

Theorem $\mathbb{H}^n$ is Lebesgue. (for $n=1$ proved already)

To prove the theorem we pass through an important inequality.

ISODIAMETRIC INEQUALITY $\forall E \in \mathcal{B}(\mathbb{R}^n)$

$$|E| \leq \omega_n \left(\frac{\text{diam}(E)}{2} \right)^n \quad (= \text{volume of the ball with diameter } \text{diam}(E))$$

that is:
(among sets of given diameter, the ball has maximal volume / among sets of given volume the ball has minimal diameter.

proof $n=1$ trivial $|E| \leq \text{diam } E$

$n > 1$ proof by **STEINER SYMMETRIZATION** (method used in several other context in minimization pb)

STEINER SYMMETRIZATION PROCEDURE

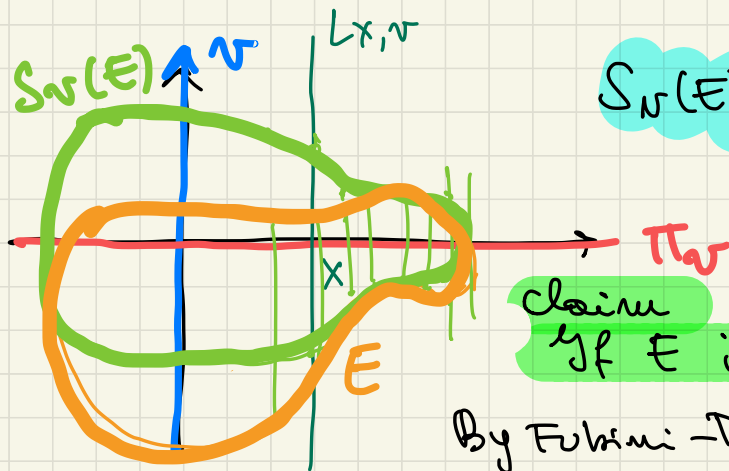
Let $E \subseteq \mathbb{R}^n$. Fix $v \in \mathbb{S}^{n-1}$ ($|v|=1$) "a direction"

π_v = Hyperplane $\perp v$ passing through the origin

$$= \{ x \in \mathbb{R}^n \mid x \cdot v = 0 \}$$

$\uparrow$ scalar product

$\forall x \in \pi_v \quad L_{x,v} = x + tv \quad t \in \mathbb{R}$ (straight line $\perp \pi_v$)



$$S_v(E) = \bigcup_{x \in \pi_v} \{ x + tv \mid |t| \leq \frac{1}{2} \mathcal{H}^1(E \cap L_{x,v}) \}$$

$\downarrow$ Steiner symmetrization of E w.r.t.

claim

If E is measurable $\rightarrow S_v(E)$ is measurable

By Fubini-Tonelli

$$|S_v(E)| = |E|$$

claim: $\text{diam } S_v(E) \leq \text{diam } E$

Claim

If E is measurable $\Rightarrow S_\sigma(E)$ is measurable

SUBGRAPH OF A MEASURABLE FUNCTION IS MEASURABLE

Then $f: \mathbb{R}^n \rightarrow [0, \infty)$ measurable (Lebesgue-meas.)

$A = \{ (x, y) \mid y \leq f(x) \}$ is measurable in $\mathbb{R}^{n+1}$

Def: $F: (x, y) \xrightarrow{\text{meas}} (f(x), y) \xrightarrow{\text{Borel}} f(x) - y$ $A = \{ F(x, y) \geq 0 \}$ measurable
 $\xrightarrow{\text{measurable}}$

Take $\sigma = e_1$ $\mathcal{H}^1 = \mathcal{L}$ on $\mathbb{R}$ $\pi_\sigma = \text{Id} \times \mathbb{R}^{n-1} (\cong \mathbb{R}^{n-1})$

$f: \mathbb{R}^{n-1} \rightarrow \mathbb{R}$ By Fubini the map $f: x \mapsto \mathcal{H}^1(E \cap L_{x\sigma})$ is measurable
 π_σ measurable $|E| = \int_{\mathbb{R}^n} \chi_E dx = \int_{\mathbb{R}^{n-1}} f(x) dx = \int_{\mathbb{R}^{n-1}} \mathcal{H}^1(E \cap L_{x\sigma}) dx$

$$S_\sigma(E) = \{ (y_1, x) \mid \frac{f(x)}{2} \leq y_1 \leq \frac{f(x)}{2} \}$$

