

UNIVERSITÀ  
DEGLI STUDI  
DI PADOVA

Machine Learning  
2024/2025

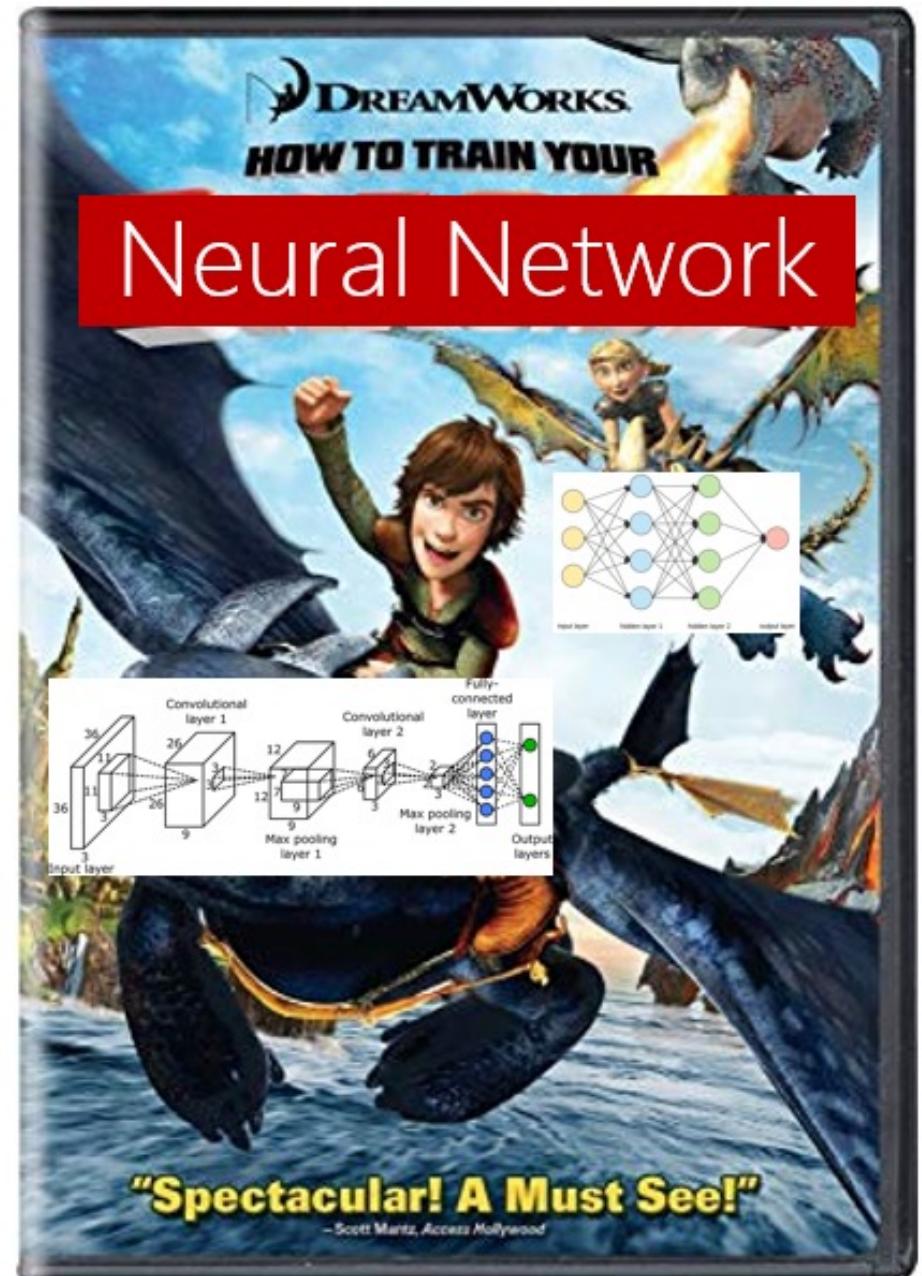
**AMCO**  
ARTIFICIAL INTELLIGENCE, MACHINE  
LEARNING AND CONTROL RESEARCH GROUP

# Lecture #25 Neural Networks Training – Part II

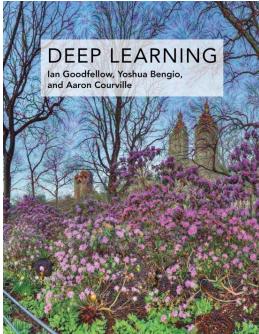
Gian Antonio Susto



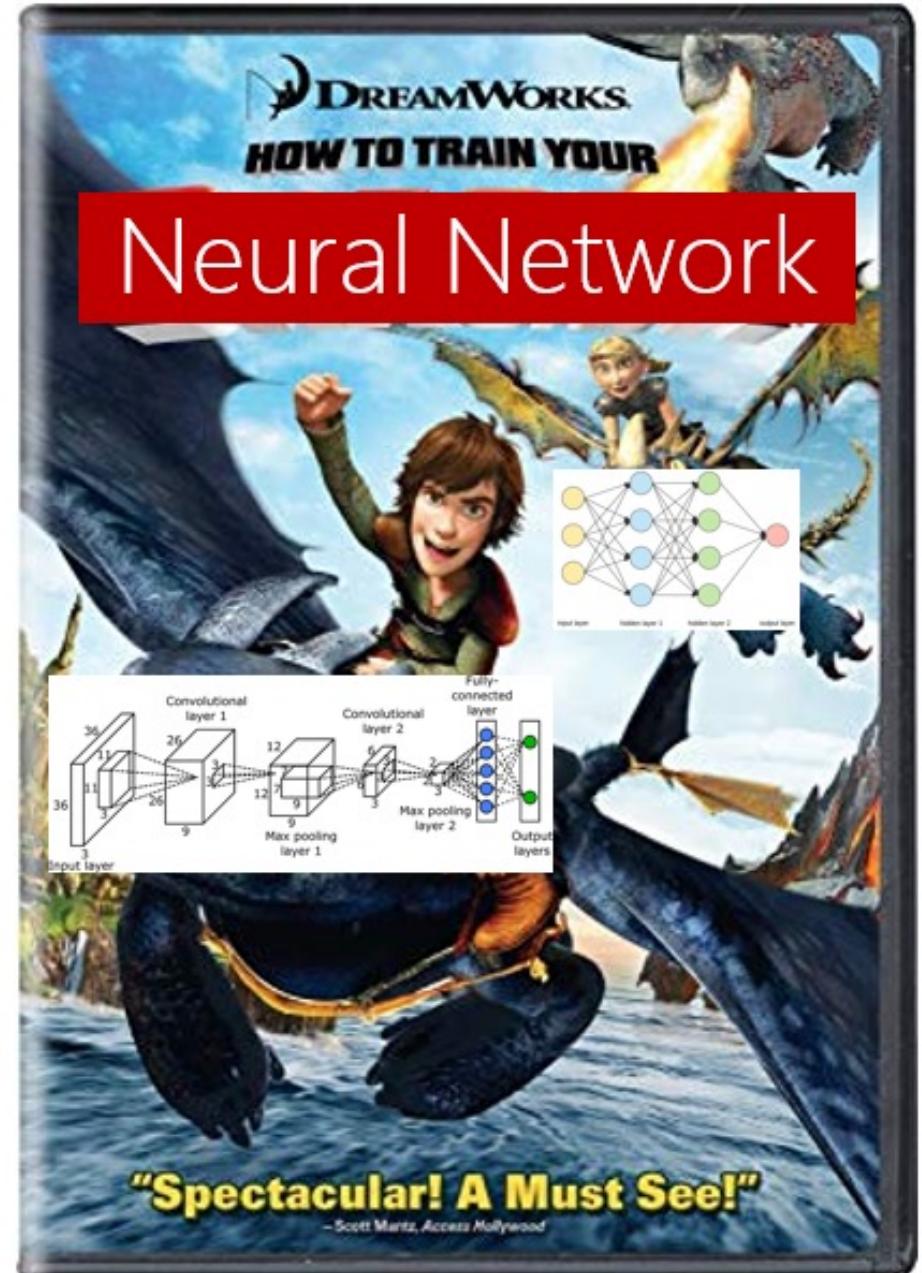
1. Activation functions
2. Weight Initialization
3. Batch Normalization
4. Optimization
5. Learning Rate
6. Regularization



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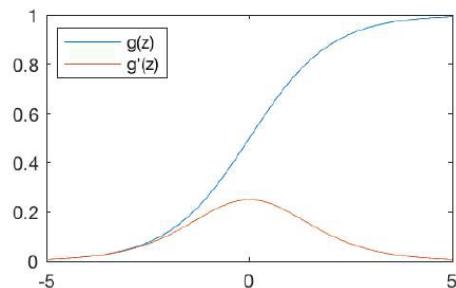
Chapter 6.3 Hidden Units



# Recap: Activation functions

Beside introducing non-linearities, it is important for Activation functions to have an easy way to compute the gradients (we need this in backpropagation)

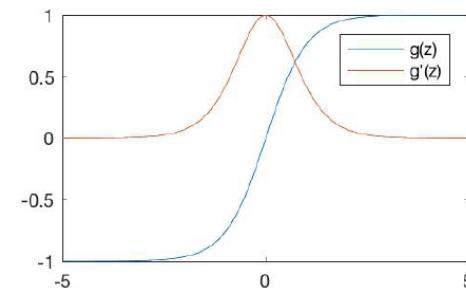
Sigmoid Function



$$g(z) = \frac{1}{1 + e^{-z}}$$

$$g'(z) = g(z)(1 - g(z))$$

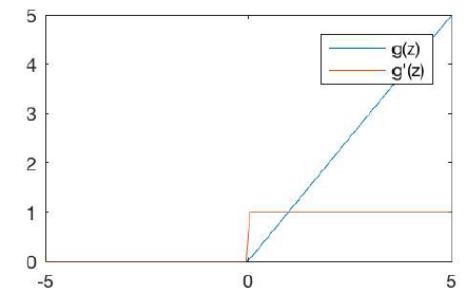
Hyperbolic Tangent



$$g(z) = \frac{e^z - e^{-z}}{e^z + e^{-z}}$$

$$g'(z) = 1 - g(z)^2$$

Rectified Linear Unit (ReLU)

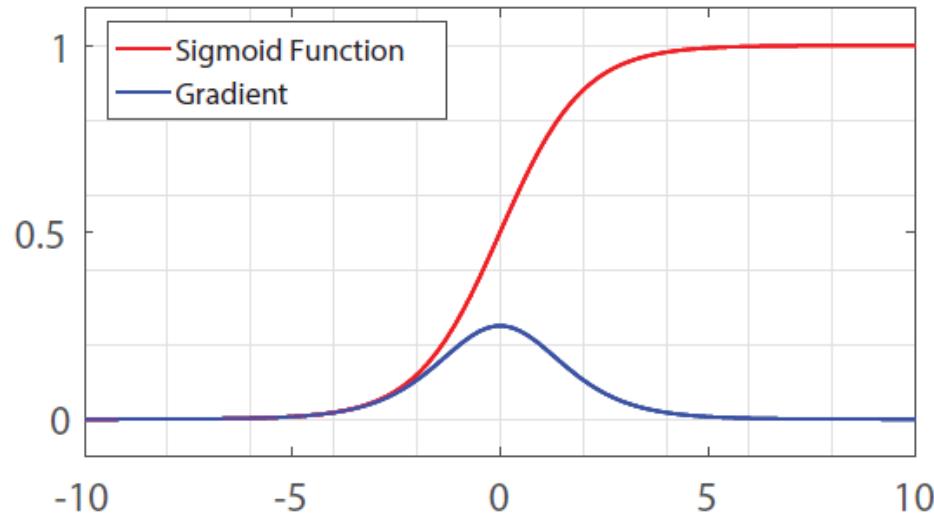


$$g(z) = \max(0, z)$$

$$g'(z) = \begin{cases} 1, & z > 0 \\ 0, & \text{otherwise} \end{cases}$$

# Recap: Sigmoid

Simple interpretation (probability)



G. Roffo *Ranking to Learn and Learning to Rank: On the Role of Ranking in Pattern Recognition Applications*

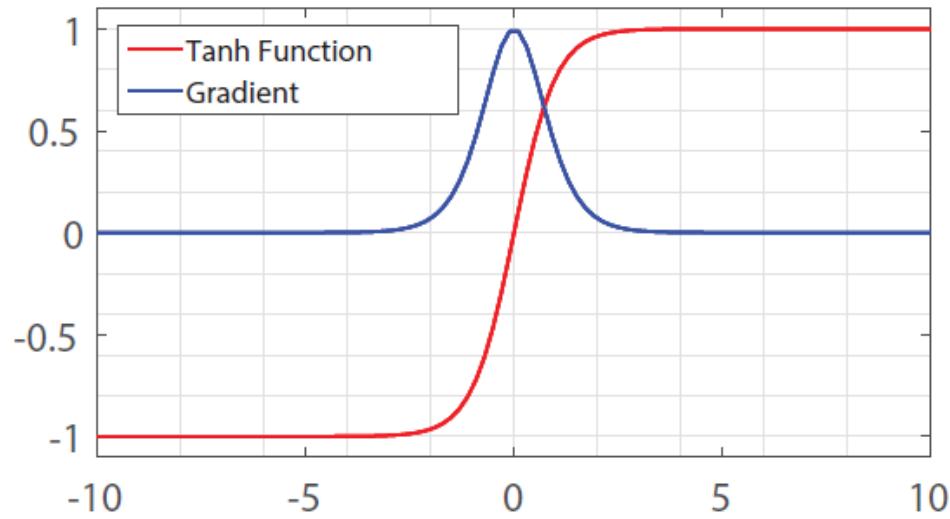
Issues:

- **Vanishing gradient problem:** gradient becomes increasingly small as the absolute value of the input increases (it is a problem in backpropagation)
- No zero-centered output (zig-zagging dynamics in the gradient updates)
- Exp function can be expensive to compute

$$g(z) = \frac{1}{1 + e^{-z}}$$

$$g'(z) = g(z)(1 - g(z))$$

# Recap: Tanh



G. Roffo *Ranking to Learn and Learning to Rank: On the Role of Ranking in Pattern Recognition Applications*

$$g(z) = \frac{e^z - e^{-z}}{e^z + e^{-z}}$$

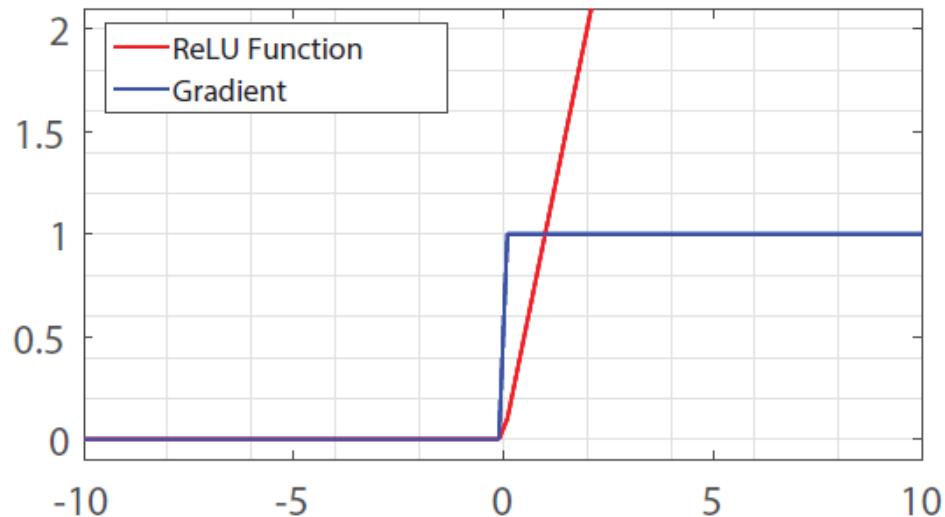
$$g'(z) = 1 - g(z)^2$$

Zero-centered

Issues:

- Vanishing gradient problem
- Exp function can be expensive to compute

# Recap: ReLU



G. Roffo *Ranking to Learn and Learning to Rank: On the Role of Ranking in Pattern Recognition Applications*

$$g(z) = \max(0, z)$$

$$g'(z) = \begin{cases} 1, & z > 0 \\ 0, & \text{otherwise} \end{cases}$$

Simple implementation

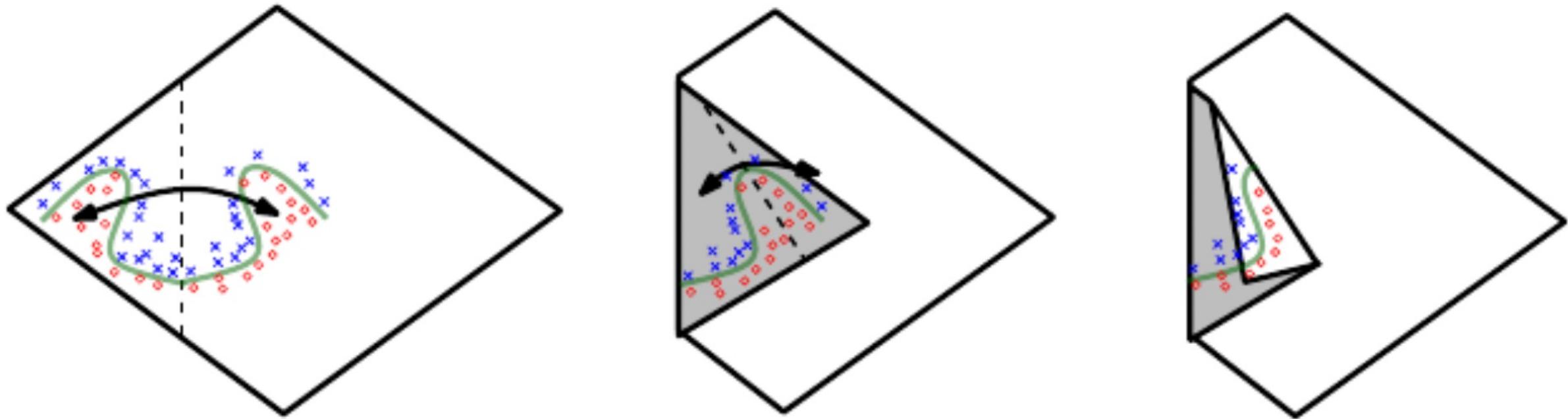
Does not saturate (in + region we have no vanishing gradient)

Faster convergence of SGD than sigmoid/tanh

Issues:

- Not zero-centered
- Gradient is zero for negative values: dead ReLU (as much as 40% of the network never activate if the learning rate is too high)

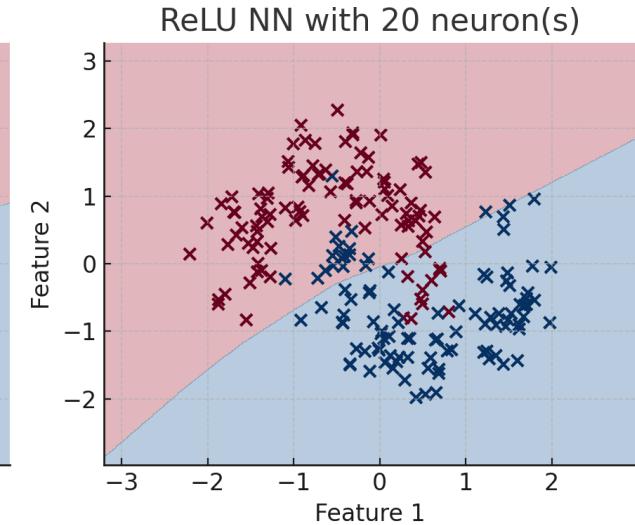
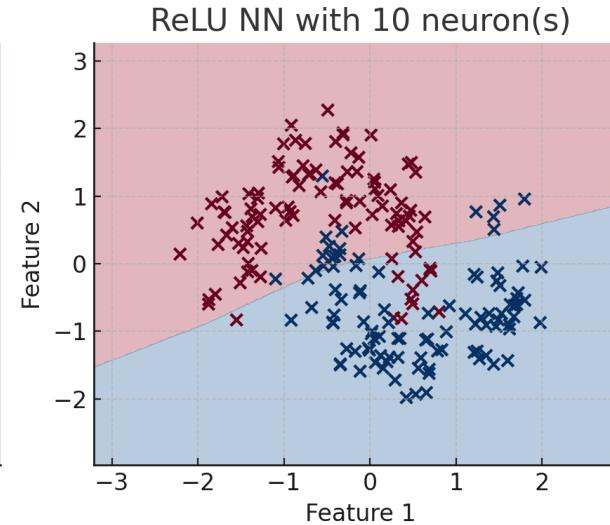
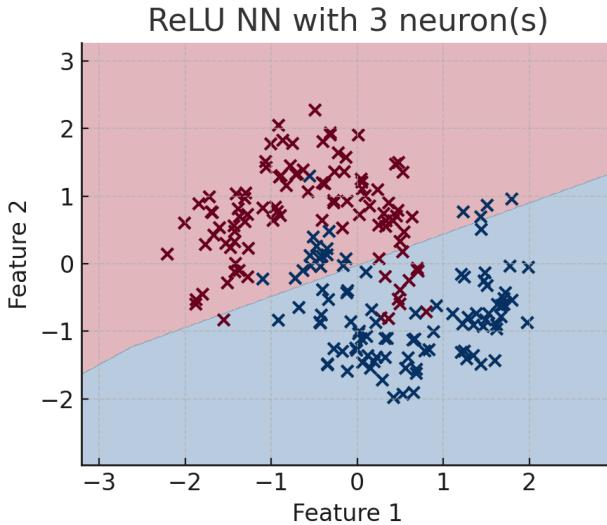
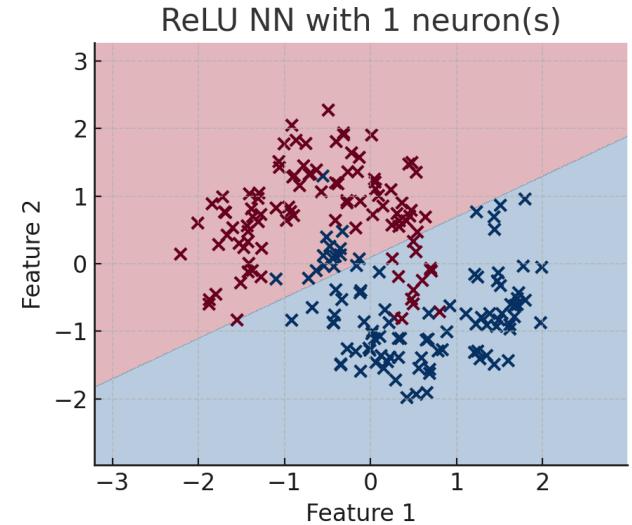
## Recap: ReLU – Intuition



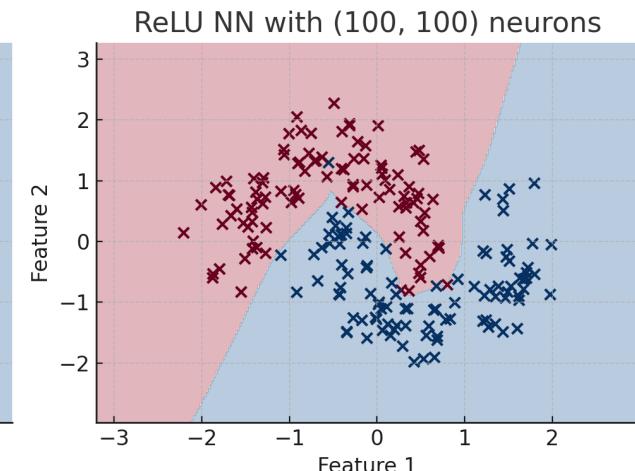
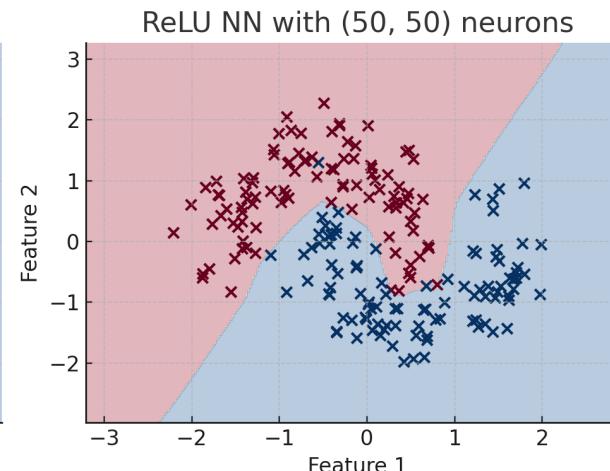
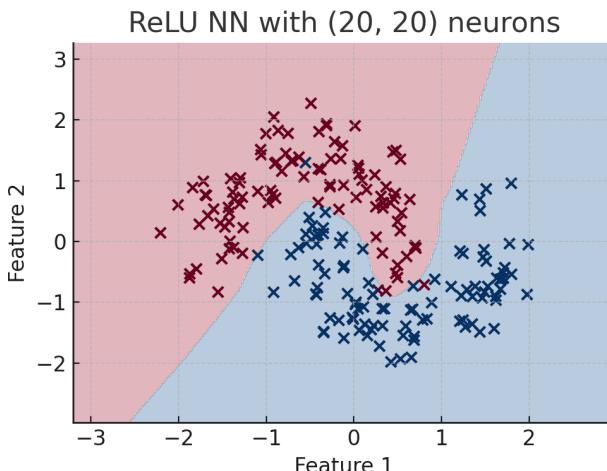
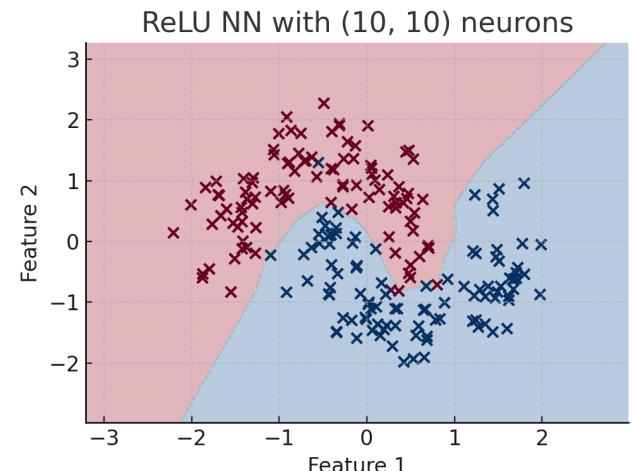
ReLU gives neural networks the power to ‘fold’ the input space.

This lets them transform complex, tangled data into something that even a straight line can separate.

