

# PHARMACOGENETICS

## BASIC PRINCIPLES

# Current Therapeutic Approach

**PATHOLOGY AND / OR SYMPTOMS**



**1st choice drug**



**EFFICACY**

**Failure**

**Adverse Effects**

# Current Therapeutic Approach

**PATHOLOGY AND / OR SYMPTOMS**



**1st choice drug**

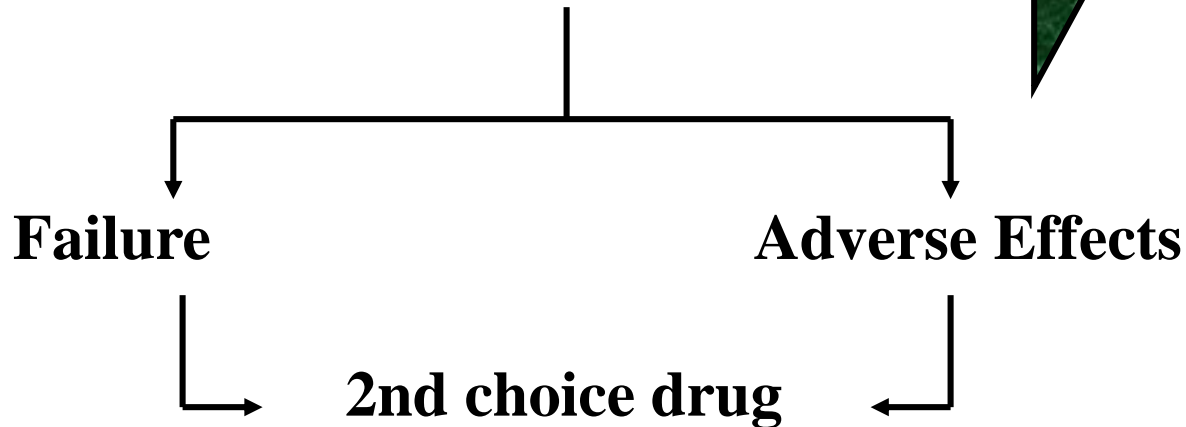


**EFFICACY**

**Failure**

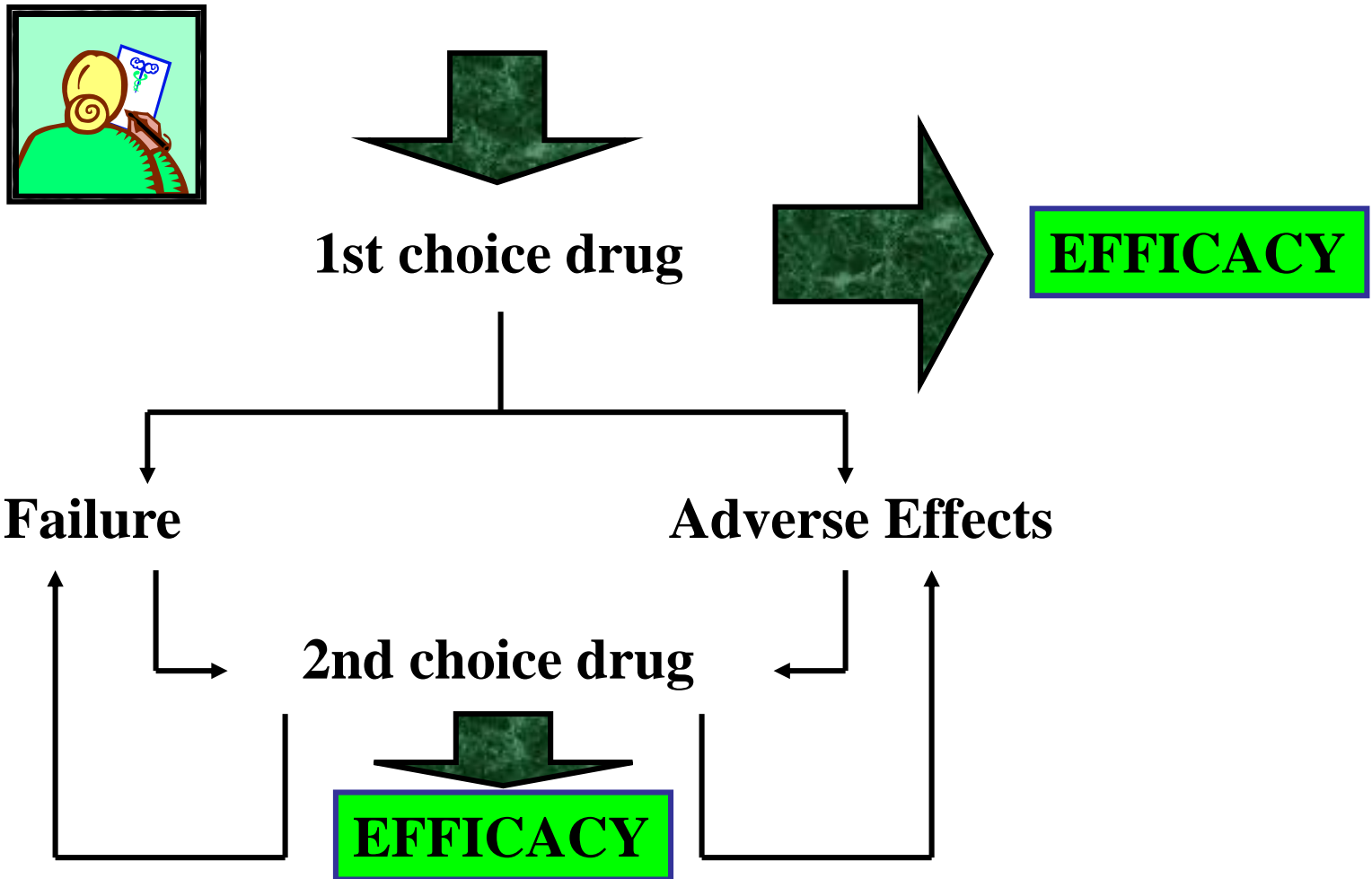
**Adverse Effects**

**2nd choice drug**



# Current Therapeutic Approach

**PATHOLOGY AND / OR SYMPTOMS**



**Patient group**



**Same diagnosis**

## **Patient group**



**Same diagnosis  
same prescription**

**Patient group**



**Same diagnosis  
same prescription**



**Drug NOT toxic  
and beneficial**

**Patient group**



**Same diagnosis  
same prescription**



**Drug NOT toxic and  
NOT beneficial**



**Drug NOT toxic  
and beneficial**



**Patient group**



**Drug toxic but  
beneficial**



**Same diagnosis  
same prescription**



**Drug NOT toxic and  
NOT beneficial**



**Drug NOT toxic  
and beneficial**

**Patient group**



**Drug toxic but  
beneficial**



**Drug toxic but  
NOT beneficial**



**Same diagnosis  
same prescription**

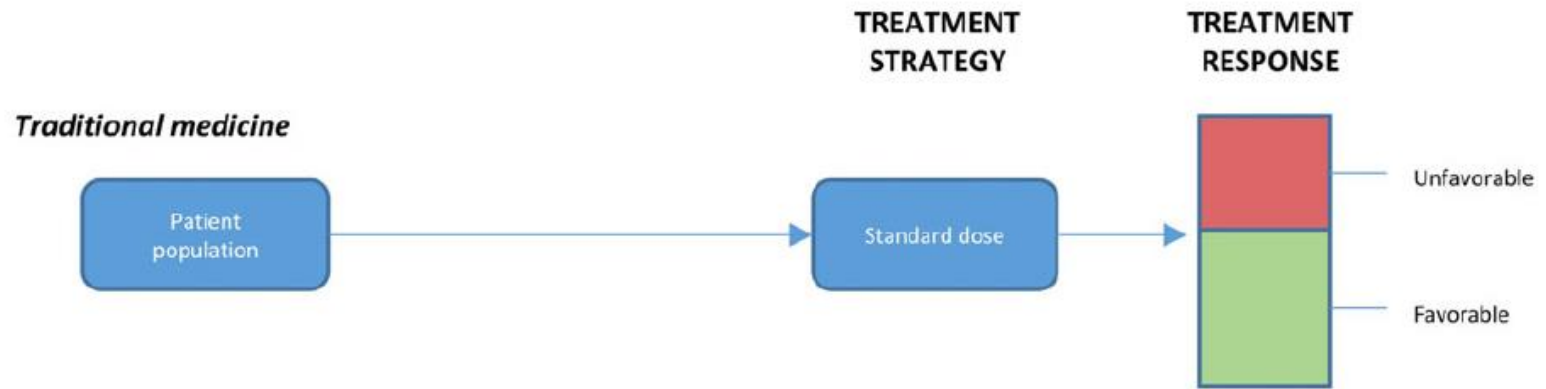


**Drug NOT toxic and  
NOT beneficial**



**Drug NOT toxic  
and beneficial**

# Inter-individual variability in response to drug treatment

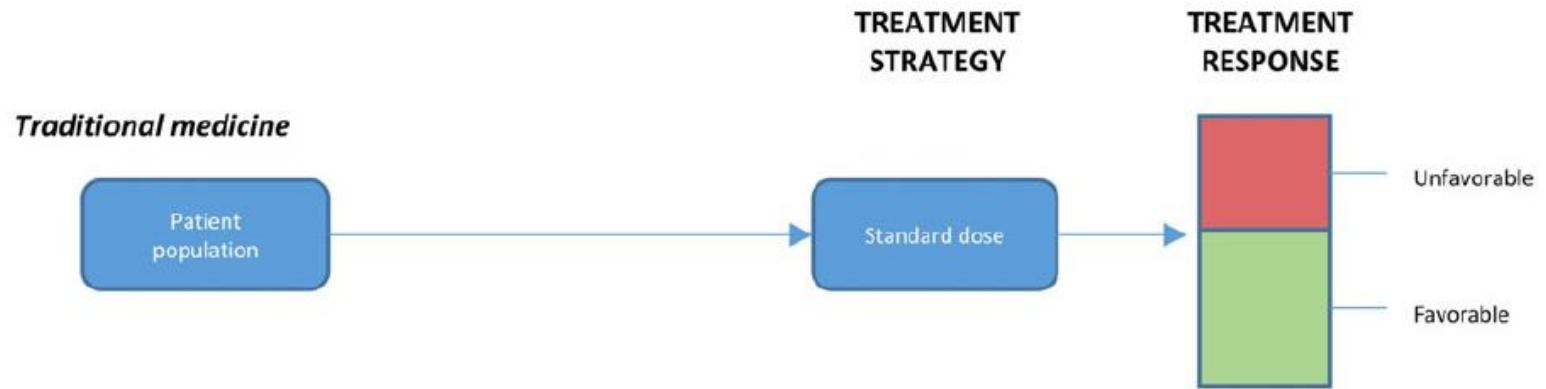


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## **EFFICACY OF DRUGS**

*«the vast majority of drugs – more than 90%-only work in 30 or 50% of the people».*

Allen Roses past vice president of GlaxoSmithKline



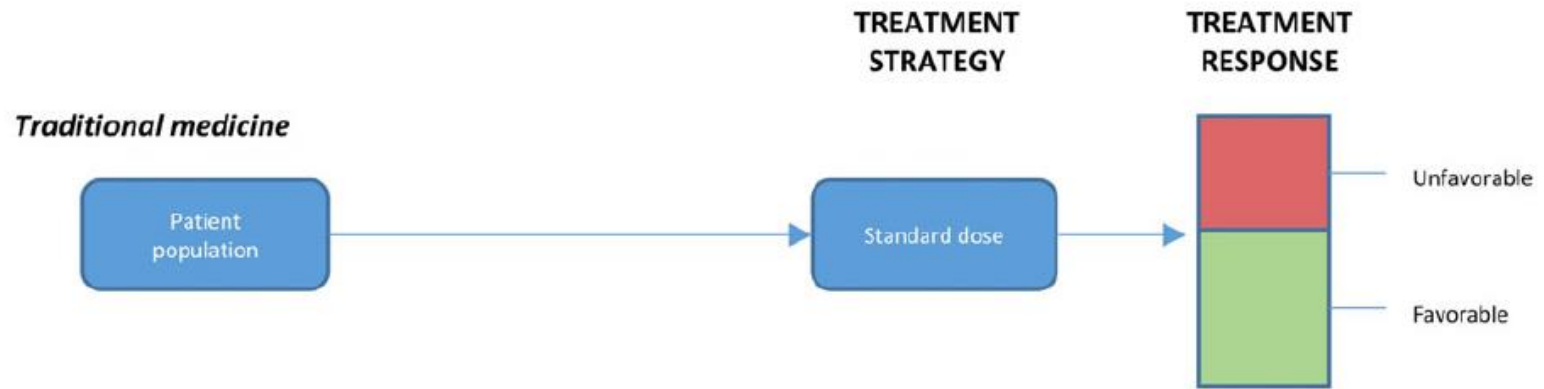
## EFFICACY OF DRUGS

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Therapeutic area	Efficacy rate (%)
Alzheimer's	30
Analgesics (Cox-2)	80
Asthma	60
Cardiac Arrhythmias	60
Depression (SSRI)	62
Diabetes	57
HCV	47
Incontinence	40
Migraine (acute)	52
Migraine (prophylaxis)	50
Oncology	25
Osteoporosis	48
Rheumatoid arthritis	50
Schizophrenia	60

Spear, B.B. et al. Trends Mol Med 2001;7:201-204.



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## **ADVERSE DRUG REACTIONS (ADR)**

ADRs were between the fourth and sixth most common cause of death in the USA in 1994. (more than 2 million of cases, 100,000 fatal).

Estimated cost up to \$4 billion per year in the United States and £1 billion per year in the United Kingdom.

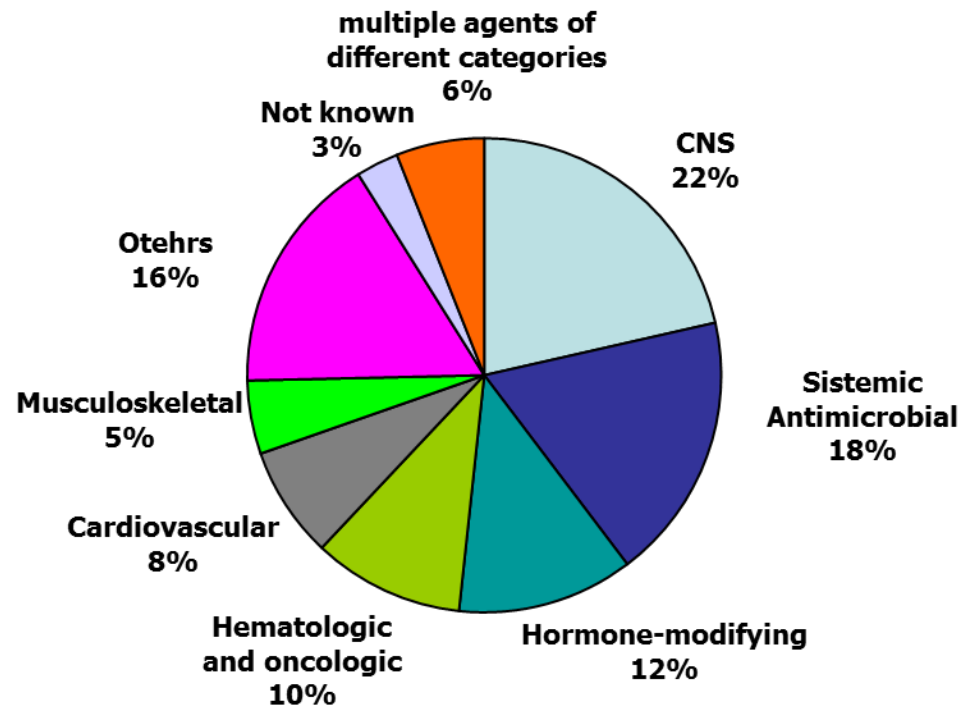
Lazarou J, et al. *Incidence of adverse drug reactions in hospitalized patients: a meta-analysis of prospective studies*. JAMA 1998.

Pirmohamed et al., *Adverse drug reactions as a cause of admission to hospital: prospective analysis of 18820 patients* BMJ 2004

(NEISS-CADES) National Electronic Injury Surveillance System –  
Cooperative Adverse Drug Event Surveillance Project **USA**

**National surveillance of emergency department visits  
for outpatient adverse drug events  
(n=21298) period 01 / 04-12 / 05 in 63 hospitals**

Budnitz DS et al., JAMA. 2006



# (NEISS-CADES) USA

**Table 4.** Number of Cases and Annual Estimate of Individuals With Adverse Drug Events Treated In Emergency Departments by Drug Class—United States, 2004-2005

Therapeutic Category (Drug Class)*	Adverse Drug Events†	
	Cases	Annual Estimate, No. (%)
Central nervous system agents	4698	150 257 (21.4)
Opioid-containing analgesics	1167	41 421 (5.9)
Non-opioid-containing analgesics	715	20 887 (3.0)
Antidepressants and mood stabilizers	591	19 817 (2.8)
Anticonvulsants	588	17 887 (2.6)
Antipsychotics	443	13 635 (1.9)
Benzodiazepines	288	9299 (1.3)
Non-benzodiazepine-derived sedatives	182	6375 (0.9)
Stimulants	177	4152 (0.6)
Anesthetics	92	3176 (0.5)
Other central nervous system agents or central nervous system agents from different classes	455	13 608 (1.9)
Systemic antimicrobial agents	3867	127 807 (18.2)
Amoxicillin-containing agents	1150	35 228 (5.0)
Quinolones	445	16 074 (2.3)
Sulfonamide-containing agents	446	15 593 (2.2)
Cephalosporins	454	15 369 (2.2)
Erythromycins and macrolides	329	11 833 (1.7)
Penicillin	233	7848 (1.1)
Antivirals, antiparasitics, and antifungals	141	4338 (0.6)
Tetracyclines	106	3662 (0.5)
Lincomycins	100	3332 (0.5)
Metronidazole	59	1815 (0.3)
Other antimicrobial agents, unspecified antimicrobials, or drugs from different classes of antimicrobial agents	404	12 715 (1.8)





# (NEISS-CADES) USA

**Table 4.** Number of Cases and Annual Estimate of Individuals With Adverse Drug Events Treated In Emergency Departments by Drug Class—United States, 2004-2005

Therapeutic Category (Drug Class)*	Adverse Drug Events†	
	Cases	Annual Estimate, No. (%)
Hormone-modifying agents	2345	84 098 (12.0)
Insulins	1494	53 030 (7.6)
Oral hypoglycemic agents	374	14 528 (2.1)‡
Glucocorticoids	182	6575 (0.9)
Estrogens and progestones	91	2588 (0.4)
Other hormone-modifying agents or drugs from different classes of hormone-modifying agents	204	7377 (1.1)
Hematologic and oncologic agents	2120	72 029 (10.3)
Anticoagulants	1045	36 110 (5.1)‡
Platelet inhibitors	407	17 258 (2.5)‡
Antineoplastic agents	481	12 129 (1.7)‡
Other hematologic and oncologic agents or drugs from different classes of blood-modifying agents	187	6532 (0.9)‡
Cardiovascular agents	1498	53 457 (7.6)
ACE inhibitors/ARBs	306	10 392 (1.5)
Lipid-lowering agents	214	8828 (1.3)
β-Blockers	189	6596 (0.9)
Digitalis glycosides	131	5318 (0.8)‡
Diuretics	142	5108 (0.7)
Calcium channel blockers	138	5004 (0.7)
Nitrates/antiarrhythmics	69	2582 (0.4)
Centrally acting antiadrenergics	82	2162 (0.3)
Other cardiovascular drugs or drugs from different classes of cardiovascular agents	227	7467 (1.1)



# (NEISS-CADES) USA

**Table 4.** Number of Cases and Annual Estimate of Individuals With Adverse Drug Events Treated In Emergency Departments by Drug Class—United States, 2004-2005

Therapeutic Category (Drug Class)*	Adverse Drug Events†	
	Cases	Annual Estimate, No. (%)
Musculoskeletal agents	1043	35 177 (5.0)
Nonselective nonsteroidal anti-inflammatory drugs	727	23 394 (3.3)
Muscle relaxants	133	4616 (0.7)
COX-2 selective nonsteroidal anti-inflammatory drugs	101	4587 (0.7)
Other musculoskeletal drugs or drugs from different classes of musculoskeletal agents	82	2580 (0.4)
Antihistamines, decongestants, expectorants, antitussives, and combination cold remedies	924	28 403 (4.0)
Vaccines	641	15 911 (2.3)
Gastrointestinal agents	385	12 477 (1.8)
Diagnostic agents	256	9726 (1.4)
Dermatologic agents	283	9459 (1.3)
Herbs, dietary supplements, and alternative agents	262	9423 (1.3)
Therapeutic nutrients, vitamins, minerals, and electrolytes	254	8445 (1.2)
Topical eye, ear, nose, and throat agents	195	6408 (0.9)
Autonomic agents	148	4302 (0.6)
Respiratory tract agents	127	3812 (0.5)
Immune-modifying agents	116	3654 (0.5)
Other agents	114	4547 (0.6)
Drugs not stated or not known	650	20 022 (2.9)
Drugs from more than 1 therapeutic category	1372	42 136 (6.0)

Abbreviations: ACE, angiotensin-converting enzyme; ARB, angiotensin II receptor blocker; COX, cyclooxygenase.