Therefore $|E| = |S_\sigma(E)|$

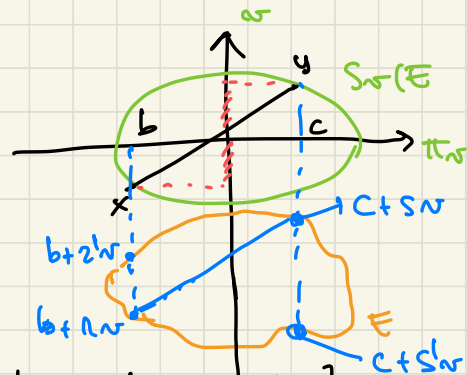
claim: $\text{diam } S_\sigma(E) \leq \text{diam } E$.

Take $z, y \in S_\sigma(E)$ $|z-y|^2 \geq (\text{diam } S_\sigma(E))^2 - \epsilon$ ϵ small

$z \in S_\sigma(E)$ $z = x_1 + t\sigma$ $b \in \pi_\sigma \rightarrow t = \frac{b \cdot \sigma}{\sigma \cdot \sigma}$ ($b \cdot \sigma = 0!$)

$$z = x_1 + (z \cdot \sigma) \sigma$$

$y \in S_\sigma(E)$ $y = x_2 + (y \cdot \sigma) \sigma$ $c \in \pi_\sigma$



$$(\text{diam } S_\sigma(E))^2 - \epsilon \leq |z-y|^2 = |x_1 - x_2|^2 + |z \cdot \sigma - y \cdot \sigma|^2$$

$s := \sup \{t \mid x_2 + t\sigma \in E\}$ $s' := \inf \{t \mid x_2 + t\sigma \in E\}$

$r := \inf \{t \mid x_1 + t\sigma \in E\}$ $r' := \sup \{t \mid x_1 + t\sigma \in E\}$

$$|y \cdot \sigma| \leq \frac{s - s'}{2} \quad |z \cdot \sigma| = \frac{r' - r}{2}$$

Assume without loss of generality

$$s - r \geq r' - s'$$

$$|z \cdot \sigma - y \cdot \sigma| \leq \frac{s - s'}{2} + \frac{r' - r}{2} = \frac{s - r}{2} + \frac{r' - s'}{2} \leq \frac{r' - s'}{2} + \frac{r' - s'}{2} = r' - s'$$

$$|z-y|^2 = |x_1-x_2|^2 + |z \cdot v - y \cdot v|^2 \leq |x_1-x_2|^2 + |r'-s'|^2 =$$

$$= |(x_1 + r'v) - (x_2 + s'v)|^2 \leq (\text{diam } E)^2 \quad \begin{pmatrix} x_1 + r'v \in \bar{E} \\ x_2 + s'v \in \bar{E} \end{pmatrix}$$

$$(\text{diam } S_v(E))^2 - \varepsilon \leq (\text{diam } E)^2$$

$$\xrightarrow{\varepsilon \rightarrow 0} \text{diam } S_v(E) \leq \text{diam } (E).$$

Observ. $S_v(E)$ symmetric w.r.to π_v .

If E is symmetric w.r.to π_w , with $w \perp v$ ($w \cdot v = 0$)
then $S_v(E)$ is symmetric w.r.to π_v, π_w .

$$E_1 = S_{e_1}(E) \quad e_1 = (1, 0 \dots 0) \quad \text{symm w.r.to } \pi_{e_1} = \{x_1 = 0\}$$

$$E_2 = S_{e_2}(E_1) \quad \rightarrow \text{symm w.r.to } \pi_{e_1}, \pi_{e_2}$$

$$E^* = S_{e_m}(E_{m-1}) \rightarrow \text{symmetric w.r.to } \pi_{e_1}, \pi_{e_2}, \dots, \pi_{e_m}$$

$$|E^*| = |E| \quad \text{diam } E^* \leq \text{diam } E.$$

E^* is symmetric w.r.t all coordinate axis.
(STEINER SYMMETRIZATION of E).

$$\downarrow E^* \subseteq B\left(0, \frac{\text{diam } E^*}{2}\right) \subseteq B\left(0, \frac{\text{diam } E}{2}\right)$$

$$|E| = |E^*| \leq \omega_n \left(\frac{\text{diam } E}{2}\right)^n \quad \square.$$