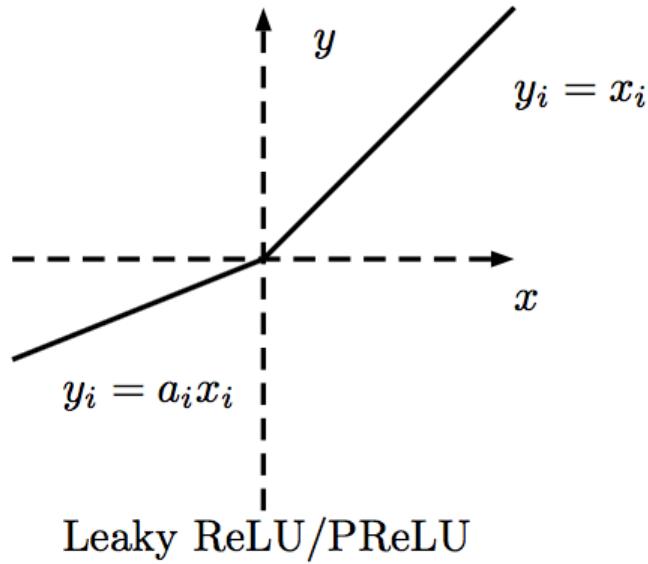
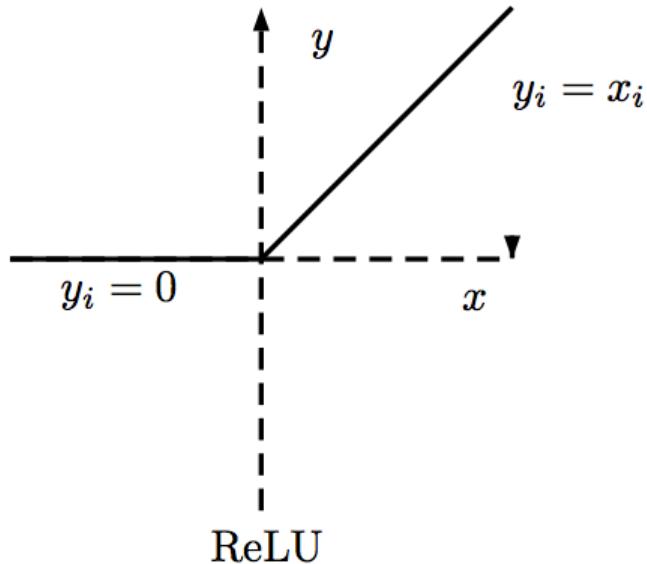
# 1 hidden layer



# 2 hidden layers



# Leaky ReLU, Parametric ReLU, Randomized Leaky ReLU



$$g(z) = 0.01z, (z < 0)$$

$$g(z) = z, (z \geq 0)$$

$$g(z) = \alpha z, (z < 0)$$

$$g(z) = z, (z \geq 0)$$

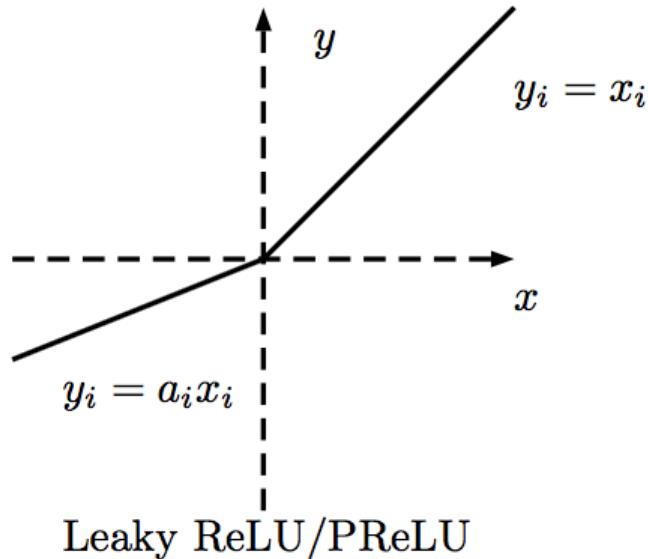
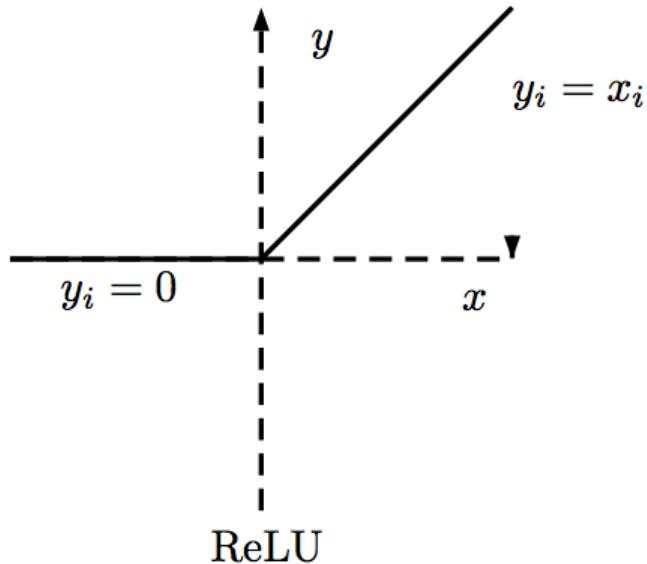
Very easy to compute  
Does not saturate (in + region)

Faster convergence than sigmoid/tanh

Does not die!

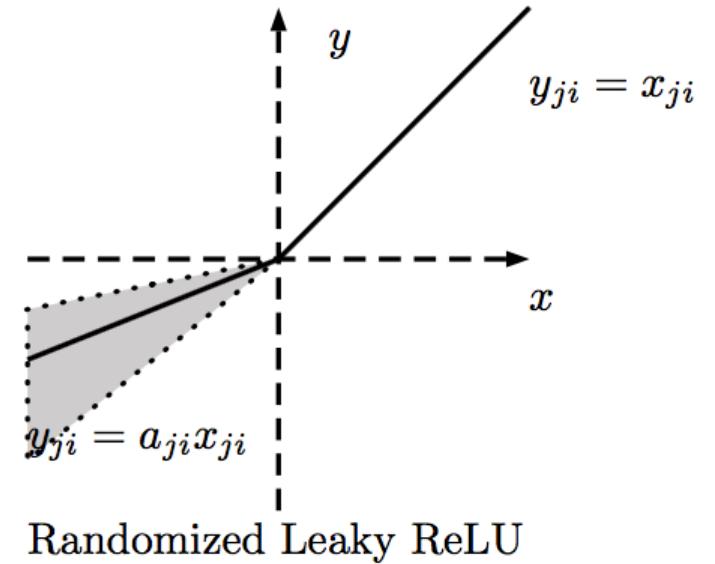
In the Parametric ReLU (PReLU) the parameter alpha is learned along with the other network parameters

# Leaky ReLU, Parametric ReLU, Randomized Leaky ReLU



$$g(z) = 0.01z, (z < 0)$$
$$g(z) = z, (z \geq 0)$$

$$g(z) = \alpha z, (z < 0)$$
$$g(z) = z, (z \geq 0)$$

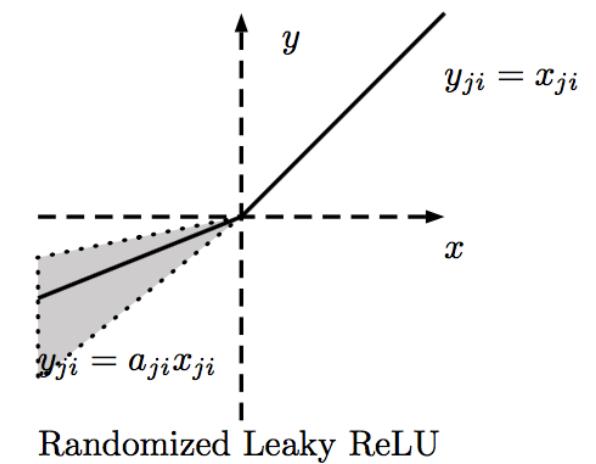
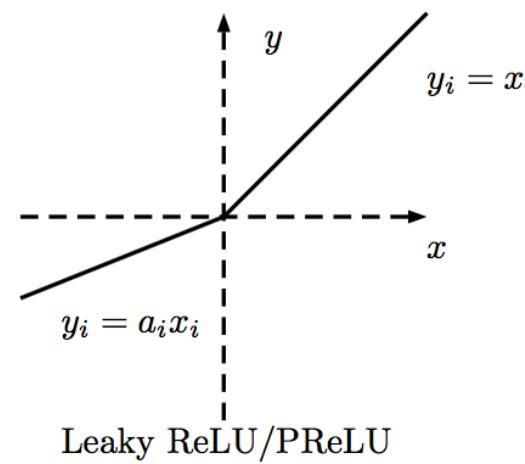
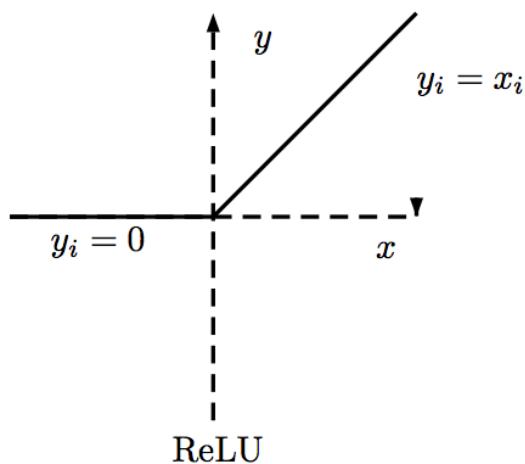


Alpha is chosen at random in a given range in training and it is then fixed in test

# TLDR: Activations

Main issues with activation functions:

- Vanishing gradients
- Non-centered on zero outputs
- Costly computations



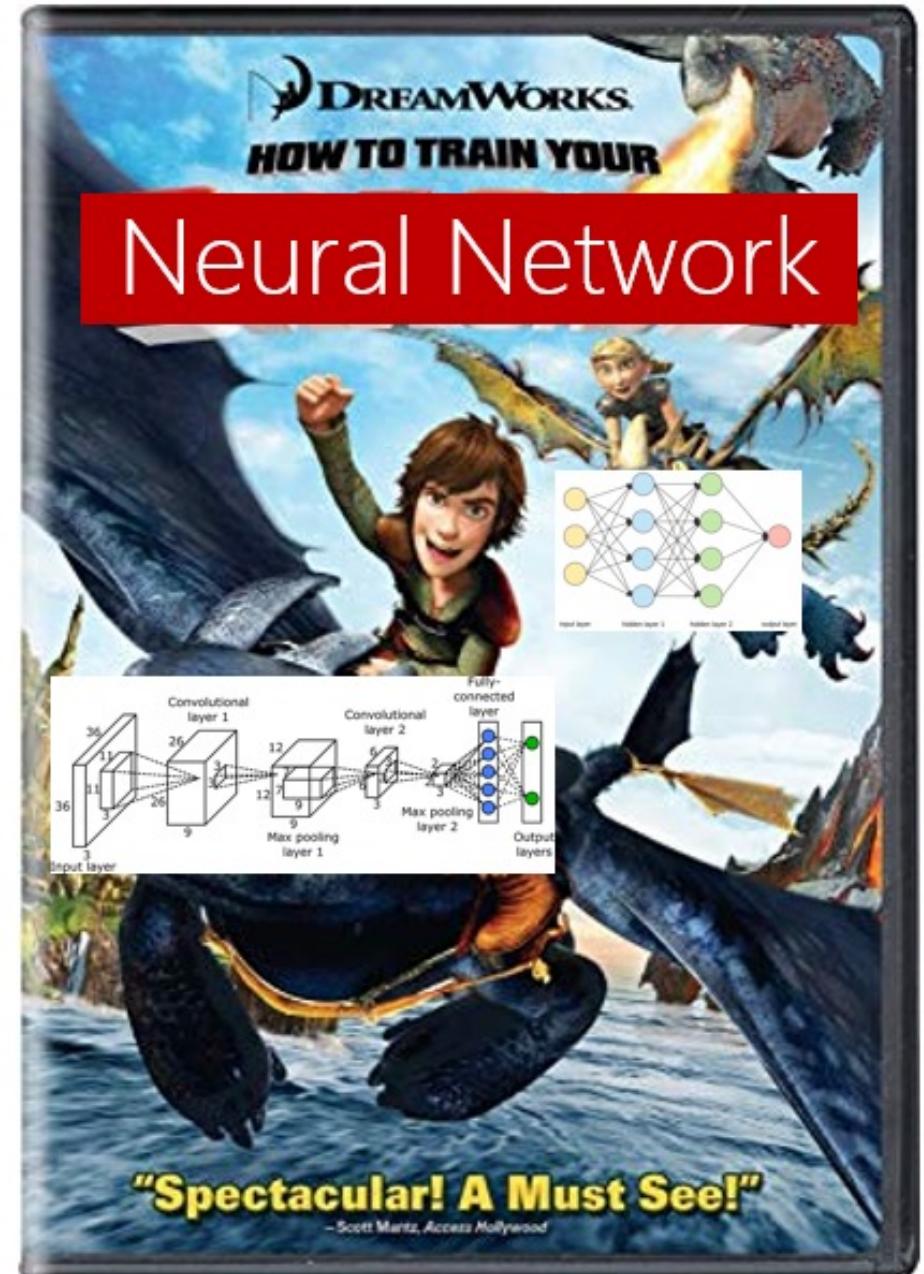
Name	Plot	Equation	Derivative (with respect to $x$ )	Range	Order of continuity	Monotonic	Monotonic derivative	Approximates identity near the origin
Identity		$f(x) = x$	$f'(x) = 1$	$(-\infty, \infty)$	$C^\infty$	Yes	Yes	Yes
Binary step		$f(x) = \begin{cases} 0 & \text{for } x < 0 \\ 1 & \text{for } x \geq 0 \end{cases}$	$f'(x) = \begin{cases} 0 & \text{for } x \neq 0 \\ ? & \text{for } x = 0 \end{cases}$	$\{0, 1\}$	$C^{-1}$	Yes	No	No
Logistic (a.k.a. Sigmoid or Soft step)		$f(x) = \sigma(x) = \frac{1}{1 + e^{-x}}$ <a href="#">[1]</a>	$f'(x) = f(x)(1 - f(x))$	$[0, 1]$	$C^\infty$	Yes	No	No
Tanh		$f(x) = \tanh(x) = \frac{e^x - e^{-x}}{e^x + e^{-x}}$	$f'(x) = 1 - f(x)^2$	$(-1, 1)$	$C^\infty$	Yes	No	Yes
Arctan		$f(x) = \tan^{-1}(x)$	$f'(x) = \frac{1}{x^2 + 1}$	$(-\frac{\pi}{2}, \frac{\pi}{2})$	$C^\infty$	Yes	No	Yes
ArSinh		$f(x) = \sinh^{-1}(x) = \ln\left(x + \sqrt{x^2 + 1}\right)$	$f'(x) = \frac{1}{\sqrt{x^2 + 1}}$	$(-\infty, \infty)$	$C^\infty$	Yes	No	Yes
EluSigmoid <a href="#">[2]</a> <a href="#">[9]</a> <a href="#">[10]</a> SoftSigmoid <a href="#">[11]</a> <a href="#">[12]</a>		$f(x) = \frac{x}{1 +  x }$	$f'(x) = \frac{1}{(1 +  x )^2}$	$(-1, 1)$	$C^1$	Yes	No	Yes
Inverse square root unit (ISRU) <a href="#">[13]</a>		$f(x) = \frac{x}{\sqrt{1 + \alpha x^2}}$	$f'(x) = \left(\frac{1}{\sqrt{1 + \alpha x^2}}\right)^3$	$(-\frac{1}{\sqrt{\alpha}}, \frac{1}{\sqrt{\alpha}})$	$C^\infty$	Yes	No	Yes
Inverse square root linear unit (ISRLU) <a href="#">[13]</a>		$f(x) = \begin{cases} \frac{x}{\sqrt{1 - \alpha x^2}} & \text{for } x < 0 \\ x & \text{for } x \geq 0 \end{cases}$	$f'(x) = \begin{cases} \left(\frac{1}{\sqrt{1 - \alpha x^2}}\right)^3 & \text{for } x < 0 \\ 1 & \text{for } x \geq 0 \end{cases}$	$(-\frac{1}{\sqrt{\alpha}}, \infty)$	$C^2$	Yes	Yes	Yes
Square Nonlinearity (SQNL) <a href="#">[10]</a>		$f(x) = \begin{cases} 1 & : x > 2.0 \\ x - \frac{x^2}{4} & : 0 \leq x \leq 2.0 \\ x + \frac{x^2}{4} & : -2.0 \leq x < 0 \\ -1 & : x < -2.0 \end{cases}$	$f'(x) = 1 \mp \frac{x}{2}$	$(-1, 1)$	$C^2$	Yes	No	Yes
Rectified linear unit (ReLU) <a href="#">[14]</a>		$f(x) = \begin{cases} 0 & \text{for } x < 0 \\ x & \text{for } x \geq 0 \end{cases}$	$f'(x) = \begin{cases} 0 & \text{for } x < 0 \\ 1 & \text{for } x \geq 0 \end{cases}$	$[0, \infty)$	$C^0$	Yes	Yes	No
Bipolar rectified linear unit (BReLU) <a href="#">[15]</a>		$f(x_i) = \begin{cases} \text{ReLU}(x_i) & \text{if } i \bmod 2 = 0 \\ -\text{ReLU}(-x_i) & \text{if } i \bmod 2 \neq 0 \end{cases}$	$f'(x_i) = \begin{cases} \text{ReLU}'(x_i) & \text{if } i \bmod 2 = 0 \\ -\text{ReLU}'(-x_i) & \text{if } i \bmod 2 \neq 0 \end{cases}$	$(-\infty, \infty)$	$C^0$	Yes	Yes	No
Leaky rectified linear unit (Leaky ReLU) <a href="#">[16]</a>		$f(x) = \begin{cases} 0.01x & \text{for } x < 0 \\ x & \text{for } x \geq 0 \end{cases}$	$f'(x) = \begin{cases} 0.01 & \text{for } x < 0 \\ 1 & \text{for } x \geq 0 \end{cases}$	$(-\infty, \infty)$	$C^0$	Yes	Yes	No
Parametric rectified linear unit (PReLU) <a href="#">[17]</a>		$f(\alpha, x) = \begin{cases} \alpha x & \text{for } x < 0 \\ x & \text{for } x \geq 0 \end{cases}$	$f'(\alpha, x) = \begin{cases} \alpha & \text{for } x < 0 \\ 1 & \text{for } x \geq 0 \end{cases}$	$(-\infty, \infty)$ <a href="#">[2]</a>	$C^0$	Yes if $\alpha \geq 0$	Yes	Yes if $\alpha = 1$
Randomized leaky rectified linear unit (RReLU) <a href="#">[18]</a>		$f(\alpha, x) = \begin{cases} \alpha x & \text{for } x < 0 \\ x & \text{for } x \geq 0 \end{cases}$	$f'(\alpha, x) = \begin{cases} \alpha & \text{for } x < 0 \\ 1 & \text{for } x \geq 0 \end{cases}$	$(-\infty, \infty)$	$C^0$	Yes	Yes	No
Exponential linear unit (ELU) <a href="#">[19]</a>		$f(\alpha, x) = \begin{cases} \alpha(e^x - 1) & \text{for } x \leq 0 \\ x & \text{for } x > 0 \end{cases}$	$f'(\alpha, x) = \begin{cases} f(\alpha, x) + \alpha & \text{for } x \leq 0 \\ 1 & \text{for } x > 0 \end{cases}$	$(-\infty, \infty)$	$\begin{cases} C_1 & \text{when } \alpha = 1 \\ C_3 & \text{otherwise} \end{cases}$	Yes if $\alpha \geq 0$	Yes if $0 \leq \alpha \leq 1$	Yes if $\alpha = 1$
Scaled exponential linear unit (SELU) <a href="#">[20]</a>		$f(\alpha, x) = \lambda \begin{cases} \alpha(e^x - 1) & \text{for } x < 0 \\ x & \text{for } x \geq 0 \end{cases}$ with $\lambda = 1.6507$ and $\alpha = 1.67326$	$f'(\alpha, x) = \lambda \begin{cases} \alpha(e^x) & \text{for } x < 0 \\ 1 & \text{for } x \geq 0 \end{cases}$	$(-\infty, \infty)$	$C^0$	Yes	No	No
S-shaped rectified linear activation unit (SReLU) <a href="#">[21]</a>		$f_{t1, t2, t3, t4}(x) = \begin{cases} t_1 + a_l(x - t_l) & \text{for } x \leq t_l \\ t_1 & \text{for } t_l < x < t_r \\ t_r + a_r(x - t_r) & \text{for } x \geq t_r \end{cases}$	$f'_{t1, t2, t3, t4}(x) = \begin{cases} a_l & \text{for } x \leq t_l \\ 1 & \text{for } t_l < x < t_r \\ a_r & \text{for } x \geq t_r \end{cases}$	$(-\infty, \infty)$	$C^0$	No	No	No
Adaptive piecewise linear (APL) <a href="#">[22]</a>		$f(x) = \max(0, x) + \sum_{i=1}^8 a_i^x \max(0, -x + b_i^x)$	$f'(x) = H(x) - \sum_{i=1}^8 a_i^x H(-x + b_i^x)$ <a href="#">[2]</a>	$(-\infty, \infty)$	$C^0$	No	No	No
Softplus <a href="#">[23]</a>		$f(x) = \ln(1 + e^x)$	$f'(x) = \frac{1}{1 + e^{-x}}$	$(0, \infty)$	$C^\infty$	Yes	Yes	No
Bent identity		$f(x) = \frac{\sqrt{x^2 + 1} - 1}{2} + x$	$f'(x) = \frac{x}{2\sqrt{x^2 + 1}} + 1$	$(-\infty, \infty)$	$C^\infty$	Yes	Yes	Yes
Sigmoid Linear Unit (SiLU) <a href="#">[24]</a> (AKA SiL <a href="#">[25]</a> and Swish <a href="#">[26]</a> )		$f(x) = x \cdot \sigma(x)$ <a href="#">[3]</a>	$f'(x) = f(x) + \sigma(x)(1 - f(x))$ <a href="#">[8]</a>	$[\approx -0.28, \infty)$	$C^\infty$	No	No	Approximates identity/2
SoftExponential <a href="#">[27]</a>		$f(\alpha, x) = \begin{cases} \frac{-\ln(1 - a x )}{\alpha} & \text{for } \alpha < 0 \\ a & \text{for } \alpha = 0 \\ \frac{ae^{\alpha x} - 1}{e^{\alpha x}} + a & \text{for } \alpha > 0 \end{cases}$	$f'(\alpha, x) = \begin{cases} \frac{1}{1 - a x  + 1} & \text{for } \alpha < 0 \\ e^{\alpha x} & \text{for } \alpha \geq 0 \end{cases}$	$(-\infty, \infty)$	$C^\infty$	Yes	Yes	Yes if $\alpha = 0$
Soft Clipping <a href="#">[28]</a>		$f(\alpha, x) = \frac{1}{\alpha} \log \frac{1 + e^{\alpha x}}{1 + e^{\alpha(x-1)}}$	$f'(\alpha, x) = \frac{1}{2} \sinh\left(\frac{\alpha x}{2}\right) \operatorname{sech}\left(\frac{\alpha x}{2}\right) \operatorname{sech}\left(\frac{\alpha(x-1)}{2}\right)$	$(0, 1)$	$C^\infty$	Yes	No	No
Sinc <a href="#">[29]</a>		$f(x) = \sin(x)$	$f'(x) = \cos(x)$	$[-1, 1]$	$C^\infty$	No	No	Yes
Sincos <a href="#">[30]</a>		$f(x) = \begin{cases} \frac{1 -  \sin(x) }{x} & \text{for } x \neq 0 \\ 1 & \text{for } x = 0 \end{cases}$	$f'(x) = \begin{cases} \frac{\cos(x)}{x} - \frac{ \sin(x) }{x^2} & \text{for } x \neq 0 \\ 0 & \text{for } x = 0 \end{cases}$	$[\approx -21734, 1]$	$C^\infty$	No	No	No
Gaussian		$f(x) = e^{-x^2}$	$f'(x) = -2xe^{-x^2}$	$(0, 1)$	$C^\infty$	No	No	No

# Which activation?

In practice:

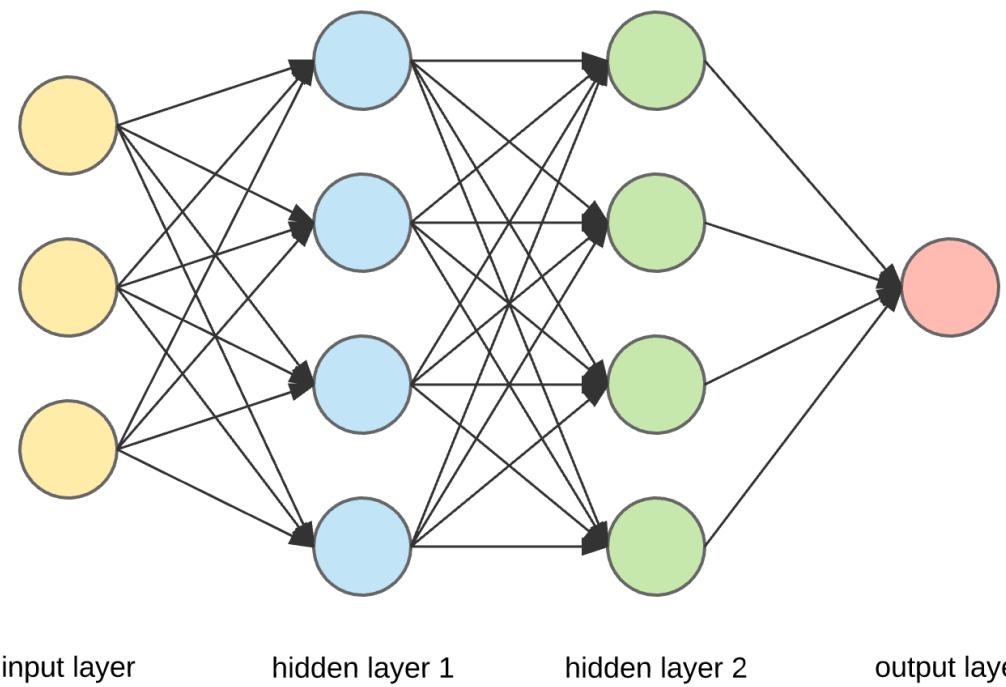
- prefer ReLU. Use slightly positive initial bias to avoid dead Relu issue.
- Try out Leaky ReLU/PReLU
- No sigmoid!