\*For 18 315 cases (annual estimate, 607 245; 86.6%) a single drug was implicated in the adverse event. For 1611 cases (annual estimate, 52 167; 7.4%) drugs from the same therapeutic category were implicated. For the remaining cases drugs from more than 1 therapeutic category were implicated and these are listed in a separate category.

†Annual estimates and percentages may not total 100% due to rounding.

‡Estimates with coefficient of variation >30%: oral hypoglycemic agents, 31.1%; anticoagulants, 33.3%; platelet inhibitors, 32.2%; antineoplastic agents, 36.3%; other hematologic and oncologic agents or drugs from different classes of blood-modifying agents, 33.8%; and digitalis glycosides, 33.5%.

# (NEISS-CADES) USA

**Table 5.** Number of Cases and Annual Estimate of Drugs Most Commonly Implicated in Adverse Events Treated in Emergency Departments—United States, 2004-2005\*

Drug	Adverse Drug Events	
	Cases, No.	Annual Estimate, No. (%)
Insulins	1577	55 819 (8.0)
Warfarin	1234	43 401 (6.2)†
Amoxicillin	1022	30 135 (4.3)
Aspirin	473	17 734 (2.5)
Trimethoprim-sulfamethoxazole	447	15 291 (2.2)
Hydrocodone-acetaminophen	420	15 512 (2.2)
Ibuprofen	526	14 852 (2.1)
Acetaminophen	497	12 832 (1.8)
Clopidogrel	241	10 931 (1.6)†
Cephalexin	293	10 628 (1.5)
Penicillin	270	9275 (1.3)
Amoxicillin-clavulanate	274	8959 (1.3)
Azithromycin	255	8794 (1.3)
Levofloxacin	230	8682 (1.2)
Naproxen	245	8634 (1.2)
Phenytoin	238	7937 (1.1)
Oxycodone-acetaminophen	227	7328 (1.0)
Metformin	179	6678 (1.0)

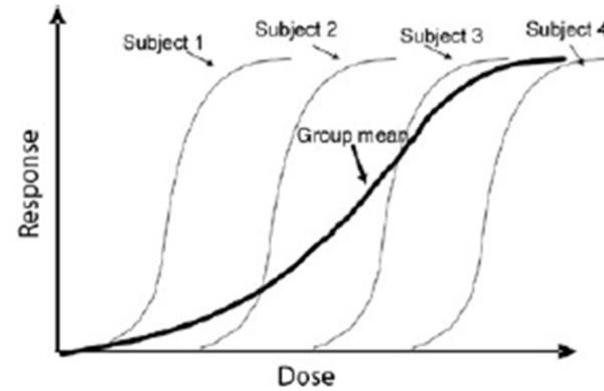
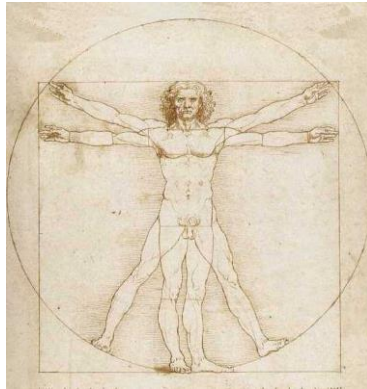
\*Drugs implicated in  $\geq 1\%$  of adverse events. For 434 cases (annual estimate, 15 784 [2.2%]) 2 of these 18 drugs were implicated in the adverse event. Therefore, these 18 drugs accounted for adverse drug events in 8214 cases (annual estimate, 277 636 [39.6%]).

†Estimates with coefficient of variation  $>30\%$ : warfarin, 32.5%; clopidogrel, 36.6%.

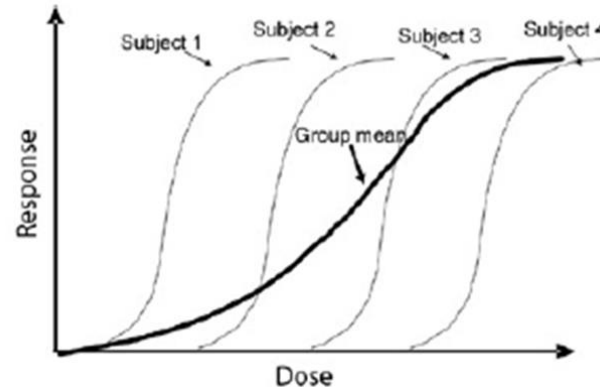
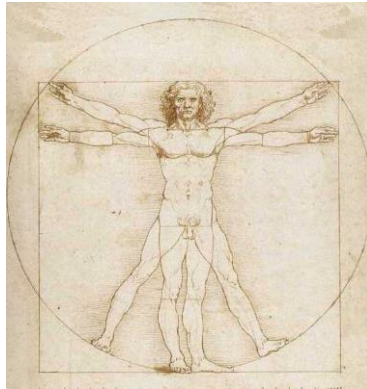
# In Italy?

- ❖ 22 hospitals involved for a period of 10 days in 2000.
- ❖ 18854 patients **admitted to the emergency room.**
- ❖ 629 (**3.3%**) affected by **ADE.**
- ❖ Patients with ADE accounted for 4.3% of subsequently hospitalized patients.

# Response to the drug: factors involved



# Response to the drug: factors involved



## Extrinsic Factors

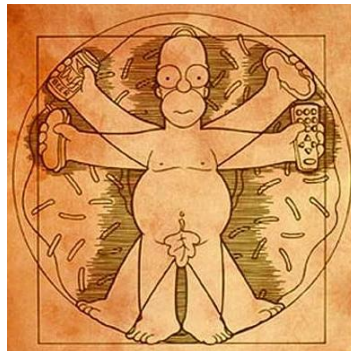
Smoke

Diet

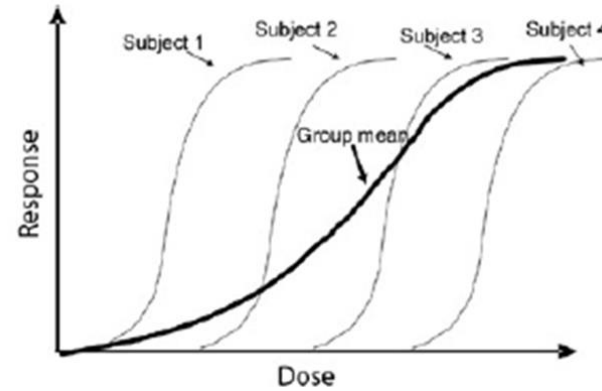
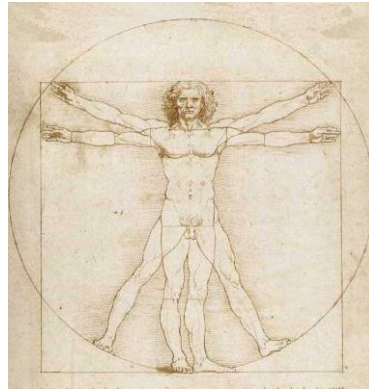
Alcohol Consumption

Drugs Interaction

Other



# Response to the drug: factors involved



## Extrinsic Factors

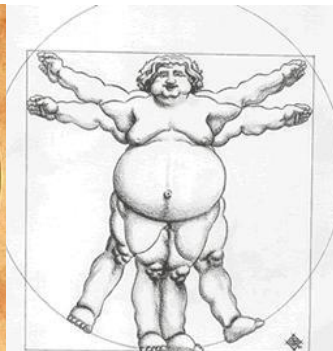
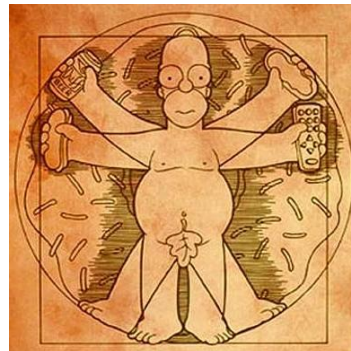
Smoke

Diet

Alcohol Consumption

Drugs Interaction

Other



## Intrinsic Factors

Age - Sex - Race

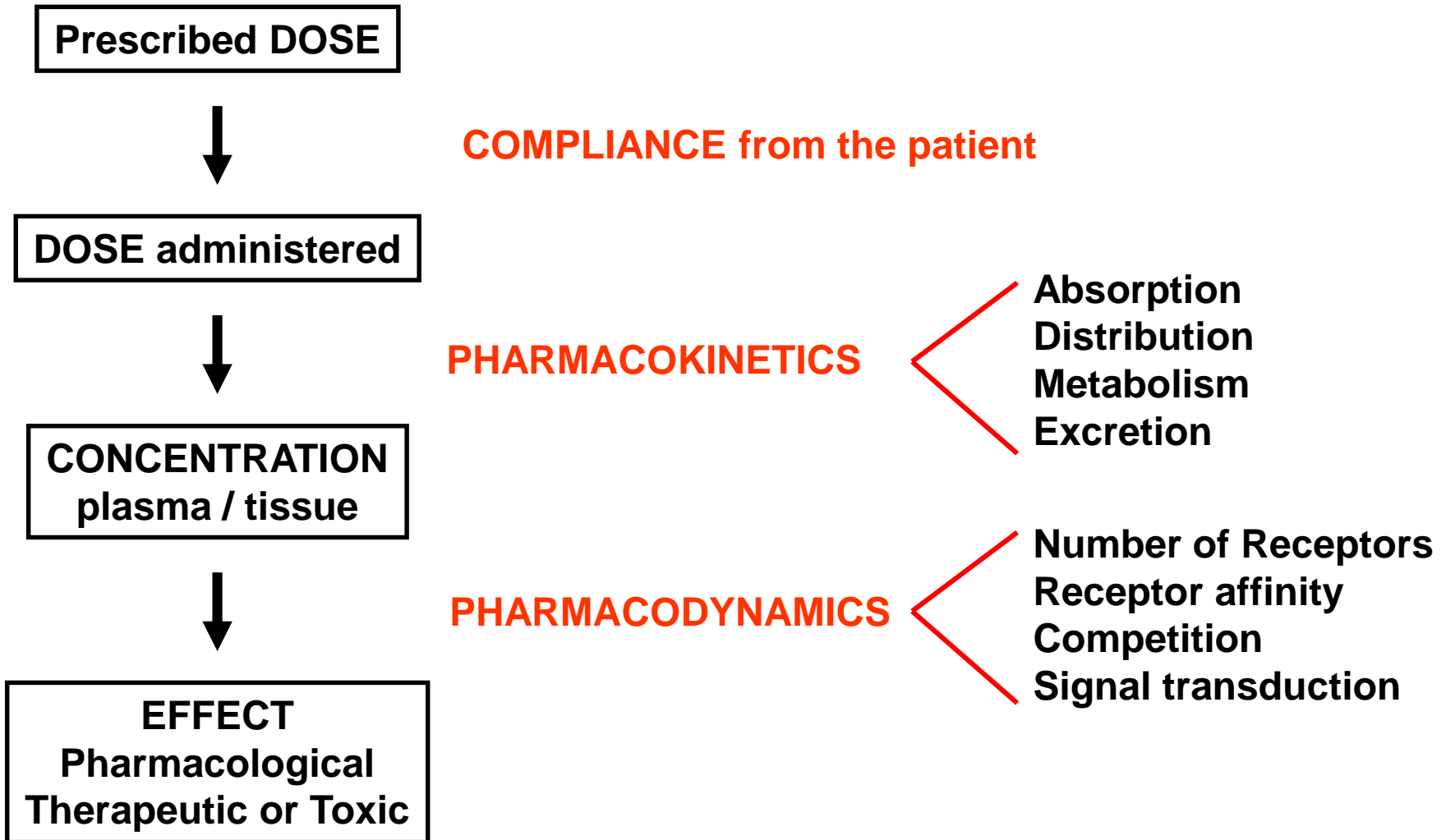
BSA

Pregnancy / Breastfeeding

Organ dysfunctions

Pathologies

**Genetics**





# Importance of Genetics in Adverse Drug Reactions (ADE)

Frequency in their metabolism of enzymes  
with possible inactive allelic variants (PM)

Randomly  
Selected  
drugs

7% - 22%

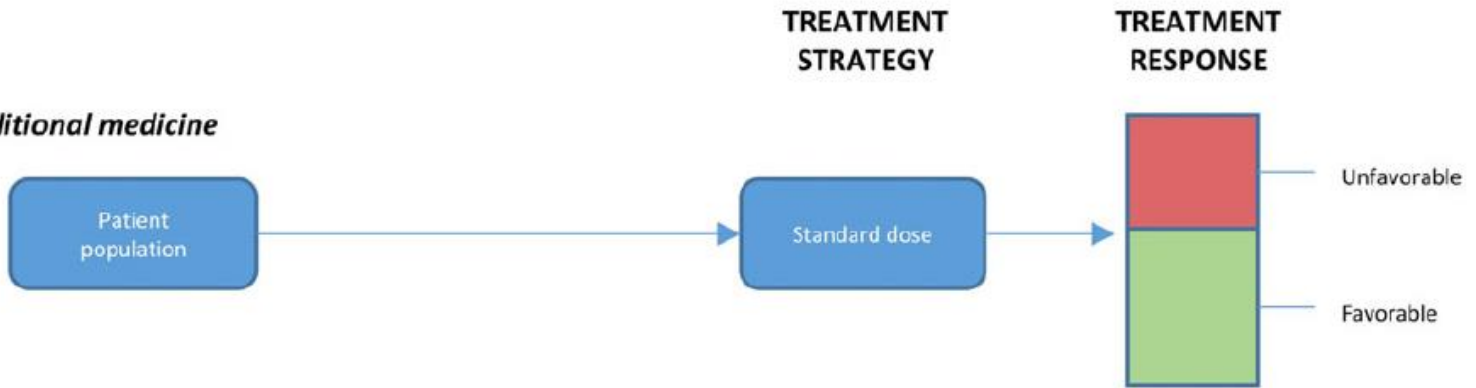
*Range P=.006-P.001*

Drugs  
Frequently  
cause of ADE

59%

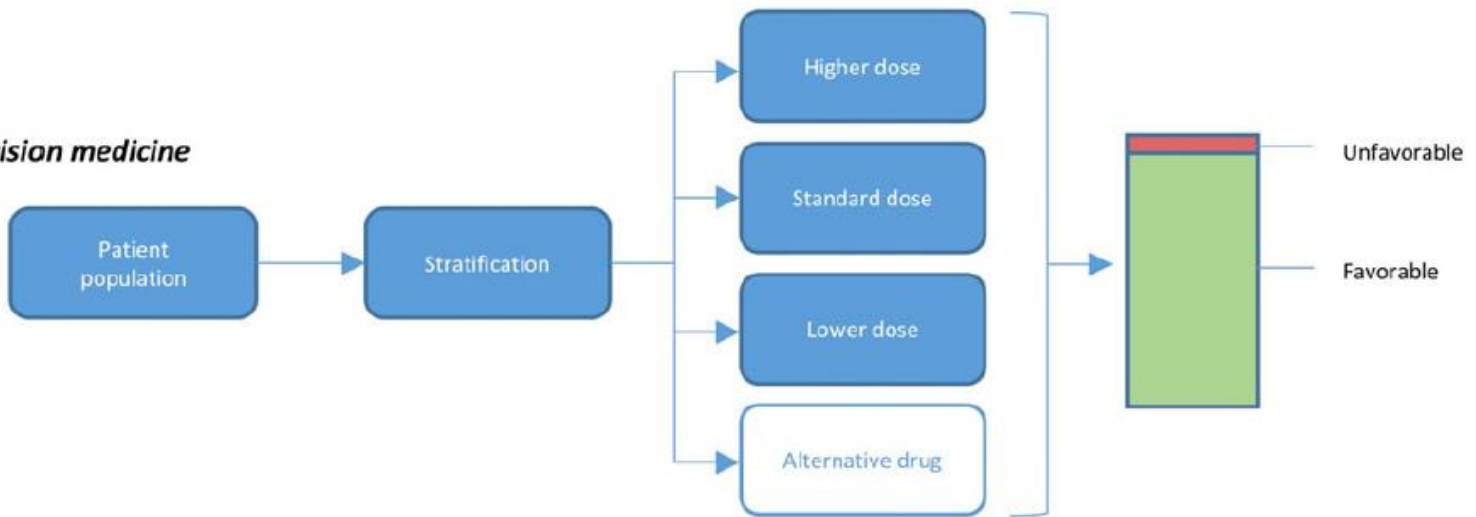


**Traditional medicine**

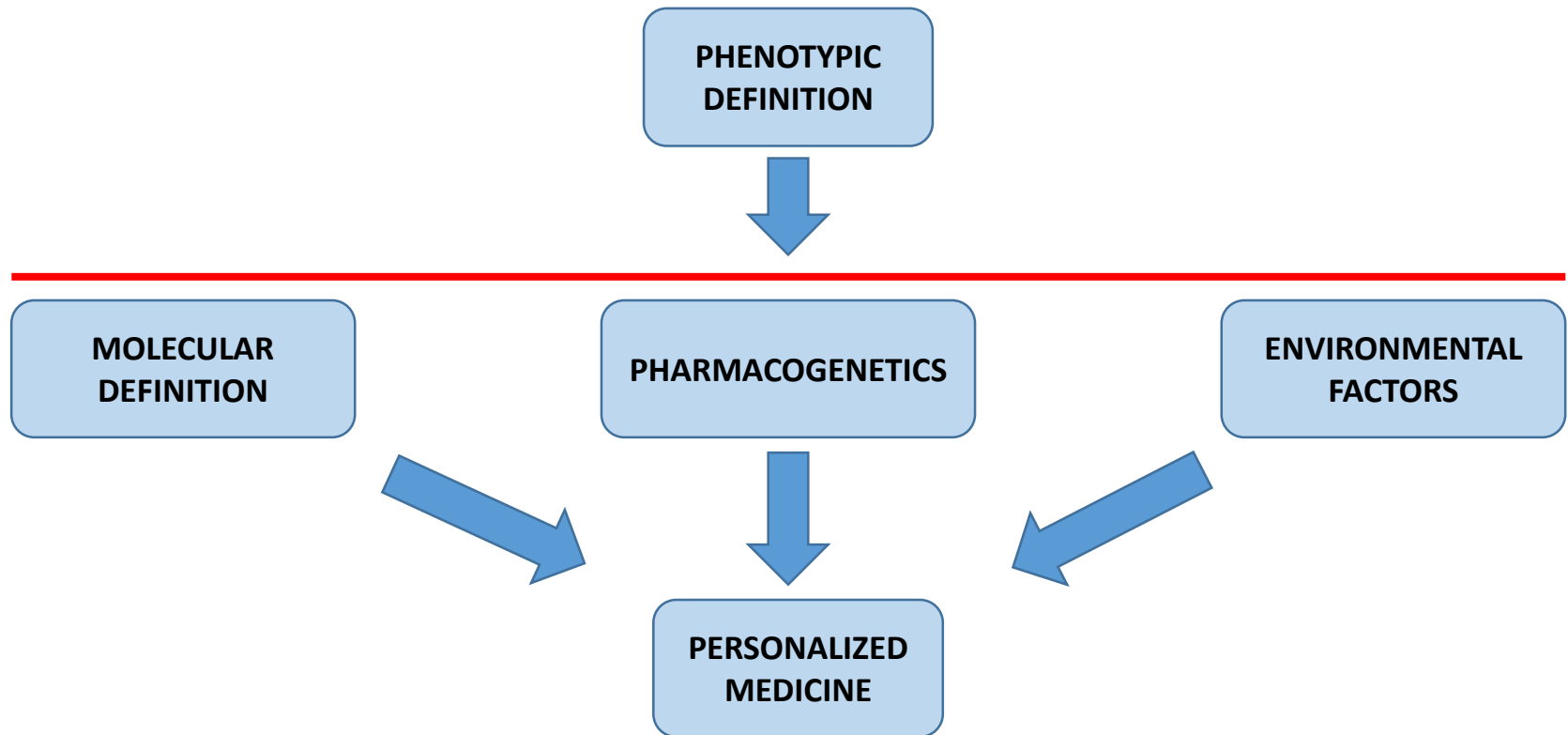


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**Precision medicine**



# PERSONALIZED MEDICINE: *THE ROLE OF PHARMACOGENETICS*



# PERSONALIZED DRUG THERAPY GOALS

- the right drug
- at the right dose
- for the right patients
  - at the right time

