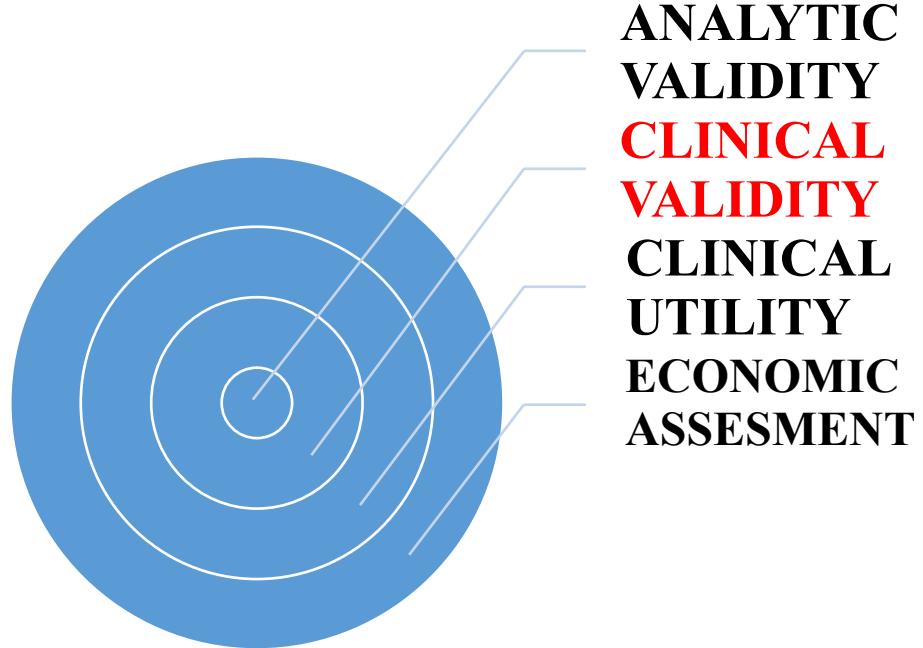


# Steps Toward Clinical Pharmacogenetic Labelling



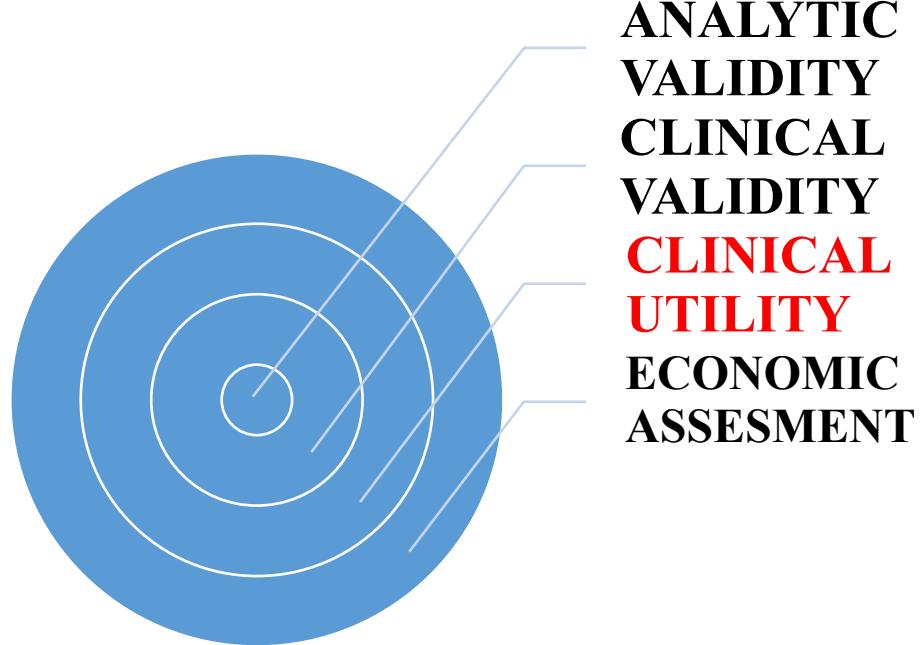
**How accurately and reliably the test measures the genotype of interest**

# Steps Toward Clinical Pharmacogenetic Labelling



**How consistently and strongly the genetic variants relate to the outcome of interest**

# Steps Toward Clinical Pharmacogenetic Labelling



**How likely the test is to significantly improve patient outcomes**



# Table of Pharmacogenomic Biomarkers in Drug Labeling

Pharmacogenomics can play an important role in identifying responders and non-responders to medications, avoiding adverse events, and optimizing drug dose.

Drug labeling may contain information on genomic biomarkers and can describe:

- Drug exposure and clinical response variability
- Risk for adverse events
- Genotype-specific dosing
- Mechanisms of drug action
- Polymorphic drug target and disposition genes

The table below lists FDA-approved drugs with pharmacogenomic information in their labeling.

The labeling for some, but not all, of the products includes specific actions to be taken based on the biomarker information.

Biomarkers in the table include but are not limited to germ-line or somatic gene variants, functional deficiencies, expression changes, and chromosomal abnormalities; selected protein biomarkers that are used to select patients for treatment are also included.