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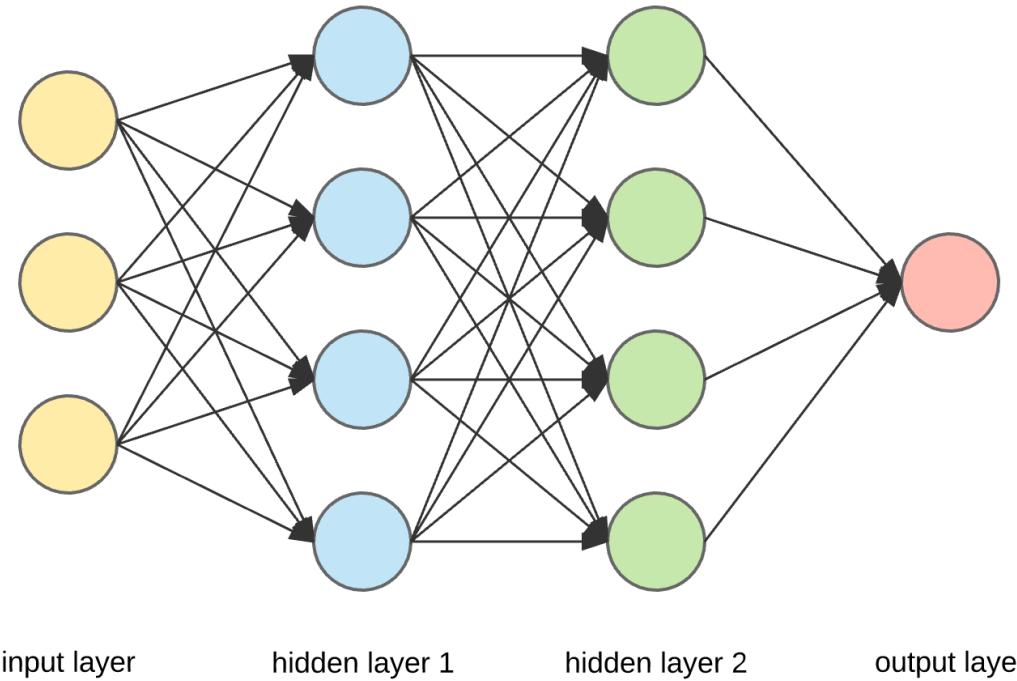
# Initialization

First idea: all weights equals to 0



# Initialization

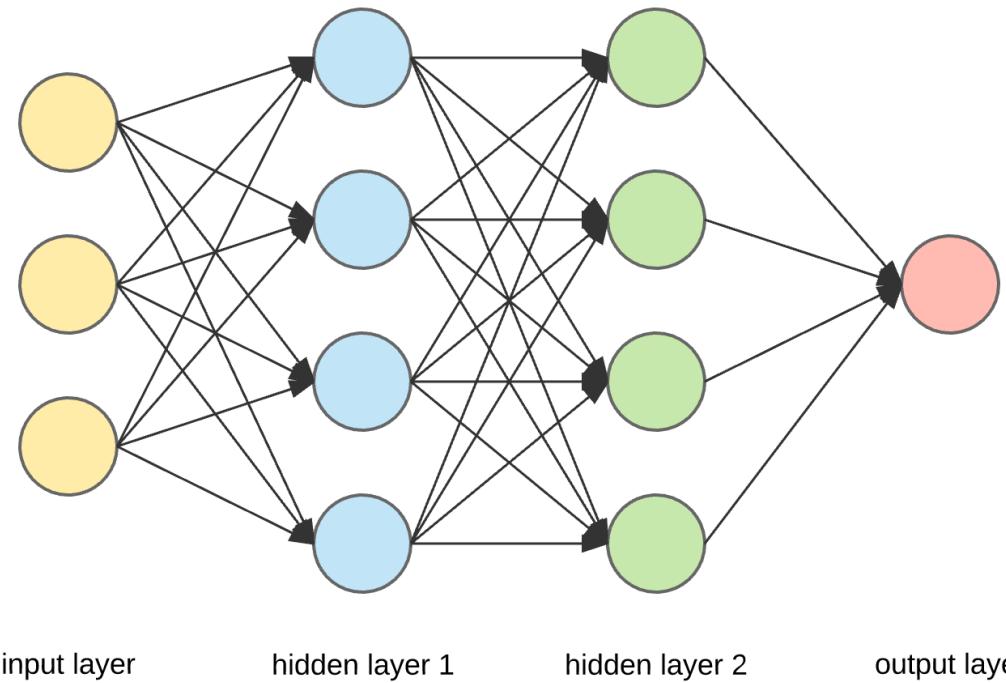
First idea: all weights equals to 0... not a great idea! All the neurons will output the same thing (we will get the same gradients), but we would like the neurons to learn different things!



# Initialization

Second idea: all weights small random numbers

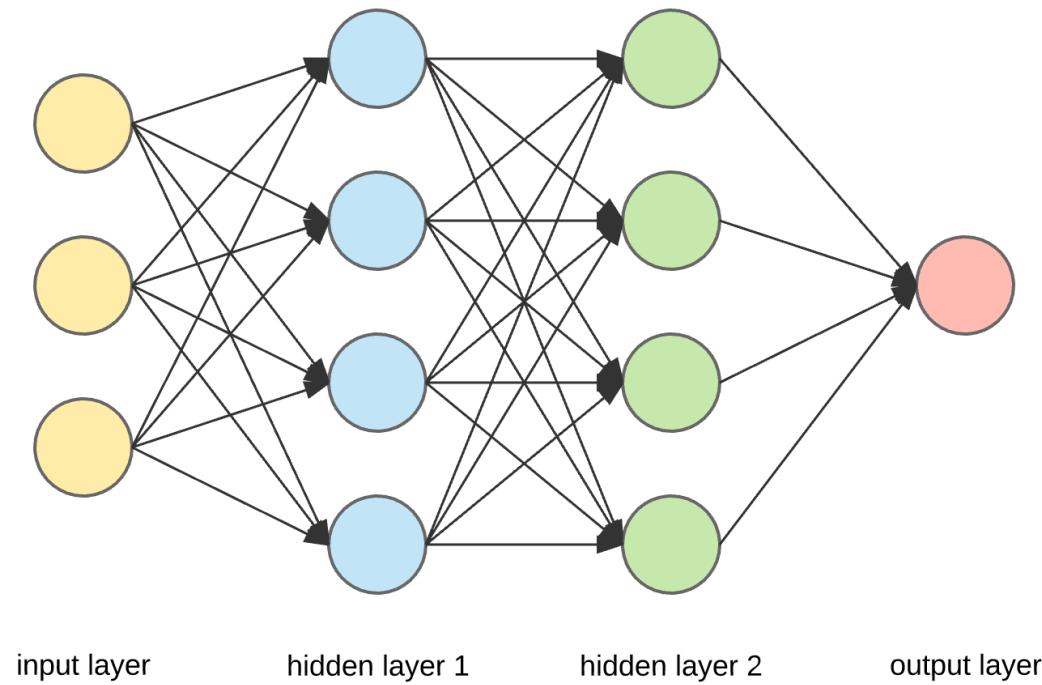
$$\sim \mathcal{N}(0, \sigma^2) \quad (\text{with small theta})$$



# Initialization

Second idea: all weights small random numbers

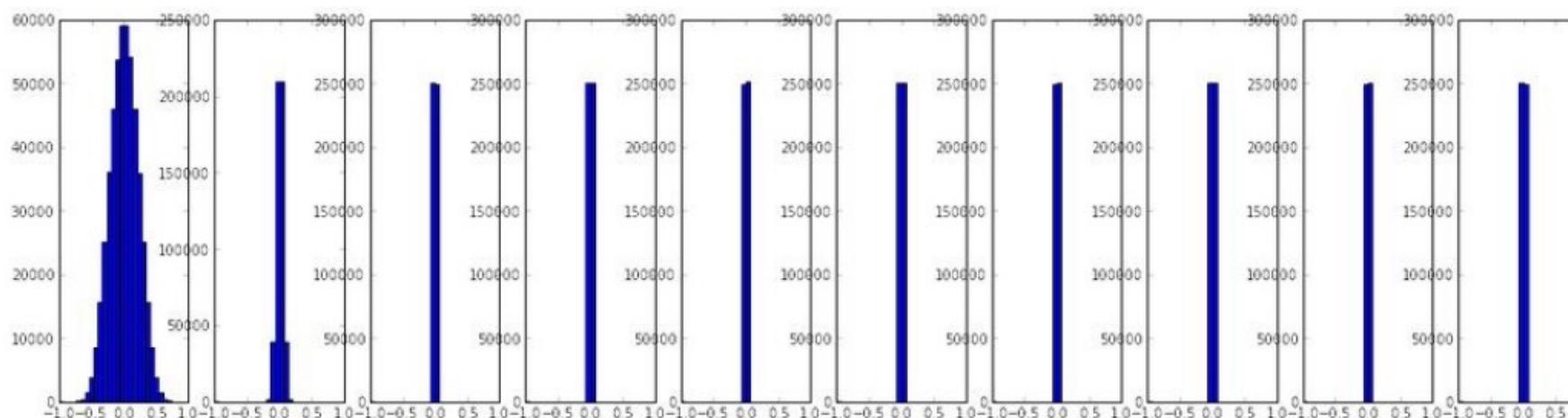
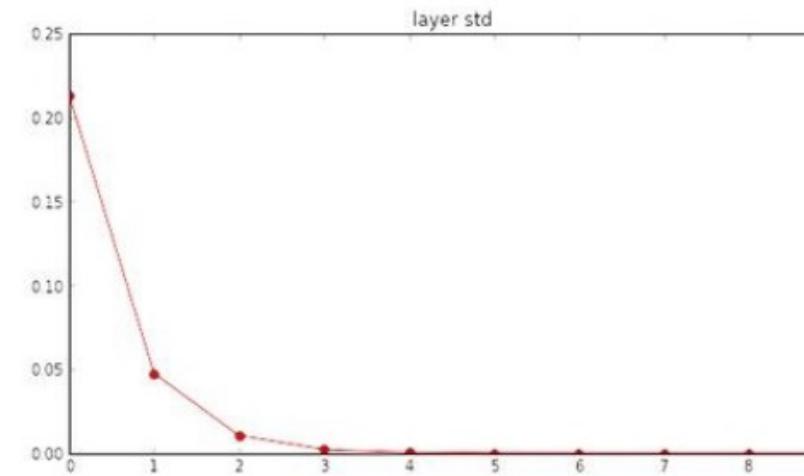
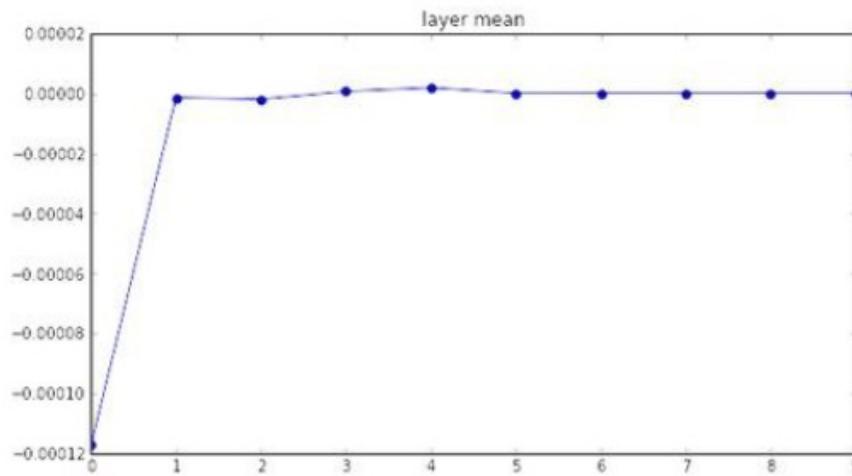
(with small theta)



It just works with small networks...

```
input layer had mean 0.000927 and std 0.998388
hidden layer 1 had mean -0.000117 and std 0.213081
hidden layer 2 had mean -0.000001 and std 0.047551
hidden layer 3 had mean -0.000002 and std 0.010630
hidden layer 4 had mean 0.000001 and std 0.002378
hidden layer 5 had mean 0.000002 and std 0.000532
hidden layer 6 had mean -0.000000 and std 0.000119
hidden layer 7 had mean 0.000000 and std 0.000026
hidden layer 8 had mean -0.000000 and std 0.000006
hidden layer 9 had mean 0.000000 and std 0.000001
hidden layer 10 had mean -0.000000 and std 0.000000
```

A 10-layer NN with 500 neurons per layer: let us see the mean and std of the activations (output) for each layer

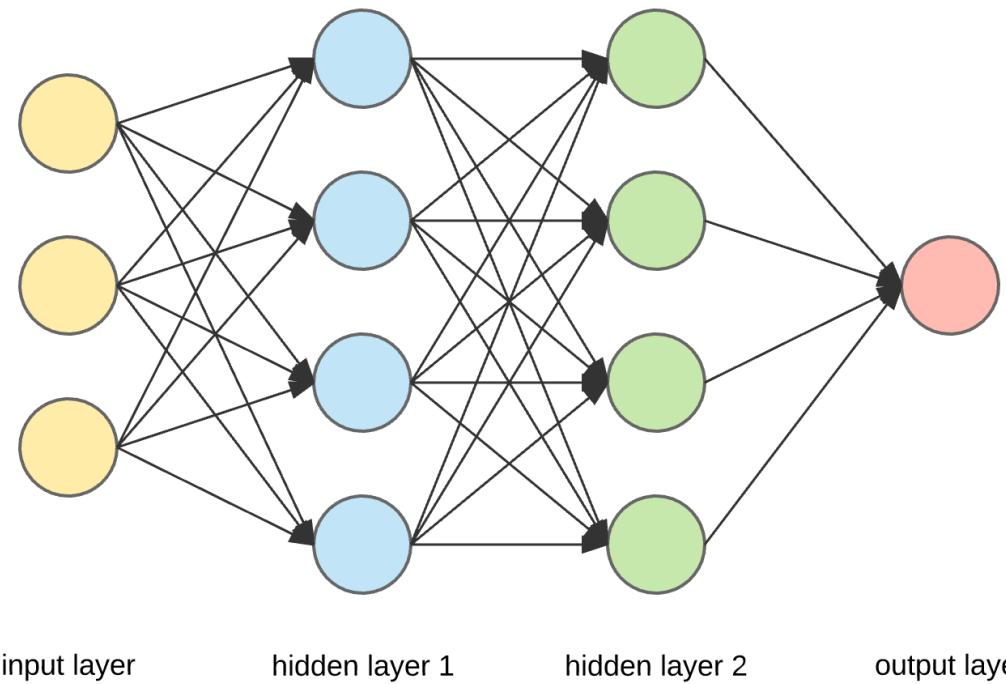


Std shrinks over time: vanishing gradient!

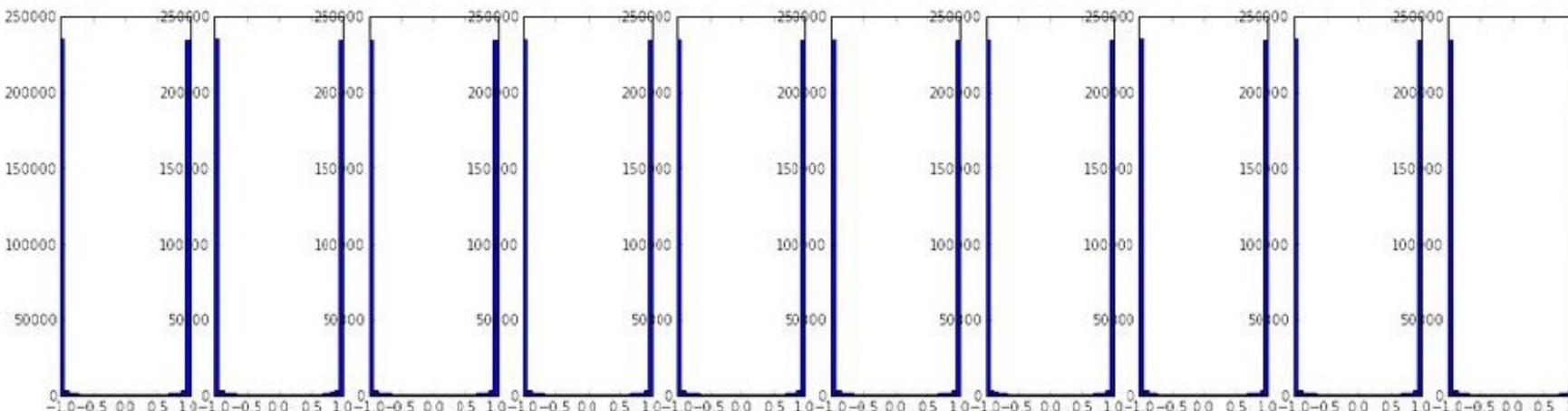
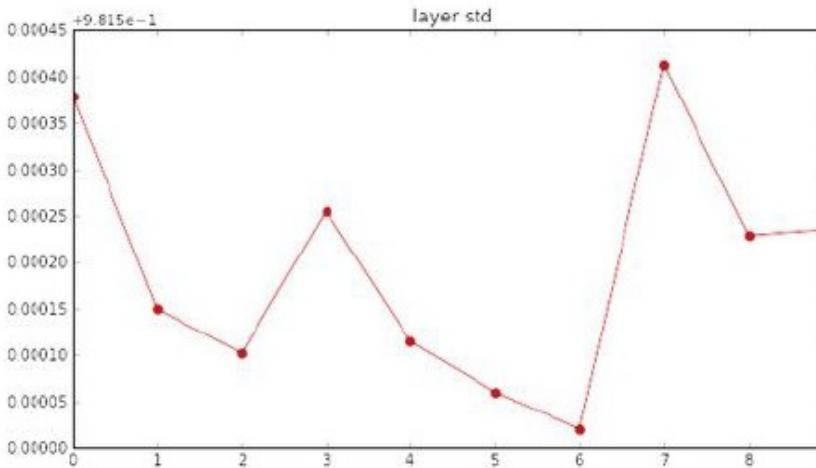
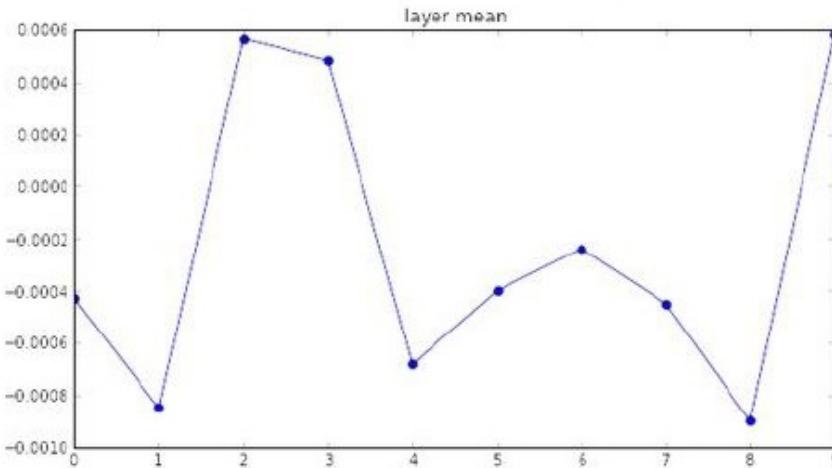
# Initialization

Second idea: all weights small random numbers

$$\sim \mathcal{N}(0, \sigma^2) \quad (\text{with big theta, ie. 1})$$

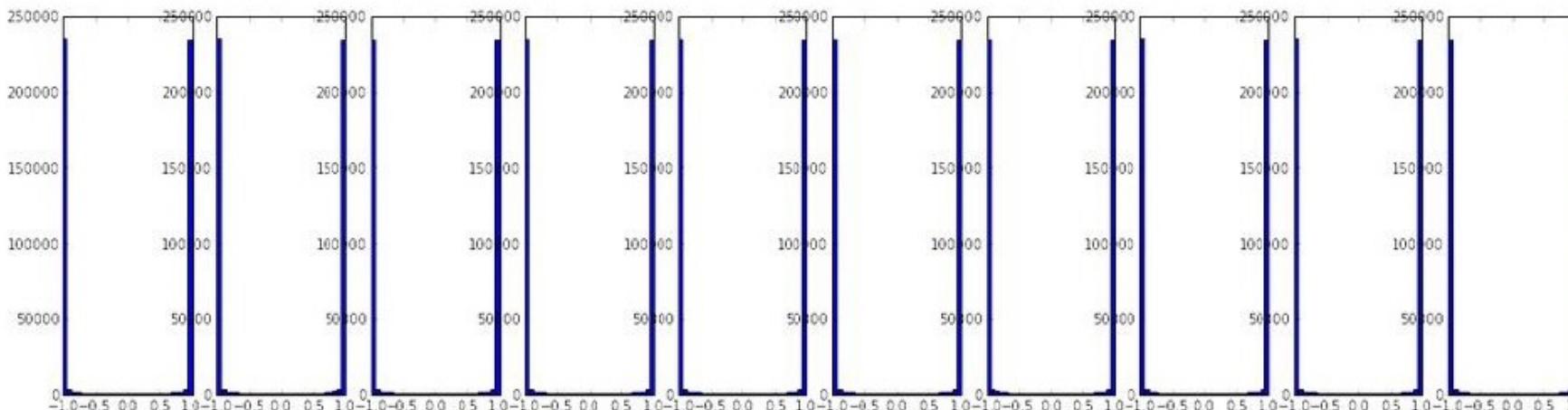
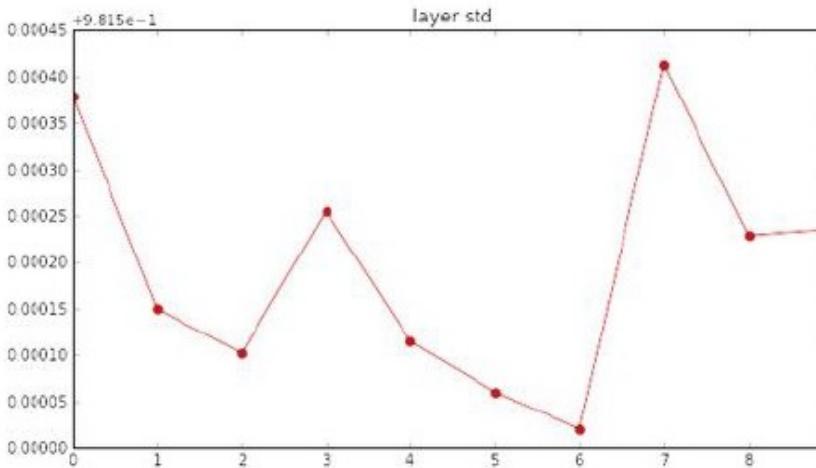
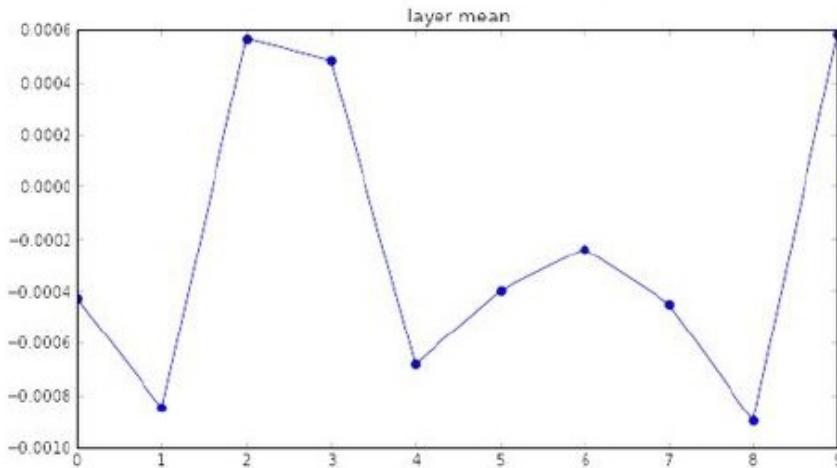


```
input layer had mean 0.001800 and std 1.001311
hidden layer 1 had mean -0.000430 and std 0.981879
hidden layer 2 had mean -0.000849 and std 0.981649
hidden layer 3 had mean 0.000566 and std 0.981601
hidden layer 4 had mean 0.000483 and std 0.981755
hidden layer 5 had mean -0.000682 and std 0.981614
hidden layer 6 had mean -0.000401 and std 0.981560
hidden layer 7 had mean -0.000237 and std 0.981520
hidden layer 8 had mean -0.000448 and std 0.981913
hidden layer 9 had mean -0.000899 and std 0.981728
hidden layer 10 had mean 0.000584 and std 0.981736
```



Weights are big  
and the neurons  
are always  
saturating (with  
tanh or sigmoid)