# PERSONALIZED DRUG THERAPY: STRATEGIES

## «A POSTERIORI» METHOD

### MONITORING

of the plasma concentrations  
of the specific drug (TDM)

## «A PRIORI» METHODS

### PHENOTYPING

of enzymatic activities by  
means of “probe drugs”

### GENOTYPING

of the variants of the genes  
involved in the modulation of  
the response to drugs

# END POINTS OF PHARMACOGENETIC TESTS

- ❖ *A priori* assessment of the risk of adverse events (**safety**)
- ❖ *A priori* customization of the dosage / pharmacological posology on a genetic basis (**dosing**)
- ❖ *A priori* determination of the most effective therapy for individual patients (**efficacy**)



U.S. Food and Drug Administration



CENTER FOR DRUG EVALUATION AND RESEARCH

## Table of Valid Genomic Biomarkers in the Context of Approved Drug Labels

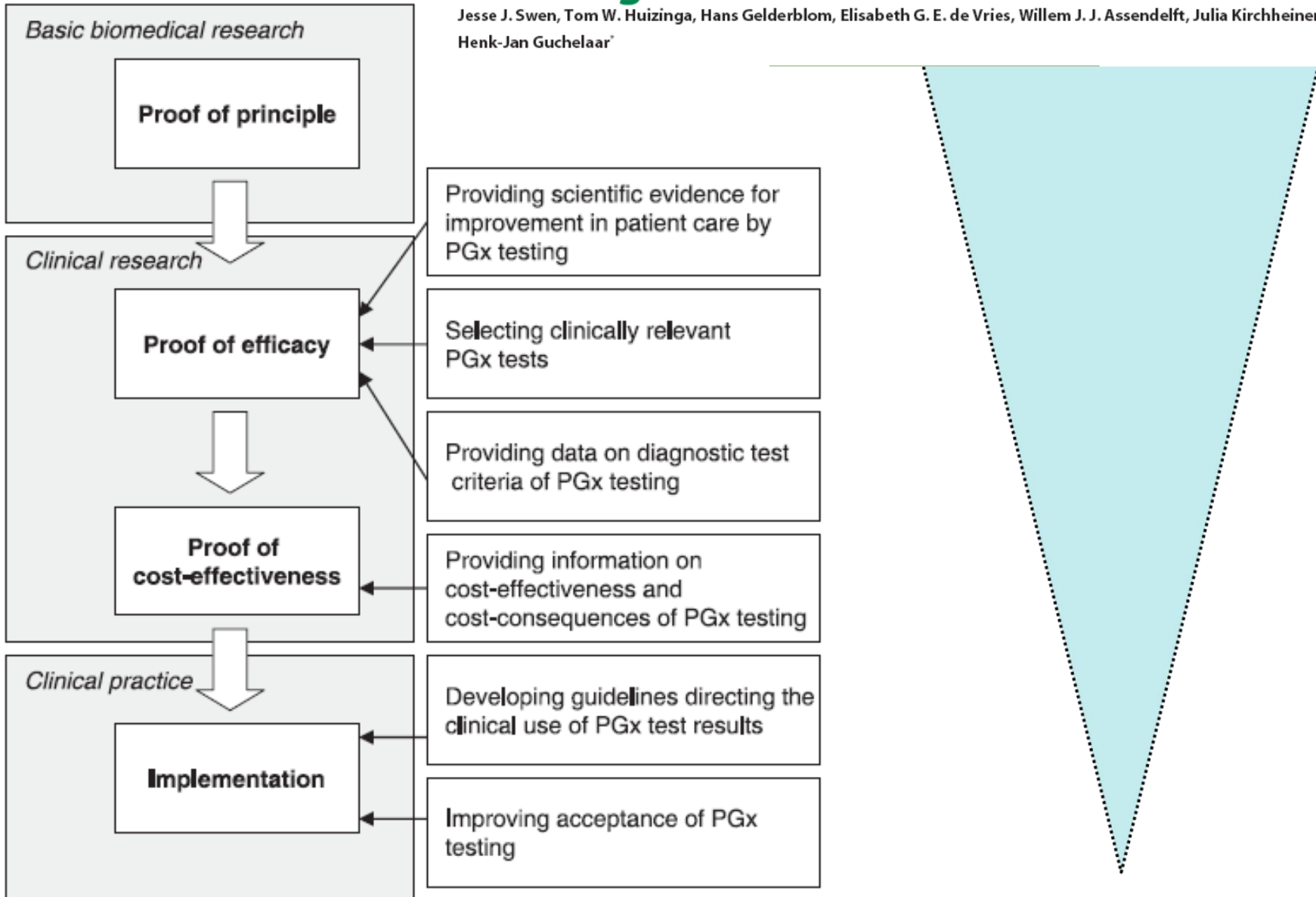
Therein, a valid biomarker is described as a “**biomarker that is measured in an analytical test system with well established performance characteristics and for which there is an established scientific framework or body of evidence that elucidates the physiologic, toxicologic, pharmacologic, or clinical significance of the test results.**” The classification of biomarkers is context specific.

<http://www.fda.gov/Drugs/ScienceResearch/ResearchAreas/Pharmacogenetics/ucm083378.htm>

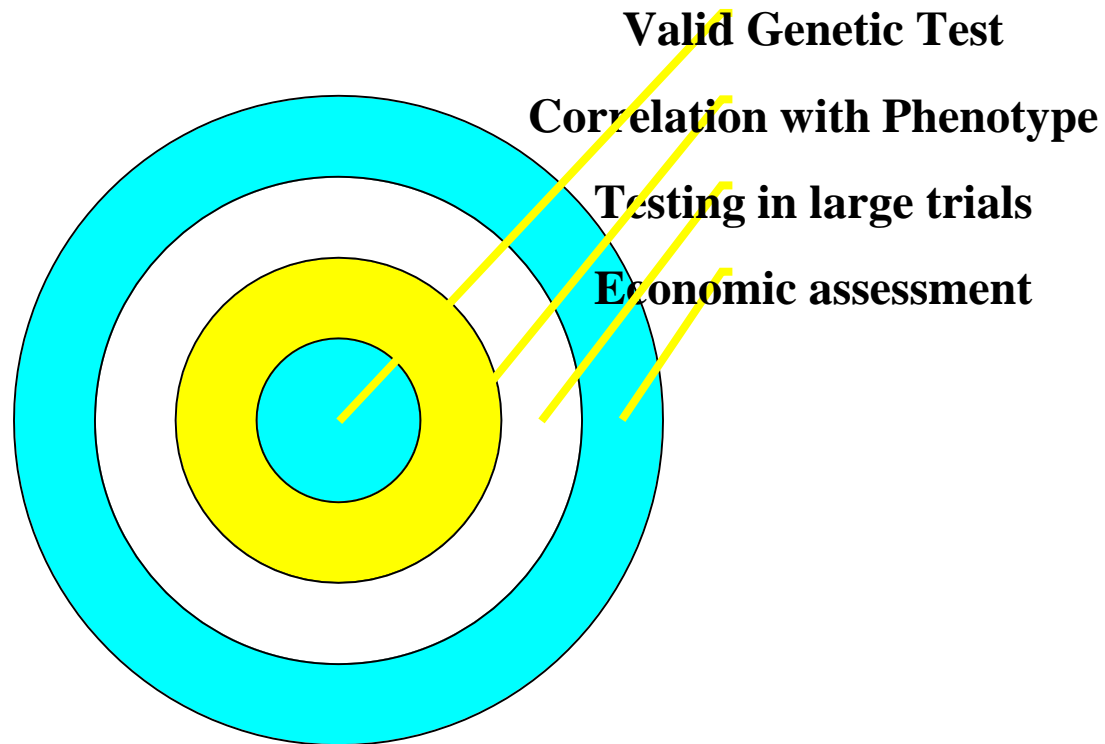


# Translating Pharmacogenomics: Challenges on the Road to the Clinic

Jesse J. Swen, Tom W. Huizinga, Hans Gelderblom, Elisabeth G. E. de Vries, Willem J. J. Assendelft, Julia Kirchheiner, Henk-Jan Guchelaar\*



# Steps Toward Clinical Pharmacogenetic Labelling

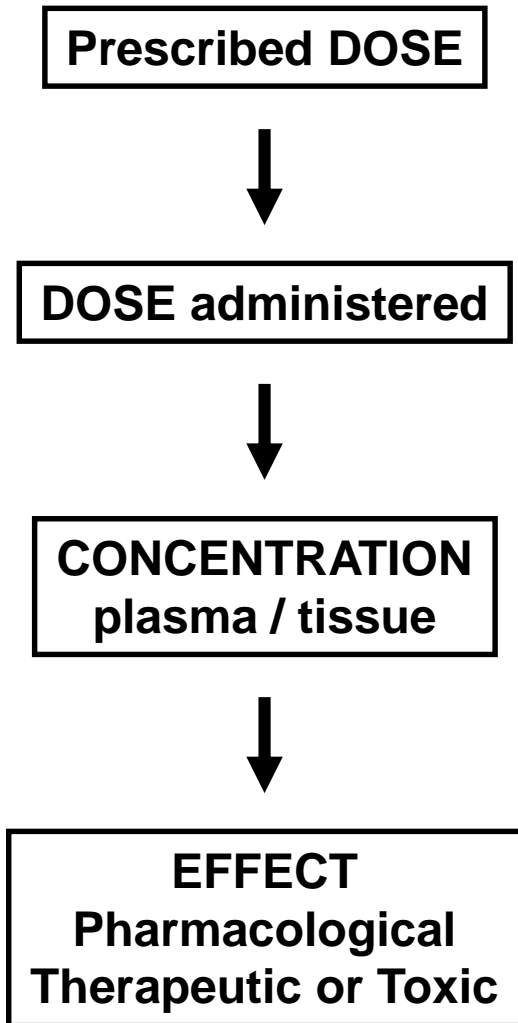


# Valid Genomic Biomarkers in the Context of Approved Drug Labels FDA

<b>DRUG</b>	<b>BIOMARKER</b>	<b>GOAL</b>	<b>STATUS</b>
Azathioprine	TPMT	SAFETY	<b>recommended</b>
Abacavir	HLA-B*5701	SAFETY	<b>recommended</b>
Atomoxetine	2D6	SAFETY	<b>information only</b>
Irinotecan	UGT1A1	SAFETY	<b>recommended</b>
Warfarin	2C9 and VKORC1	SAFETY	<b>recommended</b>
Celecoxib	2C9	SAFETY	<b>Information only</b>
Codeine	2D6	SAFETY	<b>information only</b>
Panitumumab	K-ras	EFFICACY	<b>recommended</b>
Clopidogrel	2C19	EFFICACY	<b>information only</b>
Tamoxifen	2D6	EFFICACY	<b>Pending</b>

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Panitumumab	K-ras	EFFICACY	recommended
Clopidogrel	2C19	EFFICACY	information only
Tamoxifen	2D6	EFFICACY	Pending



**COMPLIANCE** from the patient

**PHARMACOKINETICS**

Absorption  
Distribution  
**Metabolism**  
Excretion

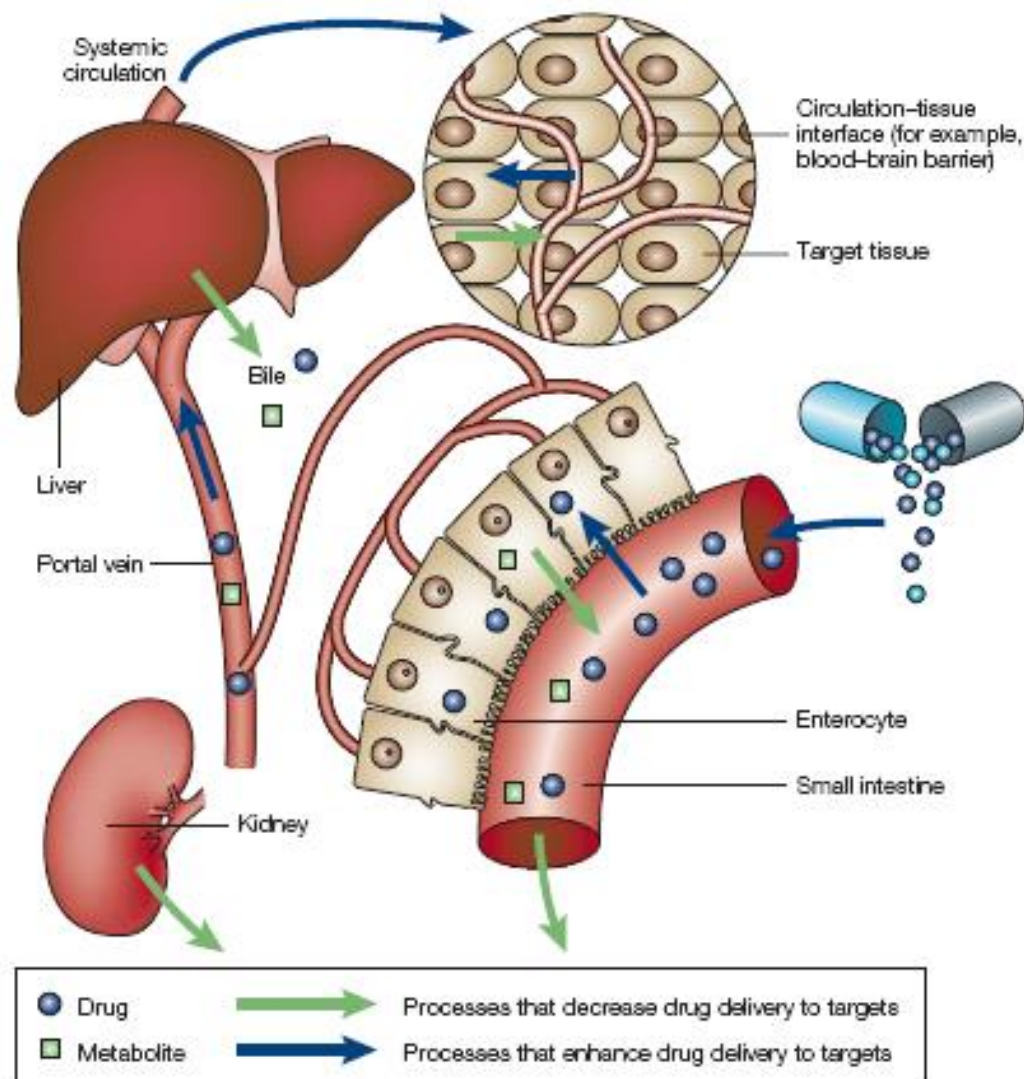
**PHARMACODYNAMICS**

**Number of Receptors**  
Receptor affinity  
Competition  
Signal transduction

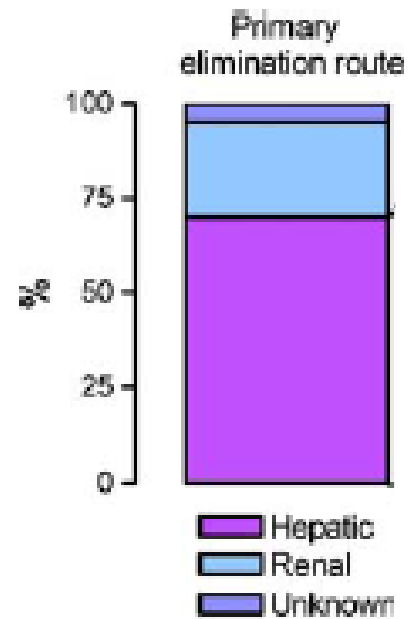
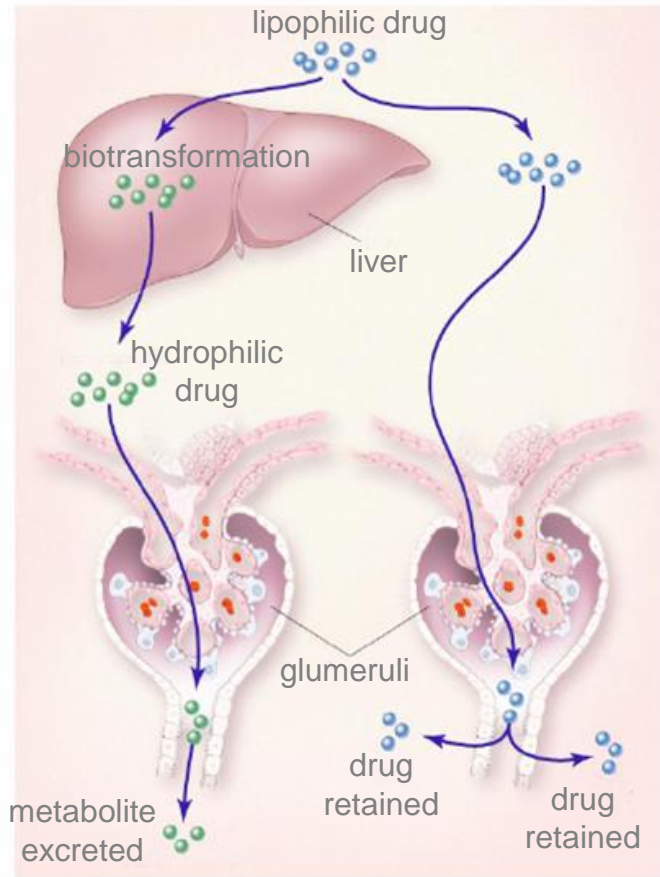
# Pharmacokinetics

The bioavailability of a drug and / or its metabolites in the target tissue depends on :