Theorem $\mathcal{H}^n(E) = \mathcal{H}_\delta^n(E) = |E| \quad \forall E \in \mathcal{B}(\mathbb{R}^n)$

Step 1 Let E_i ^{open} with $\text{diam } E_i \leq \delta$, $E \subseteq \bigcup_i E_i$

$$|E| \leq \sum_i |E_i| \underset{(\text{ISODIAM})}{\leq} \sum_i \omega_n \left(\frac{\text{diam } E_i}{2}\right)^n = \underbrace{\frac{\omega_n}{2^n} \sum_i (\text{diam } E_i)^n}_{\leq \mathcal{H}_\delta^n(E)}$$

$$|E| \leq \mathcal{H}_\delta^n(E) \leq \mathcal{H}^n(E) \quad \forall \delta > 0.$$

Step 2 Let Q a cube in $\mathbb{R}^n$ $Q = (a, b)^n = (a, b) \times (a, b) \dots \times (a, b)$
 $|Q| = \left(\frac{\text{diam } Q}{\sqrt{n}} \right)^n$ (edge of Q is $\frac{\text{diam } Q}{\sqrt{n}}$)

$$\begin{aligned} H_\delta^n(E) &\leq \inf \left\{ \frac{W_n}{2^n} \sum_i (\text{diam } Q_i)^n \mid \begin{array}{l} \text{diam } Q_i \leq \delta \\ Q_i \text{ cube} \end{array} \right\} \leq \\ &\leq \inf \left\{ \frac{W_n}{2^n} \sum_i n^{\frac{n}{2}} \cdot |Q_i| \right\} \leq \inf \left\{ \frac{W_n}{2^n} n^{\frac{n}{2}} \sum_i |Q_i| \mid \begin{array}{l} Q_i \text{ cube} \\ E \subseteq \cup_i Q_i \\ \text{diam } Q_i \leq \delta \end{array} \right\} \end{aligned}$$

$$\leq \frac{W_n}{2^n} n^{\frac{n}{2}} |E|$$

Letting $\delta \rightarrow 0^+$ $H^n(E) \leq \frac{W_n}{2^n} n^{\frac{n}{2}} |E| \Rightarrow \boxed{H_\delta^n \ll \mathcal{L} \atop H^n \ll \mathcal{L}}$

Step 3 Fix $\varepsilon > 0$ Q_i cubes of diam δ such that

$$E \subseteq \cup_i Q_i \quad |E| \leq \sum_i |Q_i| \leq |E| + \varepsilon$$

By Vitali covering theorem, $\forall Q_i^o$ (interior of Q_i) ^{there} exist a

countable covering of closed disjoint balls of diameter $\leq \delta$

$$|Q_i \setminus \bigcup_k B_i^k| = 0 \quad \bigcup_i B_i^k \subseteq Q_i^o$$

$$\downarrow \mathcal{H}^n(Q_i \setminus \bigcup_k B_i^k) = 0 \text{ since } \mathcal{H}^n \ll \mathcal{L}, \quad \mathcal{H}_\delta^n(Q_i \setminus \bigcup_k B_i^k) = 0$$

$$\mathcal{H}_\delta^n(E) \leq \sum_i \mathcal{H}_\delta^n(Q_i) = \sum_i \mathcal{H}_\delta^n(\bigcup_k B_i^k) \leq \sum_i \sum_k \mathcal{H}_\delta^n(B_i^k)$$

$$\leq \sum_i \sum_k \frac{C_n}{2^n} (\text{diam } B_i^k)^n = \sum_i \sum_k |B_i^k| = \sum_i |Q_i| \leq |E| + \varepsilon$$

$\downarrow$
diam $B_i^k \leq \delta$
CHOOSE COVERING of B_i^k as B_i^k ITSELF

$$\mathcal{H}_\delta^n(E) \leq |E| + \varepsilon \Rightarrow \mathcal{H}_\delta^n(E) \leq |E|$$

$$\downarrow \mathcal{H}^n(E) \leq |E|$$

We conclude

$$\boxed{|E| \leq \mathcal{H}_\delta^n(E) \leq \mathcal{H}^n(E) \leq |E|}$$

$\forall E \in \mathcal{B}(\mathbb{R}^n)$