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hidden layer 10 had mean 0.000584 and std 0.981736
```



Weights are big  
and the neurons  
are always  
saturating (with  
tanh or sigmoid)

How to make it  
right?

# Initialization

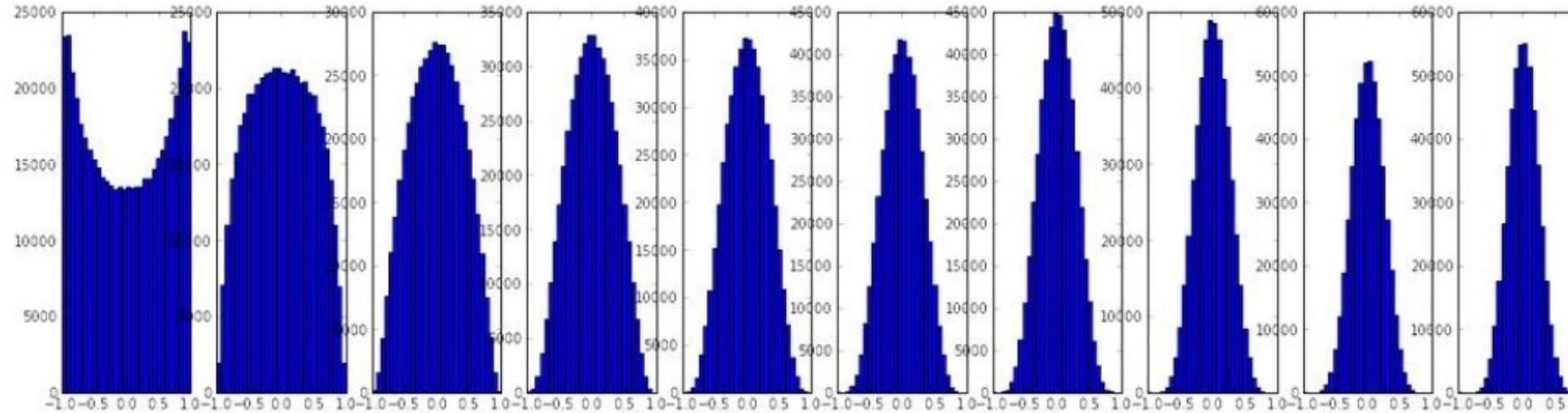
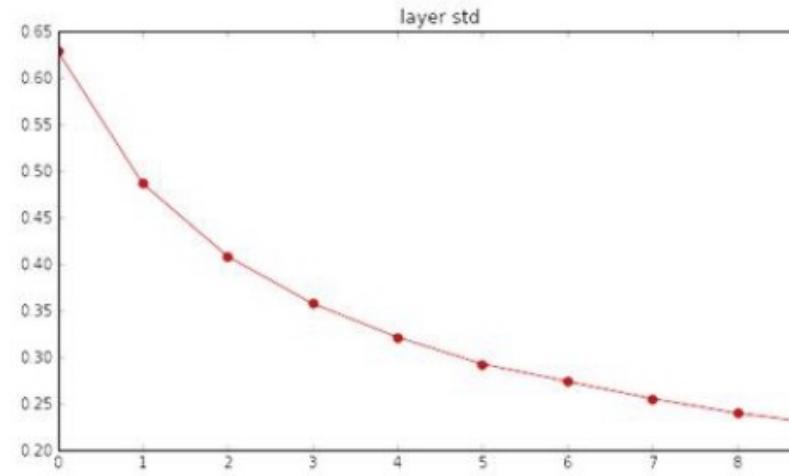
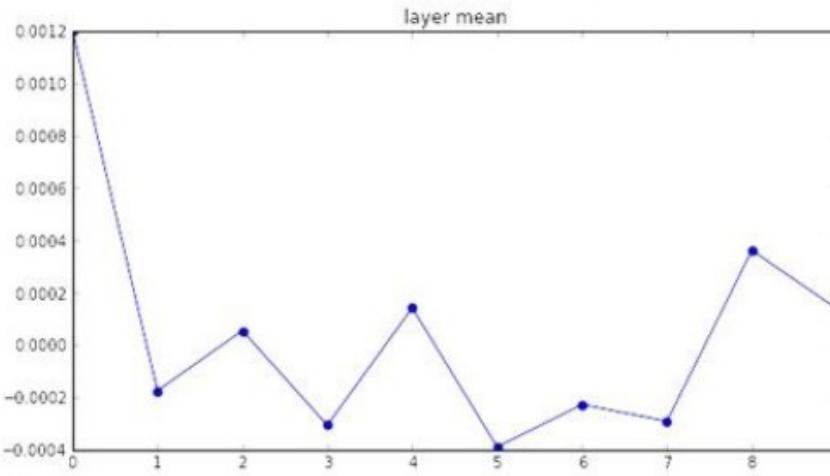
In principle: Glorot (a.k.a. Xavier) initialization (default in Keras, e.g.) can be a good starting point.

With Glorot initialization, you keep the weights in the right range (not too small, not too big).

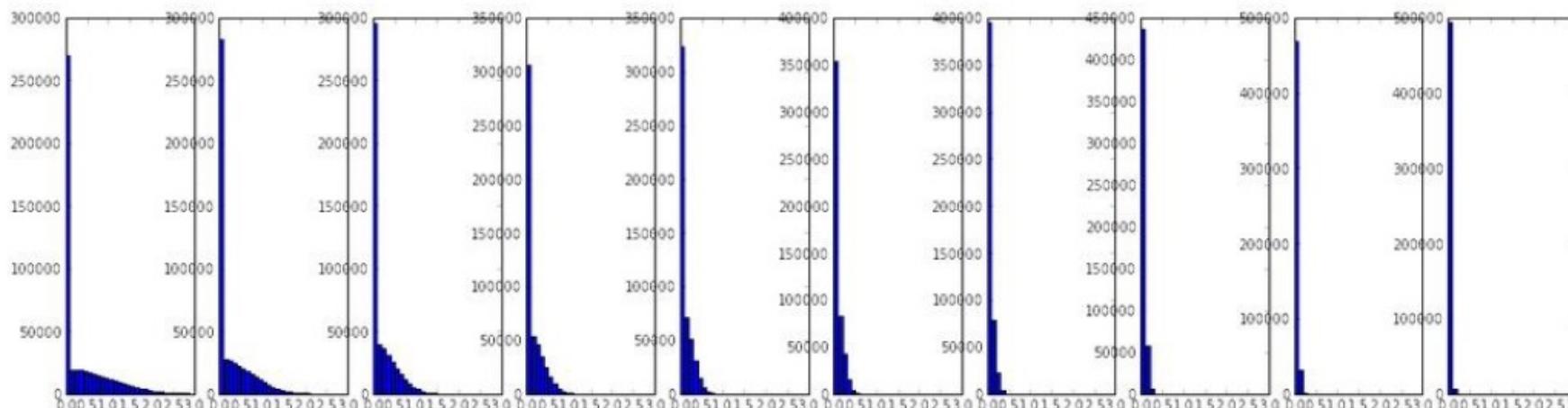
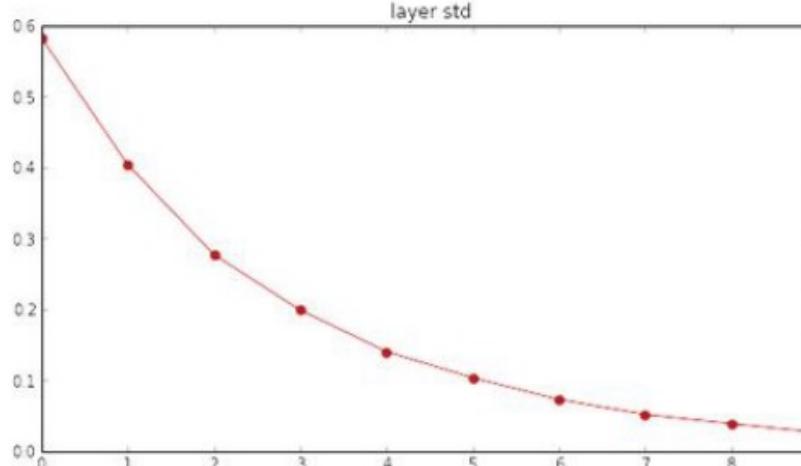
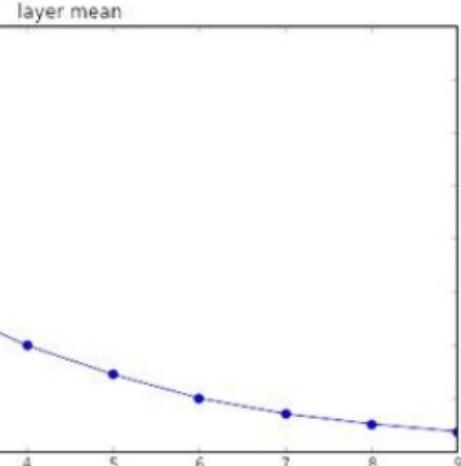
Weights are chosen from a Gaussian distribution with zero mean and variance that is associated with the number of nodes at that layer ( $n_{IN}$ ) and number of neurons the result is fed to ( $n_{OUT}$ )

$$\text{Var}(W_i) = \frac{2}{n_{in} + n_{out}}$$

```
input layer had mean 0.001800 and std 1.001311
hidden layer 1 had mean 0.001198 and std 0.627953
hidden layer 2 had mean -0.000175 and std 0.486051
hidden layer 3 had mean 0.000055 and std 0.407723
hidden layer 4 had mean -0.000306 and std 0.357108
hidden layer 5 had mean 0.000142 and std 0.320917
hidden layer 6 had mean -0.000389 and std 0.292116
hidden layer 7 had mean -0.000228 and std 0.273387
hidden layer 8 had mean -0.000291 and std 0.254935
hidden layer 9 had mean 0.000361 and std 0.239266
hidden layer 10 had mean 0.000139 and std 0.228008
```



```
input layer had mean 0.000501 and std 0.999444
hidden layer 1 had mean 0.398623 and std 0.582273
hidden layer 2 had mean 0.272352 and std 0.403795
hidden layer 3 had mean 0.186076 and std 0.276912
hidden layer 4 had mean 0.136442 and std 0.198685
hidden layer 5 had mean 0.099568 and std 0.140299
hidden layer 6 had mean 0.072234 and std 0.103280
hidden layer 7 had mean 0.049775 and std 0.072748
hidden layer 8 had mean 0.035138 and std 0.051572
hidden layer 9 had mean 0.025404 and std 0.038583
hidden layer 10 had mean 0.018408 and std 0.026076
```



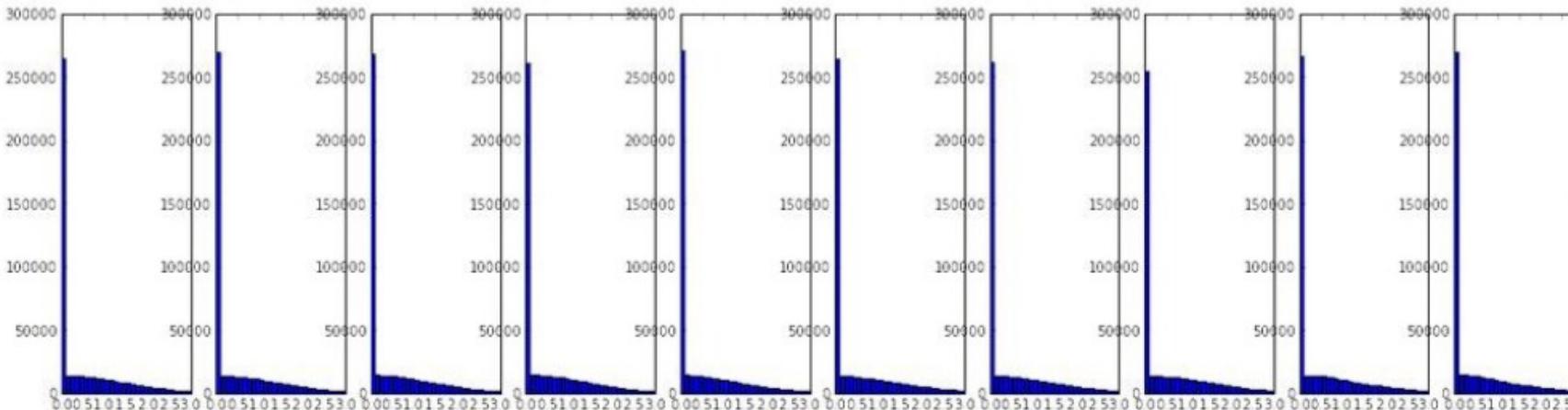
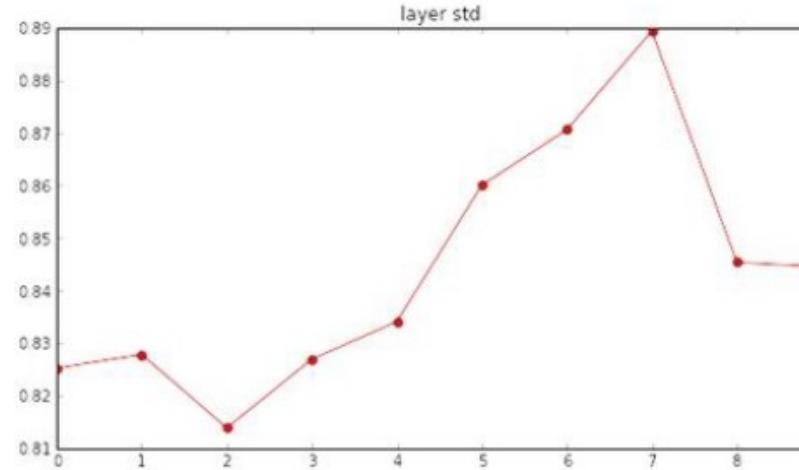
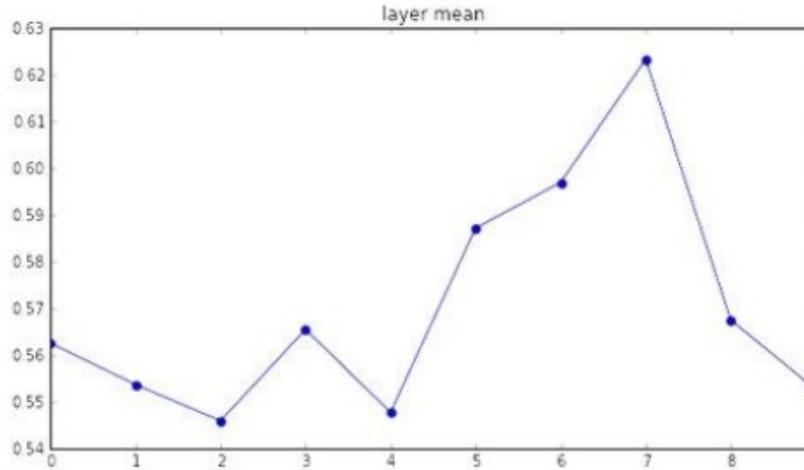
Do not work well  
with ReLU...

We try He  
initialization  
instead!

```
input layer had mean 0.000501 and std 0.999444
hidden layer 1 had mean 0.562488 and std 0.825232
hidden layer 2 had mean 0.553614 and std 0.827835
hidden layer 3 had mean 0.545867 and std 0.813855
hidden layer 4 had mean 0.565396 and std 0.826902
hidden layer 5 had mean 0.547678 and std 0.834092
hidden layer 6 had mean 0.587103 and std 0.860035
hidden layer 7 had mean 0.596867 and std 0.870610
hidden layer 8 had mean 0.623214 and std 0.889348
hidden layer 9 had mean 0.567498 and std 0.845357
hidden layer 10 had mean 0.552531 and std 0.844523
```

$$\text{Var}(W) = \frac{2}{n_{\text{in}}}$$

K. He et al. *Delving Deep into Rectifiers: Surpassing Human-Level Performance on ImageNet Classification* <https://arxiv.org/pdf/1502.01852.pdf>



A ReLU is zero for half of its input, so you need to double the size of weight variance to keep the signal's variance constant...

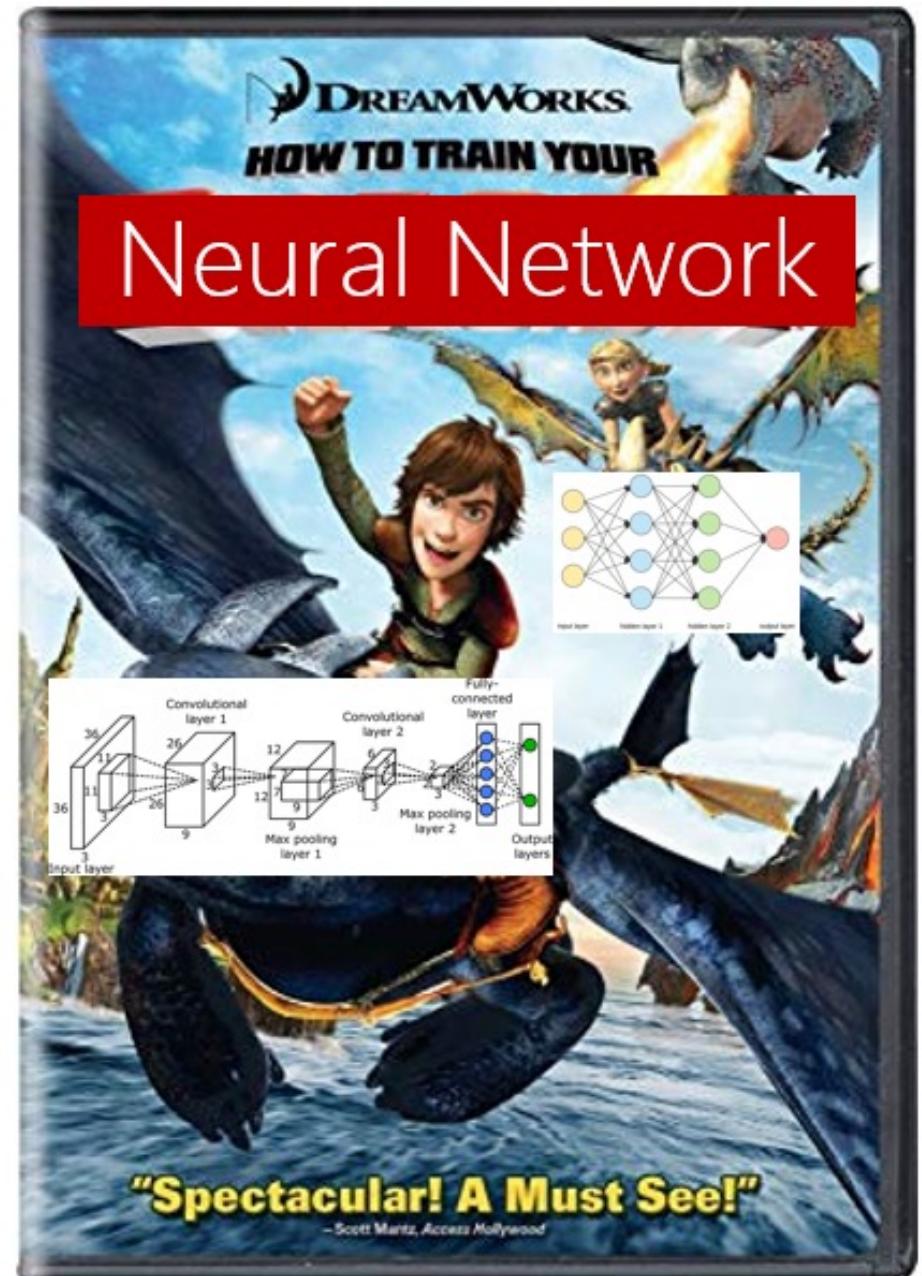
# Initialization

Proper initialization is an active area of research...

- *Understanding the difficulty of training deep feedforward neural networks* by Glorot and Bengio, 2010
- *Exact solutions to the nonlinear dynamics of learning in deep linear neural networks* by Saxe et al, 2013
- *Random walk initialization for training very deep feedforward networks*, by Sussillo and Abbott, 2014
- *Delving deep into rectifiers: Surpassing human-level performance on ImageNet Classification*, by He et al., 2015
- *Data-dependent Initializations of Convolutional Neural Networks*, by Krähenbühl et al., 2015
- *All you need is a good init*, by Mishkin and Matas, 2015
- *Fixup Initialization: Residual Learning Without Normalization*, Zhang et al, 2019
- *The Lottery Ticket Hypothesis: Finding Sparse, Trainable Neural Networks*, Frankle and Carbin, 2019

Keep it simple: start with ReLU and He initialization!

1. Activation functions
2. Weight Initialization
3. Batch Normalization
4. Optimization
5. Learning Rate
6. Regularization



# Data Normalization

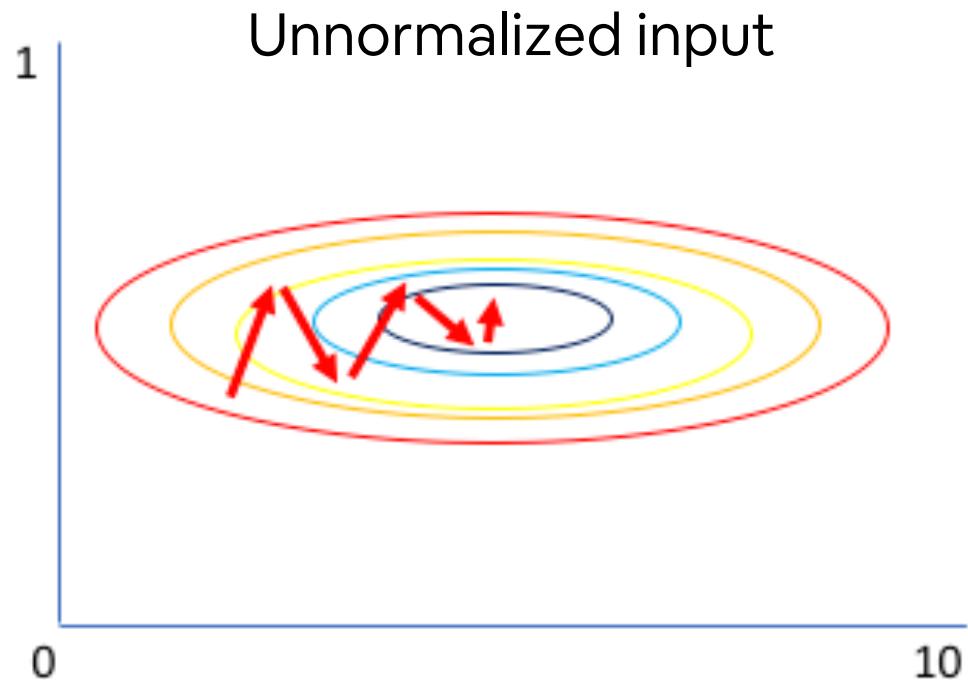
One of the most important task in Machine Learning... but a forgotten one



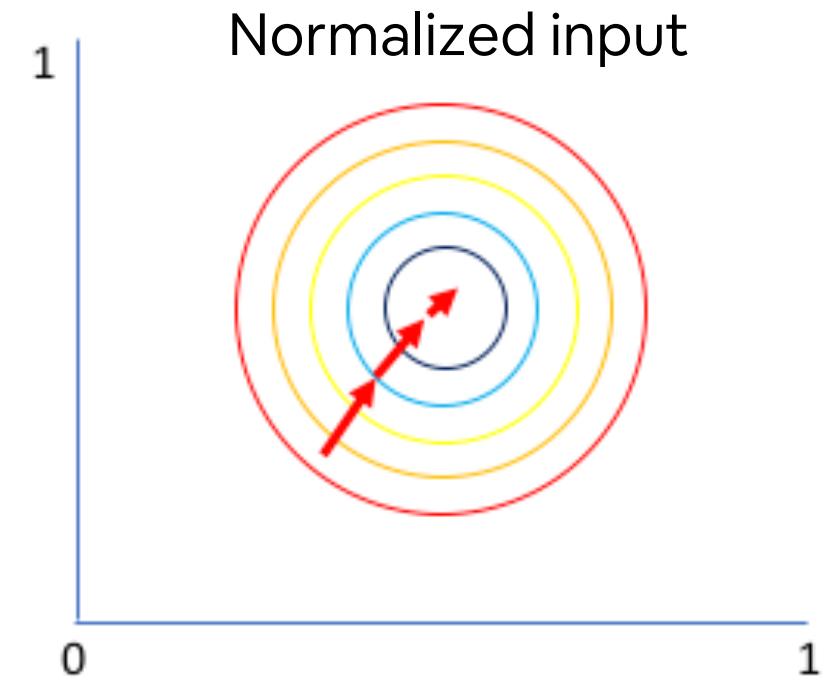
# Batch Normalization

Consider a simple neural network with two inputs. The first input value,  $x_1$ , varies from 0 to 1 while the second input value,  $x_2$ , varies from 0 to 0.01.

Since the network is tasked with learning how to combine these inputs through a series of linear combinations and nonlinear activations, the parameters associated with each input will also exist on different scales.

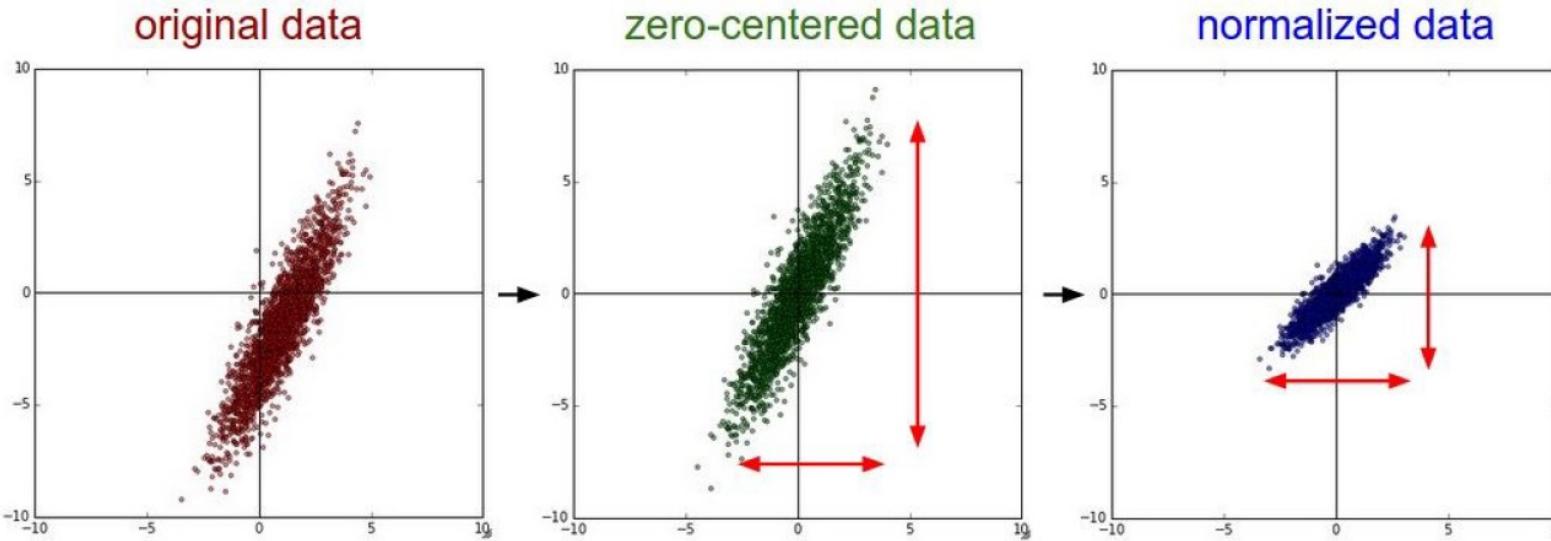


Gradient of larger parameter  
dominates the update



Both parameters can be  
updated in equal proportions

# Batch Normalization

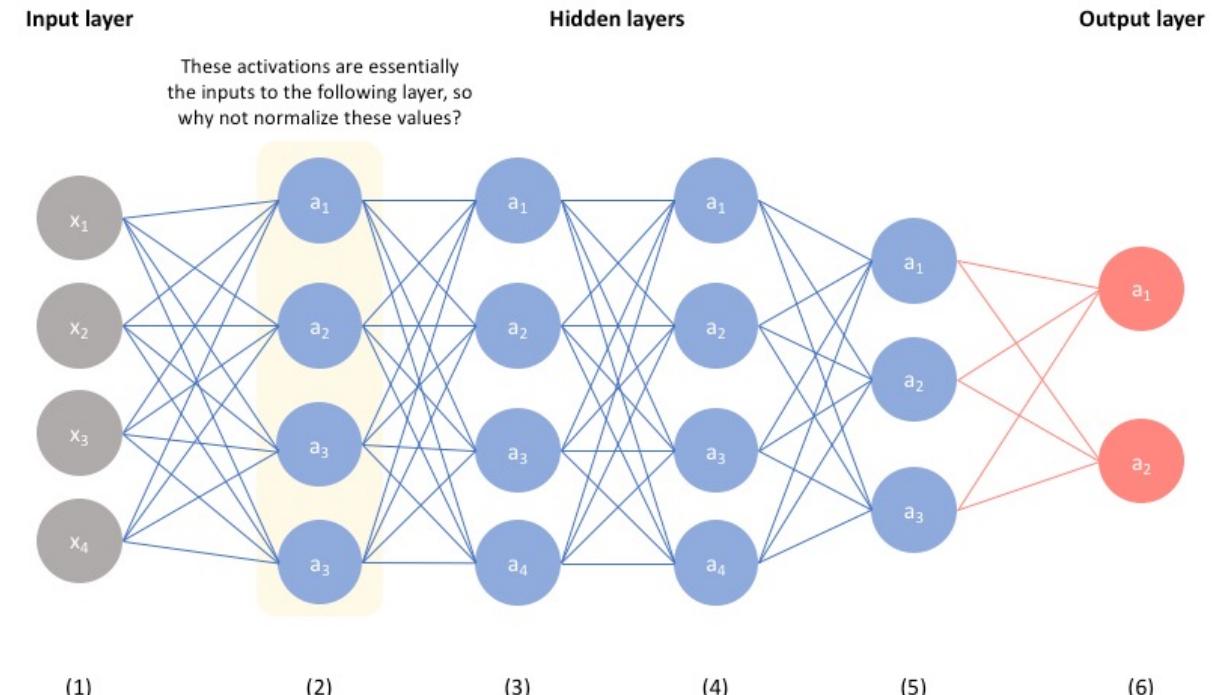
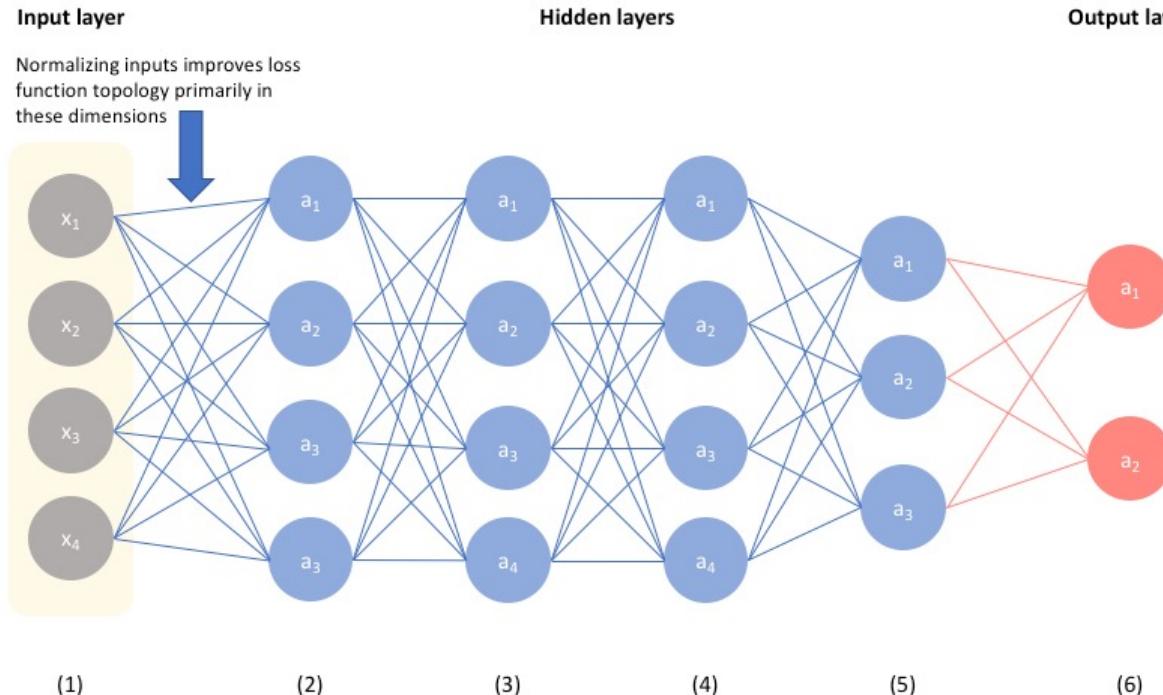


F.-F. Li et A. *Convolutional Neural Networks for Visual Recognition* <http://cs231n.stanford.edu/>

1. Preprocessing: just helps the first layer

2. This is why we prefer zero-mean activations functions

# Batch Normalization



# Batch Normalization

**Input:** Values of  $x$  over a mini-batch:  $\mathcal{B} = \{x_{1\dots m}\}$ ;  
Parameters to be learned:  $\gamma, \beta$

**Output:**  $\{y_i = \text{BN}_{\gamma, \beta}(x_i)\}$

$$\mu_{\mathcal{B}} \leftarrow \frac{1}{m} \sum_{i=1}^m x_i \quad // \text{mini-batch mean}$$

$$\sigma_{\mathcal{B}}^2 \leftarrow \frac{1}{m} \sum_{i=1}^m (x_i - \mu_{\mathcal{B}})^2 \quad // \text{mini-batch variance}$$

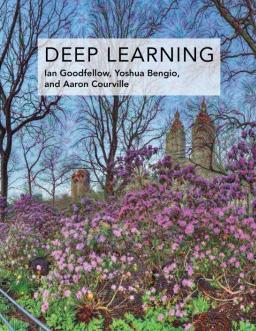
$$\hat{x}_i \leftarrow \frac{x_i - \mu_{\mathcal{B}}}{\sqrt{\sigma_{\mathcal{B}}^2 + \epsilon}} \quad // \text{normalize}$$

$$y_i \leftarrow \gamma \hat{x}_i + \beta \equiv \text{BN}_{\gamma, \beta}(x_i) \quad // \text{scale and shift}$$

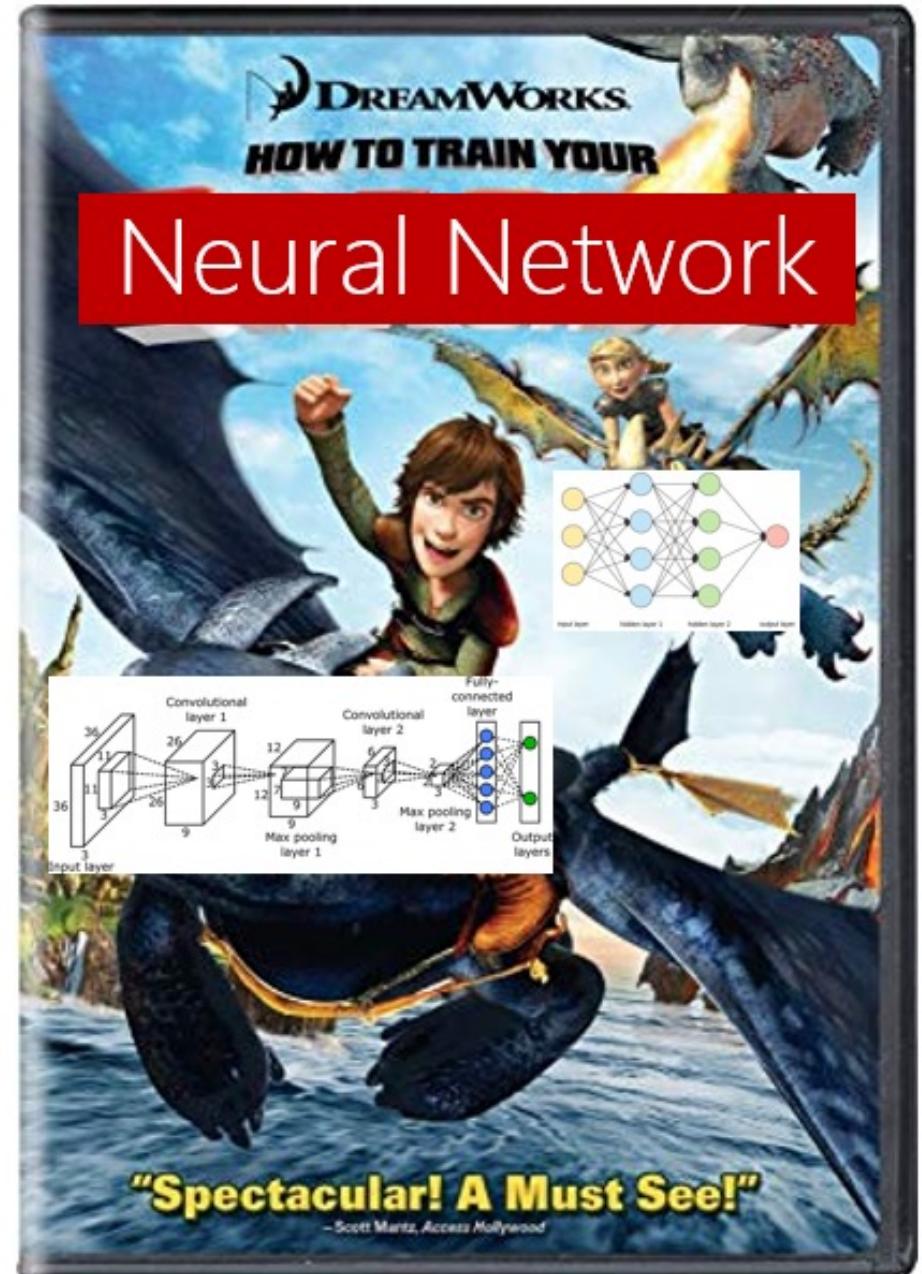
**Algorithm 1:** Batch Normalizing Transform, applied to activation  $x$  over a mini-batch.

- $\mu_{\mathcal{B}}$  and  $\sigma_{\mathcal{B}}^2$  are batch-specific;
- $\gamma$  and  $\beta$  are learnt by the BN layer (shared across batches)
- Reduces the strong dependence on initialization
- Allows higher learning rates

1. Activation functions
2. Weight Initialization
3. Batch Normalization
4. Optimization
5. Learning Rate
6. Regularization

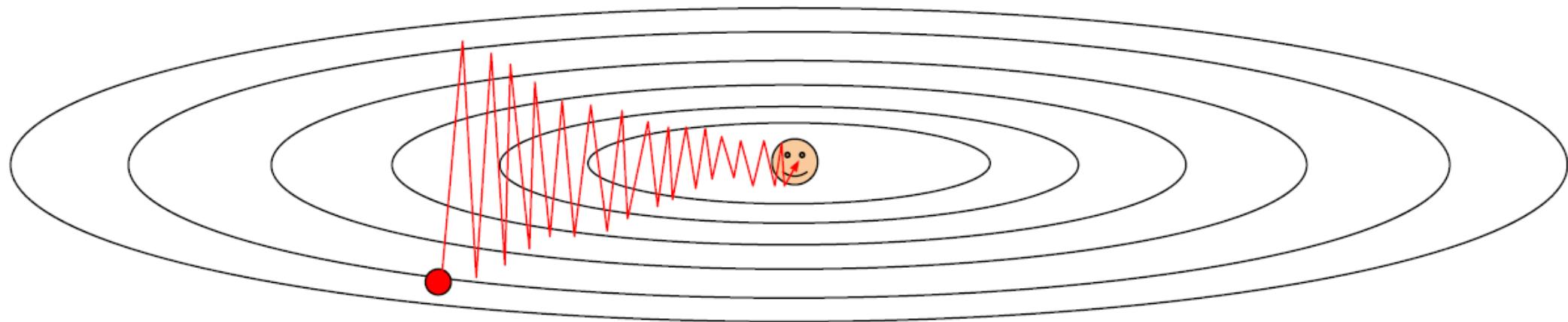


Chapter 8 Optimization for Training Deep Models

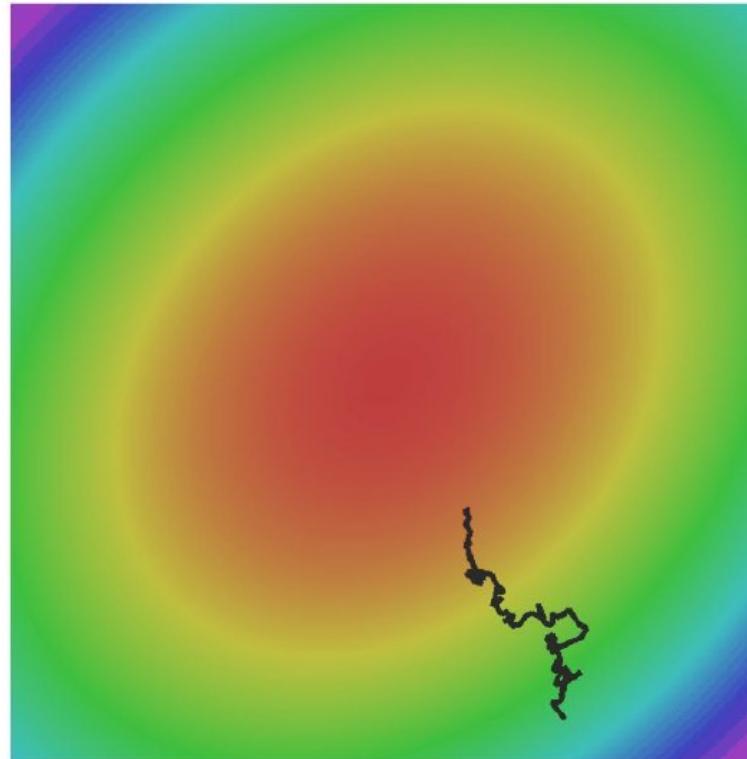


# Optimization with SGD

If the loss changes quickly from one direction to another we get very slow progresses along shallow dimensions and jitters along steep directions



# Optimization with SGD



# Optimization with SGD: Momentum

## SGD

$$x_{t+1} = x_t - \alpha \nabla f(x_t)$$