1. Absorption
2. Distribution
3. Metabolism
4. Excretion

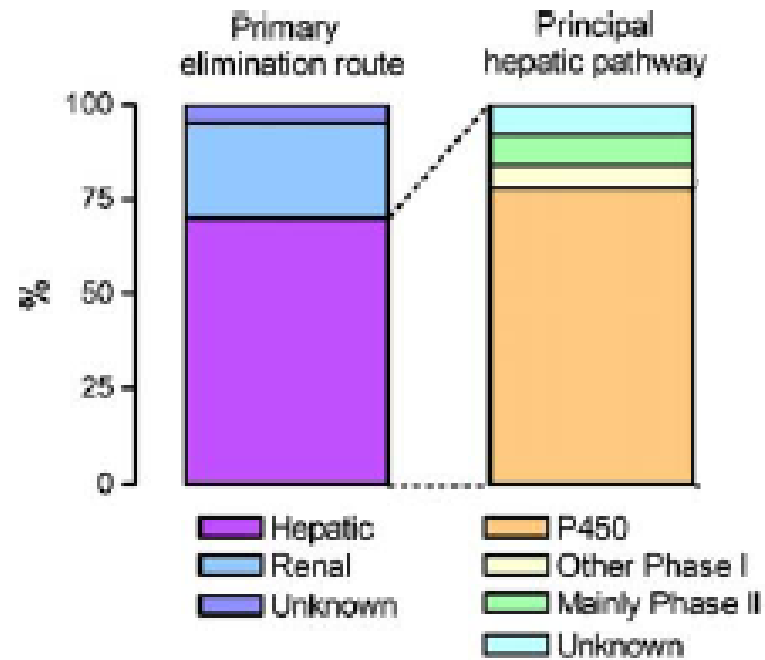
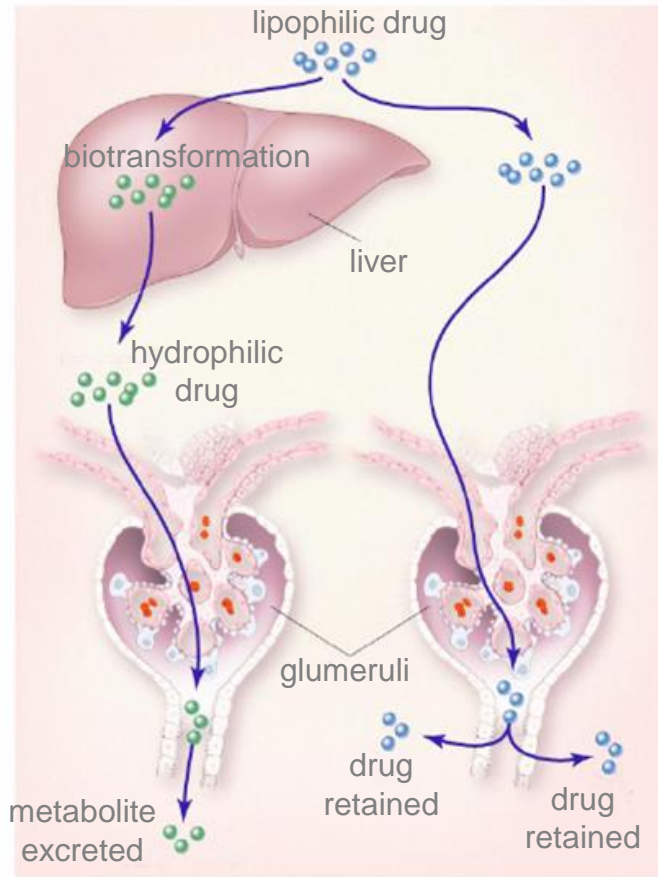


# Elimination of the drug



Zanger UM et al. Anal Bioanal Chem 2008

# Eliminazione del Farmaco



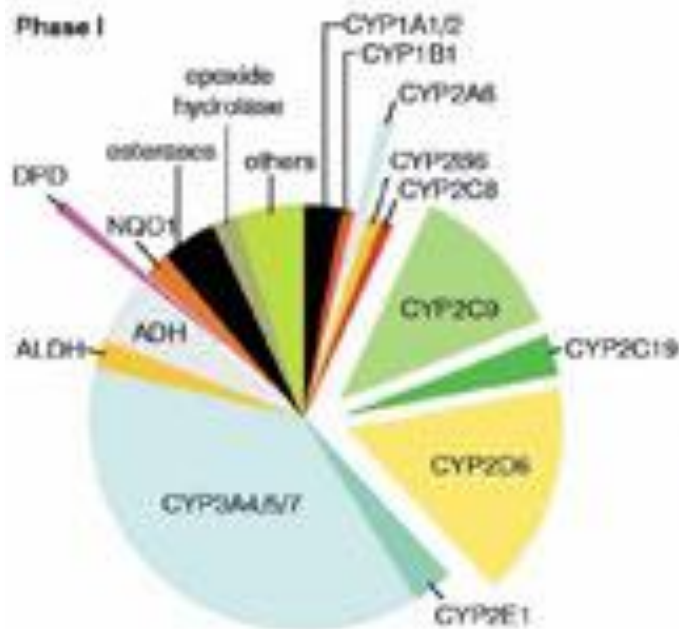
Zanger UM et al. Anal Bioanal Chem 2008



# DRUG METABOLISM

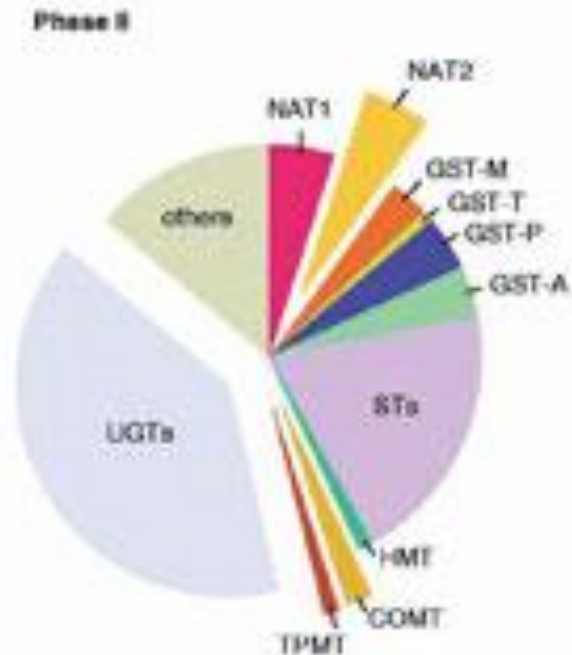
## Phase 1 reactions

**OXIDATIONS**  
**REDUCTIONS**  
**HYDROLYSIS**



## Phase 2 reactions

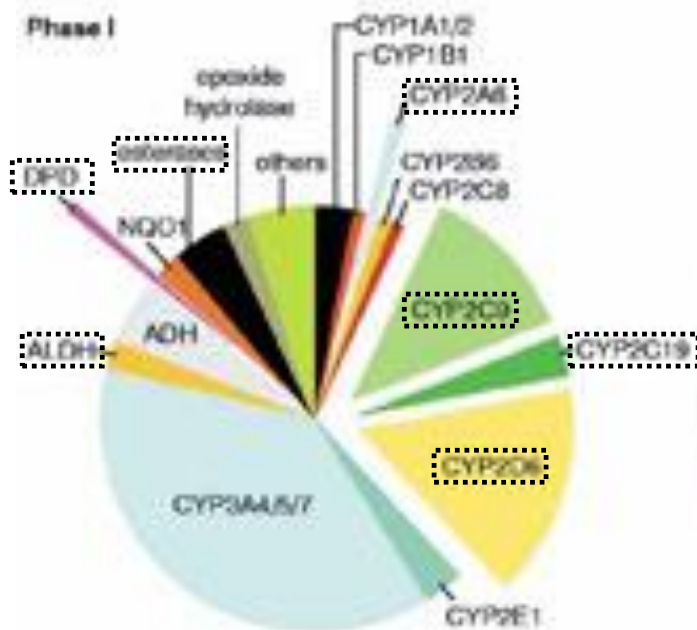
**CONJUGATIONS**  
glucuronidation  
acetylations  
methylations  
sulfatations



# DRUG METABOLISM

## Phase 1 reactions

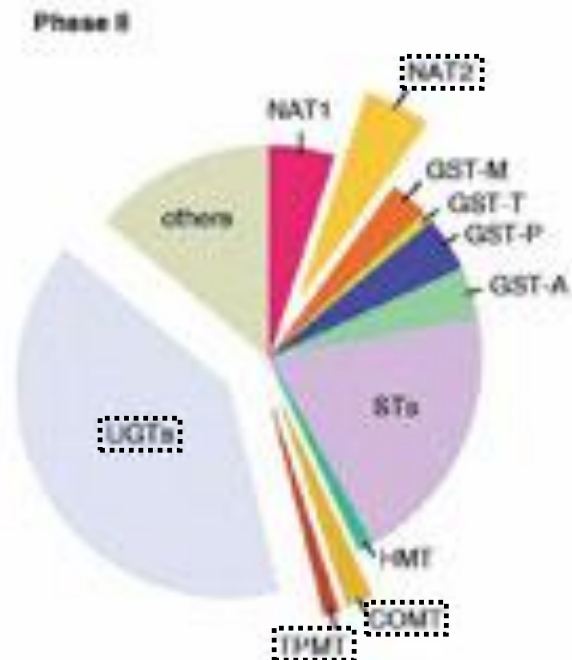
OXIDATIONS  
REDUCTIONS  
HYDROLYSIS



## Phase 2 reactions

### CONJUGATIONS

glucuronidation  
acetylations  
methyations  
sulfatations



# GENETIC POLYMORPHISMS OF PHASE 1 AND 2 ENZYMES: EFFECT ON ENZYMATIC ACTIVITY

## Polymorphism

- Single nucleotide replacement (SNP)
- Deletion / insertion of some nucleotides
- Duplication of the entire gene

## Enzymatic activity

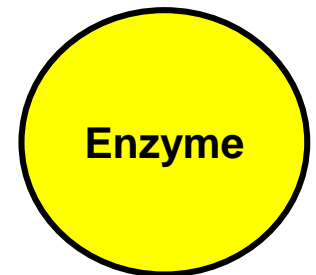
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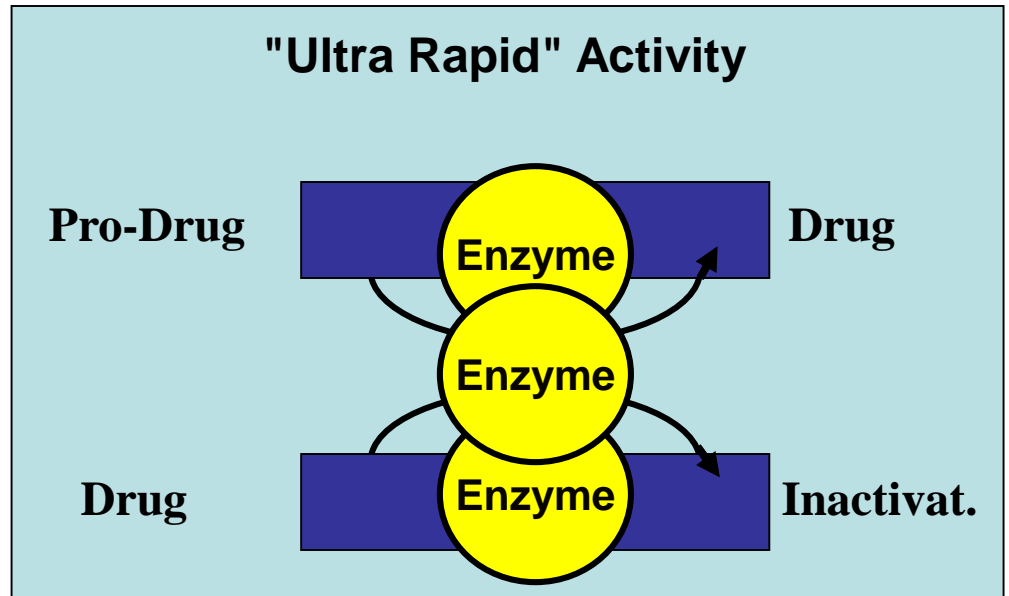
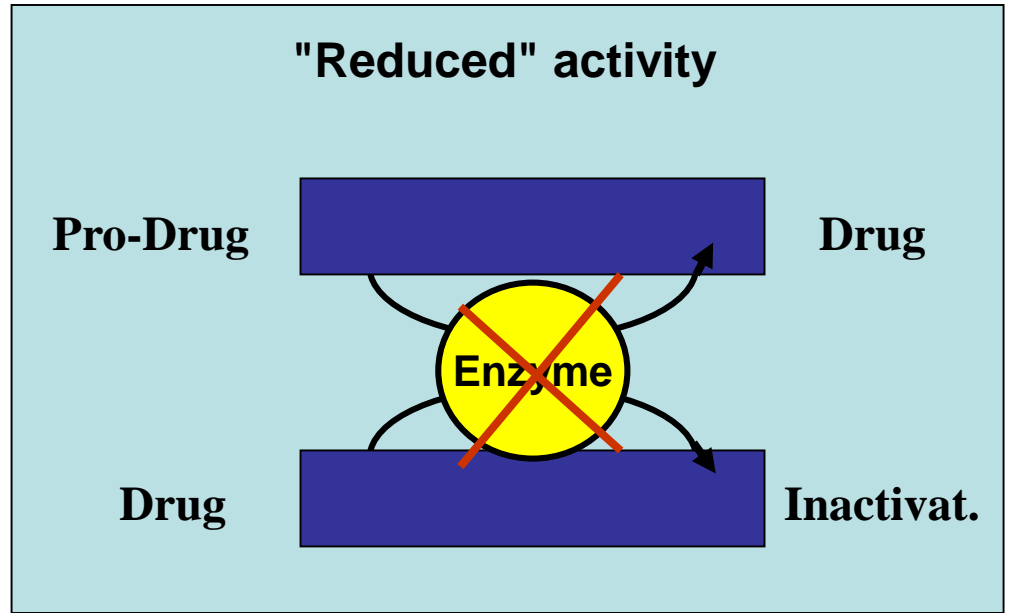
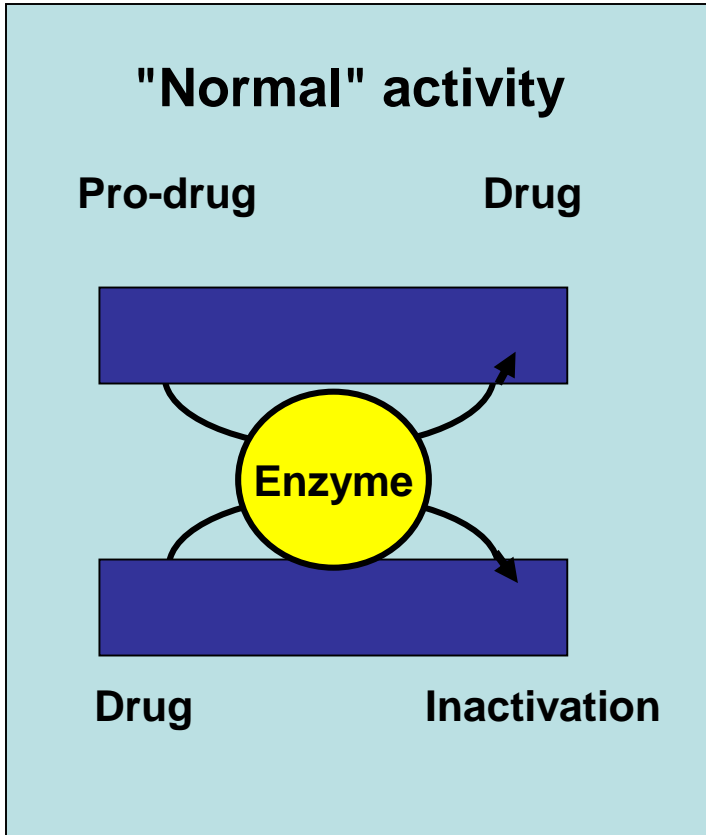


Reduced



Increased





# Phenotype and Metabolism of Drugs

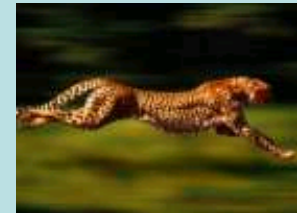
**Poor  
Metabolizers  
(PM)**



**Extensive  
Metabolizers  
(EM)**

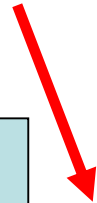


**Ultrarapid  
Metabolizers  
(UM)**



# Phenotype and Metabolism of Drugs

**Intermediate  
Metabolizers (IM)**



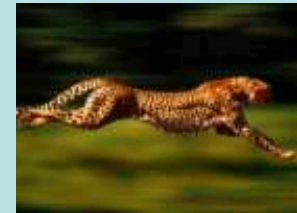
**Poor  
Metabolizers  
(PM)**



**Extensive  
Metabolizers  
(EM)**



**Ultrarapid  
Metabolizers  
(UM)**

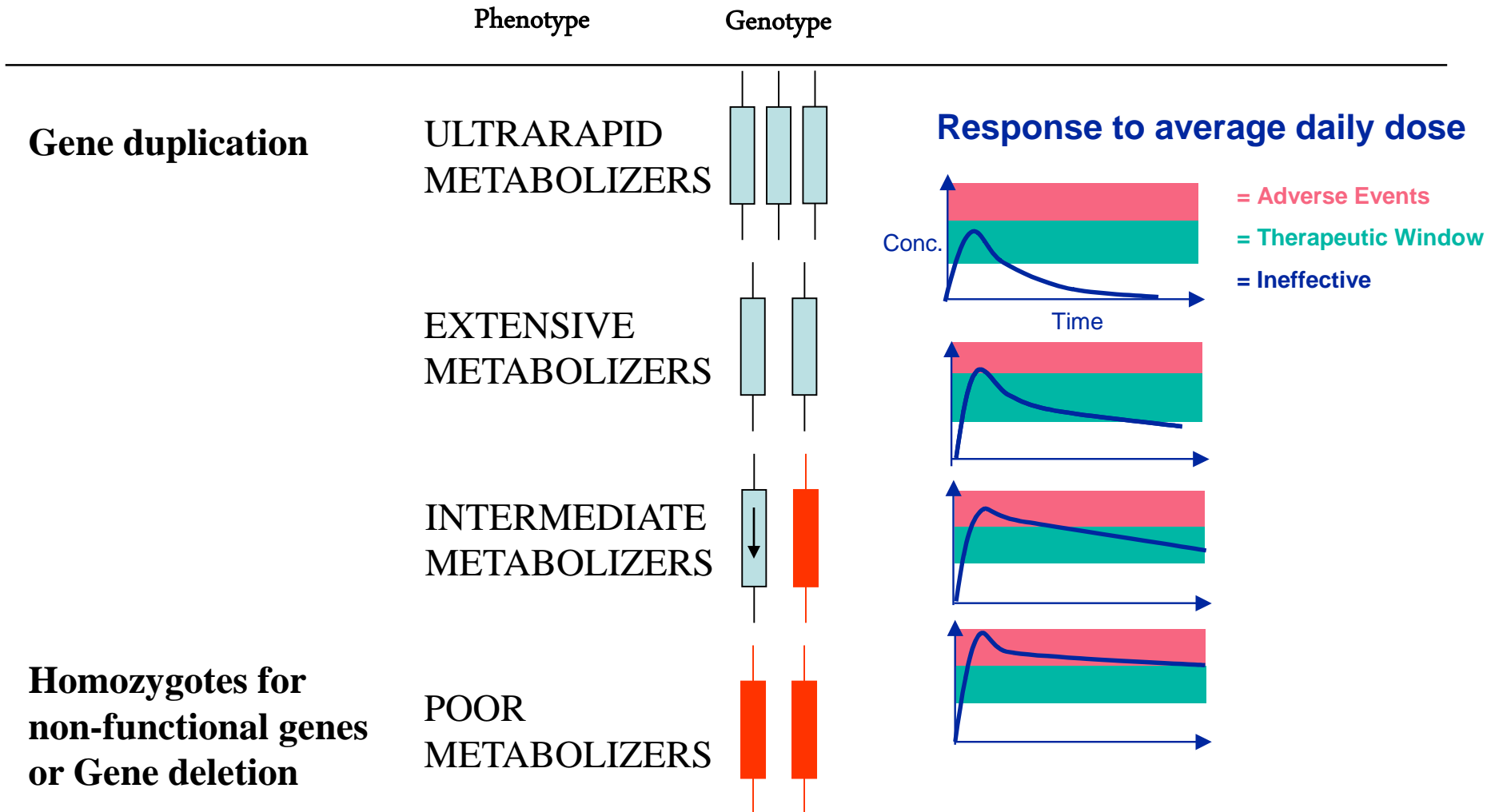


**METABOLIC ACTIVITY**

# Phenotype



# Genotype



# Phenotype



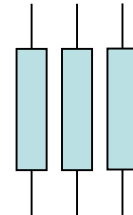
# Genotype

Phenotype

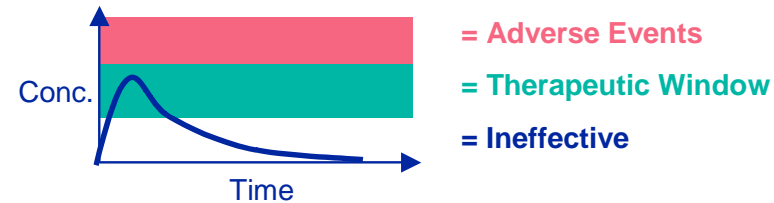
Genotype

**Gene duplication**

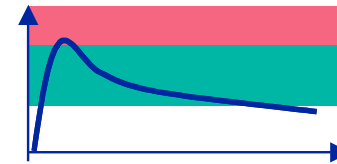
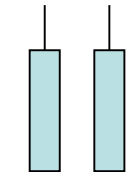
ULTRARAPID  
METABOLIZERS



