

Additional Reading on Metabolism

NAVIGATING METABOLISM



Cell Metabolism Perspective

The Emerging Hallmarks of Cancer Metabolism

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nature reviews molecular cell biology

https://doi.org/10.1038/s41580-022-00572-w

Review article

Check for updates

Metabolites as signalling molecules

Steven Andrew Baker¹ & Jared Rutter ^{2,3,4}

Nutrient-sensing mechanisms and pathways

Alejo Efeyan^{1,2,3,4}, William C. Comb^{1,2,3,4} & David M. Sabatini^{1,2,3,4,5}

Cancer metabolism: looking forward

Inmaculada Martínez-Reyes b and Navdeep S. Chandel





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Why study metabolism?

Old view: Metabolism is a servant for cell biosynthetic demands

New view: Metabolism is a driver of biology

Normal processes

- Proliferation
- Cell death
- Differentiation
- Gene expression
- Response to stress
- Aging

Pathology

- Cancer
- Inflammation
- Obesity
- Diabetes
- Neurodegeneration

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What are the mechanisms?

Pathology

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What is the difference with Biochemistry I, II, III,?



What is the difference with Biochemistry I, II, III,?

Metabolic Metro Мар Nucleotide & Protein 🔘 Ribosome Double/Multiple Ascorbate Sugar Simple Sugars & Glycans Glyco- Sugars Inositol-P (Vitamin C) Acids Various Neurotransmitters



Metabolism

Metabolic Metro Map





Metabolism is DYNAMIC.

Cells need to reprogram their metabolism in order to:

- Produce more biomass (cell division; cell growth)
- Produce more nucleotides (cell division; meiosis)
- Preserve energy (storage; response to nutrient scarcity)
- Cope with (oxidative) stress (replication and nutrient stress)
- Compartmentalize toxic metabolites (iron overload)
- Adapt to different environments (mobility, 3D growth)
- Secrete immunomodulatory molecules (immune response)
- Adjust availability of "signaling metabolites" (support signals)
- Support epigenetic rewiring (differentiation)

...NOT to "produce" more energy

Class layout:

Part 1: Basics of integrated metabolism (AC)

Part 2: Impact of metabolism on biological processes (MS)

Part 3: Contribution of metabolism to pathophysiology (AC/MS)

Part 4: Metabolism across scales (AC)

Part 5: Journal clubs (AC/MS)

Part 6: Methods in metabolic research (hybrid)

What is metabolism?



What is metabolism?

Humans ingest, metabolize or encounter more than 200,000 metabolites[#]. Metabolite classes include peptides, lipids, amino acids, nucleic acids, carbohydrates and minerals found in the diet, as well as food additives, drugs, cosmetics, contaminants and pollutants incorporated from our modern life.

METABOLISM removes unwanted or toxic substances and ensures adequate levels of energy and building blocks in a dynamic environment.

Ref: Wishart DS et al. HMDB 5.0: the Human Metabolome Database for 2022. Nucleic Acids Res. 50, D622–D631 (2022). [PubMed: 34986597]

Metabolism is linked to body health and performance





Systemic Metabolism

Systemic Metabolism







Tissue Metabolism







What is Systemic Metabolism?



Systemic metabolism is a multi-organ affair



Inter-organ communication contributes significantly to nutrient uptake and metabolite availability.

Inter-organ metabolism provides nutrient supply to satisfy tissue-specific demands



Systemic metabolism tends to homeostasis



In the 19th century, Claude Bernard articulated the need to maintain a stable internal environment that would allow biological processes to proceed despite variations in the external environment. Bernard's concept was further explored, developed, and popularized by Walter Cannon, who coined the term "**homeostasis**" in describing how key physiological variables are maintained within a predefined range by feedback mechanisms.

In 1954, James Hardy proposed a model in which homeostatic mechanisms maintain physiological variables within an acceptable range.

<u>Regulated variables</u>: physiological parameters that are maintained at stable levels

<u>Controlled variables</u>: activities (or rates) of the processes that contribute to the stability of the RV

Systemic metabolism tends to homeostasis



Metabolites mediate homeostatic mechanisms



Homeostatic mechanisms are subject to regulation



In addition to being subject to well-appreciated homeostatic control, metabolism is subject to supply-driven and demand-driven controls, each operated by a dedicated set of signals throughout various physiological states

Food intake impacts systemic homeostasis



Overnutrition (or excessive fat intake) initiates a series of event that leads to systemic dyshomeostasis

Some nutrients bypass homeostatic regulation

Hedonic or reward-based regulation can override the homeostatic pathway during periods of relative energy abundance by increasing the desire to consume foods that are highly palatable





Some micronutrients bypass homeostatic regulation



Nutrient uptake (and bioavailability) is regulated by the microbiome





Systemic Metabolism



Systemic Metabolism






TissueMetabolism



What is Tissue Metabolism?