```
while True:  
    dx = compute_gradient(x)  
    x -= learning_rate * dx
```

velocity

## SGD+Momentum

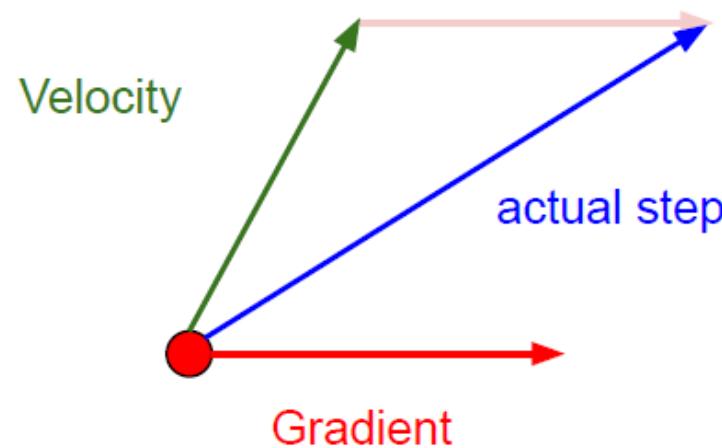
$$v_{t+1} = \rho v_t + \nabla f(x_t)$$
$$x_{t+1} = x_t - \alpha v_{t+1}$$

```
vx = 0  
while True:  
    dx = compute_gradient(x)  
    vx = rho * vx + dx  
    x -= learning_rate * vx
```

- Build up “velocity” as a running mean of gradients
- Rho gives “friction”; typically rho=0.9 or 0.99

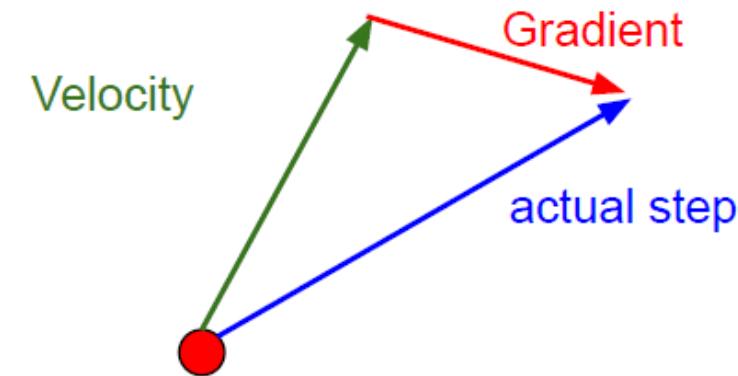
# Optimization with SGD: Nesterov Momentum (Optional)

## Momentum update:



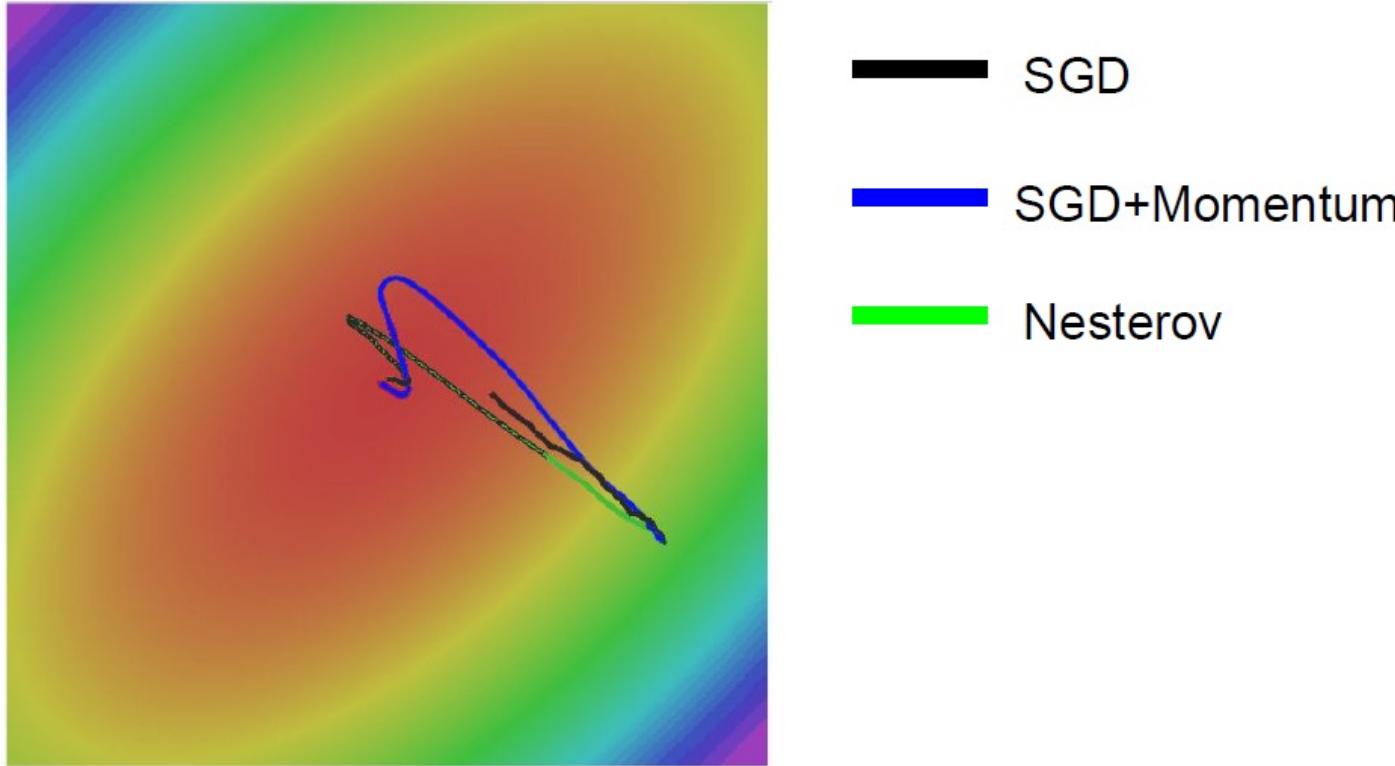
Combine gradient at current point with velocity to get step used to update weights

## Nesterov Momentum



“Look ahead” to the point where updating using velocity would take us; compute gradient there and mix it with velocity to get actual update direction

# Optimization with SGD: Nesterov Momentum (Optional)



# Optimization: AdaGrad

```
grad_squared = 0
while True:
    dx = compute_gradient(x)
    grad_squared += dx * dx
    x -= learning_rate * dx / (np.sqrt(grad_squared) + 1e-7)
```

Added element-wise scaling of the gradient based on the historical sum of squares in each dimension

This helps to accelerate movements with coordinates where the gradient is small and decelerate over the coordinates where the gradient is high

# Optimization: AdaGrad

```
grad_squared = 0
while True:
    dx = compute_gradient(x)
    grad_squared += dx * dx
    x -= learning_rate * dx / (np.sqrt(grad_squared) + 1e-7)
```

Added element-wise scaling of the gradient based on the historical sum of squares in each dimension

The problem is that over time (during the training) the update gets smaller and smaller

# Optimization: AdaGrad & RMSProp

## AdaGrad

```
grad_squared = 0
while True:
    dx = compute_gradient(x)
    grad_squared += dx * dx
    x -= learning_rate * dx / (np.sqrt(grad_squared) + 1e-7)
```

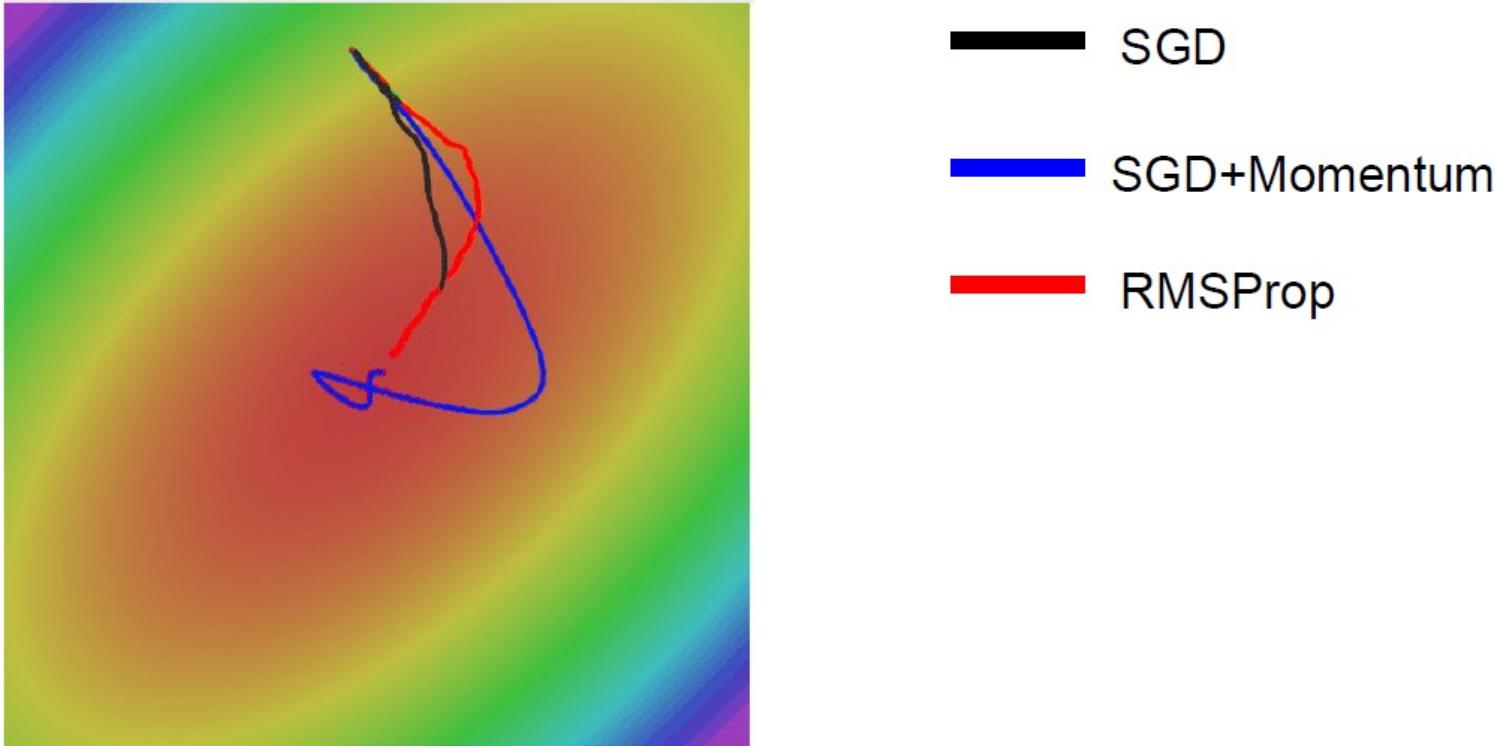


## RMSProp

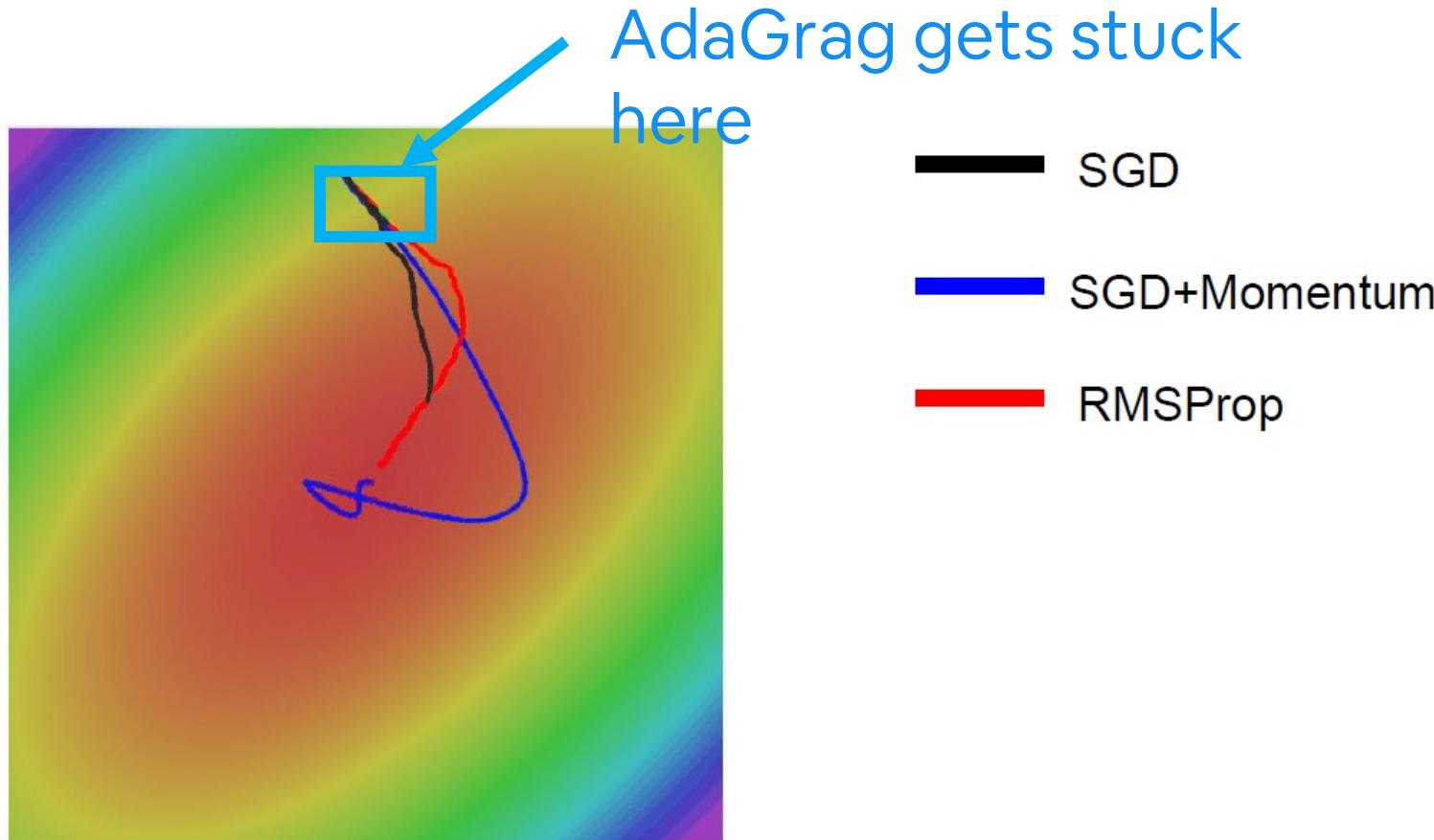
```
grad_squared = 0
while True:
    dx = compute_gradient(x)
    grad_squared = decay_rate * grad_squared + (1 - decay_rate) * dx * dx
    x -= learning_rate * dx / (np.sqrt(grad_squared) + 1e-7)
```

Basu, Amitabh, et al. "Convergence guarantees for rmsprop and adam in non-convex optimization and their comparison to nesterov acceleration on autoencoders." arXiv preprint arXiv:1807.06766 (2018).

# Optimization with SGD: RMSProp



# Optimization with SGD: RMSProp



# Optimization: Adam (almost)