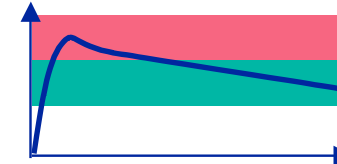
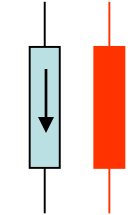
**Response to average daily dose**



EXTENSIVE  
METABOLIZERS

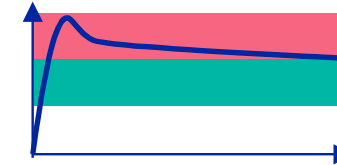


INTERMEDIATE  
METABOLIZERS



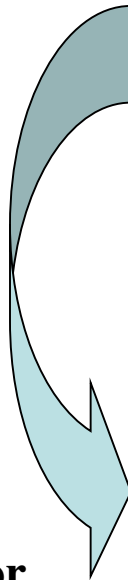
**Homozygotes for  
non-functional genes  
or Gene deletion**

POOR  
METABOLIZERS



**PHENOCOPY**

Cytochrome  
inhibiting  
drugs / substances

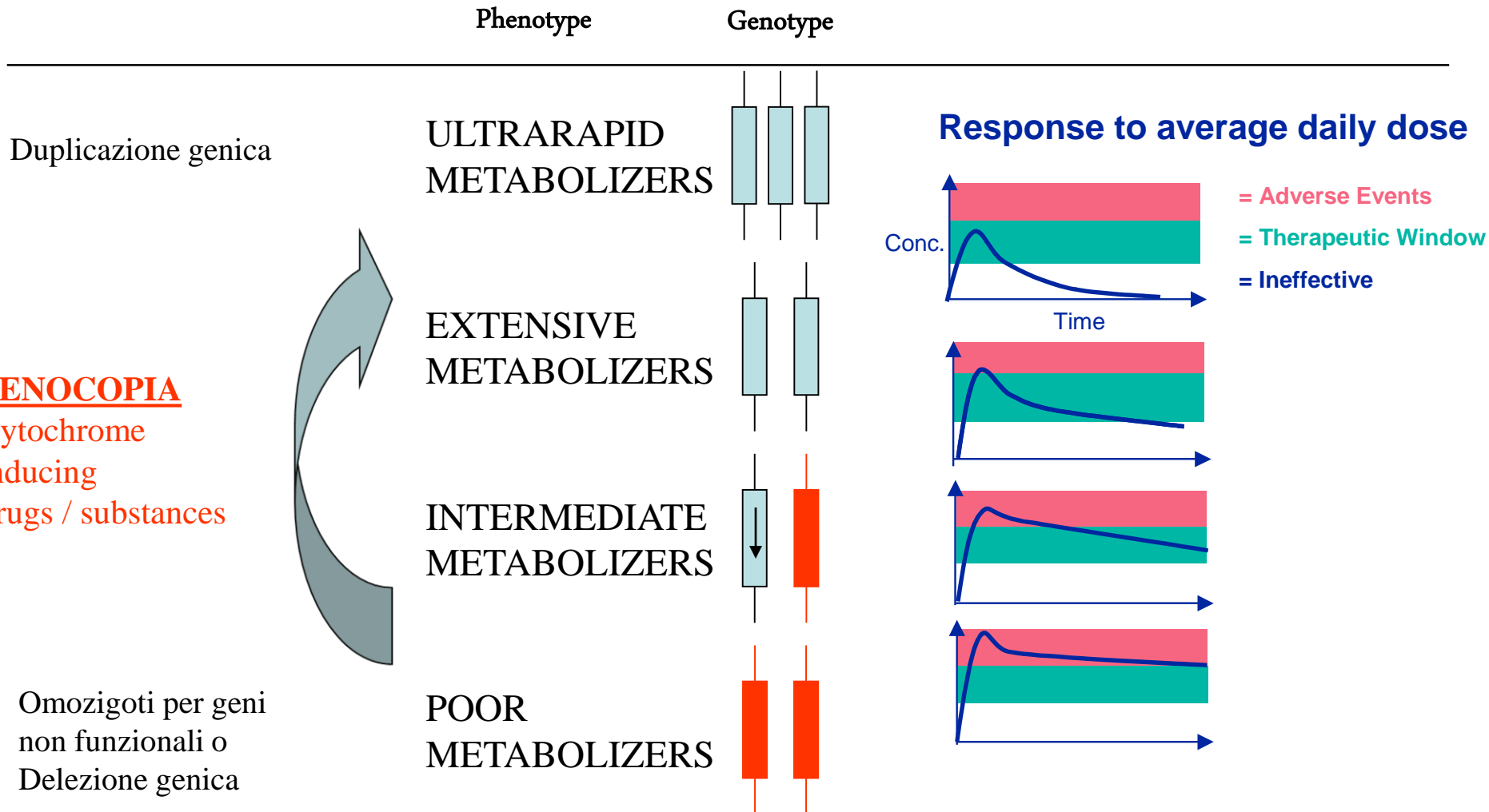




# Phenotype

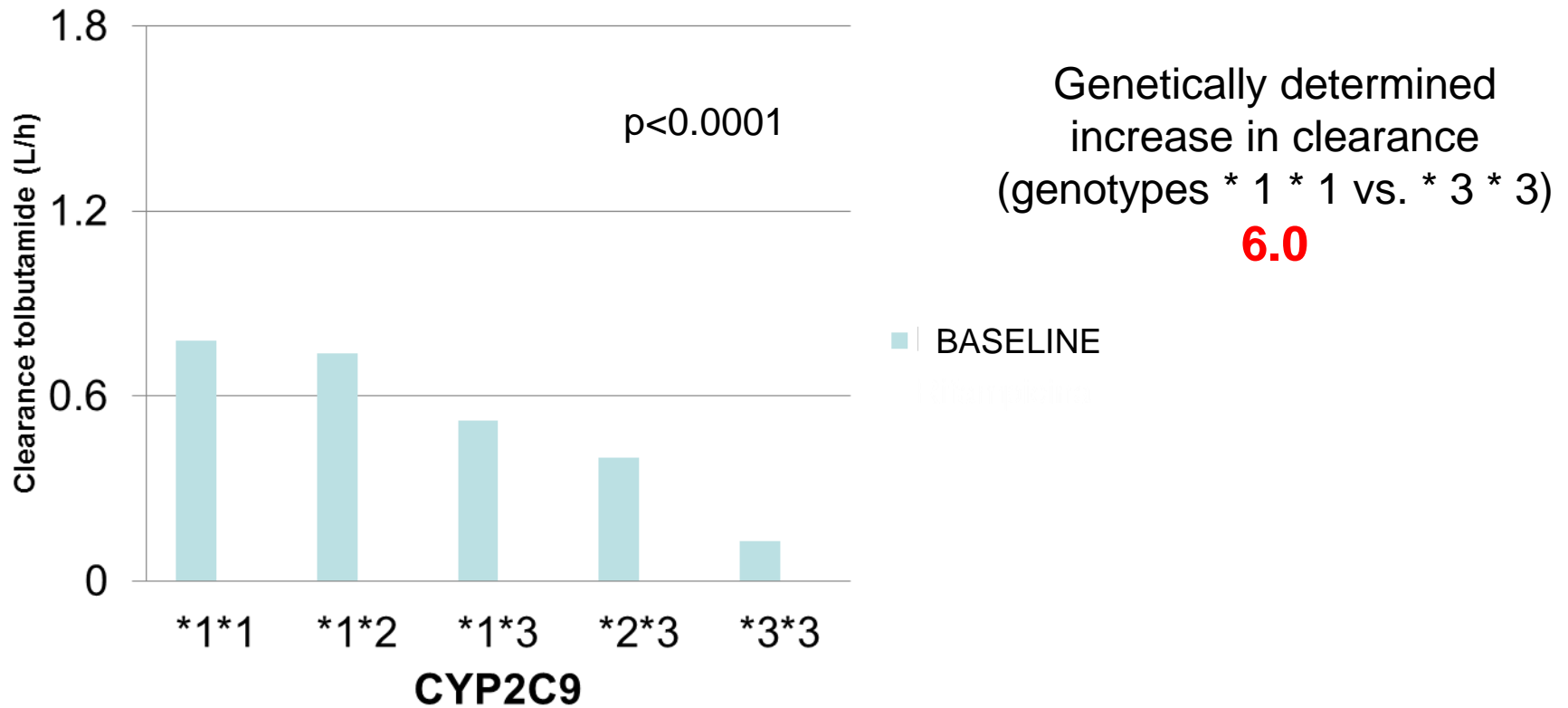


# Genotype



# CYP2C9

## GENOTYPE AND INDUCTION

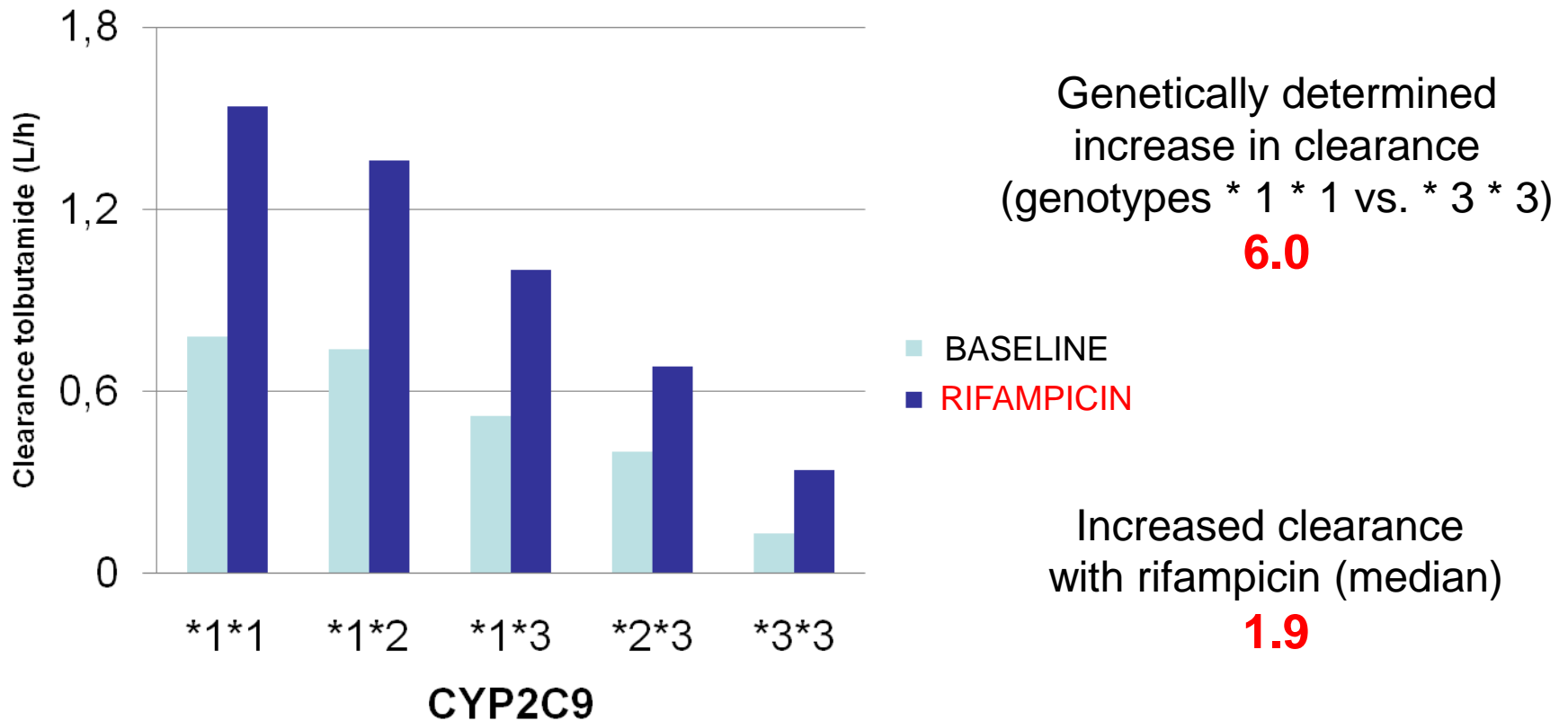


Vormfelde SV, et al.

Relative impact of genotype and enzyme induction on the metabolic capacity of CYP2C9 in healthy volunteers.  
Clin Pharmacol Ther. 2009 Jul;86(1):54-61.

# CYP2C9

## GENOTYPE AND INDUCTION



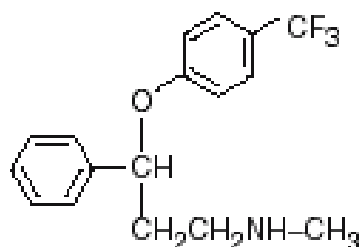
Vormfelde SV, et al.

Relative impact of genotype and enzyme induction on the metabolic capacity of CYP2C9 in healthy volunteers.

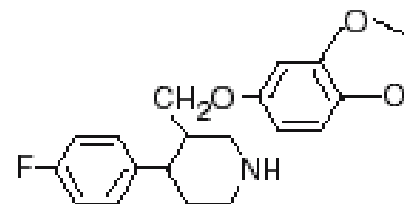
Clin Pharmacol Ther. 2009 Jul;86(1):54-61.