Every tissue is composed by a mixture of different cell types (and states), each having specific metabolic demands/activities

Balance dictates LOCAL nutrient availability

Tissue metabolism is multifactorial

Dietary intake dictates local abundance of metabolites in peripheral tissues



SYSTEMIC/TISSUE RELATIONSHIP

Tissue metabolism is multifactorial

Dietary intake dictates local abundance of metabolites in peripheral tissues



SYSTEMIC/TISSUE RELATIONSHIP



Different cell types often compete for the same nutrients.



METABOLIC COMPETITION

Tissue metabolism is multifactorial

Dietary intake dictates local abundance of metabolites in peripheral tissues



SYSTEMIC/TISSUE RELATIONSHIP



Different cell types often compete for the same nutrients.



METABOLIC COMPETITION Nutrients can be provided by a different cell type in the tissue



METABOLIC COOPERATION/ SYMBIOSIS

Article

https://doi.org/10.1038/s41589-022-01154-9

Hepatic glutamine synthetase controls N^5 -methylglutamine in homeostasis and cancer



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Article

GS

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Hepatic glutamine synthetase controls N^5 -methylglutamine in homeostasis and cancer







Tissue metabolism is heterogeneous



Tissue metabolism is heterogeneous





Systemic Metabolism

Systemic Metabolism







Tissue Metabolism







What is Cellular Metabolism?

Cellular metabolism is a collective term that denotes a wide set of biochemical processes whereby small molecules (called "metabolites") change in abundance over time and in the steady states that characterize various physiologic conditions.

Metabolites are small molecules that supply the cell with energy, structural constituents and the materials to enable the synthesis of other macromolecules such as DNA or proteins.

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Underscoring the importance of metabolic reactions in cellular and organismal fidelity, it is estimated that more than 30% of human genes are involved in metabolism (Human Metabolome Database 5.0), accounting for ~3,000 possible chemical reactions. Defects in these pathways or their regulation can result in human disease, with inborn errors of metabolism thought to underlie over 1,300 disorders. The vast complexity of human metabolism necessitates a high degree of organization.

What is Cellular Metabolism?



51) Sa Caboratories

What is Cellular Metabolism? Glycosphingolipid biosynthesis -lact and peolacto series Other glycar degradation -Citrate cycle (TCA cycle) e-----e



Laboratories



Laboratories



Laboratoria





Laboratoria





Laboratories



II Raboratorios




Laboration .







Macromolecules compose 70/80%* of the cell mass



* different in quiescent/proliferating



the many building blocks for biosynthesis



the many building blocks for biosynthesis



the many building blocks for biosynthesis

which can be stored in high-energy molecules.

Catabolism transfers energy to ATP and electron donors



Catabolism transfers energy to ATP and electron donors







NADH and FADH₂ donate electrons to ETC to generate ATP (*mitochondria*)

NADPH donates electrons for reductive biosynthesis (e.g.: lipid synthesis)

NADH and NAD cannot cross the mitochondrial membrane

In cells with functioning mitochondria and oxygen available, <u>NADH is shuttled into the</u> <u>mitochondria via the malate-aspartate</u> shuttle with electrons transferred to the electron transport chain (this is relatively slow)

Rates of NADH usage and compartmentalization are dictated by multiple conditions (i.e.: hypoxia, differentiation stage, etc)



Mitochondria



Mitochondrial DNA (many copies, maternally inherited, 37 genes, 13 in OXPHOS)



the many building blocks for biosynthesis



...and levels of intracellular metabolic intermediates!!











Catabolism and Anabolism coexist in each cell



Catabolism and Anabolism coexist in each cell



...and their equilibrium is tightly regulated by sensing mechanisms!!

What is Cellular Metabolism?

Metabolic pathways



Main catabolic pathways



In eukaryotes, catabolic pathways converge to generate acetyl-CoA - a pivotal metabolite

Main catabolic pathways



In eukaryotes, catabolic pathways converge to generate acetyl-CoA - a pivotal metabolite

Main catabolic pathways



Acetyl-CoA is a central metabolite because:

- It is at the cross-road of all catabolic pathways
- It is the building block for the synthesis of several macromolecules (fatty acids, sterols, glycans)
- It regulates protein acetylation
- It is compartmentalized
- Its levels <u>fluctuate</u> constantly
- Highly regulated / controlled / monitored

Main catabolic pathways: carbohydrates



acetyl-CoA









Main catabolic pathways: lipids



Main catabolic pathways: lipids



Main catabolic pathways: fatty acids oxidation (FAO)



- Fatty acids are incorporated into the cell by dedicated transporters (e.g.: CD36)
- Fatty acids are activated by CoA ligation
- An acyl-carnitine shuttle brings them into the mitochondria
- Beta-ox of FA occurs in the mitochondrial matrix
- Beta-ox is a cyclic reaction that breaks FAs into <u>multiple</u> acetyl-CoA molecules (ANAPLEROSIS)
- Palmitoyl-CoA + 7CoA + 7NAD⁺ + 7FAD + 7H₂O $\rightarrow \rightarrow$ 8Acetyl-CoA + 7NADH + 7FADH₂ + 7H⁺
- Ton of ATP

Main catabolic pathways: cholesterol is metabolically inert



Main catabolic pathways: proteins and amino acids



sure to look for a balanced formula that includes all nine essential amino acids.
Main catabolic pathways: proteins and amino acids



If you're thinking about adding an amino acid supplement to your current diet, be sure to look for a balanced formula that includes all nine essential amino acids.