```
first_moment = 0
second_moment = 0
while True:
    dx = compute_gradient(x)
    first_moment = beta1 * first_moment + (1 - beta1) * dx
    second_moment = beta2 * second_moment + (1 - beta2) * dx * dx
    x -= learning_rate * first_moment / (np.sqrt(second_moment) + 1e-7))
```

Momentum

AdaGrad / RMSProp

# Optimization: Adam (real)

```
first_moment = 0
second_moment = 0
for t in range(1, num_iterations):
    dx = compute_gradient(x)
    first_moment = beta1 * first_moment + (1 - beta1) * dx
    second_moment = beta2 * second_moment + (1 - beta2) * dx * dx
    first_unbias = first_moment / (1 - beta1 ** t)
    second_unbias = second_moment / (1 - beta2 ** t)
    x -= learning_rate * first_unbias / (np.sqrt(second_unbias) + 1e-7)
```

Momentum

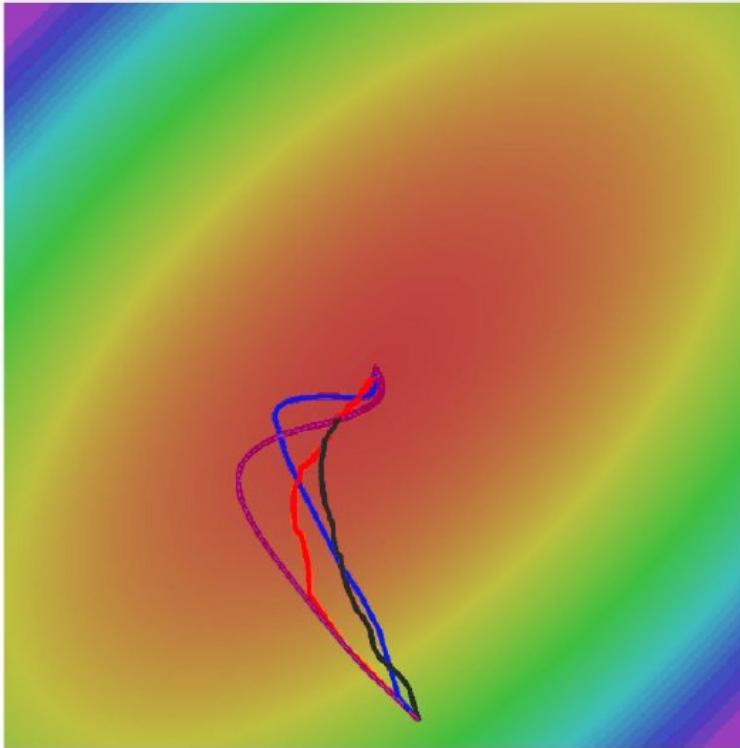
Bias correction

AdaGrad / RMSProp

Bias correction for the fact that first and second moment estimates start at zero

Adam with  $\beta_1 = 0.9$ ,  $\beta_2 = 0.999$ , and  $\text{learning\_rate} = 1e-3$  or  $5e-4$  is a great starting point for many models!

# Optimization with SGD: Adam



- SGD
- SGD+Momentum
- RMSProp
- Adam

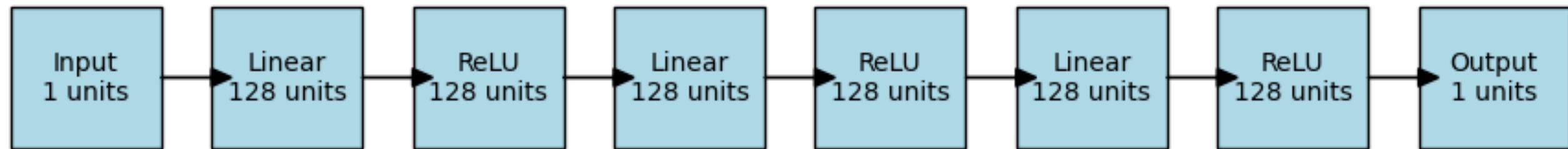
TLDR: Start with  
**ADAM!**

# Another experiment

Data generated from:

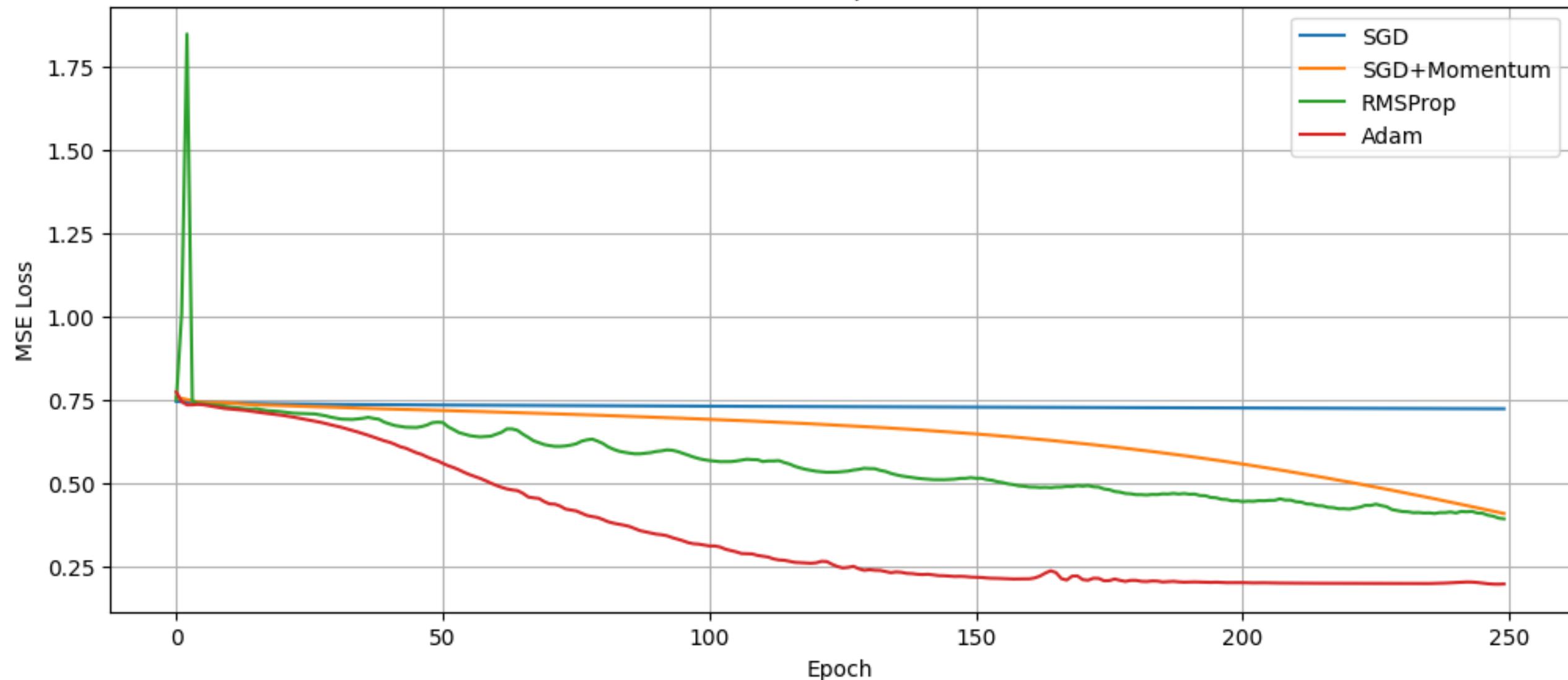
$$y = \sin(5x) + 0.5 \sin(20x) + \text{noise}$$

A NN with 3 hidden layers -> 128 units per layer



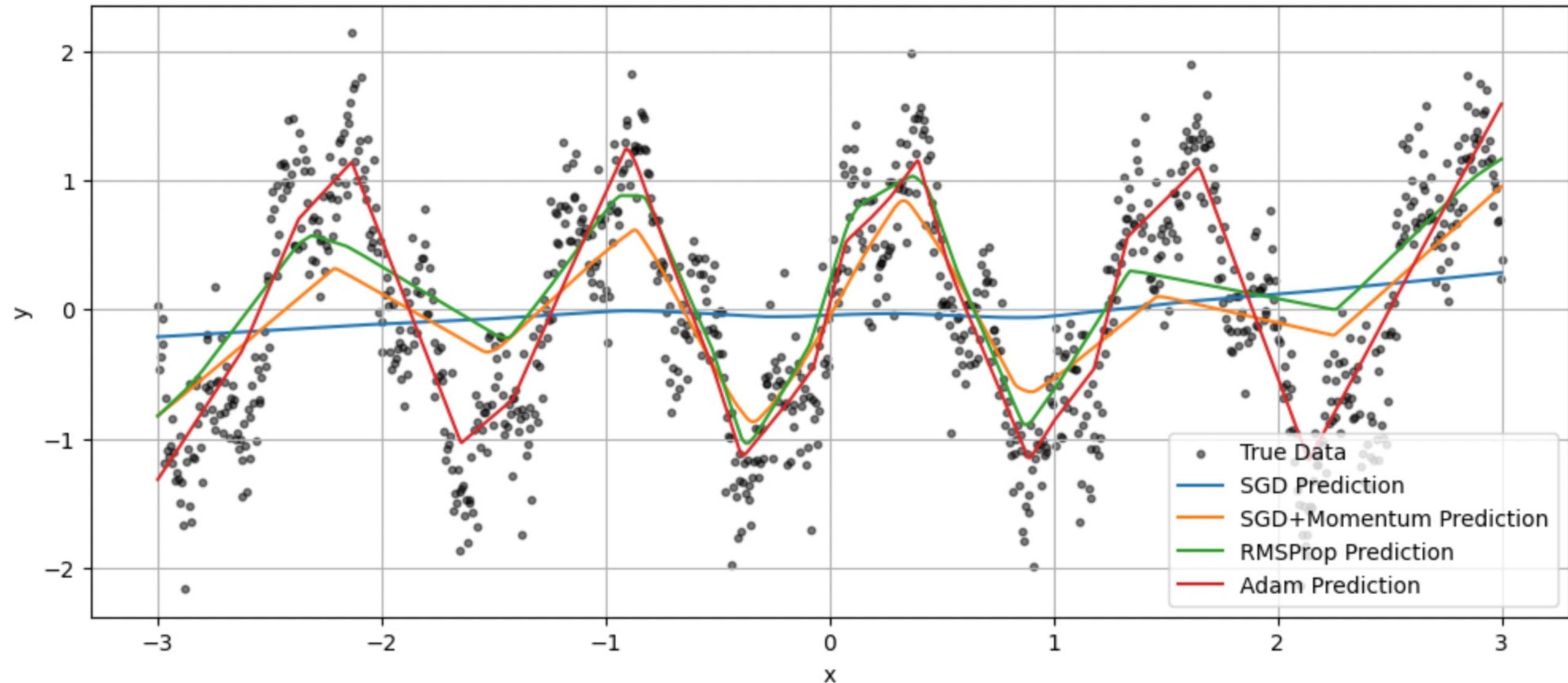
# Another experiment

Loss comparison

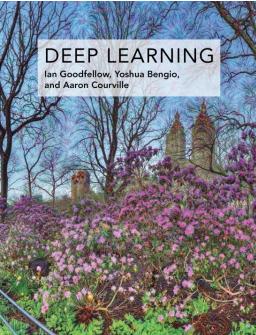


# Another experiment

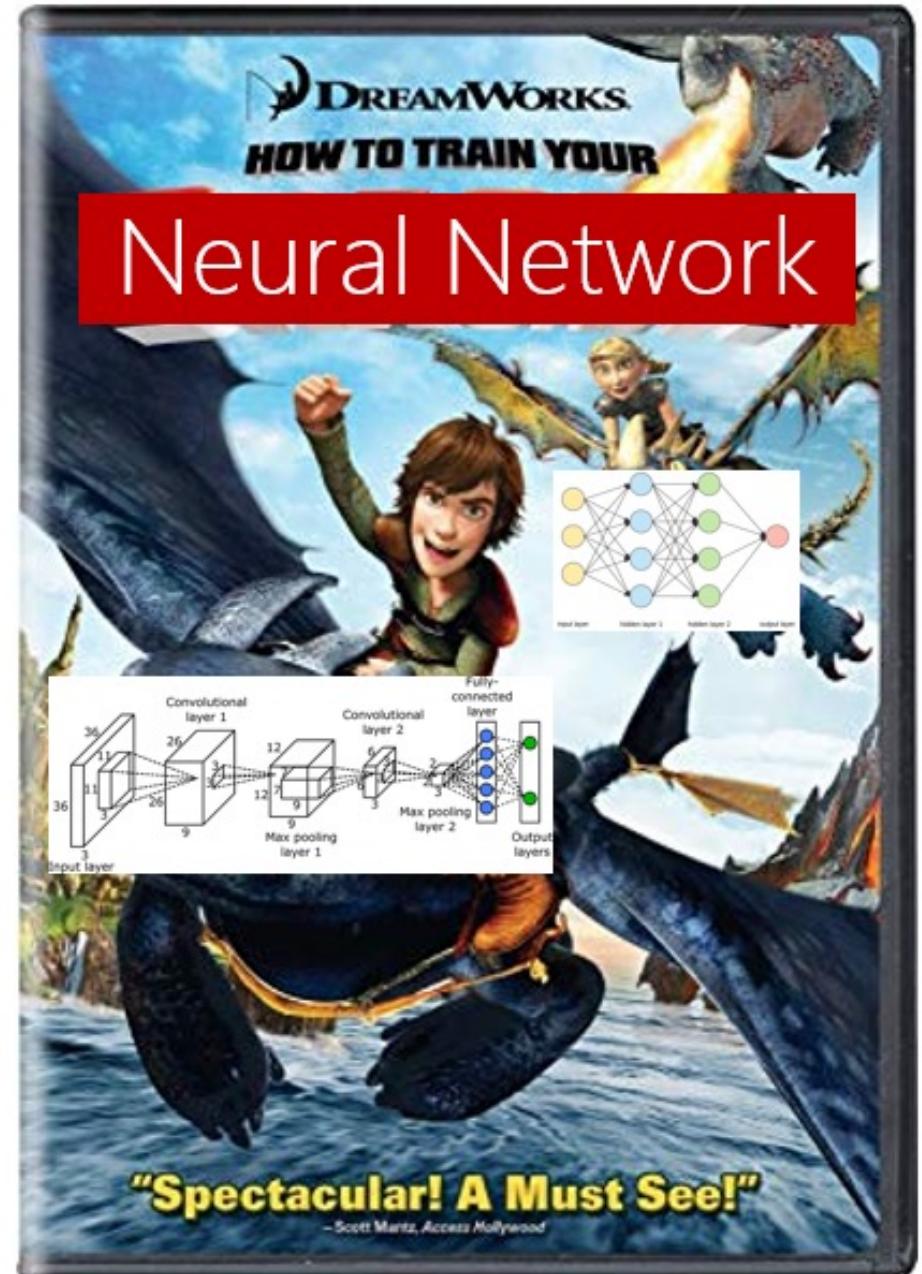
Predictions after Training



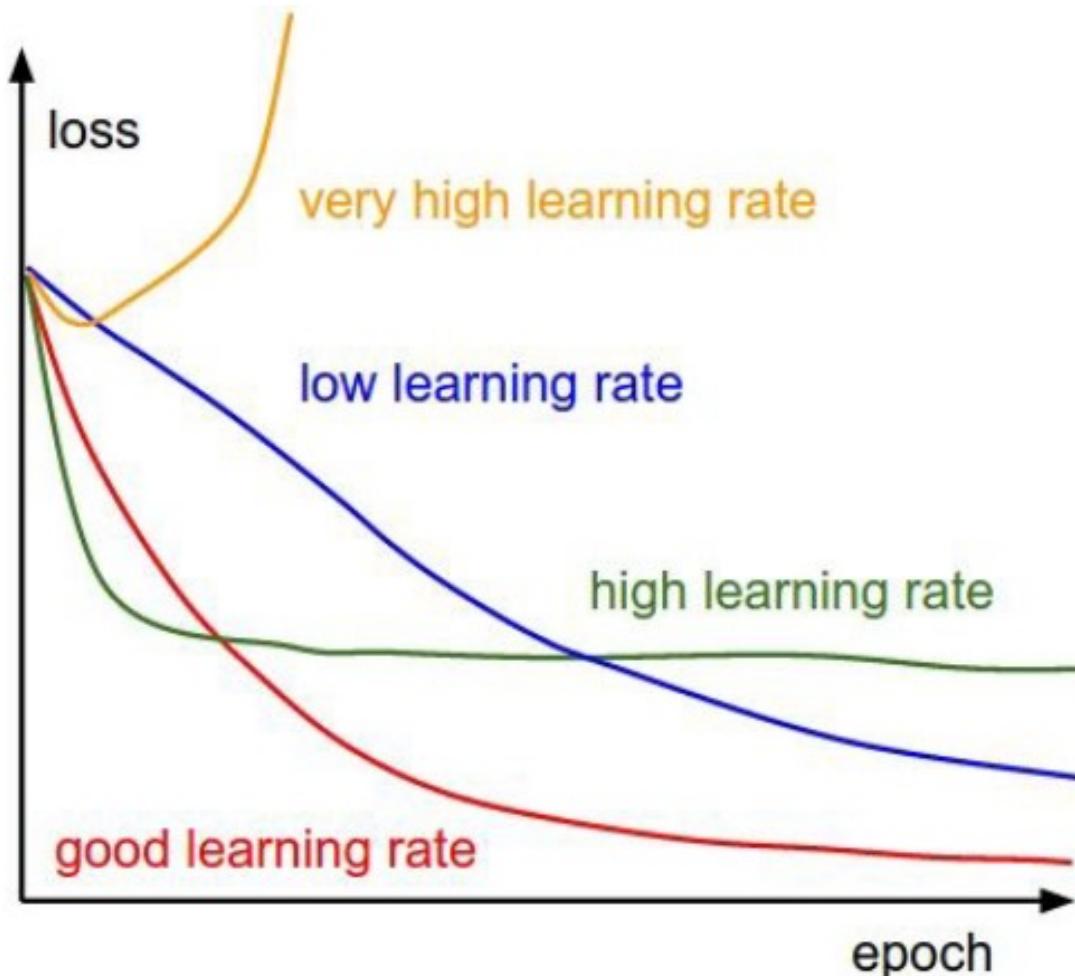
1. Activation functions
2. Weight Initialization
3. Batch Normalization
4. Optimization
5. Learning Rate
6. Regularization



Chapter 4.3 Gradient-Based Optimization

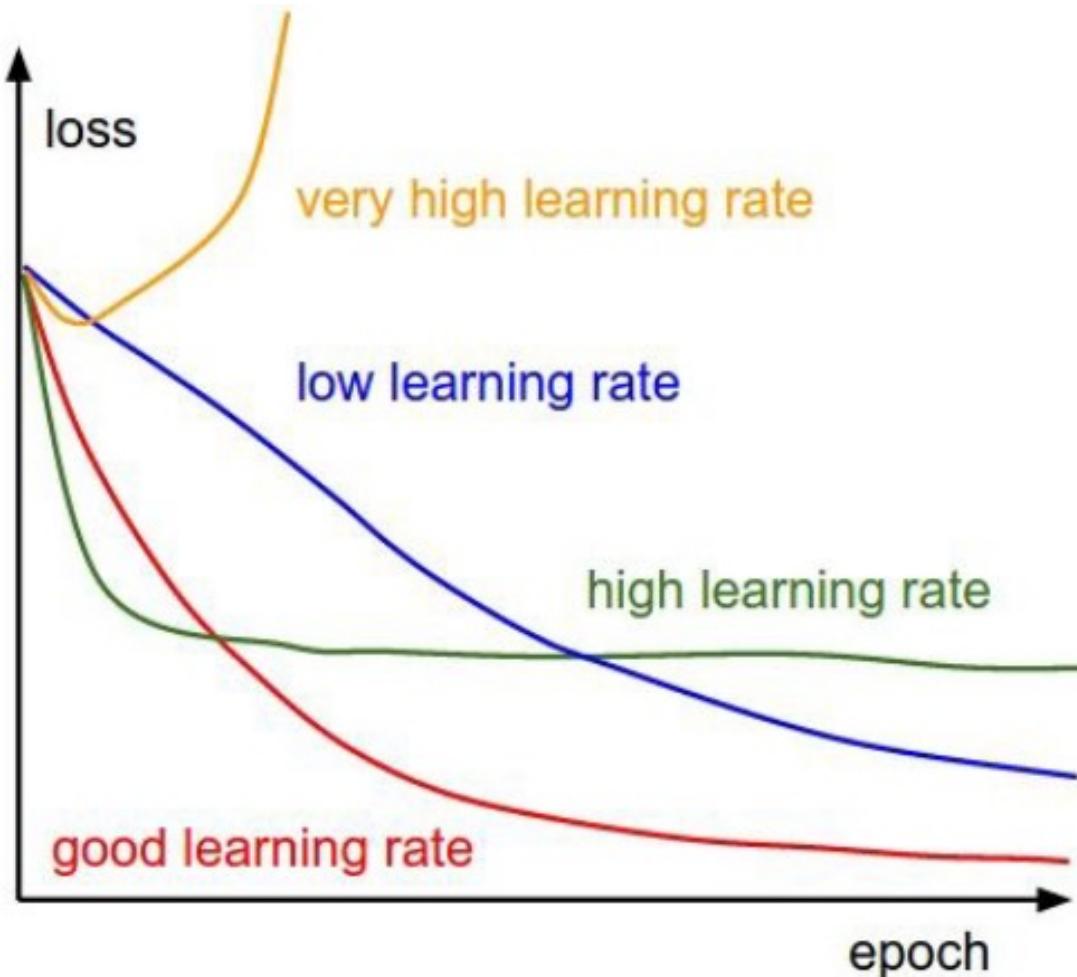


# Learning rate



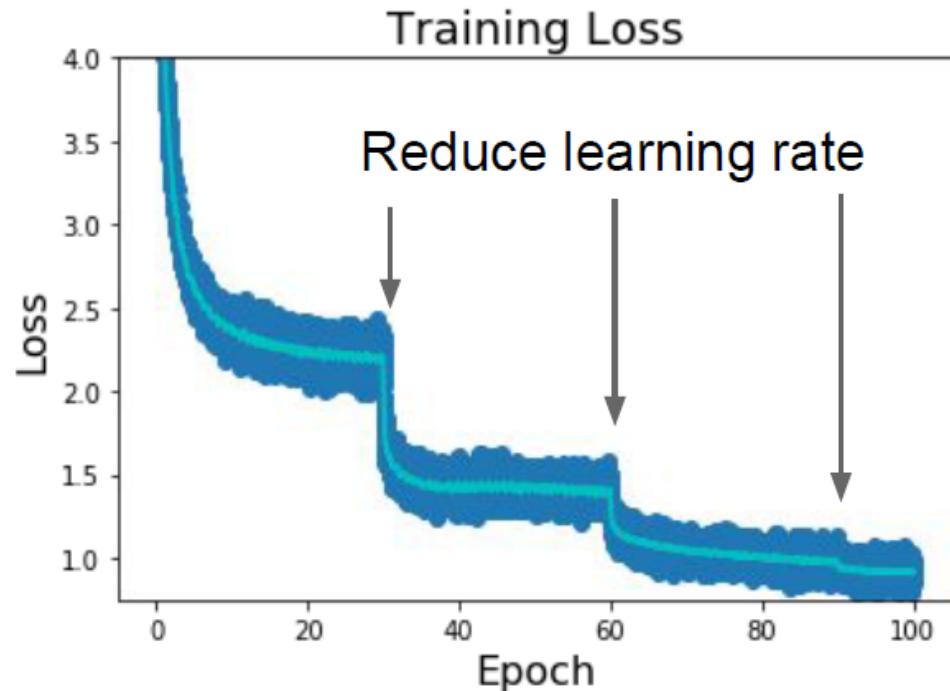
- SGD, SGD+Momentum, Adagrad, RMSProp, Adam all have learning rate as a hyperparameter

# Learning rate

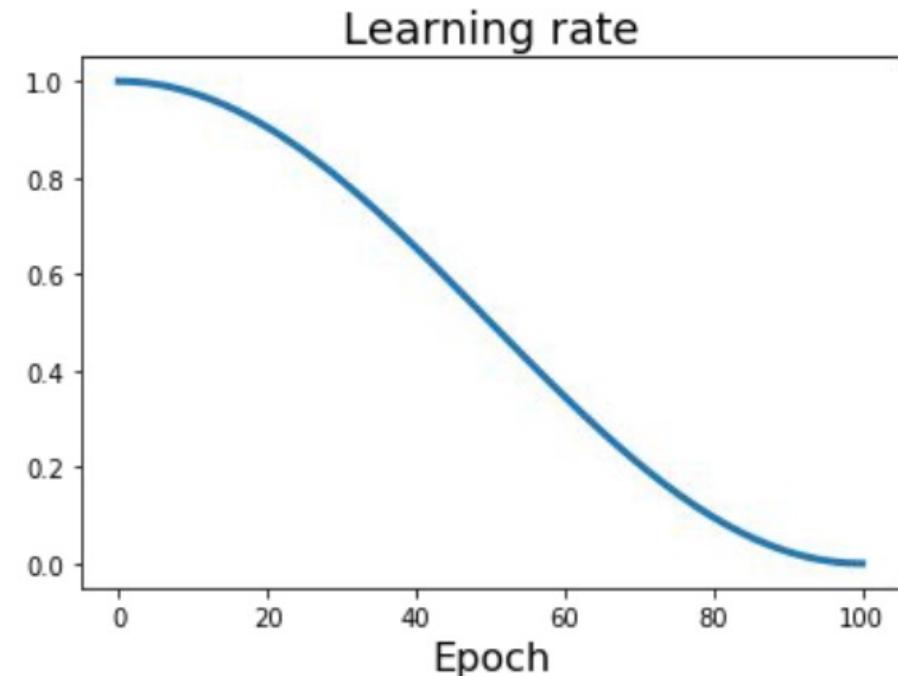


- SGD, SGD+Momentum, Adagrad, RMSProp, Adam all have learning rate as a hyperparameter
- An interesting and common strategy is to employ time-varying learning rate

# Learning rate



- Reduce learning rate at a few fixed points.