# CYP2D6 GENOTYPE AND INHIBITION (SSRI)

HIGH

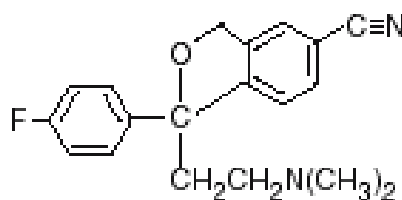


Fluoxetine **Prozac**

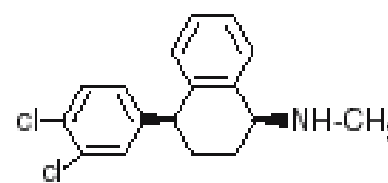


Paroxetine  
**Seroxat, Paxil,  
Aropax, Xetanor,  
ParoMerck, Rexetin**

INTERMEDIATE

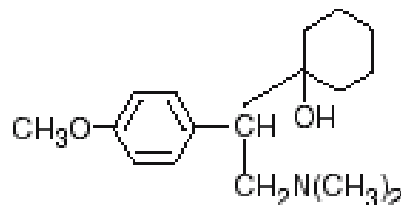


Citalopram **Citrol, Seropram,  
Talam**

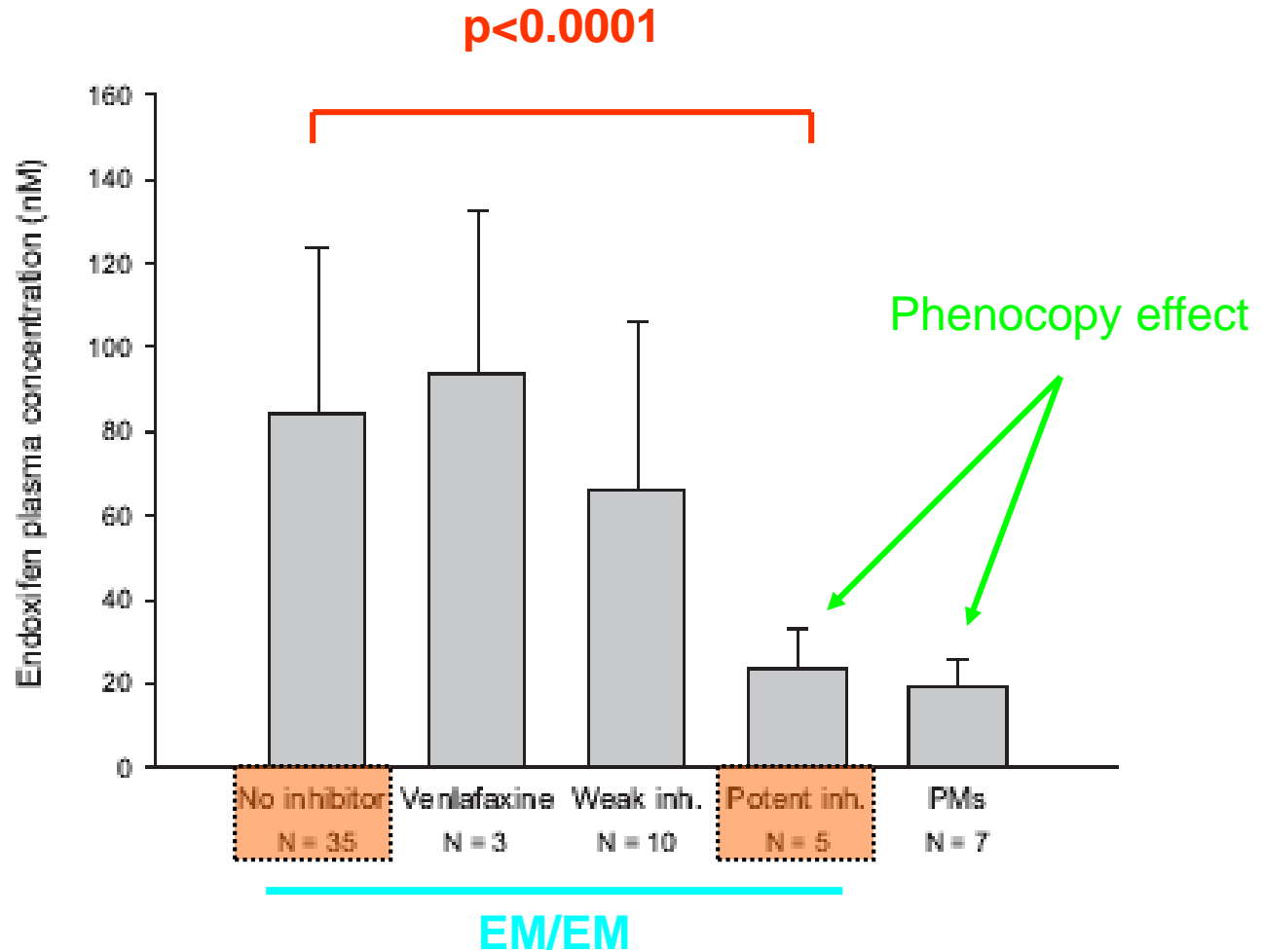


Sertraline **Zoloft, Lustral**

LOW



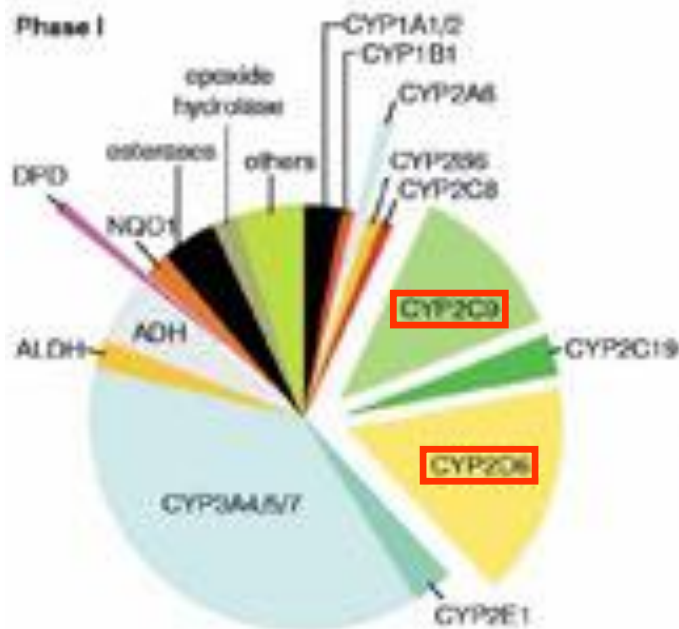
Venlafaxine **Efexor, Faxine**



# DRUG METABOLISM

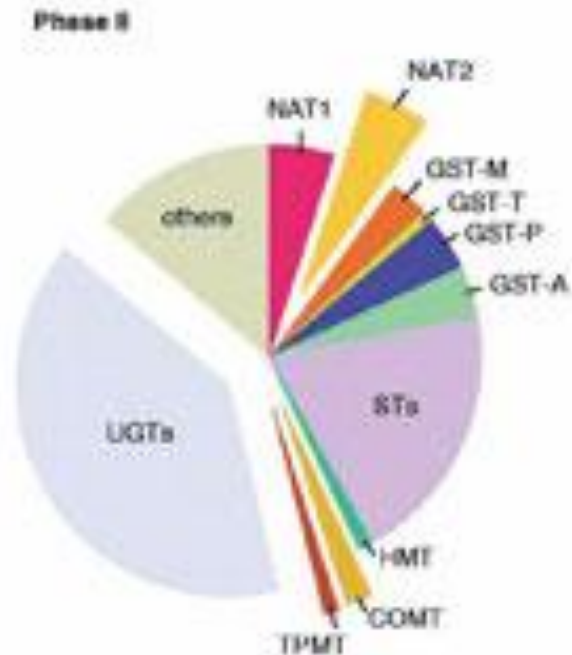
## Phase 1 reactions

OXIDATIONS  
REDUCTIONS  
HYDROLYSIS



## Phase 2 reactions

CONJUGATIONS  
glucuronidation  
acetylations  
methyations  
sulfatations



# Cytochromes P-450 (CYPs)

- ❖ CYPs are a **superfamily of microsomal enzymes** relevant in the biosynthesis and degradation of endogenous compounds such as steroids, lipids and vitamins.
- ❖ CYPs metabolize many chemicals present in the diet, in the environment or taken as drugs.
- ❖ They mainly catalyze the **oxidation** of their substrates.

# CYPs: site of action

- ❖ The metabolism of cytochromes takes place mainly in the **liver**, but also in the enterocytes of the **small intestine epithelium**.
- ❖ CYP3A, in particular, is present in enterocytes.
- ❖ Following the oral administration of a drug, CYPs, in the intestine and in the liver, can reduce the amount of drug that reaches the systemic circulation, thus influencing its effect. This is known as **first pass metabolism**.



# CYPs are polymorphic

- ❖ To date, more than **57 active CYP450 genes** and 58 pseudogenes are known in humans.
- ❖ Most of these genes are polymorphic.
- ❖ More than **434 different alleles** of the genes coding for CYP450 have been described, moreover numerous functional SNPs have been identified for which the corresponding allele has not yet been defined.
- ❖ <http://www.imm.ki.se/cypalleles/>

# CYPs: nomenclature

- **CYP** – abbreviation for cytochrome P450
- **Number** – family (sequence homology  $\geq 40\%$ )
- **Letter** – subfamily (sequence homology  $\geq 55\%$ )
- **Number** – specific gene / specific enzyme
  - within the subfamily
- **Asterisk followed by a number and a letter**–  
allele of the gene
- **Example** : *CYP2D6\*1A* allele \*1A of CYP2D6 gene

*CYP 2D6\*1a*

# CYPs: role in drug metabolism

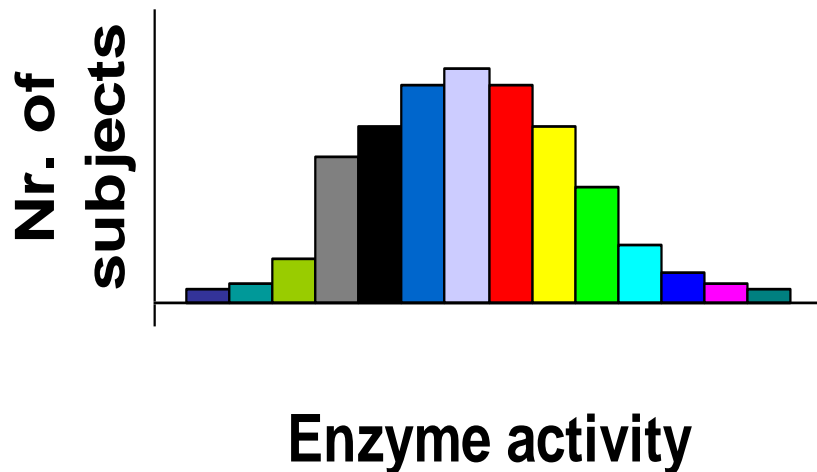
Enzyme	% of metabolised drugs	Main polymorphisms
CYP3A4	40 – 45%	Rari
CYP2D6	20 – 30%	*2xn, *4, *10, *17, *41
CYP2C9	10%	*2, *3
CYP2C19	5%	*2, *3
CYP1A2	5%	*1K
CYP2B6	2 – 4%	-
CYP2E1	2 – 4%	-
CYP2A6	2%	*4,*9
CYP2C8	1%	*3
CYP3A5	<1%	*3

# CYPs: two classes of enzymes

## Class I

- Well conserved.
- Without important functional polymorphisms.
- Active in the metabolism of procarcinogens and drugs.

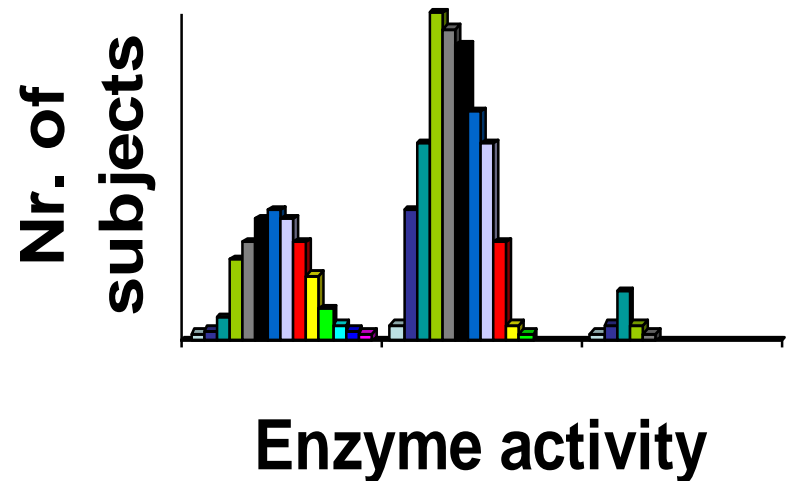
CYP1A1, CYP1A2, CYP2E1,  
CYP3A4



## Class II

- Highly polymorphic.
- Active in the metabolism of drugs but not of procarcinogens.

CYP2B6, CYP2C9, CYP2C19,  
CYP2D6



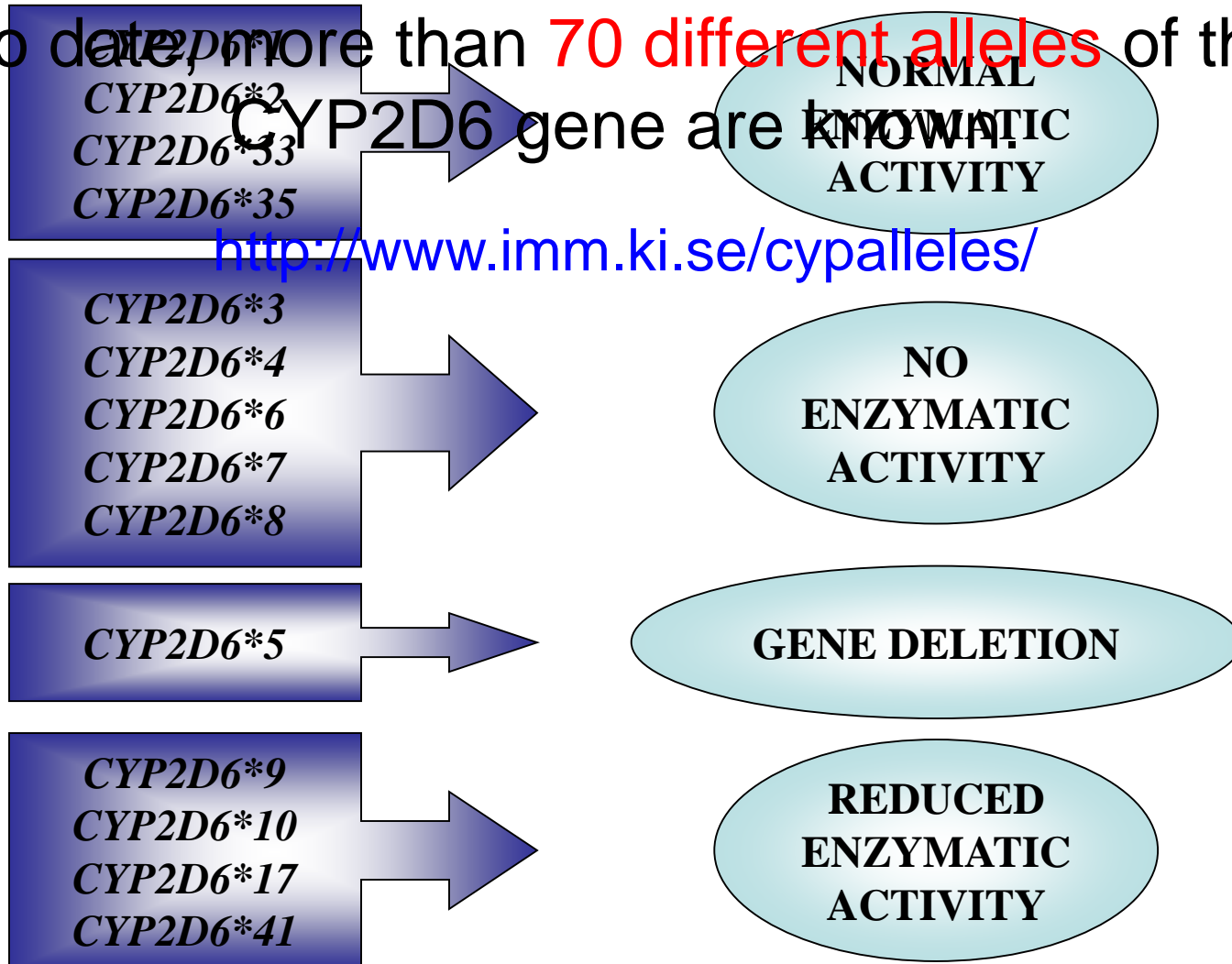
# CYP2D6

- ❖ It is part of the superfamily of CYPs: microsomal enzymes relevant in the biosynthesis and degradation of endogenous compounds and in the metabolism of many xenobiotics
- ❖ Although CYP2D6 constitutes only between 2% and 5% of the total content of CYPs, approximately **20% of drugs** are metabolized by CYP2D6.
- ❖ CYP2D6 has the largest number of genetic variants identified.

# CYP2D6: alleles

To date, more than **70 different alleles** of the CYP2D6 gene are known.

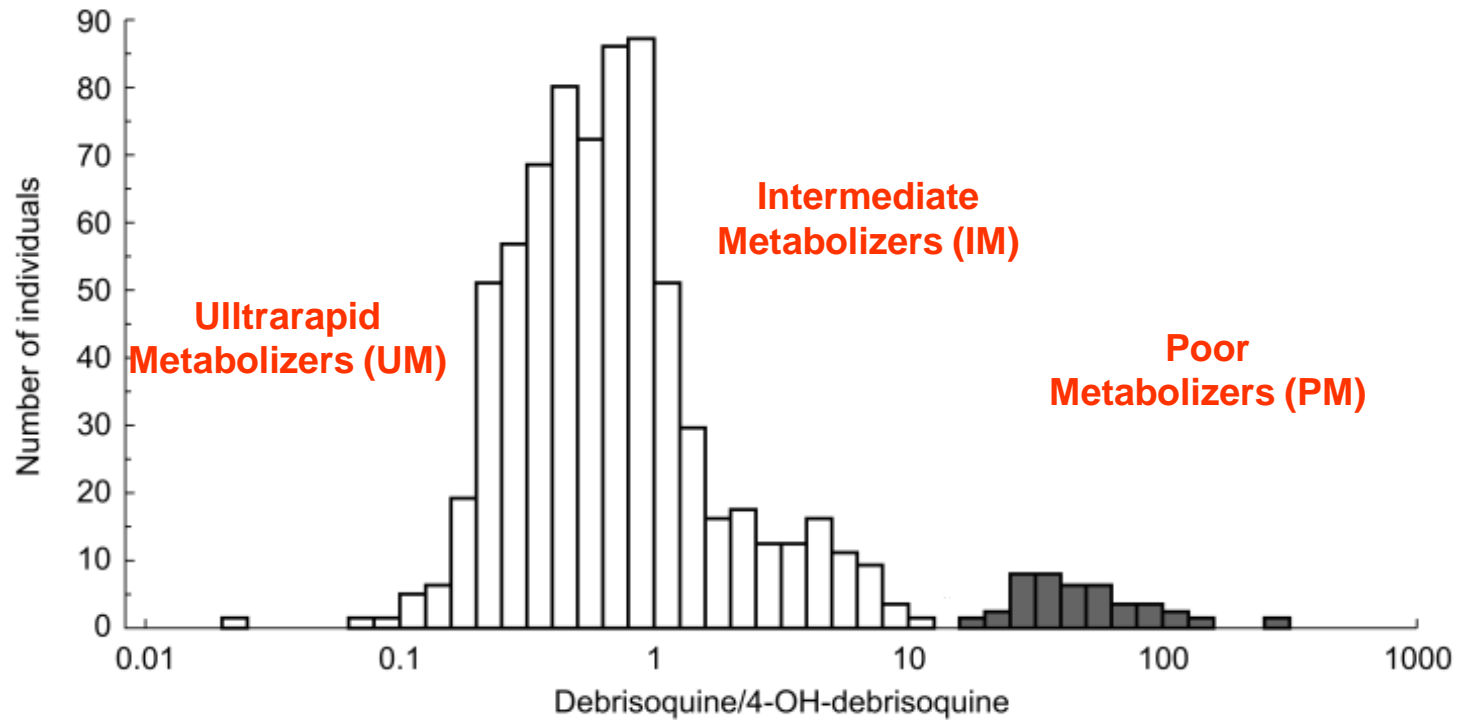
<http://www.imm.ki.se/cypalleles/>



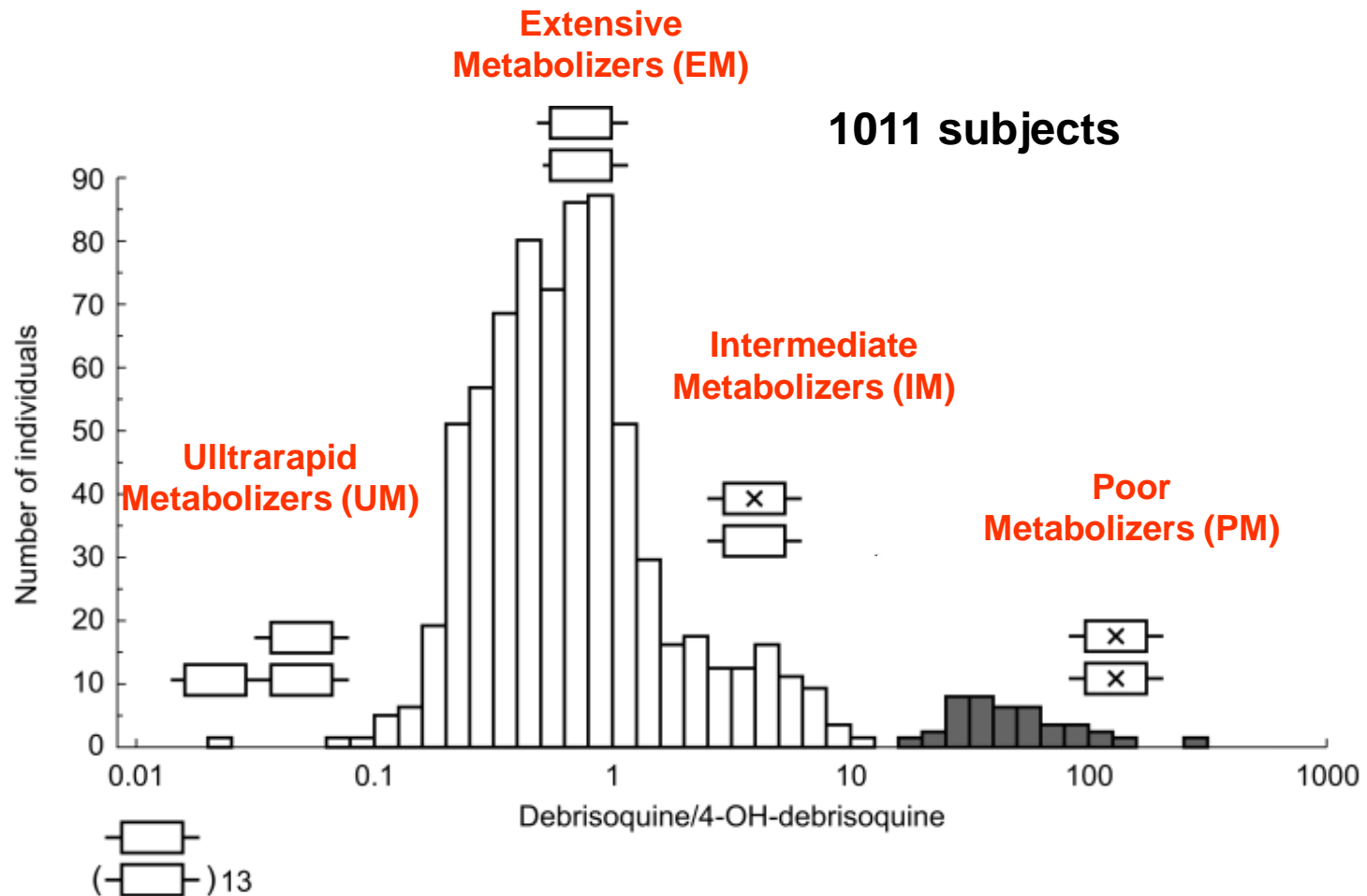
# CYP2D6 activity: phenotypic variability