Transaminases swap nitrogen to and from different amino acid carbon backbones

Nitrogen groups can be funneled into nucleotide biosynthesis, synthesis of other amino acids, synthesis of bioactive amines, or the urea cycle

Main catabolic pathways: amino acids



Main catabolic pathways: amino acids



Glutaminolysis



Glutamine is the most abundant EAA in the circulation

Multi-layer view of cell catabolism



Unconventional catabolic pathway: AUTOPHAGY



- Self degradation of cellular proteins/structures within dedicated acidic compartments (lysosomes)
- Specific (targets exhausted proteins/organelles, or specific proteins)
- Inhibited in nutrient-replete conditions
- Triggered by nutrient sensors through the recruitment of ULK1 initiation complex
- Requires autophagy-related genes/proteins (ATGs)
- Marker: lipoylation of LC3

Catabolism can be opportunistic



Multi-layer view of cell catabolism



Figure 4.8: Overall Metabolism of Protein , Carbohydrates and Lipids

Cells can utilize non-canonical nutrients

Ketone bodies are small, water-soluble lipids (containing ketone group) that are produced in excess during fed state and can be mobilized as alternative energy source.



Also: lactate, uridine, inosine, SCFA, formate, vitamins, still growing......

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CARBON SOURCE: molecule that can provide carbon units to living cells for biosynthetic purposes

Main anabolic pathways

Typically linked to catabolic pathways (ex: glycolysis branching pathways)



Pentose Phosphate Pathway (PPP)



Serine/glycine pathway is a branch of glycolysis

Serine/glycine pathway is branch off glycolysis at 3-phosphoglycerate

3-phosphoglycerate dehydrogenase (PHGDH) requires NAD⁺ (must have functional ETC)

Conversion of serine to glycine generate one-carbon folate units for methylation (DNA/RNA/protein) and nucleotide biosynthesis

PHGDH is amplified in several cancers



Chandel "Navigating Metabolism"

Main anabolic pathways Mitochondria are major metabolic hubs



Main anabolic pathways

Mitochondria are major metabolic hubs



The TCA cycle at the crossroad of catabolism and anabolism



The TCA cycle at the crossroad of catabolism and anabolism



Fatty acid synthesis

Fatty acid synthesis is an iterative elongation by 2-carbon acetyl-CoA units and reduction by NADPH

Acetyl-CoA carboxylase is key enzyme regulating fatty acid synthesis

- ACC uses ATP to carboxylate acetyl-CoA and make 3-carbon malonyl-CoA
- Malonyl-CoA condenses with first with acetyl-CoA, then repeatedly with elongating fatty acid chain, each time undergoing decarboxylation, in effect adding acetyl-CoA units (coupling elongation to decarboxylation of malonyl-CoA is energetically favorable)

2 NADPH are used to reduce each acetyl-CoA unit



Mevalonate Pathway



Nucleotide synthesis



Critically different for purines (double ring: 6C+5C) and pyrimidines (one ring: 5C)

Nucleotide synthesis

Different for purines and pyrimidines

Purines nucleotide synthesis begins with 5phosphoribosyl-1-pyrophosphate (PRPP) which ultimately is converted to inosine-5'monophosphate (IMP)

Requires glutamine, glycine, aspartate (NAD⁺), one carbon folate units, and lots of ATP

IMP can be converted to AMP->ADP or GMP->GDP (IMP->GMP directly requires NAD⁺, while IMP->AMP requires aspartate)

Humans cannot catabolize purine rings; partial catabolism produces uric acid

Pyrimidine synthesis begins with carbamoylphosphate and aspartate generating the pyrimidine base orotate

Requires glutamine, aspartate (NAD+) and ATP

Dihydroorotate dehydrogenase (DHODH) is located in the mitochondria (interesting);

Pyrimidine rings can be completely catabolized

Nucleotide synthesis is targeted in cancer therapy



MTX was the first drug used (approved) to treat cancer (chemotherapy)

Metabolic waste (or sinking) pathways







Keshet et al, Nat Rev Cancer, 2020



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Waste

Assimilation

Α

Metabolic waste (or sinking) pathways



Shlomi & Rabinowitz, , **Nat Chem Biol**, 2013 Ulanovskaya et al, **Nat Chem Biol**, 2013