- E.g. for ResNets, multiply LR by 0.1 after epochs 30, 60, and 90.



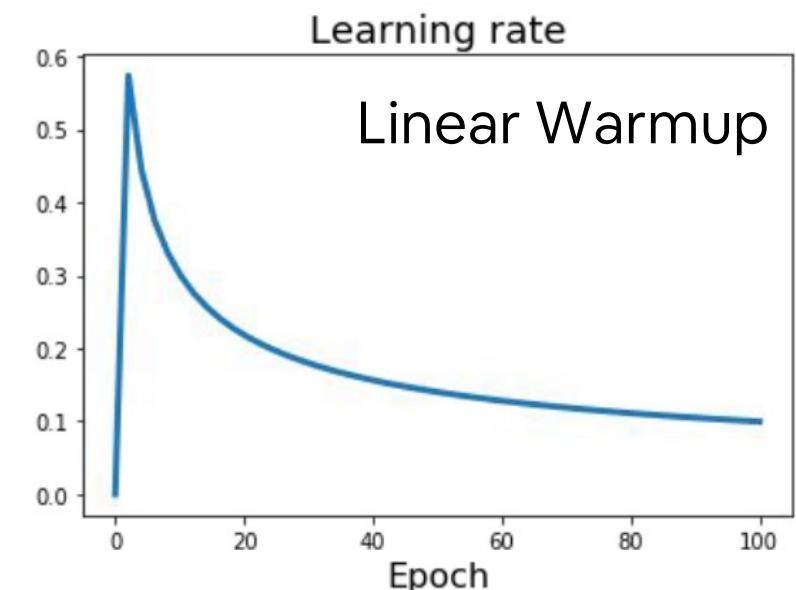
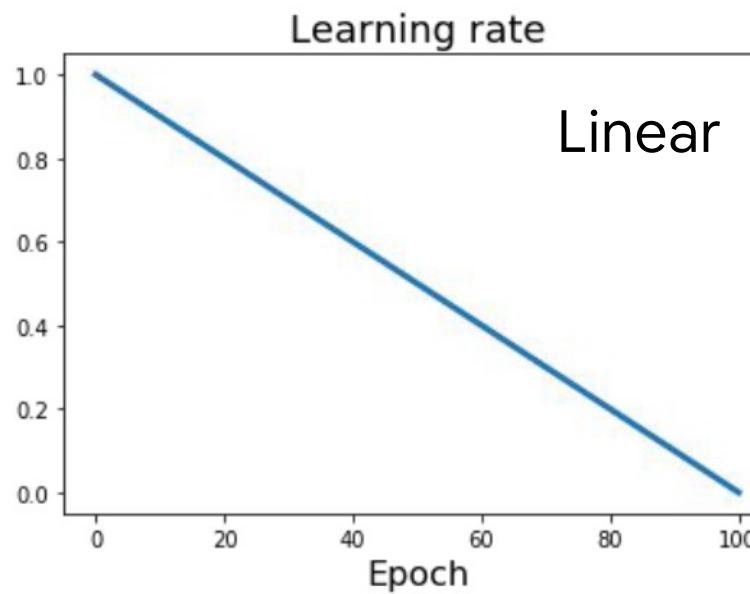
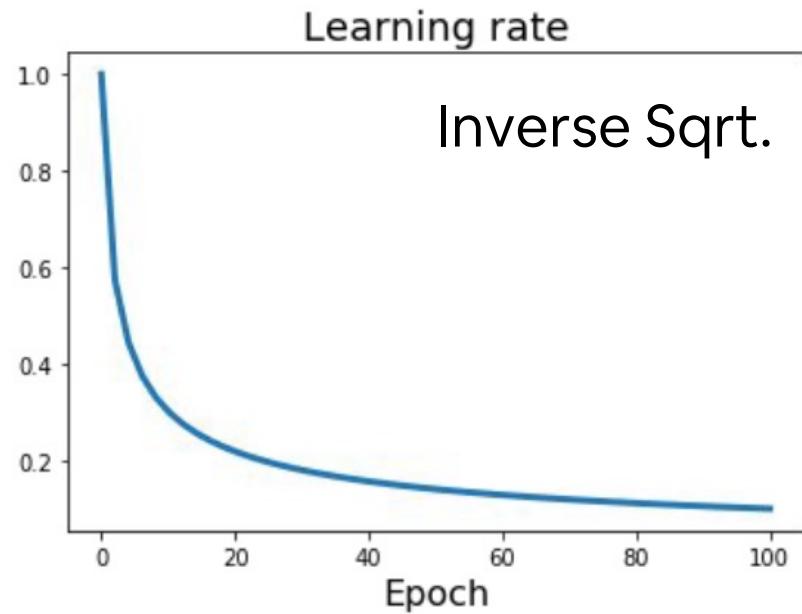
$$\alpha_t = \frac{1}{2}\alpha_0 (1 + \cos(t\pi/T))$$

$\alpha_0$  : Initial learning rate

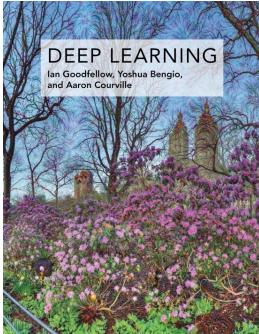
$\alpha_t$  : Learning rate at epoch  $t$

$T$  : Total number of epochs

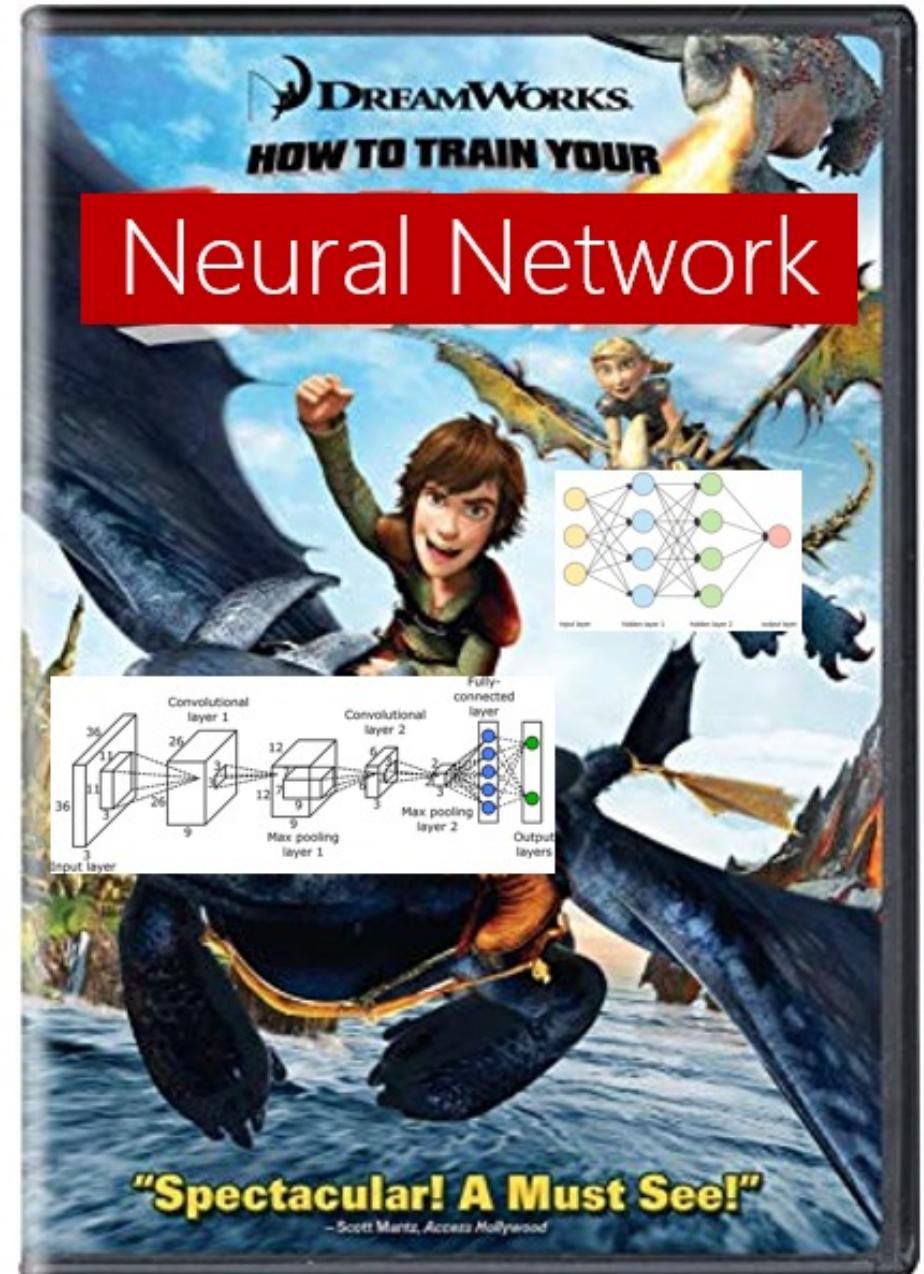
# Learning rate



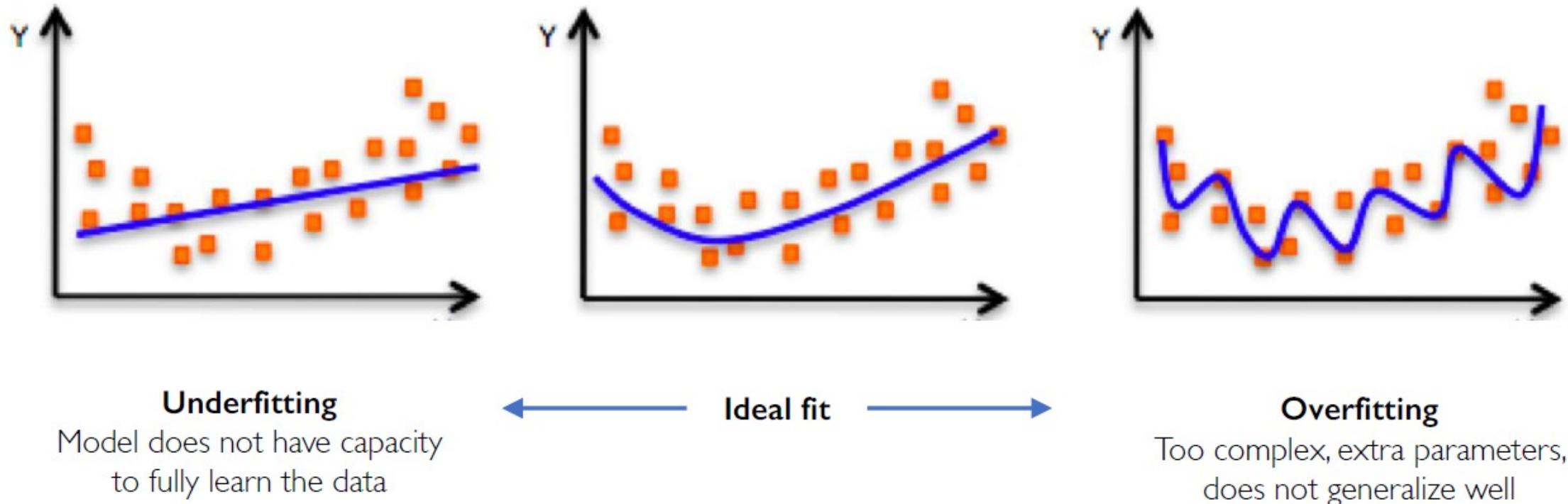
1. Activation functions
2. Weight Initialization
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Chapter 7 Regularization for Deep Learning



# The Problem of Overfitting and Regularization

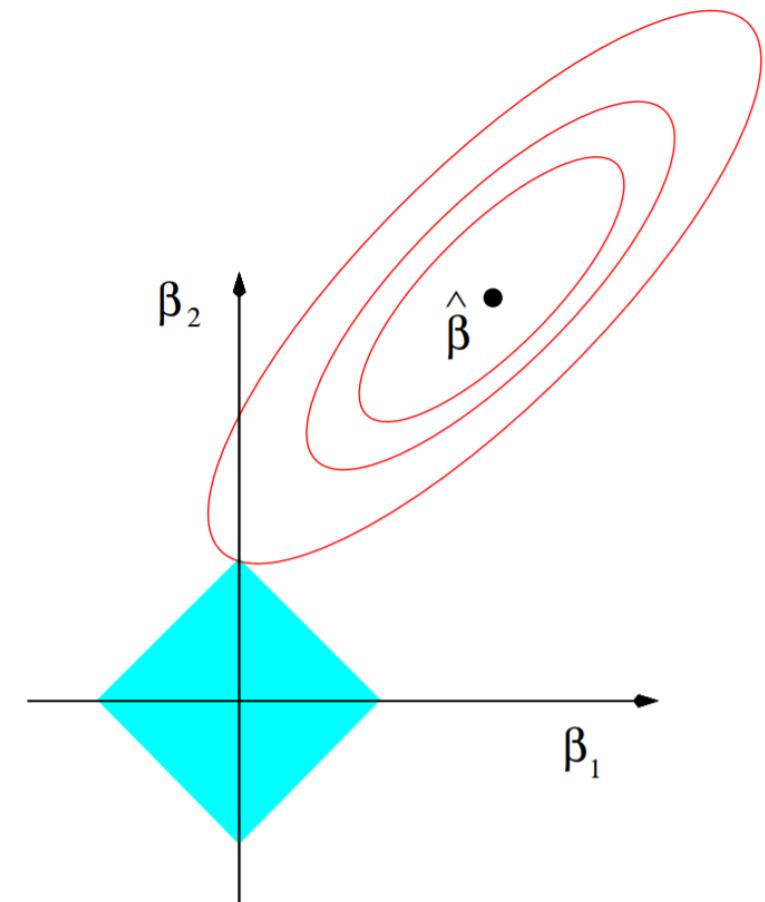


# Regularization #0: Lasso

$$\hat{\beta}^{\text{lasso}} = \underset{\beta}{\operatorname{argmin}} \left\{ \frac{1}{2} \sum_{i=1}^N \left( y_i - \beta_0 - \sum_{j=1}^p x_{ij} \beta_j \right)^2 + \lambda \sum_{j=1}^p |\beta_j| \right\}$$

Regularization is a paradigm in Machine Learning that allow to have a good trade-off between accuracy on training data and model complexity enabling generalization

In the case of LASSO this is achieved by a dedicated loss function and by tuning the hyperparameter  $\lambda$



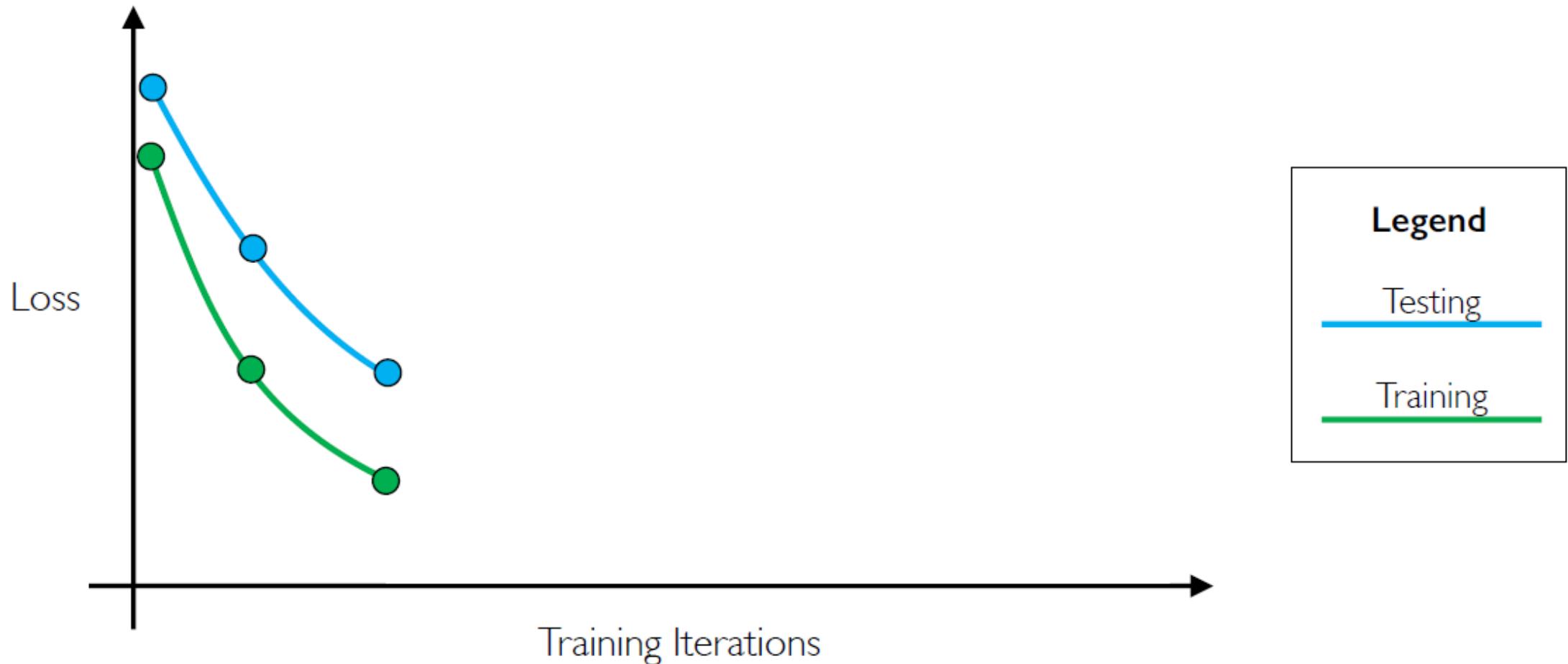
# Regularization #1: Early stopping

A simple approach is to take a look at a testing dataset and stop even if the loss on the training is still improving



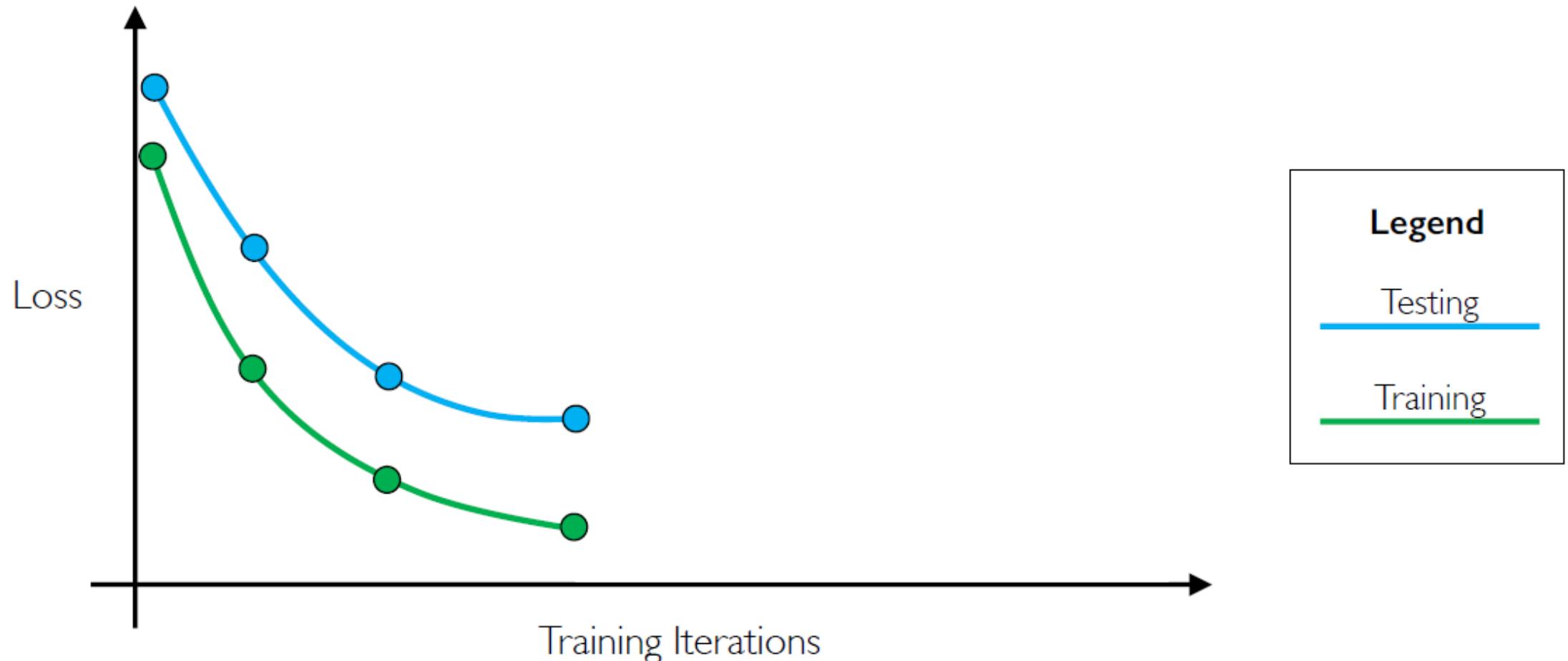
# Regularization #1: Early stopping

A simple approach is to take a look at a testing dataset and stop even if the loss on the training is still improving



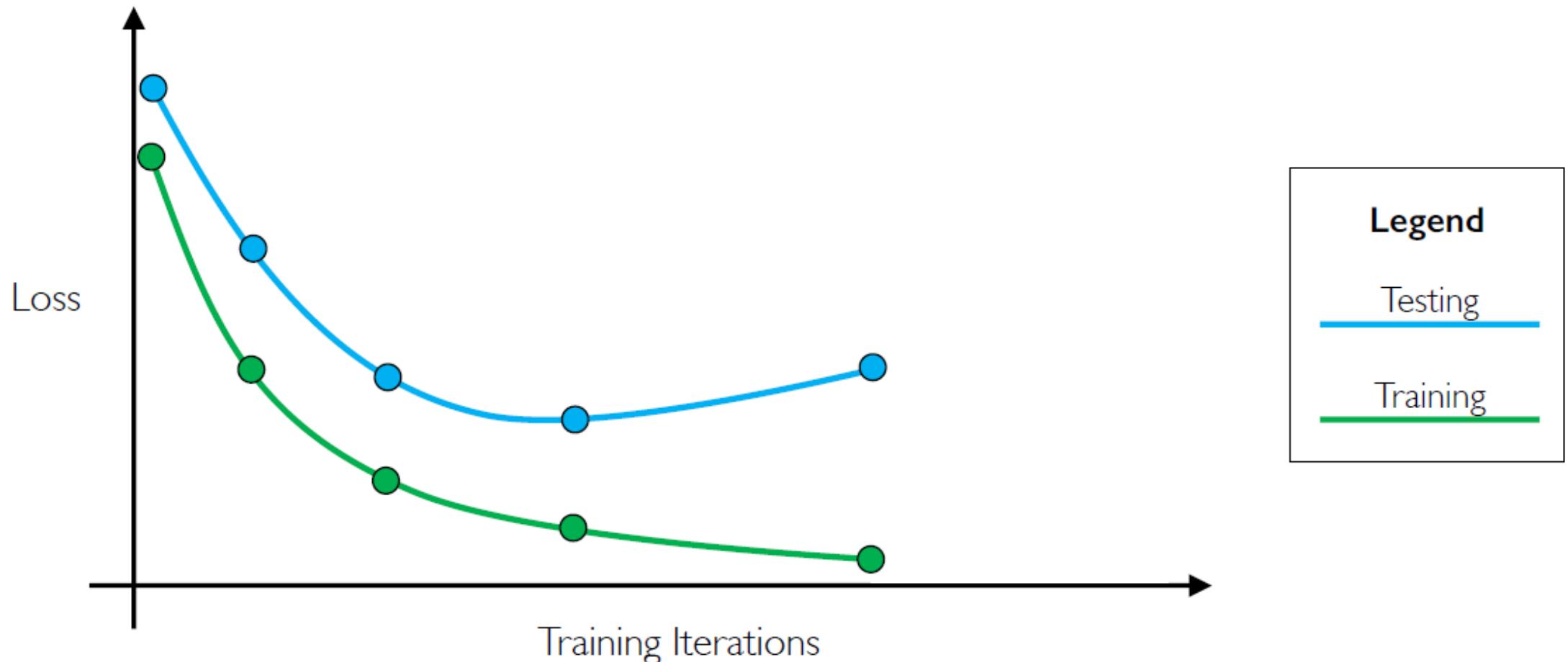
# Regularization #1: Early stopping

A simple approach is to take a look at a testing dataset and stop even if the loss on the training is still improving



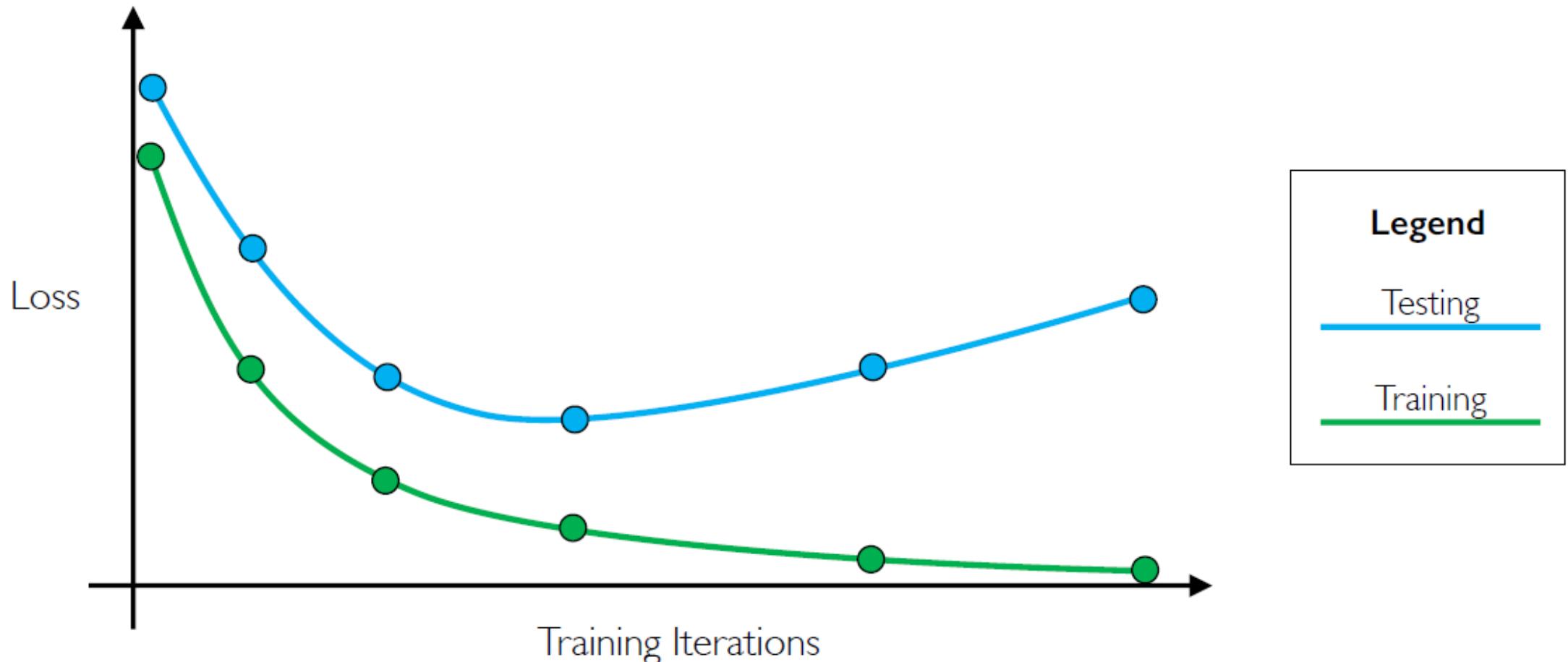
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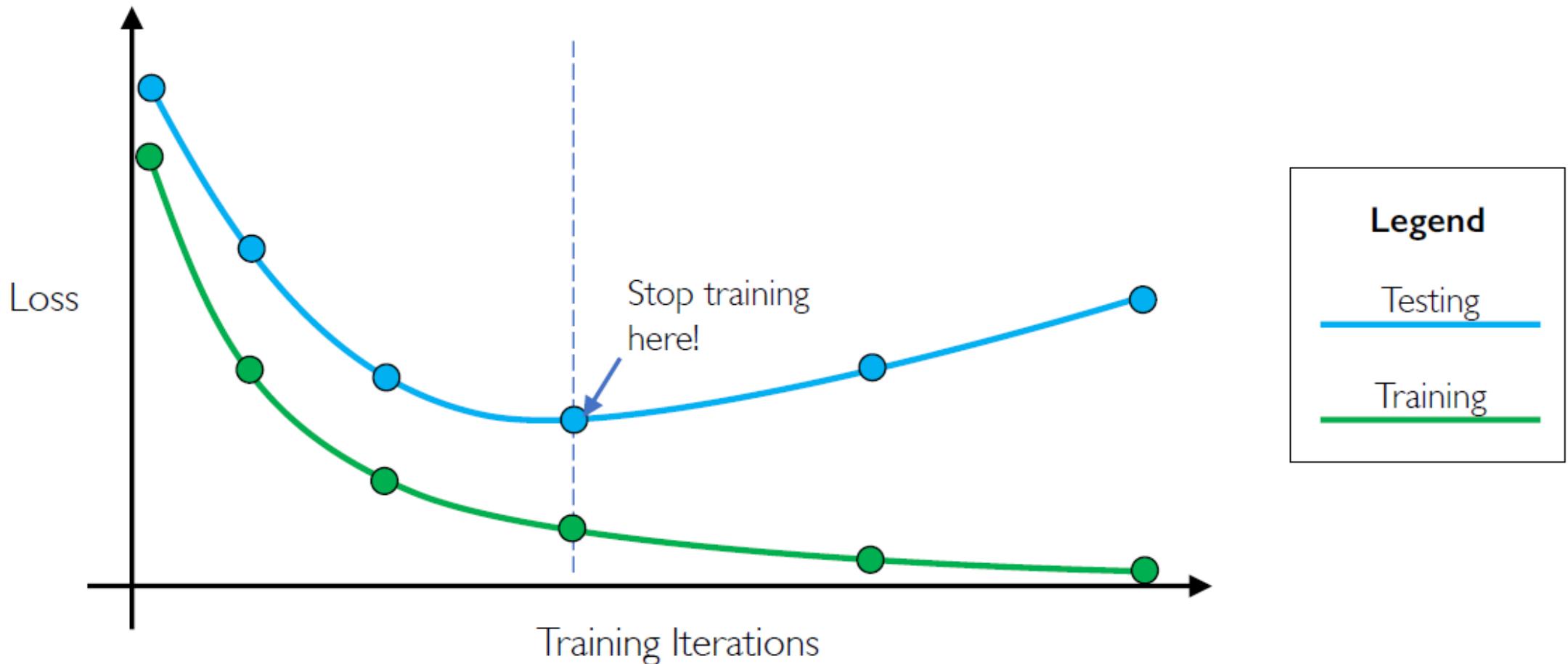
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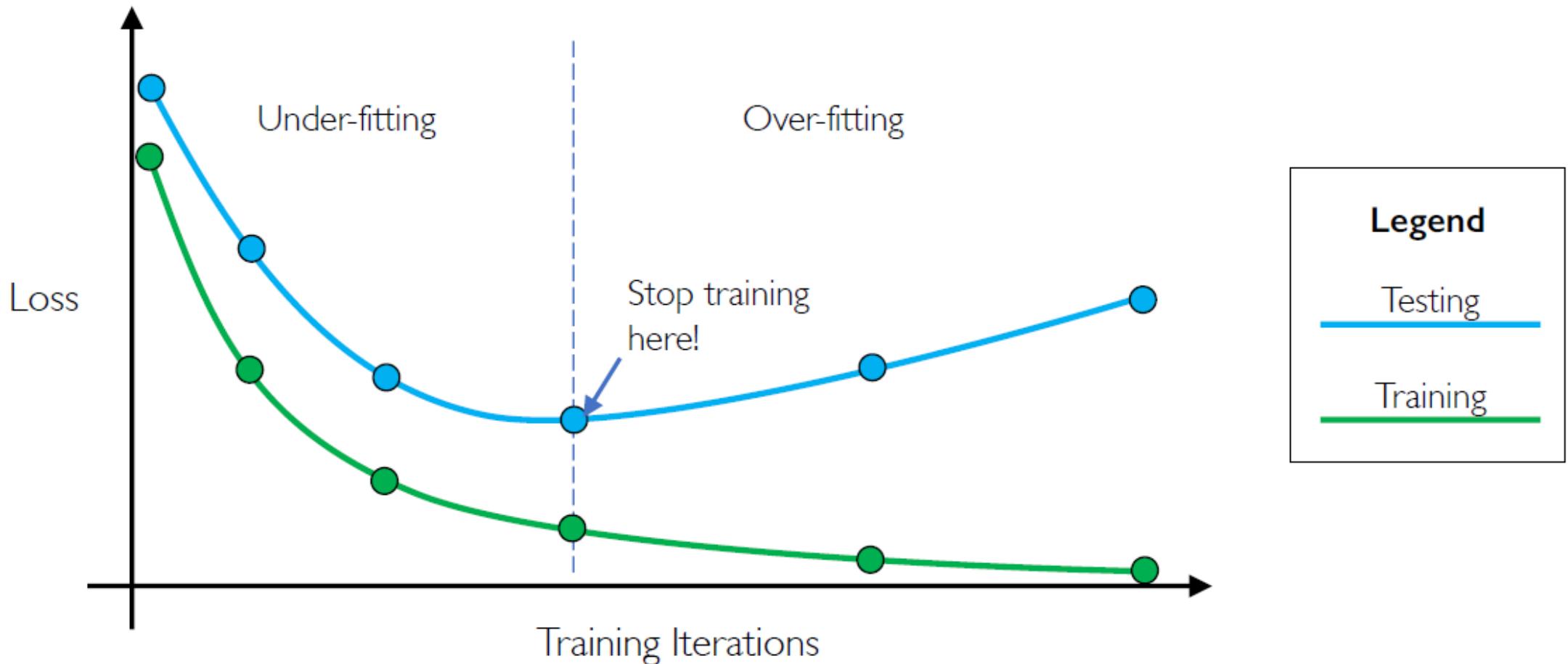
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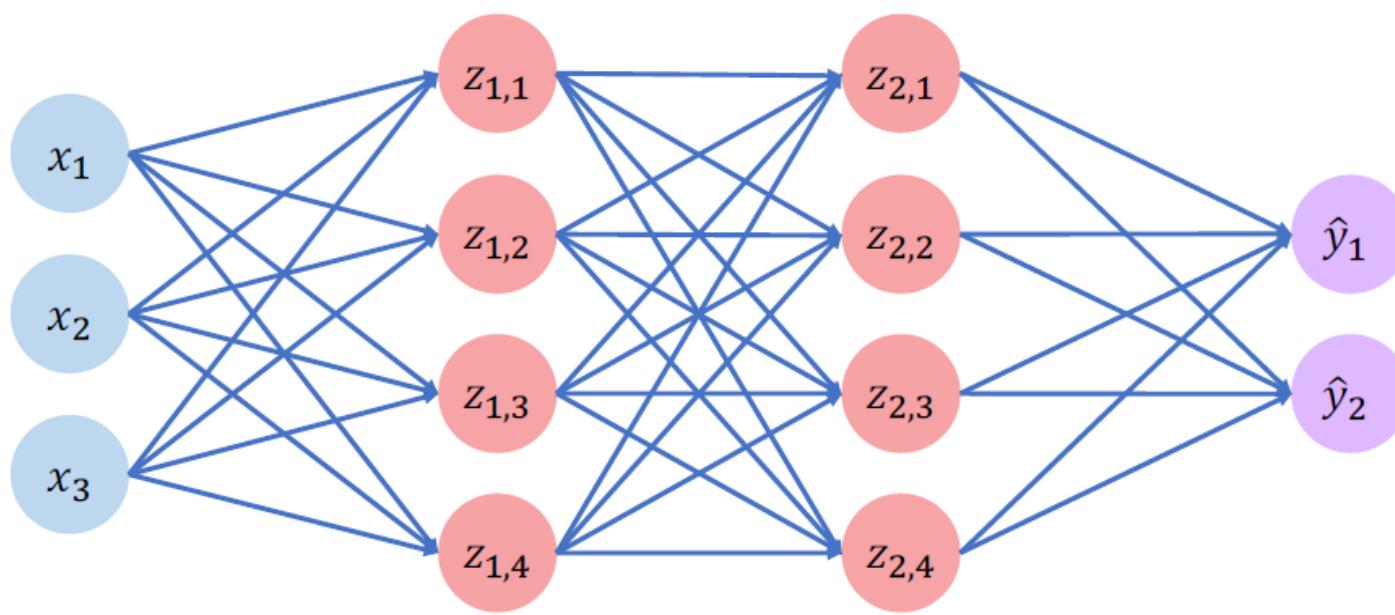
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A simple approach is to take a look at a testing dataset and stop even if the loss on the training is still improving