**Extensive  
Metabolizers (EM)**

**1011 subjects**

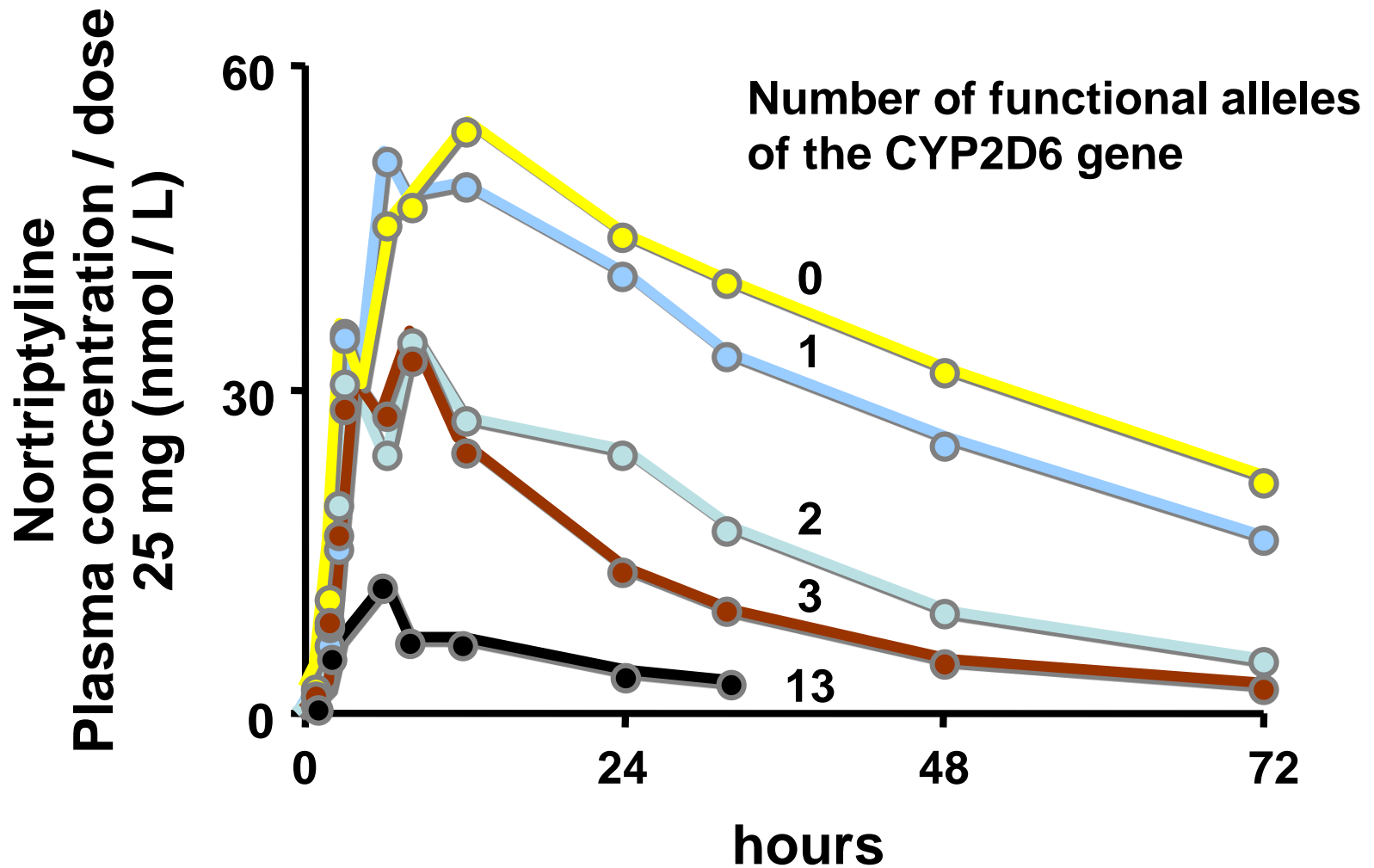


# CYP2D6 activity: genetic basis of phenotypic variability

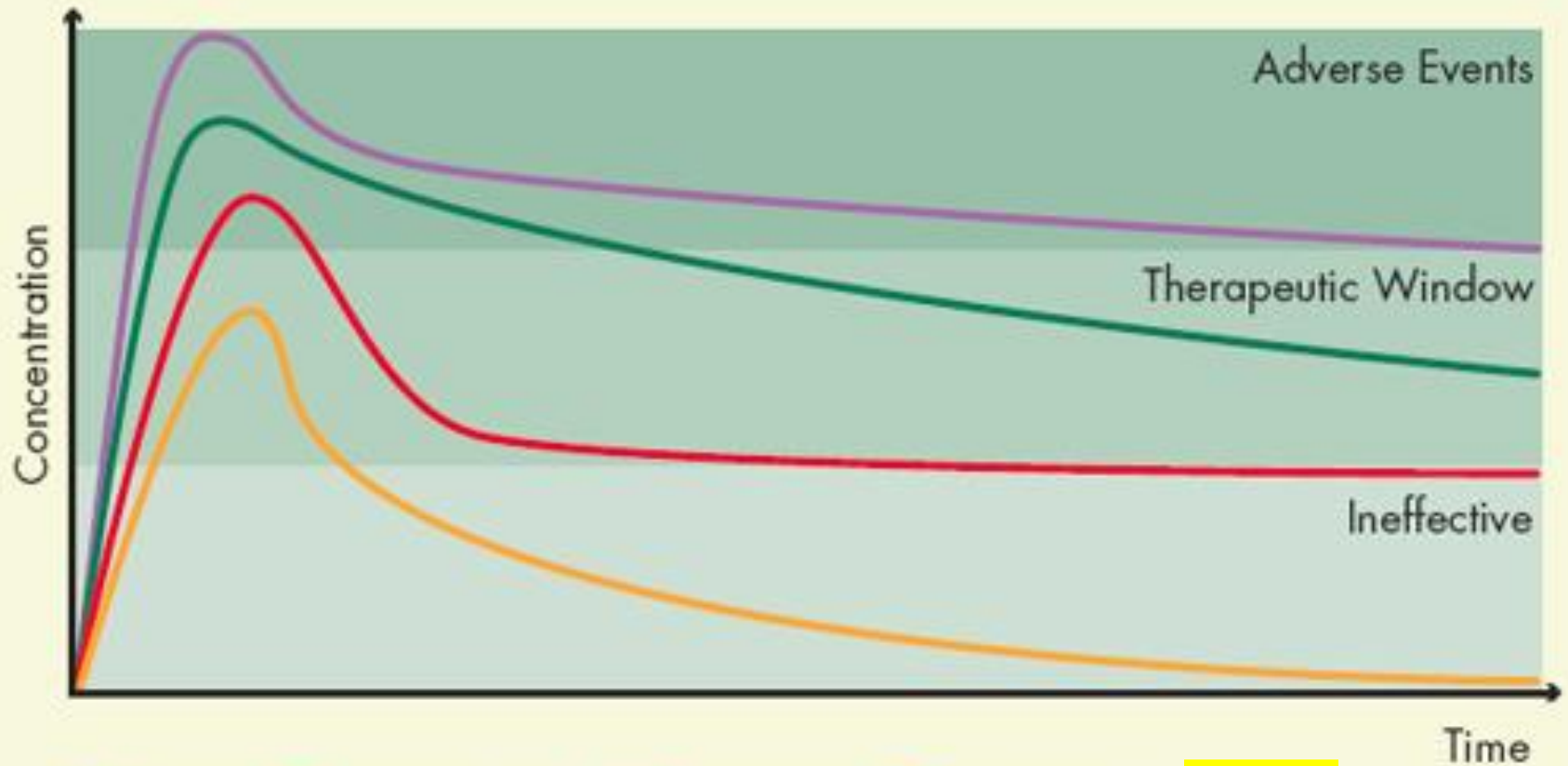




# Dose effect of the number of CYP2D6 alleles



# Drug Levels Based On Phenotype



— Poor — Intermediate — Extensive — Ultra-rapid **DRUG**

**Ultra Rapid**

**Extensive**

**Intermediate**

**Poor**

**PRO-DRUG**

# Inter-ethnic variability of CYP2D6 phenotypes

Phenotypes	Caucasians	East Asians	African Americans	North Africa and Middle East	Mexican Americans
CYP2D6 PM	5-10	1	1-2	2	3
CYP2D6 UM	1-10	0-2	2	10-29	1
CYP2D6 Others	80-94	>90	96-97	69-88	96

# PM and UM: effect on drug metabolism and number of such subjects in Europe

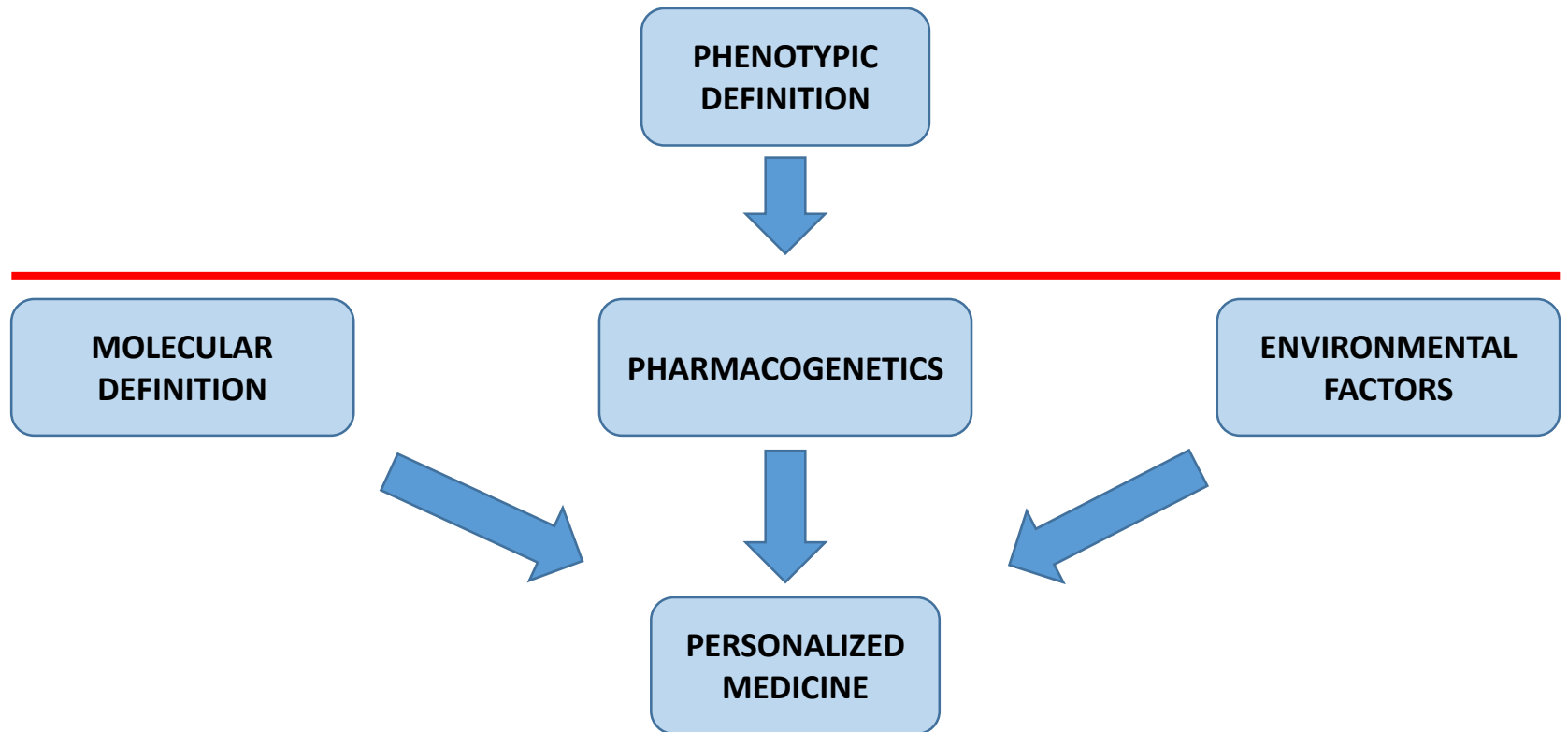
**20-30 million  
CYP2D6 PM**

- **Reduced drug metabolism**
- **Circulating drug levels outside the standard dose therapeutic window**
- **Increased risk of adverse effects**
- **Failure to respond in case of pro-drug administration (e.g. codeine)**

**15-20 million  
CYP2D6 UM**

- **Accelerated drug metabolism**
- **Failure to respond to drug after administration of standard dosages (non-responders)**

# PERSONALIZED MEDICINE: *THE ROLE OF PHARMACOGENETICS*





European Heart Journal (2012) 33, 1564–1570  
doi:10.1093/eurheartj/ehs112

**REVIEW**

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*Frontiers in cardiovascular medicine*

## **Personalized medicine: hope or hype?**

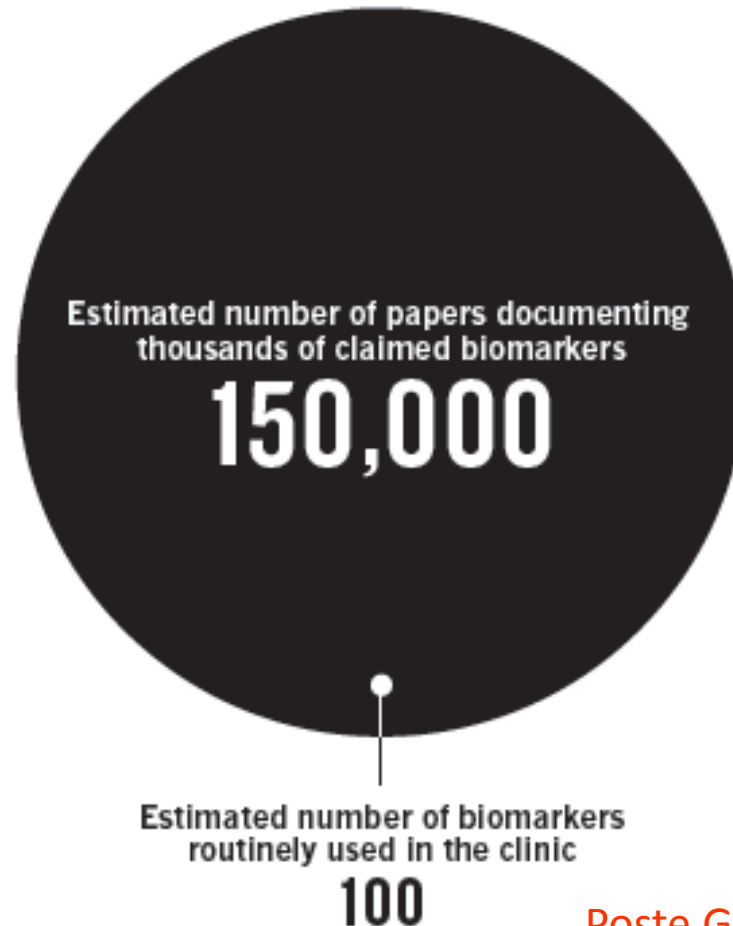
**Keyan Salari<sup>1</sup>, Hugh Watkins<sup>2</sup>, and Euan A. Ashley<sup>3\*</sup>**

<sup>1</sup>Department of Genetics, Stanford University School of Medicine, Stanford, CA, USA; <sup>2</sup>Department of Cardiovascular Medicine, University of Oxford, Oxford, UK; and <sup>3</sup>Center for Inherited Cardiovascular Disease, Division of Cardiovascular Medicine, Stanford University School of Medicine, Falk Cardiovascular Research Building, 300 Pasteur Drive, Stanford, CA 94305, USA

# FROM BENCH TO BEDSIDE: *TRANSLATIONAL GAP*

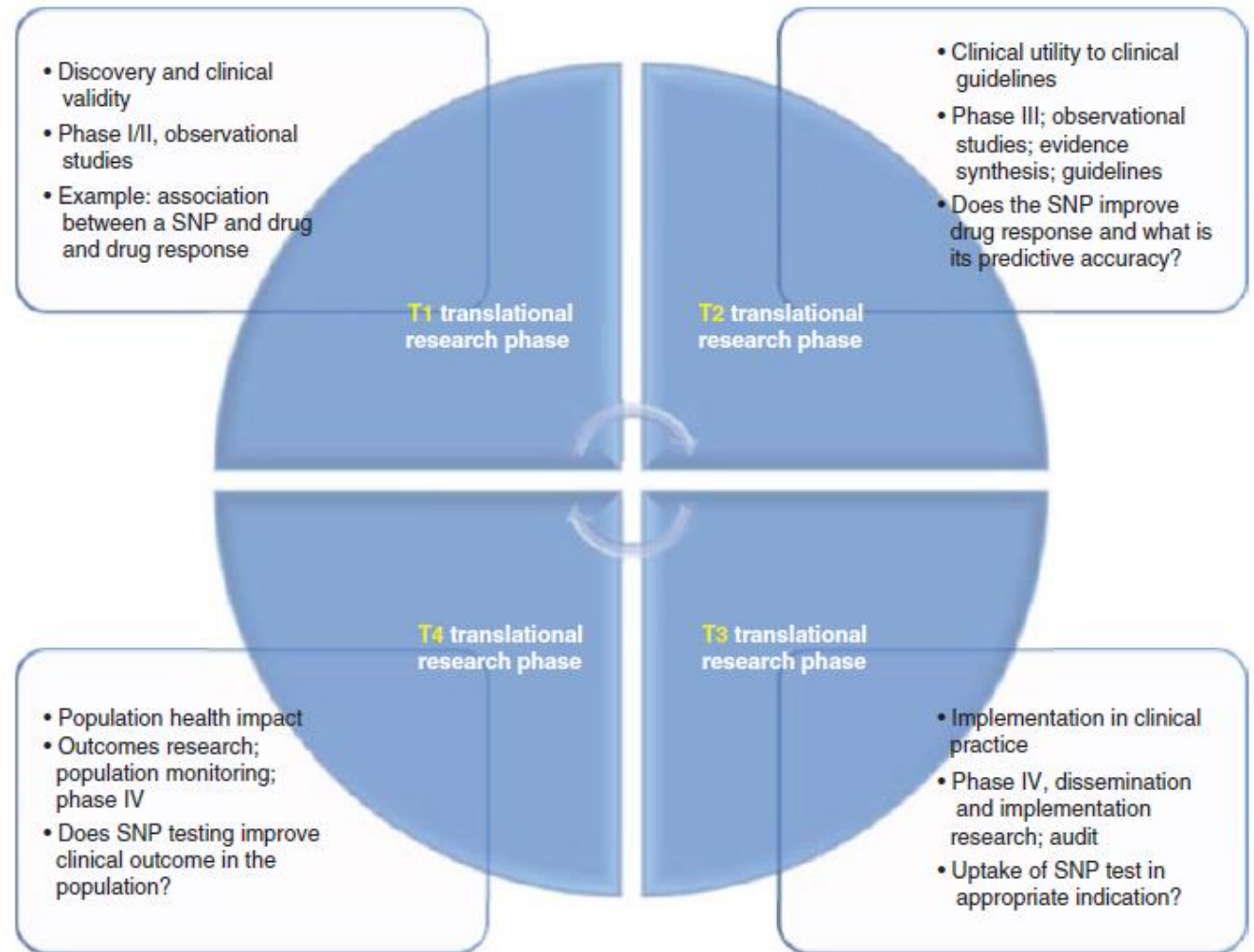
## A DROP IN THE OCEAN

Few of the numerous biomarkers so far discovered have made it to the clinic.