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# Table of Pharmacogenomic Biomarkers in Drug Labeling

## Pharmacogenomic Biomarkers in Drug Labeling

Drug	Therapeutic Area*	Biomarker†	Referenced Subgroup‡	Labeling Sections
Azathioprine	Rheumatology	TPMT	TPMT intermediate or poor metabolizers	Clinical Pharmacology, Warnings, Precautions, Drug Interactions, Adverse Reactions, Dosage and Administration
Mercaptopurine	Oncology	TPMT	TPMT intermediate or poor metabolizers	Clinical Pharmacology, Warnings, Precautions, Adverse Reactions, Dosage and Administration
Warfarin (1)	Hematology	CYP2C9	CYP2C9 intermediate or poor metabolizers	Dosage and Administration, Drug Interactions, Clinical Pharmacology
Warfarin (2)	Hematology	VKORC1	VKORC1 rs9923231 A allele carriers	Dosage and Administration, Clinical Pharmacology

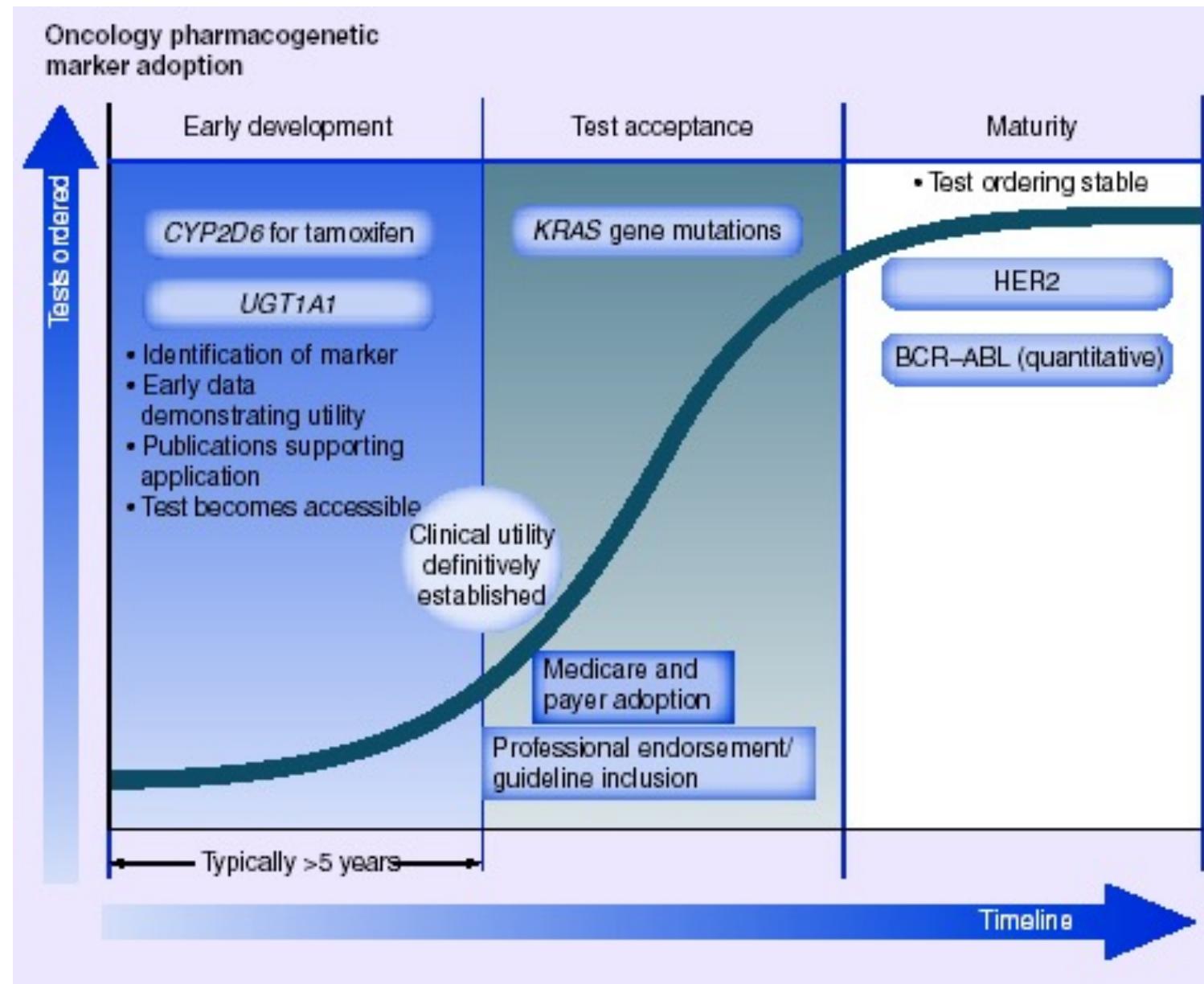


# Application of a pharmacogenetic test adoption model to six oncology biomarkers

## SPECIAL REPORT

Faruki & Lai-Goldman

Personalized Medicine (2010) 7(4), 441–450





## Schematic representation of accomplishments across five domains of genomics research

Understanding  
the structure of  
genomes

Understanding  
the biology of  
genomes

Understanding  
the biology of  
disease

Advancing  
the science of  
medicine

Improving the  
effectiveness of  
healthcare



1990-2003  
Human Genome Project

2004-2010

2011-2020

Beyond 2020



# CONCLUSIONS

The translation from bench to bedside of PGX tests to become a routine part of clinical practice will depend on:

the mandated incorporation of pharmacogenomics information in **drug labeling** (FDA and EMA) and the development of national and international **guidelines**.

Equally important is the **integration of knowledge and common effort** of clinicians, pharmacologists and **clinical pathologists** to reexamine pharmacological management programs.