# Regularization #2: Drop Out

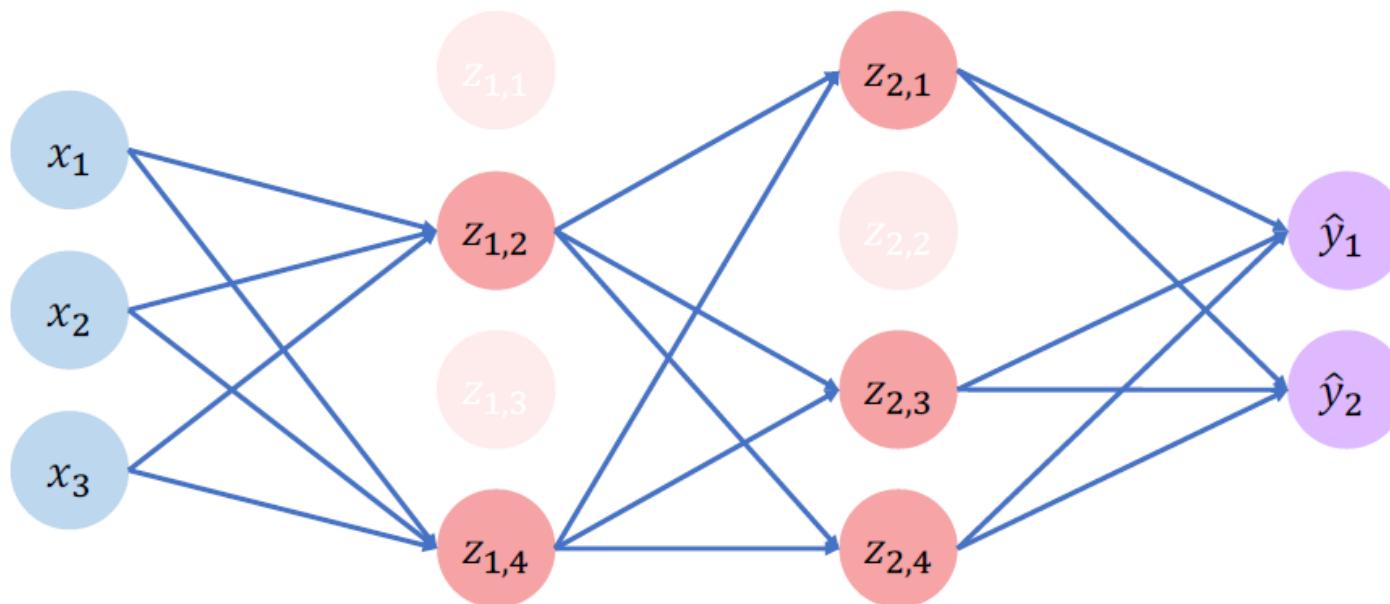
A popular approach is to set-up some activations equals to 0 during training



# Regularization #2: Drop Out

A popular approach is to set-up some activations equals to 0 during training

Typically, 50% of activations are dropped

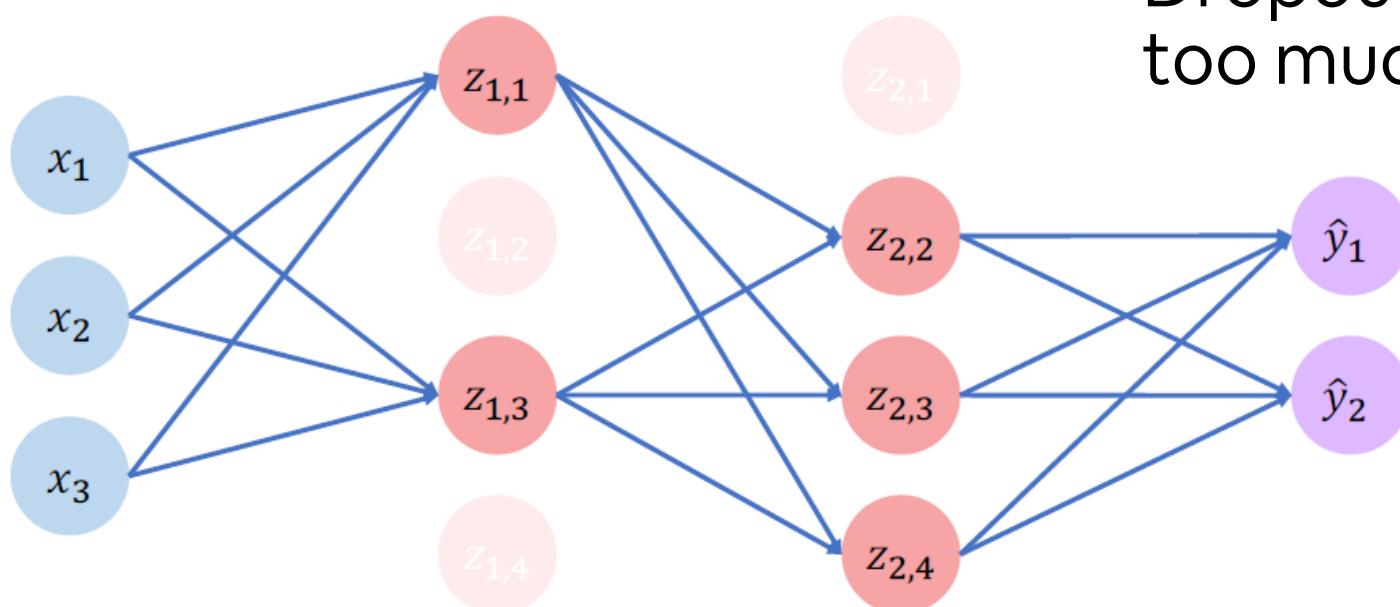


# Regularization #2: Drop Out

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Dropout make the model not rely too much on a single node



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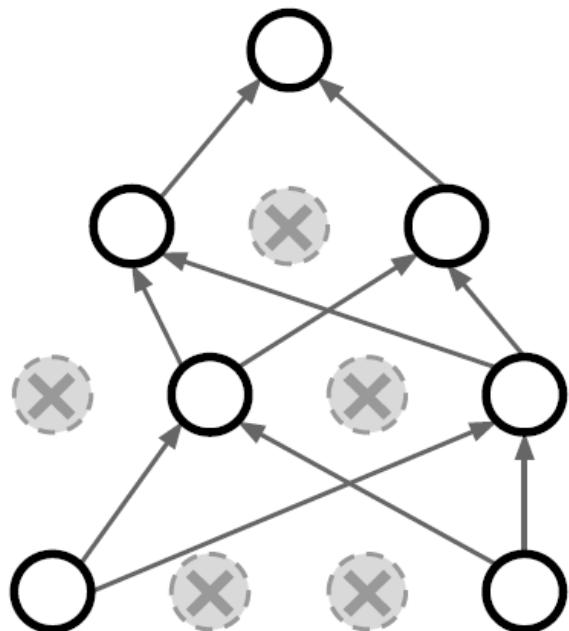
Dropout make the model not rely too much on a single node



One way to remember it....

# Regularization #2: Drop Out

How is that a good idea?

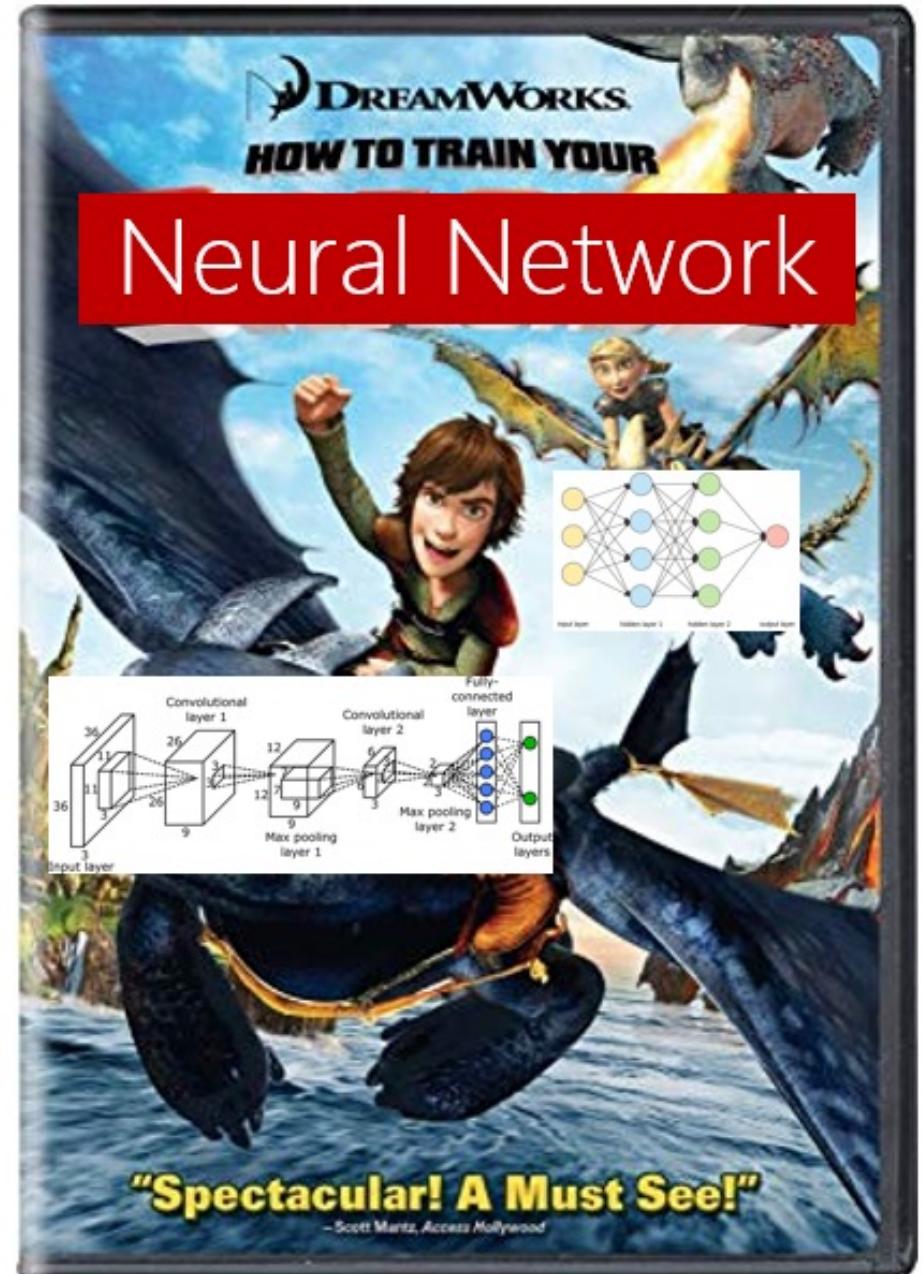


Forces the network to have a redundant representation;  
Prevents co-adaptation of features



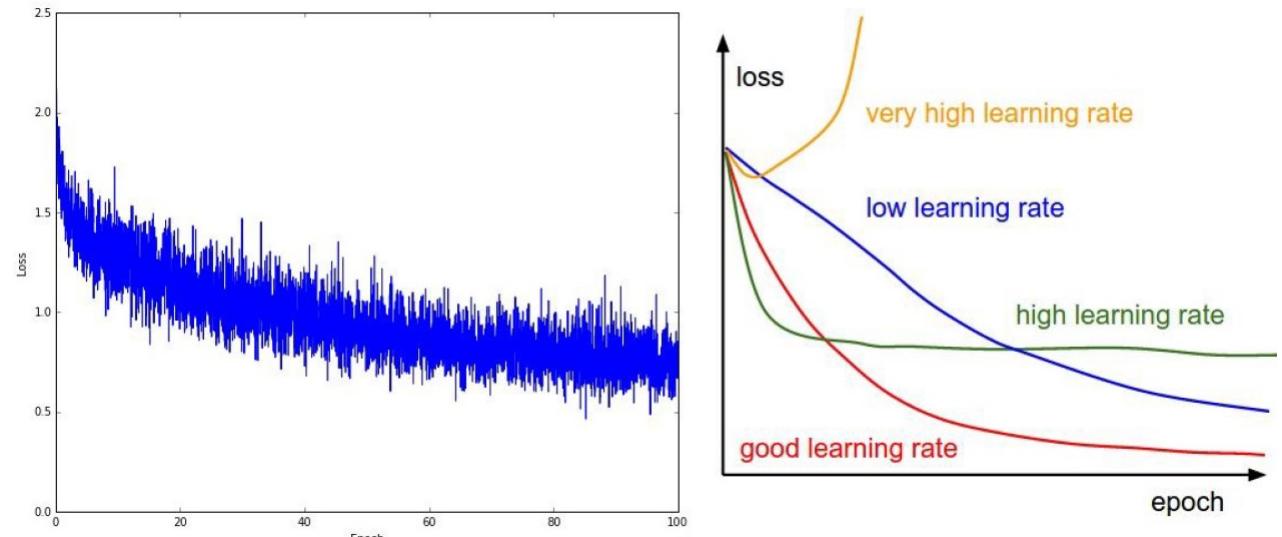
1. Activation functions
2. Weight Initialization
3. Batch Normalization
4. Optimization
5. Learning Rate
6. Regularization

=> Summarizing...



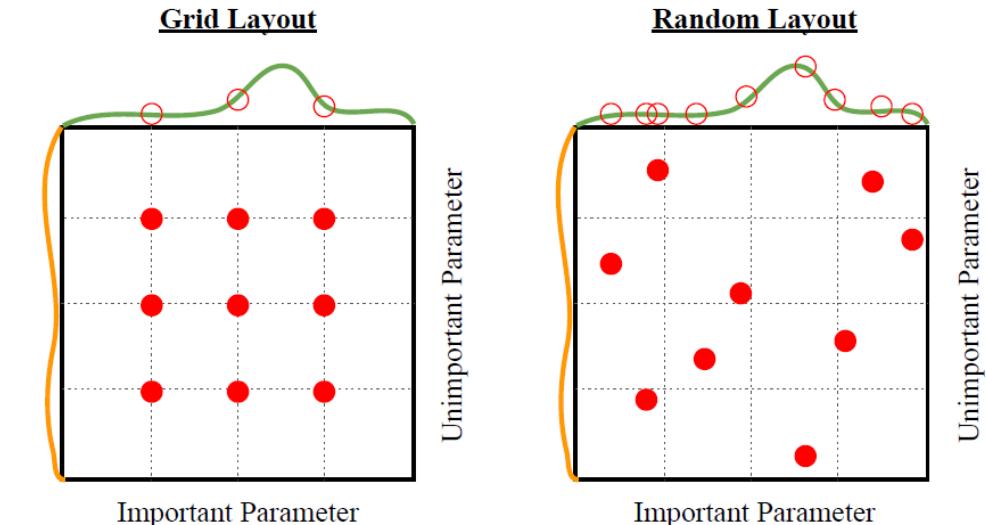
# How to train a NN: some tips for your first try

- Scale your input data (preprocessing)
- Use ReLU
- Use He Initialization
- Use Batch Normalization
- Use ADAM
- Babysit the learning process



# How to train a NN: some tips for your first try

- Scale your input data (preprocessing)
- Use ReLU
- Use He Initialization
- Use Batch Normalization
- Use ADAM
- Babysit the learning process
- Hyperparameter Optimization  
(network architecture, learning rate and decay schedule, presence of regularization, more sophisticated activation functions, ...)



# Lot of things not covered today... what about a summary?

New optimization approaches:

- Variants and Enhancements of Adam (AdamW, AMSGrad, AdaBelief)
- Novel Optimizers (Adafactor, MADA)
- Adaptive Learning Rate Methods (AdaMax, Nadam)
- Memory-Efficient Techniques (Adafactor)

New initialization approaches:

- ZerO, Sylvester Solvers, Autolnit, Linear Product Structure (LPS), ...

...

# Credits

Reference Material (used for this presentation):

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# Machine Learning

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# Thank you!

Gian Antonio Susto