FROM BENCH  
TO BEDSIDE:

*A FOUR PHASES  
TRANSLATIONAL  
PATHWAY*







**Table of Valid Genomic Biomarkers in the Context of Approved Drug Labels**  
Therein, a valid biomarker is described as a “**biomarker that:**

- **is measured in an analytical test system with well established performance characteristics**

<http://www.fda.gov/Drugs/ScienceResearch/ResearchAreas/Pharmacogenetics/ucm083378.htm>



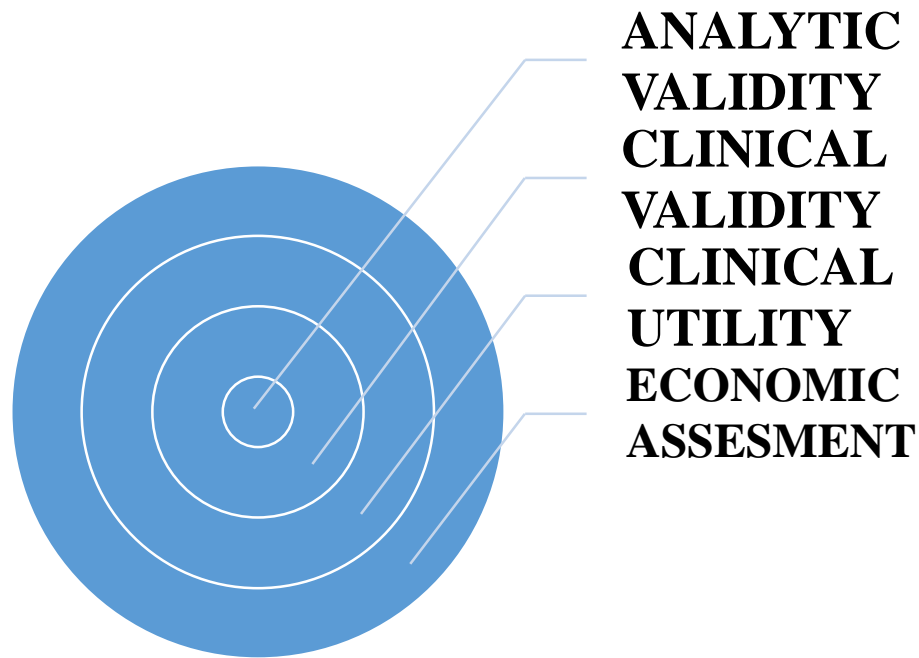
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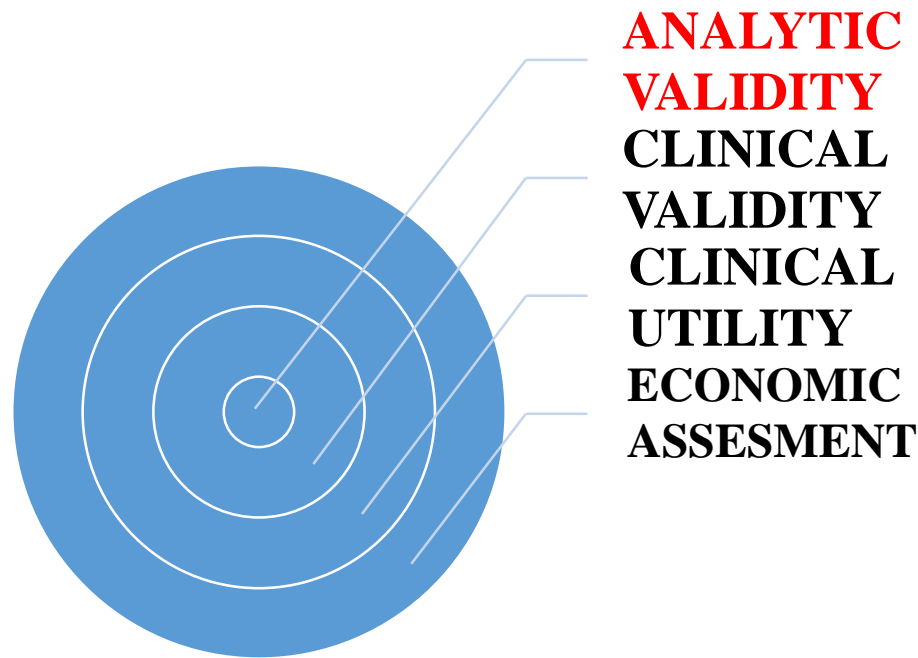
- is measured in an analytical test system with well established performance characteristics
- for which there is an established scientific framework or body of evidence that elucidates the physiologic, toxicologic, pharmacologic, or clinical significance of the test results.”

<http://www.fda.gov/Drugs/ScienceResearch/ResearchAreas/Pharmacogenetics/ucm083378.htm>

# Steps Toward Clinical Pharmacogenetic Labelling

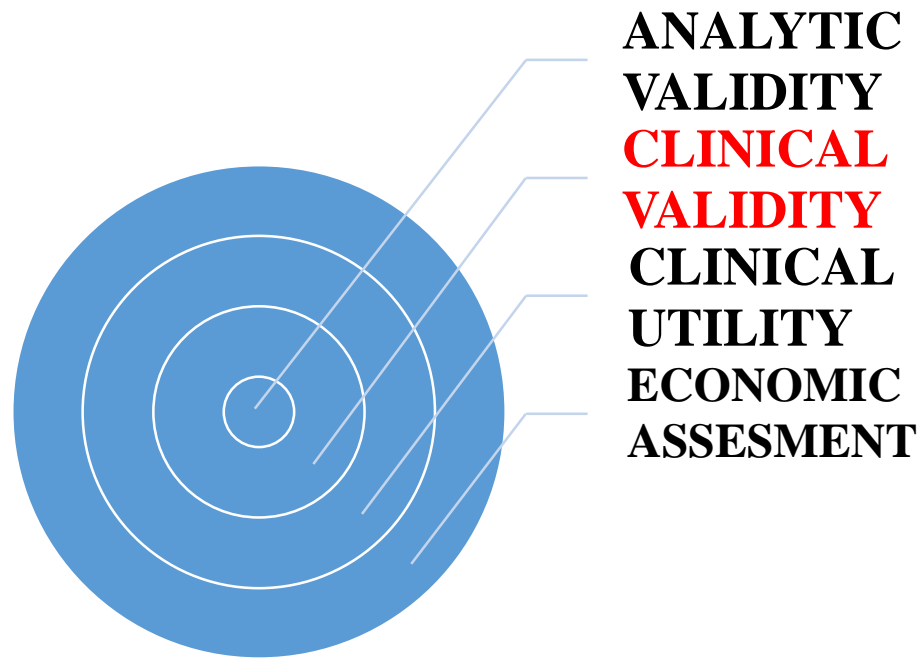


# Steps Toward Clinical Pharmacogenetic Labelling



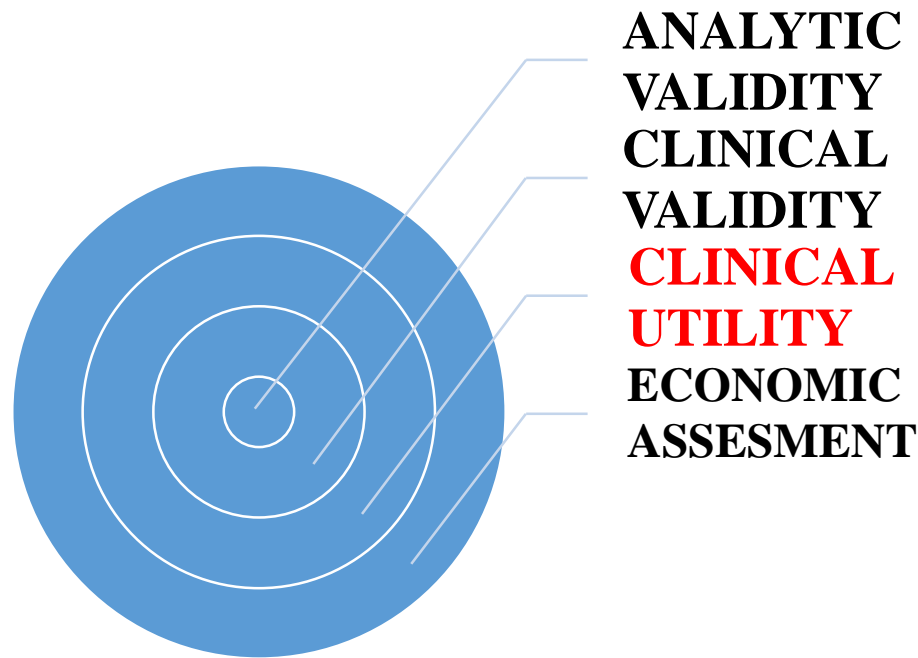
**How accurately and reliably the test measures the genotype of interest**

# Steps Toward Clinical Pharmacogenetic Labelling



**How consistently and strongly the genetic variants relate to the outcome of interest**

# Steps Toward Clinical Pharmacogenetic Labelling



**How likely the test is to significantly improve patient outcomes**



# Table of Pharmacogenomic Biomarkers in Drug Labeling

Pharmacogenomics can play an important role in identifying responders and non-responders to medications, avoiding adverse events, and optimizing drug dose.

Drug labeling may contain information on genomic biomarkers and can describe:

- Drug exposure and clinical response variability
- Risk for adverse events
- Genotype-specific dosing
- Mechanisms of drug action
- Polymorphic drug target and disposition genes

The table below lists FDA-approved drugs with pharmacogenomic information in their labeling.

The labeling for some, but not all, of the products includes specific actions to be taken based on the biomarker information.

Biomarkers in the table include but are not limited to germ-line or somatic gene variants, functional deficiencies, expression changes, and chromosomal abnormalities; selected protein biomarkers that are used to select patients for treatment are also included.

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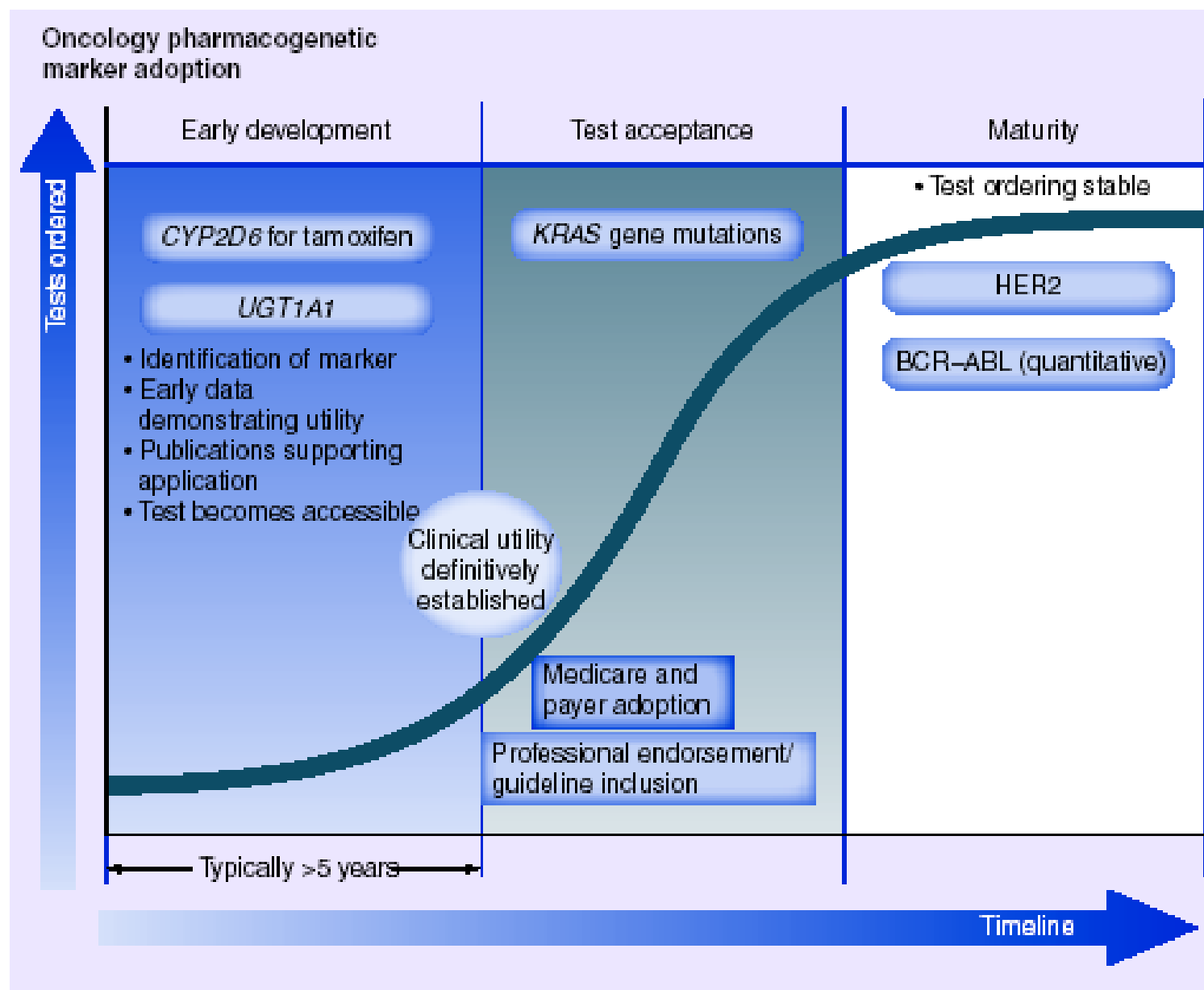
# Table of Pharmacogenomic Biomarkers in Drug Labeling

## Pharmacogenomic Biomarkers in Drug Labeling

Drug ↕	Therapeutic Area* ↕	Biomarker† ↕	Referenced Subgroup‡ ↕	Labeling Sections ↕
Azathioprine	Rheumatology	TPMT	TPMT intermediate or poor metabolizers	Clinical Pharmacology, Warnings, Precautions, Drug Interactions, Adverse Reactions, Dosage and Administration
Mercaptopurine	Oncology	TPMT	TPMT intermediate or poor metabolizers	Clinical Pharmacology, Warnings, Precautions, Adverse Reactions, Dosage and Administration
Warfarin (1)	Hematology	CYP2C9	CYP2C9 intermediate or poor metabolizers	Dosage and Administration, Drug Interactions, Clinical Pharmacology
Warfarin (2)	Hematology	VKORC1	VKORC1 rs9923231 A allele carriers	Dosage and Administration, Clinical Pharmacology



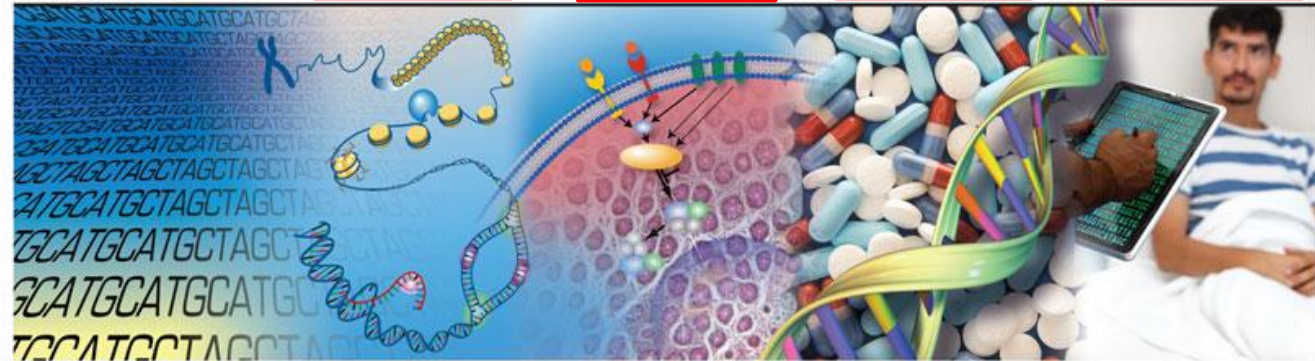
# Application of a pharmacogenetic test adoption model to six oncology biomarkers





# Schematic representation of accomplishments across five domains of genomics research

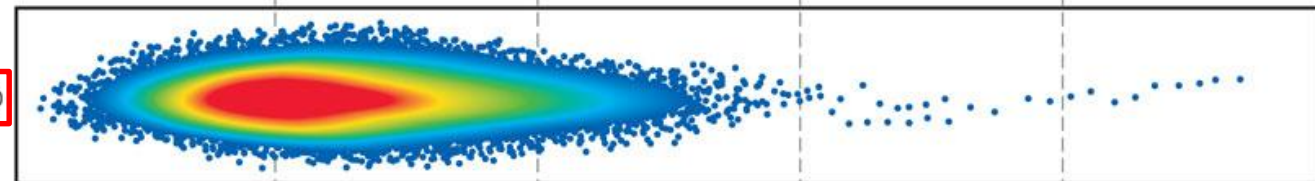
- Understanding the structure of genomes
- Understanding the biology of genomes
- Understanding the biology of disease
- Advancing the science of medicine
- Improving the effectiveness of healthcare



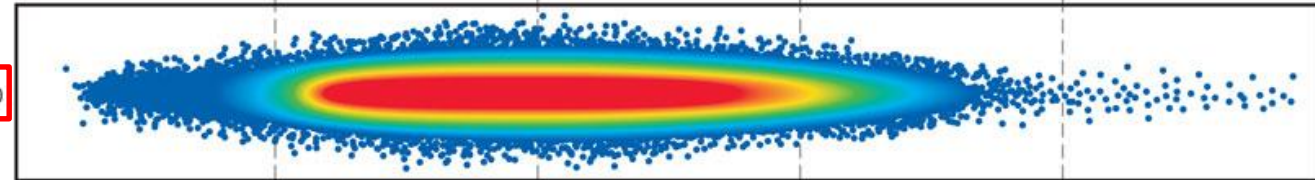
1990-2003  
Human Genome Project



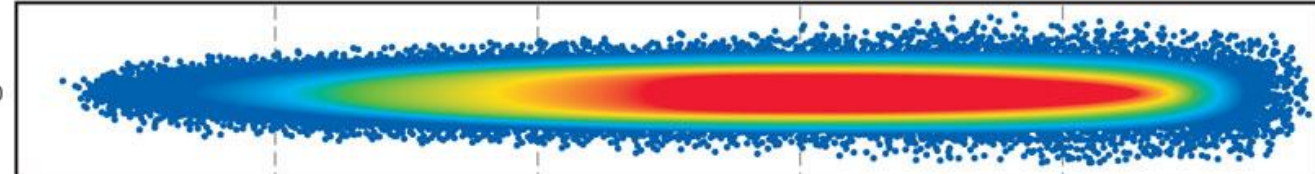
2004-2010



2011-2020



Beyond 2020



# CONCLUSIONS

The translation from bench to bedside of PGX tests to become a routine part of clinical practice will depend on:

the mandated incorporation of pharmacogenomics information in **drug labeling** (FDA and EMA) and the development of national and international **guidelines**.

Equally important is the **integration of knowledge and common effort of clinicians, pharmacologists and clinical pathologists** to reexamine pharmacological management programs.